# PAGE OF INTEREST TO WOMEN



Catarrh sufferers, meaning those with colds, sore throat, bronchiel trouble, etc., can all be cured right at home by inhaling "Catarrhozone."

In using Catarrhozone you don't take medicine into the stomach—you just breathe a healing, piney vapor direct to the lungs and air passages.

The purest balsams and the greates: antiseptics are thus sent to every spot where catarrhal trouble exists—germs are killed, foul secretions are destroyed, nature is given a chance and cure comes quickly.

quickly.

Colds and throat troubles can't last if the pure healing vapor of Catarrhozone is breathed—sneezing and coughing cease at once, because irritation is

sufferers, meaning those

### Club News

ABERDEEN MOTHERS' CLUB.

The members of the Aberdeen Mothers' Club are congratulating each other, because of the healthy condition of their children. At a recent meeting the question of supplying milk to the children in school hours was discussed, and the matter put up to the teachers of the school. An examination of the children by the school nurse and investigation by the teachers showed that the children are all splendidly nourished, and not in need of the milk ration. This announcement was made at Thursday evening's meeting of the club.

At this meeting, Mrs. (Dr.) McCrae was the special speaker, her subject being "Faces and Voices." Readings by Miss Viola Lees, and vocal numbers by Miss Viola Lees, and vocal numbers by Miss Gladys Burn and Clifford Read, completed the program. The club has already paid in \$\$5 towards the Children's Hospital fund, and hopes to do its shares towards raising the total Mothers Clubs' subscription to \$2,500. The club is arranging to take a concert to Byron Sanatorium in the near future. Mrs. R.

O. Tagg is to be convener of this concert. ABERDEEN MOTHERS' CLUB.

The Symphony Orchestra Concert, which is to be held at the Grand Theatre under afte auspices of the Musical Art Society on Thursday evening next, promises to be a social event of prominence as well as one of the best musical treats of the season. It is fast becoming the custom in London, as in the larger cities, for the society people to lend their patronage to musical events of such importance, and their presence in the pits in a goregone conclusion.

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Mrs. Arthur Smith, chairman of the hospital committee: Mrs. F. J. Greenand of the concern and their presence in the pits in a goregone concern and their presence in the pits in a goregone conce ALMA DAUGHTERS.

The annual meeting of the London to Alma Daughters was held at the Formet of Miss Hawkins, Huron street on the Thursday evening, at which Miss Venning was made president. The other working are as follows: vice-presidents, Mrs. L. Hawke and Mrs. Hugher; secretary, Mrs. La Touzel; treasurer, Miss Bradshaw. Mrs. Nathaniel Mills acted as chairman. At the close of the neeting refreshments were served by the hostess.

EALING M. C. BAZAAR.

A most successful bazaar and sale of cooking was held under the auspices of the Ealing Mothers' Club yes' arday afternoon and evening at the corner of Hamilton road and Anderson avenue.

of Hamilton road and Anderson avenue.
The committee in charge includes Mrs.
Ross, Mrs. Joyce, Mrs. Sturnman, Mrs.
Rake, Mrs. Timms, Mrs. Wood, Mrs.
Bowman and Mrs. Wright.

ST. ANDREW'S LADIES' AID. The Ladies' Aid of the St. Andrew's Presbyterian Church is holding a St. Valentine's tea on Monday afternoon, February 14, at 3:30 o'clock. A very fine musical program has been arranged THE CURIOUS PUP.
Part Twenty-One.

Nibbles was all-ashake as the giant dog rooted his nose through the bundle. How careful the giant dog had to be with his teeth, for one miss-bite would crunch the poor little mayor and the tiny citizen all to nothins.

"Here we are! Alive and well!" cried the merry little voice of the little mayor.

"And as large as life!" cried the tiny citizen, as bright as ever, despite the chardships they had gone through.

"My good..." me," said the giant dog. "I can hear voices, but I can't see any one. They must be so small I can't see them.

But when the little mayor and the tiny citizen stepped into the light the giant dog burst out laughing. "Such furny little fellows! Why, they are not half the size of fieas. Ha! Ha!" and his voice shook merrity.

"Tell us all about it," Nibbles asked the little mayor. "T have been sick with anxiety for you and your little friend."

"Oh, it was awful!" the little mayor converted away. Next thing we knew the crop was given a yank, we were thrown out here, and then along came you and the giant dog, on the little mayor. Thave been sick with anxiety for you and your little friend."

"Toll your and your little friend."

"Oh, it was awful!" the little mayor. "I we was getting anxious.

TODDAY

Advertiser Patterns Owing to the pattern manufac-urers increasing the price of pat-erns to us, all patterns adver-ised from this date will be 15 CENTS EACH.



CAUTION: Be careful to inclose the above illustration and send size of pattern wanted. When the pattern is bust measure, you need only mark 33, 44, or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be if a skirt. give waist and length measure. When misses or child's pattern, write only the figure expresenting the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from the date of application.

Address News For This Column to The Editor of Woman's Page. The Y. P. S. of Knox Church, Embro, met recently to arrange for the holding of a Valentine social on Moaday night, February 14. The proceeds from their mock parliament amounted to \$38. An invitation from the Y. P. S. of Braemar for Tuesday night, February 22, was read and accepted.

LOBO W. I. the Lobo Woman's Institute will hold its regular meeting on Wednesday afternoon evour winter ills—it's pleasant, afe and guaranteed in every case.

The Lobo Woman's Institute will hold its regular meeting on Wednesday afternoon, February 16, at the home of Mrs. James Edwards, Am interesting program has been arranged.

Women's Activities

Western Ontario

DON'T THROW YOUR OLD CARPETS AWAY

The Famous VELVETEX Rugs We have hundreds of reommendations from satis-

CANADA RUG COMPANY.

To Take Out Ink.

To Take Out Ink.

Dear Miss Grey,—Would like to get inclosures sent in by Others Too the other day, as one of my neighbors and I are trying to see what we can do along the line of mat-hooking.

To take out ink stains from muslin or linen, just let soak in milk until milk sours, then wash out as usual, and if not perfectly clear, repeat process until it comes clear. I have used this all my life, and found it very useful when anything nice got a bad ink stain on it. Hoping I can do more next time, I will sign myself.

P. S.—My uncle takes the "Tiser, and we wouldn't be without it in our house.—O. D.

Ans.—Am mailing sheet as requested.

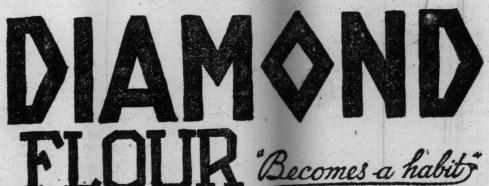
**FLOWERS** Delivered through our telegraph service to any part of the world.

West Floral Co. GIVE YOU PRICES.

They knew the making of bread, cakes, pies, biscuits, dough-nuts, "cookies" and all the other old time delicacies as a fine art.

tions as cooks---and they knew the merit of good flour in a

In the sixty-four years during which Diamond Flour has been made, thousands



HUNT BROS. LTD.

Also Millers of Thorobread Flour-Highest Manitoba Patent

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The Losite Turner, Regars arrest.

The common as her human. Men. Montone of the saintiful season of th

we wouldn't be without it in our house.

It will sell them of the insects, and they will be the sell them of the insect, and they will be the sell them of the insect, and they will be a sell them of the insect, and they will be a sell them of the insect to Betty the second time.

We would so mean as a first said recipe to the Mail-Box. I find it very intention to the Mail-Box as soon as Total Advertiser care. I it is a mail to say the Chirper and it is hope that it is hope

Wants Pickle Recipe.

Dear Miss Grey,—I am going to call on you again. Hope I don't come too often to wear out my welcome. I have always been wanting help, but this time I come with a little help. I saw where Thistle was preparing to send in some more sachet bags, and would like some pieces of white cotton. I am sending you some pieces for Thistle, which I hope will be all right for the purpose. Am also sending a dime for a sachet bag when they come in, and a stamp for same.

Some time when it is convenient would you reprint the recipe for sweet pepper pickles? I have seen it in print, but have lost it. I think it a fine idea to send in seeds and sachet bags and such things to the Mall-Box to help the S. C. H., as there are so many poor kiddies who need help. I have not much time for to help, as I have three people, besides myself, to mend and sew for, Wants Pickle Recipe.

CHAMBERLAINS

Rheumatism Quick y Relieved

Massage the affected parts well with Chamberlain's Liniment before going to bed. The result is restful sleep, worth many times the cost of the bottle. Cases of chronic and muscular rheumatism yield quickly to this tested and reliable remedy which is kept constantly within reach in thousands of Canadian homes.



"Here's a loaf of good bread, Of tasty bread, of pure bread, The finest slice you ever spread That dandy loaf from NEAL'S."

## "Just a Minute, Mrs. Housewife"

Haven't you forgotten something? Don't you remember the other night when you were out to tea, and liked so well, that Neal's bread your hostess served? You said you were going to have Neal's wagon stop at your door in future-that you would phone Neal's the very next day.

But you haven't phoned Neal's.

Better not delay longer. Phone 1313 or 2173; there is someone waiting there to take your order.

Neal Baking Company, Limited BREAD FACTORIES AT WINDSOR, LONDON, ST. THOMAS AND SARNIA.

THE "good cooks" of another day honored the name as a badge of culinary efficiency and skill.

They chose their recipes carefully, were jealous of their reputamixing bowl.

of "good cooks" have insisted upon one excellent tested flour-