

AN OLD SAW.

A dear little maid came skipping out In the glad new day with a merry shout...

"Don't sing before breakfast, you'll cry before night!" What a croak to darken the child's delight!

"Never mind; don't listen, O sweet little maid! Make sure of your morning song," I said;

"And if pain must meet you, why, all the more Be glad of the rapture that came before."

THE HOME.

Hints for the Housewife.

BACHELOR'S PUDDING.—Four ounces of bread crumbs, two ounces of currants, four ounces of chopped apples, two ounces of sugar, two eggs; boil three hours.

MAR'S PUDDING.—To one and one-half pints of boiling water, add the juice of two lemons and one teaspoonful of sugar...

MOCK DUCK.—Take good round steak, make a stuffing of mashed potatoes, with onion, salt, pepper and butter...

CHICKEN FATIERS.—Mince cold fowl with a little ham or tongue and add the chopped yolks of hard boiled eggs...

BRANDY SAUSAGE.—After breading the croquettes, there was enough egg left to bread the sausages (a large egg being used)...

BAISSED BISCUITS.—To two loaves and mashed white potatoes add a tablespoonful of sugar and pour boiling water over to make a thick batter...

BEF STEW.—Every particle of fat was out from the meat and bones of the cold roast. This was put in a frying pan and on the fire, where it cooked slowly...

When all the fat was extracted from the stew it was strained into a jar kept for this purpose. The bones were placed in a stew pan that would hold about five quarts...

All pits kept for planting should be put in boxes and barrels, mixed with earth and set out doors in an exposed place, throwing water on them occasionally...

Be sure to haul out on asparagus beds a liberal supply of barnyard manure. It's a good plan to cover the strawberry plants now with coarse manure...

Throw wash water under the fruit trees and pile up ashes around the bodies. Don't plant strawberries after strawberries or raspberries after raspberries...

Experiments with potatoes planted on the surface, three inches deep, six inches and eight inches, respectively, resulted largely in favor of the eight-inch ones...

Overprudent persons gather the best of their peas and beans for table use, and allow to ripen for seed such refuse as may be left. It is better to burn such seed. Only the best should be sown...

"I feel entirely cured of Flatulence (Dyspeptic symptom) by the use of one bottle of B. B. Scott's, Portsmouth, Ont."

crumbs. The cylinders were rolled on this to give them perfect shape. When all were ready one egg and a tablespoonful of milk were beaten together in a soup plate...

THE FARM.

Starved Fruit Trees.

If any person were to chain an animal to a stake in the field and leave it to shift until it gets thin and decrepit from loss of flesh and strength...

Restoring Old Trees.

There are, says Forest and Garden, two means by which old trees may be restored—pruning and enriching cultivation. The pruning must be moderate and judiciously applied...

Hints for the Season.

Cut scions for the spring's grafting any time up to March, if not frozen, and bury in earth or pack in damp sawdust and keep in cellar till wanted for grafting in the spring.

Scatter manure under the fruit trees as far out as limbs reach. Keep the henry well supplied with cool ashes. Get the berry crates in good shape for next season.

No better time to mulch the strawberry than now, when ground is frozen or covered with snow. Put on just thick enough to cover ground or snow from sight.

To have a few early strawberries, dig up roots of plants from old beds and put in greenhouse or hotbed. Old plants yield better forced than new.

If deep snow comes be sure to go into the fruit orchards, and tramp snow down close to the buds of trees to keep mice away.

If you have an old "favorite" fruit tree that has "about seen its day" you can start it into new life and vigor and fruitfulness by cutting off nearly all the limbs, spading or ploughing the ground under it and giving it good coat of wood ashes, a little salt and well rotted barnyard manure...

No better time than winter to take up and transplant large evergreens, digging a trench around them and getting them out with a big clump of earth and on to the stone boat.

All pits kept for planting should be put in boxes and barrels, mixed with earth and set out doors in an exposed place, throwing water on them occasionally, so they will thoroughly freeze, and in spring crack all just before planting that the freezings do not crack.

Be sure to haul out on asparagus beds a liberal supply of barnyard manure. It's a good plan to cover the strawberry plants now with coarse manure, and in spring work up and rake off the coarsest part.

Throw wash water under the fruit trees and pile up ashes around the bodies. Don't plant strawberries after strawberries or raspberries after raspberries, but let one kind of fruit follow another every time. Scatter over the lawn well rotted compost, and rake off in early spring the coarser parts.

"I feel entirely cured of Flatulence (Dyspeptic symptom) by the use of one bottle of B. B. Scott's, Portsmouth, Ont."

A Great Event

In one's life is the discovery of a remedy for some long-standing ailment. The poison of Scrofula is in your blood. You inherited it from your ancestors. Will you transmit it to your offspring?

Ayer's Sarsaparilla

"For several months I was troubled with scrofulous eruptions over the whole body. My appetite was bad, and my system so prostrated that I was unable to work."

Restored My Health

"The rapidity of the cure astonished me, as I expected the process to be long and tedious."—Frederick Marx, Fernand, Villa Nova de Gays, Portugal.

Ayer's Sarsaparilla

PREPARED BY DR. J. C. AYER & CO., Lowell, Mass. Sold by Druggists. \$1.50 per bottle.

TEMPERANCE.

Prof. F. G. Peabody discussed the liquor question one evening last week in a lecture in the Lowell Institute course. Some facts and figures were presented which may well be pondered:

There are two aspects of the liquor question, said he, the economic and the moral. There are at present in the liquor traffic throughout the country some 200,000 persons—150,000 in the retail and the rest wholesale.

As to the amount of liquor consumed, in 1886 \$337,000,000 was spent for spirits, \$304,000,000 for beer, \$16,000,000 for imported wines, and \$14,000,000 for domestic wines—a frightful total of about \$700,000,000.

In the same year there was received as wages \$947,000,000, and the liquor bill consumed two-thirds of it. Again, it cost \$350,000,000 a year for churches, and the drink bill would buy all the churches in six months.

Behind all this is the great importance of the moral aspect. That drink is injurious to the person in 999 cases out of 1,000 goes without proof. The question is: "How can it be stopped? Legislation fails of its aims. The solution of the problem, though still far off, perhaps, is in each individual recognizing that he himself is an important factor in his community as an example, and adopting for himself the teaching: "If meat make my brother to offend, I will eat no meat, lest I make my brother to offend."

In this connection it will be instructive to consider the drink bill of Great Britain. Says the Christian Leader: In 1889 the expenditure per head was \$3 9s. 11d. The expenditure upon alcohol in 1890 was one-fifth of the national debt, one-twelfth of the estimated income of all persons in the United Kingdom, and between one-fifth and one-fourth of the annual value of all the property and profits upon which income tax was levied.

To the DEAR.—A person cured of Deafness and noises in the head of 23 years' standing by a simple remedy, will send a description of it FREE to any person who applies to NICHOLSON, 30 St. John St., Montreal.

Minar's Liniment is the Best.

A Montreal saloonkeeper was compelled to pay \$100 and costs to a woman whose husband he had furnished with liquor after having been forbidden. The sheriff of Glasgow says thirty thousand people get drunk in that city every Saturday night, and that crime is increasing six times faster than the population.

The Scientific American says: "The German spelling for beer is Bier. In English a beer is a frame or carriage for conveying dead bodies to the grave. The step from beer to the grave is very short. In appearance the beer-drinker may be the picture of health, but in reality he is most incapable of resisting disease."

On Child Life. "Blessed be the hand that prepares a pleasure for a child, for there is no saying when and where it may again bloom forth. Don't give to any child, no matter how much some kind hearted man who showed him a kindness in the days of his childhood? The writer of this recollects himself, at this moment, as a barefooted lad, standing at the wooden fence of a poor little garden in his native village, where, with longing eyes, he gazed on the flowers which were blooming there quietly in the brightness of a Sunday morning."

BAIRD'S Balsam of Horehound ALWAYS all irritation. By its Tonic properties it strengthens the muscles of the Throat and gives tone and vigor to the organs of speech. There is no remedy more effectual for BRONCHITIS, HOARSENESS and all affections of the THROAT and LUNGS, than BAIRD'S BALM OF HOREHOUND. Purely Vegetable. Sold everywhere. 25 cents.

It is not the extremes of heat and cold so much as the sudden changes in temperature that cause certain climates to be unhealthful. When, however, the system is invigorated with Ayer's Sarsaparilla, these changes are rarely attended with injurious results.

"Bridget, has Johnnie come home from school yet?" "Yes, sir." "Have you seen him?" "No, sir." "Then how do you know he is home?" "Cause the cat's hid'n' under the dresser, sir."

Minar's Liniment cures Colds, &c. Jake Thompson (after the engagement) Shall I name the day, dear? Cora Bellows—Oh, dear, no! "Why not, darling?" "You are too procrastinating, Jake!"

Nursing mothers and delicate children should make free use of Putner's Emulsion, the best lung healer, strengthener, and flesh producer. "So Jack is married, oh? Do you think he will get along well with his wife?" "I am quite sure he will. They sang in the same choir for two years without quarrelling."

Many diseases of the skin are not only annoying but are difficult to cure. You will not be disappointed if you try Baird's French Ointment. It also cures insect stings, piles, chapped hands, &c. Sold by all dealers.

THE BEST. D. M. FERRY & CO. Illustrated, Descriptive and Priced SEED ANNUAL For 1891 will be mailed FREE to all applicants, and to last season's customers. It is better than ever. "Every person using Garding, Flower or Fruit Seeds should send for it. Address D. M. FERRY & CO. WINDSOR, ONT. Largest Seedmen in the world."

USE FERRY'S SEEDS. THE BEST. D. M. FERRY & CO. WINDSOR, ONT. Largest Seedmen in the world.

Minar's Liniment is the Best.

Parsons' Pills

These pills were a wonderful discovery. Unlike any other. One Pills dose. Children take them easily. The most delicate women use them. In fact all medicines obtainable yield great benefit from the use of Parsons' Pills. One box sent post-paid for 25 cts., or five boxes for \$1 in stamps. 50 Pills in every box. We pay duty to Canada.

Make New Rich Blood!

BRIDGES' FOOD FOR INFANTS AND INVALIDS

Dr. Bridges, of the Brighton (England) Hospital, says: "Bridges' Food resembles in their milk so closely that infants are reared and well-reared, exclusively upon it." Another physician, at the head of an orphan asylum, says: "I have been using this preparation for five years or more, and have the most unbounded faith in it." Another says: "I had long tried to procure for a pair of twins in my practice a food that would not sicken, etc. Bridges' Food fits the condition perfectly. Send to WOODLICH & Co., Palmer, Mass., for pamphlet free."

INTERCOLONIAL RAILWAY.

'90. Winter Arrangement. '91. ON AND AFTER MONDAY, 24th NOVEMBER 1890, the Trains of this Railway will run Daily (Sunday excepted) as follows: Trains will leave Saint John, Day Express for Halifax & Campbellton, 7:10 Accommodation for Point du Chene, 8:30 Fast Express for Halifax, 9:30 Express for Sussex, 10:30 Fast Express for Quebec and Montreal, 11:30 A parlor car runs each way on express trains leaving St. John at 7:10 o'clock and Halifax at 10:00 o'clock. Passengers from St. John for Quebec and Montreal leave St. John at 11:30, and take sleeping cars at Montreal. The train leaving St. John for Quebec and Montreal on Saturday at 11:30 o'clock will run to destination, arriving at Montreal at 11:00 Sunday evening. Trains will arrive at Saint John, Express from Sussex, 8:30 Fast Express from Quebec & Montreal (Monday excepted), 9:30 Accommodation from Point du Chene, 10:30 Day Express from Halifax, 11:30 Fast Express from Halifax, 12:30 The trains of the Intercolonial Railway to and from Montreal and Quebec are lighted by electricity, and heated by steam from the locomotive. All Trains are run by Eastern Standard Time. D. FOTTINGER, Chief Superintendent, Railway Office, Montreal, N. B., 24th November, 1890.

THE CANADA Sugar Refining Co. Montreal. (Limited)

Redpath GOLDEN SYRUP 2 LBS NET

We are now putting up, expressly for family use, the finest quality of PURE SUGAR SYRUP not adulterated with Corn Syrup, in 2 lb. cans with moveable top. For Sale by all Grocers.

USE FERRY'S SEEDS. THE BEST. D. M. FERRY & CO. WINDSOR, ONT. Largest Seedmen in the world.

Proclaim the Victory

Remember last winter's siege. Recall how trying to health were the frequent changes of the weather. What was it that helped you win the fight with disease, warded off pneumonia and possibly consumption? Did you give due credit to SCOTT'S EMULSION of pure Norwegian Cod Liver Oil and Hypophosphites of Lime and Soda? Did you proclaim the victory? Have you recommended this wonderful ally of health to your friends? And what will you do this winter? Use Scott's Emulsion as a preventive this time. It will fortify the system against Coughs, Colds, Consumption, Scrofula, General Debility, and all Anemic and Wasting Diseases (specially in Children). Palatable as Milk. SPECIAL.—Scott's Emulsion is non-secret, and is prescribed by the Medical Profession all over the world, because its ingredients are scientifically combined in such a manner as to greatly increase their remedial value. CAUTION.—Scott's Emulsion is put up in salmon-colored wrappers. Be sure and get the genuine. Prepared only by Scott & Bowne, Manufacturing Chemists, New York, and Belleville, All Druggists.