

WOMAN'S WORLD.

Rules for the Simple Life By Dr. Osler's Successor

Dr. Llewellyn F. Barker Succeeded Dr. Osler at Johns Hopkins Medical School.

Eat what your appetite craves. Chew it most thoroughly until it dissolves in the mouth. Stop when your appetite is satisfied.

BREAKFAST—Cup coffee and mug of hot milk. LUNCHEON—Leaf of lettuce with oil dressing, two wheat cakes and cup of custard.

DINNER—Half dozen raw oysters, chewing each thirty times and ejecting the pulp that will not dissolve, two griddle cakes with maple syrup, cup of coffee, four-fifths milk.

PUBLIC OWNERSHIP

Of Vital Importance to Canadian Women.

That public ownership is a live question in Canada at the present hour there is no doubt, and that it is especially an issue of pertinent and personal interest to women is equally certain.

It is the moral obligation of each and every Canadian woman to know something of this movement, that promises to safeguard against Canada's exploitation by capital.

Public ownership is simply the top notch in an evolution, which we are all more or less compelled to observe. This is the way the idea was evolved. Once long ago we were far more independent of each other. Each man cut his own wood, drew his own water, made his own candles and carried his own grain.

In primitive society the necessities of life are left to individual management. But trade and barter soon came in, and frequently we have a more complicated society, and we prove it more economical to delegate certain functions to certain individuals.

Fair exchange becomes no longer the aim and a reckless strife for profits becomes the rule. A more highly organized industrial life evolves the syndicate, then follows the corporation and after that the trust, all in the name of more efficient business management. The business of living requires great and wise management, public ownership stands ready to wrestle with the problem.

Public ownership is also the enemy and destroyer of the trusts and all preceding attempts at industrial organization. It is the embodiment of a great social and democratic spirit that cries down and annihilates its past sins or burlings. This spirit it was that kept humanity ever experimenting and moving towards the best possible control of life's necessities and utilities.

First the individual struggled alone for what are considered life's necessities. Then a few combined to form the syndicate. These forces were joined in the corporation, and then the trusts, by compulsion, associated hordes of men together, for the benefit of a few, and lastly we see an economical to delegate certain functions to certain individuals.

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A WISE HOUSEWIFE

—USES—

"SALUDA"

—TEA—

Because of its Superiority over all others.

LEAD PACKETS 25 cts., 30 cts., 40 cts., 50 cts. and 60 cts. per lb. ONLY AT YOUR GROCERS.

that if in the unity of the syndicate or the trust there was strength, then indeed must be the power of its control, for it includes all men and women. The public can outwit its enemies, for it is the greatest possible organization for protective and aggressive purposes. Such a unified force can defy the demoniac trust and its centralized millions.

Corporate wealth and private enterprise are to-day allowed to manage the every-day utilities of living for profit to themselves. To increase their profit they merely increase the cost to the consumer.

The public is tired of this, and is reminding us that it was, just this certain social conditions that certain work was delegated to these corporate managements, and that when this work is not done for the good of the people, the people can manage it for themselves. The public must own and operate those utilities, that have provided too much for private management.

For in the eyes of the people such management has failed when such utility has neither been reduced in price nor improved in efficiency, while immense profits accrued to the management. The price is too high for such unsatisfactory management. The public is ready to look after its own affairs. We shall have public ownership.

A public ownership league is being organized, with headquarters in Toronto, and the broad platform of this league is: "That all public utilities and services that are of the nature of natural monopolies should be owned or controlled by the people and be operated with a view to public profit and advantages, either by municipalities, provinces, or the Dominion, as the circumstances and conditions may require."

It is the privilege of every woman, as well as every man, to join this league, and it is peculiarly fitting that a great number of women should evince enthusiasm in the movement. The matters with which public ownership will deal in the immediate future will have to do with domestic life. The woman, who is interested in the finances of the home, must needs be wanting cheaper light, heat and telephones. Better street railway accommodation, railroad rates and express service equal to our postoffice service (which is controlled by the government) are all directly conducive to the comfort of our homes.

Women should also be adherents of this public ownership theory, because of the fact that it may take their

own particular franchise more effectively. A limited municipal franchise is extended to women, and since municipalities are such utilities as light and heat, an important field of reform is opened to them.

The fact that the Public Ownership League invites the membership of women argues well for its broad and far-sighted policy. Canadian women surely respond in like spirit and do all possible to spread the most genuinely democratic idea that has yet been launched in the political world.

Besides being of national importance this idea of government control is of world-wide interest to-day. For the present London has turned down public ownership, but Japan still goes on nationalizing her greatest industries at a furious rate, and New Zealand still maintains her reputation as the "best governed country in the world" and in New Zealand practically everything is government-owned.

It is a world-wide movement, and it must be that mankind is gaining a consciousness of collective force. As a wise modern has said, some world-spirit seems to be whispering, "Stand close! Stand close!"

Catharine MacVicar.

EVANGELIA HOUSE.

A great many people in Toronto are not quite sure either of how the word "Evangelia House" is pronounced, or of what "Evangelia House" stands for, after it is pronounced.

In the first place, the word is pronounced E-van-gel-ee-a, with the accent on the fourth syllable. In the second place, Evangelia House is a "co-operative neighborhood work, and aims to be a social, educational and religious centre for schoolgirls, business men and women in the best side of Toronto."

On the east side, girls and boys alike go to business very early, and it is no uncommon thing to see children 14 years of age, contributing their earnings to the home.

There is no attempt to take the place of the school, but simply to supplement its work by classes in sewing, house-keeping and physical culture.

The evening work consists of classes in gymnasium, physical culture, cooking, laundry work, housekeeping, plain sewing, dressmaking, woodcarving, English, arithmetic, composition and penmanship.

The children of the east side are quick and sharp, as their life teaches them to be, and they soon realize that "knowledge is power," that more education means more money, and they

are ambitious enough to take advantage eagerly of the opportunities offered to them.

One girl, who has been a regular student at Evangelia ever since its inception, told The World woman that there was a feeling of loyalty and gratitude to Evangelia in every member.

"Why," she said, "you can tell how we appreciate it by the way it has grown. We began in one room over a shop, and now look at our beautiful house."

And, indeed, the new building is very well adapted to the needs of the students, with its well-equipped gymnasium, domestic science kitchen, assembly hall, dining-room, reading-room and "games-room." Everything is very completely equipped, and the house committee, Mary Lawson Bell, Sara Libby Carson and Edith Constance Elmwood, do remarkably good work.

The members of Evangelia pay class and membership fees for their tuition, not very large ones, to be sure, but sufficient to ensure a feeling of independence.

The other expenses are met by subscriptions, which are put into a general fund, as with universities and Young Men's Christian Associations.

The business population of a city means a great deal to the business men of the city, and Evangelia House is doing a work distinctly its own in making strong business men and women, who are enjoying social, educational and religious advantages, which they would not have had otherwise.

Subscriptions should be sent to Mr. Frank Strathy, Union Bank, West Wellington-street.

What to Do With Our Girls.

Give them a course of six lessons in dress cutting and fitting. It will enable them to make their own dresses equal to any first-class dressmaker. The Canadian School of Pattern and Dress Cutting, 443 Bathurst-street, Toronto, Phone Main 6790.

IN SOCIETY.

Mrs. E. W. Verner, Spadina-avenue, will be at home Wednesday, instead of Tuesday, of this week.

Mrs. John W. Peaker of 347 Bathurst-street will not receive again this season.

Mrs. Harry R. Fleet of 630 Dover-court-road received for the last time this season.

Mrs. A. D. Fisher, King Edward Apartments, Jarvis-street, will receive to-morrow and not again this season.

Mrs. Newton MacTavish will receive again at 127 Macpherson-avenue on Wednesday of this week from 3 until 6, and will be at home on the first and second Wednesdays of April.

Mrs. Radder of New York is the guest of Mrs. Wallace P. Cobbe.

Mrs. L. Herbert Luke, 332 Palmer-street-northeast, will receive on Wednesday, March 13, for the last time this season.

Mr. and Mrs. William Radcliffe spent the week-end in London.

Mr. and Mrs. C. Shelden Laidlaw are at Old Point Comfort, Va., for a few weeks.

The engagement is announced of Miss Louise Crisfield to Mr. William Ridout Wadsworth.

Underberg Bitters



SOME GOOD POINTS ABOUT THE BEST BITTER LIQUEUR. A drink with a purpose—for pleasure and profit. Makes every meal welcome. Indigestion impossible. Good health assured. That's "UNDERBERG." It is, and should be, in the front rank on all sideboards at leading Clubs, Hotels and Restaurants. ENJOYABLE AS A COCKTAIL AND BETTER FOR YOU.

At all Hotels, Clubs, Restaurants, Wine Merchants, Grocers, etc. Bottled only by H. UNDERBERG ALBRECHT, BREMEN, GERMANY SINCE 1806.

Prepared and Bottled by Turner & Co., Hamilton.

You cannot possibly have a better Cocoa than

EPPS'S

A delicious drink and a sustaining food. Fragrant, nutritious and economical. This excellent Cocoa maintains the system in robust health, and enables it to resist winter's extreme cold.

COCOA

Sold by Grocers and Storekeepers in 4-lb. and 1-lb. Tins.

Louise Crisfield to Mr. William Ridout Wadsworth.

Miss Gertrude Sewell is visiting her aunt, Miss Sewell, in Ottawa.

Invitations are out for a dinner at government house on March 21.

Miss Julia Ward of Brockville is the guest of Mrs. Oliver Adams in Rosedale.

Mrs. John Hamm, Napanee, is the guest of her sister, Mrs. Hugh Blair, 8 Schiller-avenue.

Mr. and Mrs. J. P. Northey left yesterday for New York, where they will spend a few days.

Mrs. Robert Cassels is spending a week in Ottawa with Mrs. D. T. Irwin.

Mr. Justice and Mrs. Riddell, and Mr. and Mrs. C. C. James, are leaving for Atlantic City to-day.

Mr. and Mrs. J. D. McMurich and Mrs. Fraser Macdonald, are staying at the Chalfonts, Atlantic City.

Mr. Felix Mercier arrived in Toronto on Sunday, and is staying at the King Edward Hotel prior to his concert on Wednesday evening.

Mrs. R. J. Reddie, 24 Cumming-street, will leave shortly for a trip to Calgary, Alta., to visit her sister, Mrs. H. Fitzgibbon.

Mrs. Brook Fuller, who has been spending a week with Mrs. Chase, has left for Woodstock and Calgary.

Mrs. A. A. Macdonald is, with the Misses Miller of Washington, who were popular and much reted visitors in town last autumn, staying at Geiton Hall, Atlantic City.

Mr. and Mrs. George G. Burnett arrived back from two and a half months' honeymoon in the West Indies. They are at their new house in Poplar Plains-road.

Mr. Brook Fuller, who has been spending a week with Mrs. Chase, has left for Woodstock and Calgary.

Mrs. Wallace P. Cobbe has as her guest, Mrs. Florence Radder of New York.

Mr. and Mrs. Leach of Ottawa are the guests of Mr. G. R. Sweeney of Harbour-street.

Mrs. F. E. Fetherstonhaugh of Lynn Lodge, Lake Shore-road, is making the Mediterranean tour in company with a party from New York.

Mrs. Robert Cassels has gone to Ottawa for a visit to Mrs. Irwin.

Mrs. Allworth of Montreal is in town with Mrs. R. C. Hamilton.

Mrs. Gordon Mills is staying with Mrs. Sifton at the Capital.

Mrs. St. John receives to-day at the Speaker's chambers.

Mrs. Franklin Dawson will receive on the second and fourth Tuesdays of this month, and not again this season.

Mrs. Alexander Couper, No. 59 Grosvenor-street, will be at home the first and third Tuesdays of each month.

Mrs. Newton MacTavish will receive again at 127 Macpherson-avenue on Wednesday of this week, from 3 until 6, and will be at home on the first and second Wednesdays of April.

Mrs. T. S. Chamberlain and Mrs. W. D. Baringey of 615 Spadina-avenue will not receive this afternoon, but on the following Tuesday, March 19.

Filed for Breaking Sabbath. For direct infringement of the Lord's Day Act in working the employees of the King Edward Laundry on Sunday Magistrate Kingford yesterday fined James Godbold \$1 without costs or 16 days in jail. The other cases were dismissed.



2431—A PRETTY BRETELLE DRESS FOR A MISS. Some of the most becoming of the dresses for young girls introduced by the bretelles, and one of these, suitable for home-making, is shown. The waist may be of the material of the skirt, with the bretelles contrasting, or of a different material, with the waist of a lingoie or silk fabric. The skirt is in eleven gores and fully box-pleated. Box-pleated skirts are perhaps the favorite for young and older folks, as they fit the hips smoothly and yet have a wide ripple at the hem. The dress is very simple to make and sure to prove becoming. For the medium size 8 1-2 yards of 32-inch material are needed, or 2 3-4 yards of 32-inch goods for the waist if a different fabric is preferred. 2431—Sizes 12, 14 and 16 years. The price of this pattern is 10c.