

## *THE GRACE OF FORGETFULNESS.*

ALL the world is seeking happiness, and few have discovered the secret of finding real joy. Many persons have endured untold hardships that they might gain great possessions, with the hope that wealth would ensure comfort and peace; but lands and houses often increase anxiety, and the owners learn too late that the love of gold hardens the heart and destroys the affections. A millionaire may be wretched and a peasant happy. Happiness is not dependent upon outward things, but is a plant which grows in the heart. Your happiest hours have not been when you were receiving gifts, but when you were helping people. The way to become strong is to lift burdens and to keep on lifting. The true method of gaining is to lose and continue losing, and the secret of happiness is to forget yourself and always remember other folk. When Job was thinking about his own afflictions in the destruction of his property, the loss of his friends and the suffering entailed by the boils on his body, he was miserable, but peace came to his heart when he forgot his own afflictions and sought to help his friends. "The