nary meal, and those who witness it will ask: What mean ye by this service?

- 1. The Bread. Bread is food and this tells us that Jesus Christ is the spiritual food of His people. He is the Bread of Life. What bread is to the body that Jesus Christ is to the soul. He is the Author and Nourisher of every holy thought and desire which we have.
- 2. The Bread Broken. This is intended to show us the work of Christ for us. Breaking is expressive of violence. It fitly reminds us of the sufferings which Jesus endured in body and soul when He died for us. The bread, the broken bread—points to the body of Christ, on which our sins were laid, in which their penalty was endured, and by the sacrifice of which our sins were put away. Christ was bruised for our iniquities. He was wounded for our transgressions. "He redeemed us from the curse of the law, being made a curse for us."
- 3. The Wine. The juice of the grape is the blood, the life, the spirit of the vine. "Wheat is, as it were, the flesh of the earth, wine its blood." Wine is the symbol of Christ's blood.
- 4. The wine poured out. Shows that Christ's blood was poured out from His body, poured out for His people. Without the shedding of His blood there could be no remission. The blood of the paschal lamb or of all beasts could not atone for the sins of men. But the blood of Jesus can. It is all sufficient. "The blood of Jesus Christ, God's Son, cleanseth us from all sin." The broken bread and poured out wine represent a whole Christ,—a perfect Saviour. They remind us of Him who His own self bore our sins on the tree. They set forth the fulness and perfection of His atonement. "Christ is all and we have all in Him," is the voice from the table.
- 5. The Bread and Wine eaten and drunk. The bread and wine are to be received by the