

14 *BETTER LIVES FOR COMMON PEOPLE.*

you are, and the holiest pilgrimage is the journey of the soul to God by repentance and faith, and the greatest sacrifice is the giving of yourself wholly to God and man. You can see God anywhere, in the stars and flowers, and in man, and you can serve God anywhere if only your heart is right with Him. You are called to holiness, to a life of saintliness, where your features will be transfigured by the beauty of the soul. Spiritual lineage is the true lineage, and the real succession is spiritual descent from Christ. Seek to be known as a follower of Christ, rather than by natural ancestry or your position in the world. The worth of a man lies in character. Men are estimated in heaven by that which has dominated them on earth. The worth of any work lies in its truthfulness, being done for God and men. An ant will drop its load of sweetness which it is bearing to its home, to carry in a wounded or sick ant, and men should lay aside their tasks to help a weary soul, and always should this be done. Every-day heroism is real heroism. It is not confined to single actions on the field of battle, to saving men from wrecks at sea, or rescuing people from a burning building. At the Children's Hospital, Toronto, it became necessary that skin should be grafted on the back of a child in order to save his life.