

## **DIRECTIONS FOR NURSE AND HOUSE PHYSICIAN, BURNSIDE LYING-IN HOSPITAL, TORONTO.**

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### **DIRECTIONS FOR NURSE.—PATIENT ON ADMISSION.**

Have the patient undressed at once, and her cast-off clothing placed in a receptacle, from which it is to be taken for fumigation.

Let her then take a warm tub-bath, after which she is to be dressed in hospital clothing.

Then make a record of her pulse, temperature and respiration.

Take pulse and temperature morning and evening while "waiting," and record everything abnormal.

### **PREPARATION AFTER ONSET OF LABOR.**

Give soapsuds enema.

Give warm bath.

Let patient then put on a nightgown and remain in bed until examined.

Prepare delivery room and table.

Have at hand sterile towels, gauze sponges, absorbent cotton balls, thread for cord, three basins for solutions of sterile water, mercury bichloride, and lysol or cresoline, scissors, and two clamps.

Place small portable table near bed and operator.

### **FURTHER PREPARATION OF EXTERNAL GENITALIA.**

After patient is placed on operating table:

Put Kelly's pad under buttocks.

Cut short all hair at sides of vulva, and all hairs above long enough to reach the vulva.

Give a vaginal douche of green soapsuds at about 110 degs. F.

Scrub the lower abdomen, pubes, vulva, perineum, buttocks and thighs, using green soap; then wash with warm sterile water, then with bichloride solution.

During the scrubbing process, wash from before backwards, *i.e.*, towards the anus.

Then place a bichloride guard over the vulva.

If labor is advancing too rapidly to allow all these procedures, omit the douche, but, if possible, cut short the hairs at side of vulva, and wash vulva and adjacent parts.