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HEADACHE.\*

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Two or three years ago I discussed the subject of Headache before the Medical Society of Nova Scotia, but I venture to bring it up here again, for several reasons, the first being that I was dissatisfied with the incompleteness of my former investigations into the subject, the second that my attention was again called to the matter by report of a discussion on Headache in one of the sections of the British Medical Association at the meeting last year. It is an analysis or criticism of that discussion which will form the subject matter of this paper.

Lauder Brunton in an opening paper says that in considering the pathology of headache we have to consider two things. (1.) General condition. (2.) Local condition. The general condition renders the patient liable to the pain, and the local determines that it should be in the head rather than in any other part of the body.

We find headache very common in imperfect nutrition. But in apparently healthy people we find that headache comes on now and again with more or less regularity.

Thus it would appear that in many such people there is a tendency to disordered nutrition occurring with more or less regularity, and such patients are accustomed to recognise this in themselves, and to say that

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\* Read at meeting of N. S. Branch British Medical Association, March 14th, 1900.