

22d January, after three hours' comfortable labor. No blood at the birth of the child, or delivery of placenta. She continued remarkably well till the evening of the 4th day, when I was called on account of her having had a severe *chill*. When I got there the chill had ceased and she had a violent fever, with intense pain in the left side of the lower abdomen, extending through the groin and thigh to the knee. She was obliged to be on her back and keep the leg drawn up, as the least attempt to extend it threw her into an agony. The inflammation in this case was evidently confined to the peritoneum, as the uterus could be distinctly felt in a healthy condition. Bled from the arm until symptoms of fainting appeared; then applied cups to region over the seat of pain in the abdomen, and took eight ounces more, in all about forty ounces of blood. When the cups were taken off, all the pain had ceased, and the pulse was reduced to about 100, soft and yielding. Ordered antiphlogistic and aperient medicines for the night. Next morning found her in a well-developed typhoid puerperal fever; teeth and gums covered with *sordes*; tongue dry, burnt-leather coat; pulse small, quick, 140. The pain in the abdomen had not returned, but the part was exceedingly tender, and this tenderness had extended over the whole abdomen. Ordered brewer's yeast as in the first case, and with the same result.— From the moment she commenced taking it she began to improve, the *sordes* left the teeth, the tongue improved, and the pulse fell below 120 in four hours. She was entirely well on the fifth day.

You remember I reported some cases of scarlatina maligna, treated with brewer's yeast, some two years ago. I have still continued to rely upon it as the sheet anchor of hope, under God, in all cases assuming a typhoid character, and in all eruptive diseases of whatever form, with the happiest effect, not having lost a single case when the remedy was freely used. In these cases of puerperal fever, and especially the first, complicated as it was with a high degree of inflammation of the womb, as well as of the peritoneum, I do not believe the patient would have survived the ordinary treatment three days. The malignant symptoms were as marked as their supervention was rapid. Within thirty-six hours after the first symptom of the attack, there was every evidence of the putrescent state having commenced. And in less than four hours after taking the yeast, every symptom of putrescence had abated, and in twenty-four hours disappeared and never returned. In both cases, from two to three moderate evacuations from the bowels occurred every twenty-four hours during the whole time of taking the remedy; the urine continued free, and, after the first twelve hours, the skin soft and natural.

I must remark that I can give no other reason for using brewer's yeast than that furnished by its good effects in previous cases. I confess it is a purely *empirical* remedy. It is not the carbonic acid gas of the yeast that performs the almost miraculous work of the remedy, for I have used carbonated waters much more highly charged with it, without any such effects. What, then, is it? Strange to say, that while every other liquid highly charged with carbonic acid gas causes large eruptions, the yeast never has any such effect. It causes no flatulence nor distension of the stomach, though taken in sufficient quantity to puff up a barrel of flour, when made into dough. Neither distiller's yeast, baker's