

order that her pupil might enter upon life's duties and struggles—a man in every sense of the word. I hold that the careful and successful teaching of the mental work laid down is not enough, that the teacher has utterly and miserably failed who has only accomplished that. Every boy and girl must know that in his teacher he finds his best friend next to his parents, and in too many cases, before even them. Let our educators strive to make their institutions known for the nobility of character of their graduates, for the thorough training of the mental, moral, and physical sides of their natures.

It is my firm conviction that the teacher is directly responsible for the ungraceful bearing and physical weakness of nine-tenths of her pupils who are thus afflicted, not primarily so, perhaps, but as the lawyers would say, she is "an accessory after the fact," and sometimes even before it.

How is it to be supposed that parents who cannot read shall instruct their offspring in the use of the mother tongue? All will grant that this is the province of the teacher. How, also, are parents whose minds are more fully occupied in the mathematical problem of how to feed, clothe, church and school half a dozen or more children on a dollar a day, as many do; how, I say, are they to put them through such a course of physical exercises as shall leave its mark for good upon the grown man and woman?

Many of my hearers, who teach in farming communities, will smile at the idea that their Toms and Jacks, their Bills, Hanks and Joes, require exercise in school to make them perfect in body. To all such I will say, *I have lived there*, both as pupil and teacher, and my experience is that country children, even more than city ones, need that very thing; for everyone recognizes in the bent and stooping, though muscular figure, the result of the kind of the exercises they have gone through, in picking up stones and carrying in wood, until the shoulders lose almost all resemblance to nature. And the girls are too often their twin sisters in this respect. It is a shame to see these young and sprightly lads and lassies come into our schools erect and noble in all the dignity of their five or six years, and leave us with their mental nature vastly improved and trained, even "culchahed" in some cases, but the sprightliness and beauty of physique gone, and sometimes gone forever.

Though never an athlete in any of the many branches of outdoor sports, I have always had an admiration for physical perfection in others, and it is my increasing conviction that the duty of starting the young upon the right track to enable them