Preserve Your Eyesight.

page to speak. It is the result largely training. It is also aided by feed a and a hazy appearance of the letters when he was reading. Remembering to have heard his mother say that expresident John Quincy Adams (who is eyesight and read without glasses by pressing the outer and inner corners of his eye together, the editor tried the experiment. After retiring to his bed at night, he has, ever since the fall of the force uning to sleep pressed. turned out on the plains of Texas, equal singultaneous pressure to both eyes. ()r using but one hand, he has put the middle finger on his torehead showe his mose, and pressed together the corners of one between the thumb and the forefinger, and the corners of he other eye between the third and the corners of an abnormal secretion of milk as it is rexity of the eyes, and thereby preserves bealthy and vigorous condition etand) is caused by too great convexity develop milk secretion. of the eye. Oftentimes, as they advance in years, their eyes flatten; that is ose their original convexity, and be We do not produce a sufficiency

If the two eyes should see objects at needed, and more fruit should be different distances, the objects would grown. The enterprise of fruit grow present different images on the two ing is profitable, and should be encourretine of the eyes and produce a con- aged. retine of the eyes and produce a confusion of images, and, of course, impair distinct vision. Instances occur of persons who have a natural infirmity of the eyes with different foci—one eyes eeing at one focal distance, the other eye seeing at another focal distance, in such cases oculists provide eyegh-uses of different foci, so accommodated as to correct the natural defect and make both eyes see alike.—Hunts ville (Ala.) Democrat.

The Scarlet Fever.

onsult the sympathetic nerve and do what it commands us to do. We must give this child salt when it wants it; we must give it acid when it has fever and anxiously craves it—not vinegar but lemon juice, because the first coa while the next is cooking, so that a large quantity can be cooked in one day. Every farmer should know this, as it would save him suffering any loss, however had his crop might be.

Last fall in November I built at the warm lemonade with some gum arabic in it. Then cover its abdomen with some dry flannel. Take a well-folded bed sheet, and put it in boiling water; wring it out dry by means of dry towels, and put this over the flannel on the child's abdomen; then cover the whole and wait. The hot cloths will perhaps require repeated heat. According to the severity of the ease and its stage of progress, perspiration will its stage of progress, perspiration will N. E. Homestead. commence in the child in from ten ninutes to two hours. The child then is saved; it soon falls to sleep. Soon after the child awakes, it shows slight evmptoms of returning appetite; help its howels, if necessary, with injection of oil, soap and water, and its recovery will be certain, if well treated. Of course if the child was already dying, tune. nothing could save it. But if the above is applied in due time under the eyes direction of a competent physician, I will auarantee that not one in a hundred children will ever die of scarlet fever. I also maintain that a child will never get scarlet fever if properly treatbut in bed with a sick ohild. This is still more startling, but nothing is easier of proof. — Good Health.

Agricultural.

Development of Milking Capacity

nt night, he has, ever since the fall of 1865 before going to sleep pressed gently together the outer and inner sorner of each eye between the thumb and forefinger of the hand corresponding to the right and left eye, applying spiral singultaneous pressure to both

ne other eye between the third and ourth lingers, striving to give equal ressure to both eyes. The philosophy f the experiment is explained in this ay: -As the people pass the middle milk can only result from high feeding; but such feeding must be done underis) a tendency of the balls of the eye to lose their convexity—in common parlance, to flatten. The habitual pressure of the outer and inner corners of the outer and inner corners of the outer and inner corners of the outer to other the corners of the outer and inner corners of the outer to other the corners of the outer and inner to other the corners of the outer and inner to other the corners of the outer and inner to other the corners of the outer and inner the corner the corner than the corn the eyes together prevents flattening, and thereby the original normal contexts of the eyes and thereby present a context a cow migh when she is not in milk—that is, to give her more food than would be necessary to maintain a bealthy and the original power of seeing. Near sight persons are exceptions to the rule. Their near-sightedness (as we under-

More Fruit.

lose their original convexity, and be some more nearly like the good eyes of young people, and they can see better without glasses and lay them aside. Whether our philosophical explanation is right or wrong, this one thing we know, and whereas we, over seven teen years ago, were losing our original power of seeing, now, by the manipulation of our eyes as above explained, we can see clearly without the use of glasses, and can read small print almost, if not quite, as well as in our youth, while men and women many years our juniors some of them our near blood relatives, who have not resorted to our mode of preserving the eye-sight, are compelled to use glasses. Belioving it our duty to mankind to do them all the good we can, we overcome our native modesty about writing of ourselves by the consideration that we may benefit others by relating our own experience.

We do not produce a sufficiency of fruit for home consumption. At near-training and the pear foreign and tropical ruits compete with us in our two in markets, as may be noticed in the fact of oranges being at times cheaper than apples. Fruit is a salable product, and there has never been a time when too many orchards were set out. Nor need there be any fear of overproduction, for when the strawberry was first, tuiltivated, there were many predictions of over-stocking the markets. But to day instead of sea ching the greater than before. The strawberries and all disorders arising from impurity of the blood. By its invigorating effects it always relieves and often cures lives Complaints, Fernale Weaknesses and preserves the blood it has no equal. It tones up the system, restores and preserves the health, and imparts vigor and energy for for the sufficing sick.

The domain and the reputation which Ayer's Sateatraphatics, and is a compound of the fect of oranges being at times cheaper than apples. Fruit is a salable product, and there has never been a time when too many orchards were set out. Nor not consider that the power of seeing, now of them the sufficient more nearly like the good eyes fruit for home consumption. At near may benefit others by relating our own field open to fruit growers, which is the canning and the drying of them for winter use. The high price at which canned goods are sold at all seasons of the year, is a sure indication that if the year, is a sure indication that of the year, is a sure indication that it is a substituted in year. In year, it is a year, in year, it is a year, in year, in year, in year,

revise as follows: Boil the diseased tubers fast till done; drain, and le them become perfectly dry by spreading them out on sieves - a gravel screen It is as unnecessary for a child to die is the best. The tuber, when cooked of the scarlet lever as it is that it should be blind with a cataract. Let us see: At any time before the body has finish. ed its ineffectual struggle, we are able partakes of it. When dry, ram tight to help it, not by wonderful medicines, but by the knowledge of anatomy and the profile in a cool place till wanted. the application of common sense. We consult the sympathetic nerve and do while the next is cooking, so that a

but lemon juice, because the first coagulates albumen, and the latter does not, on account of the surplus of oxygen which it contains. To imitate the soothing mucous in the intestines, which is now wanting, and to give some respiratory food at the same time, we add some gum arabic. To restore and relieve the injured nerve we apply moist warmth. In practice we can fulfield this with the following simple manipulations: Undress the child and bring it to bed at the very first sign of the sickness. Give it, if it has account of the sickness. Give it, if it has account of the sickness. Give it, if it has account of the sickness. Give it, if it has account of the sickness. Give it, if it has account of the sickness. Give it, if it has account of the sickness warm lemonade with some gum arabic in it. Then cover its abdomen with

WHY SOME FARMERS ARE POOR .- They do not keep up repairs.

They are wedded to old methods.

They give no attention to details. They think small things not impor

They are wasteful and extravagant.
They let their gates sag and fall

They are in town too often to 'see They consequently enjoy poor health.

DYE WORKS GILBERT'S LANE.

All Orders left at the following pt.; W. P. Moses & Co., I amandot, An facaulcy Bros. & Co., of Charlotte street; W. P. Moses & Co., i amandot, An er, Truro, N. S.; P. H. Glendenning, New Glasgow, N. S.; Wm. Shannot, An Erraro, N. S.; Alias Wright, Digby, N. S.; Robt. Young, Chipman & Etter, Amherst, N. S.; Miss Wright, Digby, N. S.; Robt. Young, P. E. I., or at the DYE WORKS, GILBERT'S LAME, ST. JOHN, N. B. H.S. PIPER, AGENT, BRIDGETOWN. J. G. H. PARKER,

BARRISTER-AT-LAW, CONVEXANCER, and REAL ESTATE ACENT. ctise in all the Courts. Business promptly OFFICE-Fitz Randolph's NEW BUILD-

J. M. OWEN, BARRISTER - AT - LAW, Notary Public, Real Estate Agent.

United States Consul Agent. Amapolis, Oct. 4th, 1882-Iy MONEY

AT 6 PER CENT. N. S. P. B. Building Society and Savings Fund,

cal Estate Security, payable in Monthl For particulars apply to J. M. OWEN,
Agent for County of Annapolis
napolis, Feb. 27th, 1883.—6m

EYE, EAR AND THROAT Dr. J. R. McLean,

HALIFAX. **Edmund Bent** 

LICENSED AUCTIONEER, Sales attended to promptly in any part of the County. Consignments solicited. Prompt returns made. Bridgetown, N. S., May, 1880. n5tf

Nothing Short of Unmistakable

WM. M. MILLER. Cleveland, March 1st, 1882. tt

DON'T READ ANYTHING **BELOW THIS CUT** 



MILLER BRO'S

Improved Raymond Sewing Machines Faster Than Ever?

WINDOW CAPS, SILLS,
WATER TABLES,
CHIMNEY TOP:, Round & Square,
STONE EDGING,
STONE STEPS of any design,

12 A week made at home by the industrious. Best business now before the public. Capital not needed. We will start you. Men women, boys and girls wanted everywhere to work for ds. Now is the time. You can work in spare time or give your whole time to the business. No other business will pay you mearly as well. No one can fail to make enormous pay, by engaging at once. Costly outfit and terms free. Money made fast, easily, and honorably. Address Tays & Oc., Augusts, Maine. Monuments & Head Stones

Monuments & Head Stones of all descriptions; Ornamental Vases, Drann Pipe, Flower Pols, Flagging for Walks and Platforms, and all kinds of Stone work that can be manufactured.

We have now in the Woodland Cemetery, Annapolis, a lot of Ceping, manufactured remains which the public can inspect for them-



Yarmouth ANNAPOLIS LINES, BOSTON

DENTISTRY. Monday, Wednesday, & Saturday

THE UNION MUTUAL ifo Insurance Company of Port- SATURDAY FROM YARMOUTH. JOHN E. DeWITT, Preside

Covernment deposits at Ottawa, \$130,000.00
Assets, about \$6,500,000.00
Surplus over all Liabilities, \$678,545.53
Dividends to Policy holders, to 31st December, 1881, \$4,632,915.54
Total payments to Policyholders, \$18,579,285.07

ALBERT MORSE, Bridgetown, aug24] Special Agent. EXECUTOR'S NOTICE.

A LL persons having legal demands against the estate of WILLIAM T. CLARK JOSEPH. H. GRAVES, CHARLES W. PARKER,

Granville, April 3rd, '83. Execut Encyclopedia Britannica. this office. Payments are made very easy and extend over a period of five or six years, en-abling a person of very mo-deratemeans to secure this in-

PLOUGHS.

THOSE IN WANT OF First-Class PLOUGHS

JOHN HALL, LAWRENCETOWN. TERMS, SIGHT.

28 Middleton
32 Wilmet
35 Kingston
42 Aylesford
47 Berwick
59 Kentville—arrive
Do—leave.
64 Port Williams
66 Wolfville

69 Grand Pre ....

GOING WEST.

0 Halifax— leave...... 14 Windsor Junc--leave 46 Windsor.....

84 Windsor 6 30 12 55 7 50 16 Windsor Junet 7 47 3 20 10 05 30 Halifax—arrive 8 25 4 30 11 00

..... 11 15 1 15 ..... 11 46 2 03 ..... 12 00 2 25



Windsor & Annapolis Raiw'y PERFUMERY, SOAPS, and all TOILET ARTICLES, EVER OFFERED IN Time Table. tf36

NUITCE UP ASSIGNMENT.

STORY OF THE STORY OF GOING EAST. of Tremont, Aylesford, shoemaker, did on the 14th of May, 1883, assigned and set over to me all his property of whatever description, for the benefit of his creditors, certain prefer-ental creditors named therein, to be first P.M. A. M. 2 20 6 15 2 40 6 43 3 00 7 11 3 13 7 31 3 22 7 45 3 38 8 10 3 50 8 28 4 00 8 42 9 10 4 31 9 40 5 90 10 35 0 Annapolis—leave.. 6 Round Hill ..... 14 Bridgetown ... 19 Paradise .....

for the beneau or an entire to be a cutal creditors named therein, to be a cutal creditors named therein, to be a cutal creditors and a deplicate the coffee of Register of deeds for Kings County, and a duplicate thereof lies at my other in Wilmot, where it is open to inspection and signature by all parties interested therein, or desiring to execute the same.

Parties failing to execute the same within three months from above date, will not be entitled to any benefit arising therefrom.

HENRY MUNRO,
Assignee.

NOTICE OF ASSIGNMENT.

DAVID E. McGREGOR, of South Farmington, in the County
Annapolis, yeoman, has this day assign
to say all his real and personal proper
and offects for the benefit of such credito
as may sign the deed of composition wit
in 60 days from the date thereof, certa
preferential claims mentioned being fit
paid. Said deed has been duly fyled as
recorded in the office of the Registrar
deeds for the County of Annapolis,
duplicate thereof lies at my residence
South Farmington, where it is open
inspection and signature of any person i
terested therein, or desiring to execute t
same. All parties failing to execute
tsame, within the time named, will not
entitled to any benefit thereunder.

ISRAEL CHUTE. Express Daily.

Pas. and Freight
Mon. Wed. and
Fri. only.

Pasengers

o and Freight
daily.

ISRAEL CHUTE. Notice of Assignment!

C. WILLOUGHBY SHAFFNER 

Notice of Assignment.

CAPT. JOSEPH REAGH.

Health is Wealth

NOTICE.

immediate payment to
MARY ANN PHINNEY, Execute
DAVID BENT, Executor.

HORSES FOR SALE!

F. FITZRANDOLPH.
Bridgetown, N. S., June 19, '83. n10tf

New Tailoring

**ESTABLISHMENT** 

AT MIDDLETON.

Choice Groceries,

JOHN F. GOODERE.

A LL persons having legal demands at the estate of Benjamin Phinney, of Wilmot, are requested to hand the in within three months duly attested persons indebted to said estate are required make immediate navment to

Three Trips a Week.

MONDAY FROM ANNAPOLS WEDNESDAY

Lines leaving in the THE subscriber has two horses he win Afternoon arrive in will please apply at once to Afternoon arrive in will pl Boston THE NEXT AFTERNOON.

TICKETS FOR SALE AND Head office for Nova Scotia and P. E. Island: Queen Insurance Building, 177 Hollis St., Halifax, N. S. K. MARTER, Manager. At the Station of the Windsor and Railway, Bridgetown. The elegant STRAMER EMPRESS lear Annapolis for St John every Monday, Tu day and Saturday, and daily for Digby af arrival of Halifax Express Train.

Having had forty years experience the business he is confident he can E. F. CLEMENTS, Genl. Manager, YARMOUTH, N. S.

SPECIAL NOTICE Middleton, N. S., April 30th, '83. n3 Clipper and Larrigan Factor

Men's, Women's, Misses', & Children's BOOTS AND SHOES Choice Groceries,

in all the leading styles. PLOUGHS.

By continuing, as in the past, to use quality of material, we hope to merit a lal share of public patronage is our branch of business, as well as a continuan public favor in our old business. NUTS, RAISINS, TOBACCO, CIGARS, &c., &c. In addition to the above. I am able to sup-Vincent & McFate, Fresh Beef, Corned Beef, Lard, Pork, Butter, Veretables, As.

AT PRIMROSE'S

Thomas J. Eagleson, Drug Store Bridgetown, May 29th, 1883. Il be found the best assortment of FANCY GOODS! Book Store !

and all articles usually found in a well appointed Book Store.

Daily papers will also be on sale.



HIDDLETON P. O. AND RAILWAY STATION. under a proposed contract for four years from the 1st October next.

the 1st October next.

Printed notices containing further information as to conditions of proposed Contract may be seen, and blank forms of Tender may be obtained at the Poet Office of Middleton, or at the office of the subscriber.

CHARLES J. MACDONALD,

Dust Office Impraction. Post Office Inspector's Office, Halifax, 20th June, 1883. 3i15

100 MEN WANTED Fonthill Nurseries. Assignee. The largest in the Dominion. Head office.

GOOD SALARIES AND STEADY EM-PLOYMENT TO RELIABLE AND SUCCESSFUL MEN. end references and Photo with applied STONE & WELLINGTON,

W. BEALL, 84 Coursel Street, Manager Branch Office. PAINT. PAINT. THE BEST PAINT IN THE WORLD

AVERILL Chemical Paint

It has been clearly proved that it wil year twice as long as Lead and Oil. MIXED IN ALL SHADES READY FOR USE S. N. JACKSON,

For the Ladies.

The travelling cloak for young ladies' open it.'

summer journeys is a cheviot Newmarket closely fitted from neck to foot, market closely fitted from neck to foot, and the frightened clerk, getting the neck to foot, and the frightened clerk, getting the neck to foot, and the frightened clerk, getting the neck to foot, and the frightened clerk, getting the neck to foot, and the frightened clerk, getting the neck to foot, and the frightened clerk, getting the neck to foot, and the frightened clerk, getting the neck to foot, and the frightened clerk to with checks of mingled coru, garnet, exclamed the frightened brown and olive. There is a pointed down from his stool iu an A Fit Cuaranteed Every Time hood with garnet silk lining.

front in many bows. NED GOODS,

PURE CONFECTIONERY, PICKLES,
NUTS, RAISINS,
TORACCO CIGARS, &c. &c. the majority are in black, as the colup of the same material as the dress know.' and this is particularly the case with Goods delivered in town free of charge. orders filled with promptness, and at lowest gures for cash.

BRIDGETOWN

BOOK STOR!

Shade and quality of the cloth; the make is perfectly plain, there are no outside trimmings, but only the interior facing, and the neatness of the workmanship as finish. Buttons are small and flat, bronzed, smoked pearl. Estore one door east of Mr. John Lock-ett's, where will be kept

THE COUNTY.

F. PRIMROSE.

OF ASSIGNMENT.

BRIDGETOWN

Shade and quality of the cloth; the make is perfectly plain, there are no outside trimmings, but only the interior facing, and the neatness of the workmanship as finish. Buttons are small and flat, bronzed, smoked pearly or horn, and not conspicuous—in fact good taste rigidly excludes the striklaster will be kept

LATEST PERIODICALS OF THE DAY SCHOOL BOOKS, STATIONERY OF ALL KINDS,

Walking jackets have a distinct func.

sometimes showing a braided ornament ation, sometimes a mounting of velvet, as collars or revers, yet these changes are comparatively unimportant—the well fitting walking jacket of cloth remains through them all, and is more rather than less distinguished by its simplicity and superiority to monessential changes. This seems however, tial changes. This season, however, tashion is on the side of virtue. The SEALED TENDERS, addressed to the walking jucket is minus all excressen ocs and superfluous adornments. It is octawns until noon, on Friday, 3rd august, for twelve times per week each may, between the fine tints and quality the contract of the fine tints and quality.

r made of fine cloth, and its beauty is in the fine tints and quality, the neatness of the workmanship, the daintiness of the satin Surah facing; even braiding acter why do you train in his comis mainly confined to jackets en suite. pany.'

POTATO SNOW .- Boil or bake in the

COPING for Constery purposes,
BURIAL CASES,
CHIMNEY THIMBLES,
IMPORT A Hong of the business will pay you nearly as well,
No one can fail to make enormous pay, by one can feet to for the benefit of sacriptions; Ornamental Vases,
Pipe, Flower Folz, Flagging for a man of the business to the business to the business to the business to the business will not be entitled to a sare platforms, and all kinds at work that can be manufactured to work that can be manufactured to the business will pay no nearest the first start. The paties are to be more dead of comparison to the business will not be entitled to a same platform of the business will not be entitled to a same platform of the business will not be entitled to a same platform of the business will not be entitled to a same platform of the business will not be entitled to a same platform of the business will not be entitled to a same platform of the business will not be entitled to a same platform of the business will not not be swort as a witness caps to compare the position and significant of the same time with three unions in two waters until tender, rub it through a sieve and mix with twice as much boiled potators maked light with forks; add an ounce of the Registrar of Deeds for the same with pay not not the dead of comparison to the business will not not prove that the time and the sum of the swort proves with the work properly from the first start. The business will not not prove that the first start. The business will not not prove that the same platform of the swort proves with the woodland Cemetery, and the longer exposed the position with individual mention of the comparison of the Seriptures. I because the same with the work properly as and the swort prove that the first start. The business will not not prove that the time to the business will not not prove the same to the business will not not prove the same time with the solone of the Seriptures. I because and mix with twice as much boiled potators as much boiled potators. A well-grown of the same tim

Joker's Corner.

reatly improved, and now ranks as one of the best textures for summer use.

Iris tinted buttons made of metal are avored. There are a number of singular buttons, brightly colored to the company's office one morning and hid bis hand heavily upon a fresh-ly arrived candle box before the surprised clerk had time to get it out of

'I seize this property,' said the sheriff.
'I know what's in it; and I propose to

White mull morning dresses are and and with a Watteau plait from the shoulders, and are trimmed across the 'Do you know what's in it? There's

ront in many bows.

There is an infinite variety of small got all the points.'

Well, for God's sake don't hit the

the pongees, the thin embroidered the clerk disappeared around the wool, and other labrics wrought upon corner. The sheriff went coolly to work The ulster keeps its place, and is arranged the packing. Presently out likely to do so, but it depends for its rolled several little blue cartridges.

Walking jackets have a distinct function and continue to perform it. Little change is possible or required, although they vary a little from year to year, different personalizes showing a braided ornament.

'Simply to fool him.'

Many young, and indeed old house keepers, are troubled how to give some new and attractine appearance to a dish of potatoes. If aroad is the staff of life, potatoes are its crutch, for they apport one side, and that the weakest and lamest, of the human family. They are the food of the poor, and the rich cannot dispense with them. With the latter, however, they serve to make the traveries of the table, and as the cooking costs nothing but the 'know how' why should not the poor have them in their prime? There are potatoes a la Saratoga; a la maitre d' Hotel; en galette; a le mont de neige; purce of potatoes; potatoes en creme and many other preparations of this vegetable to make variety and savory flavor. The French have fifty different ways of cooking potatoes, but an inventive housekeeper can better the French two to one if she will try. We give a few samples:

Potato Snow.—Boil or bake in the 'He goes to Chicago because I am

POTATO SNOW.—Boil or bake in the skins some of the most mealy potatoes; put them near the fire until dry, then turn out the insides and rub through a hot wire sieve upon a hot dish; do not disturb the light powder; but serve as it falls heaped in the middle of the dish.

POTATOES CRISTED.—Pare potatoes in thin curled shavings; fry them brown in hot lard or dripping until crisp; pile them lightly on a dish, sprinkle with salt and serve hot.

POTATOES WITH ONION.—Boil two large white onions in two waters until the high the salt and serve hot.

THE FOOM AND THE LAWYER.—'William Look, who made you?' demanded a learned counsellor. William who was considered a fool, screwed up his face, and looking thoughtful and somewhat bewildered, replied, 'Moses, I s'pose.' 'That will do,' said the counselor, addressing the court. 'The with least them lightly on a dish, sprinkle with salt and serve hot.

POTATOES WITH ONION.—Boil two large white onions in two waters until the most of the Scriptures. I submit that it is not sufficient to environment.