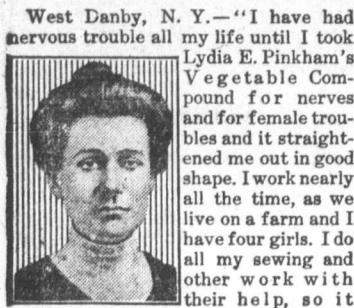


## WOMAN HAD NERVOUS TROUBLE

Lydia E. Pinkham's Vegetable Compound Helped Her.



West Danby, N. Y.—"I have had nervous trouble all my life until I took Lydia E. Pinkham's Vegetable Compound for nerves and for female troubles and it straightened me out in good shape. I work nearly all the time, as we live on a farm and I have four girls. I do all my sewing and other work with their help, so it shows that I stand it real well. I took the Compound when my ten year old daughter came and it helped me a lot. I have also had my oldest girl take it and it did her lots of good. I keep it in the house all the time and recommend it."—Mrs. DEWITT SINCEBAUGH, West Danby, N. Y.

Sleeplessness, nervousness, irritability, headache, headaches, dragging sensations, all point to female derangements which may be overcome by Lydia E. Pinkham's Vegetable Compound.

This famous remedy, the medicinal ingredients of which are derived from native roots and herbs, has for forty years proved to be a most valuable tonic and invigorator of the female organism. Women everywhere bear willing testimony to the wonderful virtue of Lydia E. Pinkham's Vegetable Compound.

## Guide-Advocate

Watford, Ont.

PUBLISHED EVERY FRIDAY.

Subscription—\$1.00 per annum in advance. \$1.50 in advance to the United States.

### ADVERTISING RATES.

Space	One Year	Half Year	3 Months
One column	\$35	\$22	\$12
Half column	20	12	7
One fourth column	12	7	4

Shorter periods 12 cents per running inch.

Advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Tuesday afternoon.

LEAD ADVERTISING—First insertion per line, 10 cents; subsequent insertions 5 cents each time per line. Azate measure 14 lines to the inch.

BUSINESS CARDS—One inch and under, per year \$3.00.

AUCTIONEER CARDS—\$5.00 a year.

LOCALS—10c per line each insertion. Minimum charge 25 cents.

Advertisements without specific directions will be inserted till forbid and charged accordingly.

HARRIS & CO. PROPRIETORS.

## Guide-Advocate

Watford, MARCH 3, 1916

### NOTE AND COMMENT

The New Zealand Government has recommended that 50 per cent. extra duty be levied on all German goods after the war.

A Detroit paper says:—"The Government predicts 50-cent beef unless more beef cattle are raised. Michigan feeders have depended upon the west for their young cattle and can buy now only at prohibitive prices. Our native dairy stock will not fatten for the good dairyman has made a practice of culling out the cows that have a tendency to fatten, and it is a waste of feed to try to fatten a dairy bred steer."

That many brands of salad dressing containing cottonseed oil are being sold as olive oil, contrary to the regulations governing the sale of this article, is the report of Dominion Analyst McGill in a bulletin just issued. Out of 159 samples of oil examined, 45 were found to contain cottonseed oil. Only 35 samples contained the word "cotton" in very small type, on the label, whereas the regulations require that they be labeled in conspicuous characters. The bulletin describes this condition of things as unsatisfactory.

### WEAK, SORE LUNGS

Restored To Health By Vinol  
Camden, N. J.—"I had a deep seated cough, was run-down, and my lungs were weak and sore. I had tried everything suggested without help. One evening I read about Vinol and decided to try it. Soon I noticed an improvement. I kept on taking it and today I am a well man. The soreness is all gone from my lungs. I do not have any cough and have gained fifteen pounds."

FRANK HILLMAN.  
We guarantee Vinol for chronic coughs, colds and bronchitis and for all weak, run-down conditions.  
Taylor & Son, Druggists, Watford.

Will the price of meat ever stop climbing? Wholly aside from any trusts or trade combinations there are many influences that are forcing prices upward. The vast armies that are eating meat rations are not only rapidly depleting the supply of the world, but they are forming a taste and getting a habit that will persist when peace comes. As population of the world increases and social intercourse among nations becomes more common, the demand for meat grows greater and greater. In Japan, for example, rice is being displaced by meat as an article of diet. On the other hand, the flocks and herds of the world in general, and of our own country in particular, are not keeping pace with the demand. The lands with vast grazing areas—Brazil, Argentina, Australia and Mongolia—are not large enough to offer much relief. Unless our farmers raise more live stock, we shall have to eat more fish.

That a Conscription Act is on the Statute books of Canada, and only needed to be put in force will be a surprise to a great many. But such is the case. The law on the subject is found in the Militia and Defence Act Chapter 14 of the Revised Statutes of Canada, in Sec. 26, in which it is provided "that when men are required to organize or complete a corps at any time, either by training or an emergency and enough men do not volunteer to complete the quota required the men liable to serve shall be drafted by ballot." The first to be liable for service are men who are from 18 to 30, unmarried, or widowers without children, the second class, unmarried men or childless widowers between 30 and 45 years; the third class married men or widowers with children between 18 and 45 years and the fourth class all men between 45 and 60 years. Those who are drafted are liable for overseas service.

### Deafness Cannot Be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.  
F. J. CHENEY & CO., Toledo, Ohio.  
Sold by Druggists, 75c.  
Take Hall's Family Pills for constipation.

### Patriotic Giving

From the point of view of the individual the value of the gift is in the sacrifice. The man who has nothing but his life, and freely offers that, offers all. No other sacrifice can be greater. The man who gives of his superfluous millions does well; the man who contributes the fifty cents that he needs makes the greater sacrifice. We must all learn to give; to give freely; to give to the point of sacrifice. The saving of our common civilization at this time is the greatest task ever imposed upon the people of Canada. We should accept it as a proud privilege as well as a sacred duty. When the task is accomplished, as we all believe it will be accomplished in time, it will be well for us to be able to say that we had some share in the work, that it was our privilege to make sacrifices, and to endure them bravely.—Woodstock Sentinel-Review.

### Germany's One Hope

(London Daily Chronicle)  
At the present moment Germany, at the top of her military achievement, desires nothing so much as to see the Allies disheartened into concluding peace. All she can do against us is to score harassing successes which wound, but cannot cripple, her principal opponents. Her hope and her interest are that these incidents, each in its turn, should be magnified among us beyond their real importance, so that a general atmosphere of discouragement, distrust, and destructive criticism may prevail in and between the Allied countries. If she can get the Allies sufficiently discouraged she will win; if she cannot, she is doomed.

Tongs equipped with a spring to insure them holding firmly have been invented by a Frenchman for handling hot dishes.

### A Bright Scholar

The Sunday School teacher put to her class a number of questions touching the history of the cities mentioned in the Bible.

"What happened to Babylon?" was the first query.

"It fell," said one boy.  
"And what became of Nineveh?"  
"It was destroyed."  
"And what of Tyre?"  
"Punctured!"

Leather waste enters into the composition of much of the best wall paper.

Parrots are taught to talk by the use of telephones in a London bird school.

Some vineyards in Italy are cultivated on the faces of almost perpendicular cliffs.

A novel gas headlight for automobiles has three burners, so placed as to utilize the entire surface of the reflector.

The richest ruby mines in the world, in Burma, are known to have been operated since early in the seventeenth century.

To enable a traveler to use a typewriter almost anywhere is the purpose of a new tripod which folds compactly when idle.

Mothers can easily know when their children are troubled with worms, and they lose no time in applying the best of remedies—Mother Graves' Worm Exterminator.

To accommodate children in motion-picture theaters a chair has been invented with a seat that can be raised several inches.

A new Danish process for freezing fish not only saves much time, but the fish when thawed are as fresh as when first caught.

The world's largest steel-plate mill soon will be in operation in Pennsylvania and will be able to roll plates sixteen feet wide.

To safeguard the child from damage that worms cause, use Miller's Worm Powders, the medicine par excellence for children. These powders will clear the system entirely of worms, will regulate and stimulate the organs injuriously affected by the worms, and will encourage healthful operation of the digestive processes. As a vermifuge it cannot be surpassed in effectiveness.

Lieut.-Col. Robson, of the 135th Battalion, is in receipt of a letter from Dr. C. S. McVicar, an old McGillivray Township man now with No. 4 Canadian General Hospital at Saloniki, in which he mentions that German aviators had recently dropped bombs on the Canadian camp and that a number of dugouts had to be built to protect against the explosions.

### Circumlocution.

"Just what is meant by circumlocution?" asked the seeker after knowledge.

"I haven't a definition on the tip of my tongue," replied the busy man, "but if you will look in the paper I dare say, you will find a very good example of it under the general heading of 'Diplomatic Correspondence.'"

### Oh, Certainly Not!

John Kendrick Bangs was one day calling up his wife on the telephone. The maid at the other end did not recognize her "master's voice," and, after Bangs had told her whom he wanted the maid asked:

"Do you wish to speak with Mrs. Bangs?"

"No, indeed," replied the humorist; "I want to kiss her."

### Poor Timper!

"I have just made a valuable discovery," announced Timpers.

"What is it?" asked Twiggs.

"I'm a fool."

"Ah, the joke is on your friends."

"How is that?"

"You know something they don't think you know."

### Possible.

The tall, fidgety man hurriedly entered the depot and, addressing a bystander, asked, "Do you think I can catch the flier for Chicago?"  
The man addressed casually surveyed the other's long legs and, slowly removing the cigar from between his lips, replied, "Well, it looks like you ought to, but you'd better hurry, for she's been gone half an hour."

### Just So.

"What brought you to housebreaking, my man?"

"Lost my job as a baseball pitcher, judge."

"Well, you are foolish to go into burglary if you are poor at locating the plate."

### And So Forth.

"Willie," said the teacher of the juvenile class, "what is the term 'etc.' used for?"

"It is used to make people believe that we know a lot more than we really do," replied the bright youngster.—Chicago News.

## CASTORIA

For Infants and Children  
In Use For Over 30 Years

Always bears the Signature of *Chas. H. Littleton*

## TAKAKE

(Trade Mark Registered)

The Harmless but Efficient Remedy for Headache, Neuralgia, Anemia, Sleeplessness, Nervous Exhaustion, &c.

50c AT ALL DRUGGISTS, or by mail from GEORGIAN MFG. CO., COLLINGWOOD, ONT.

## HOUSEKEEPING LABOR SAVERS

Don't grab all the labor saving machinery. Give the lady who gets your meals a chance.

- Home Washer - \$12.00
- Excell All Washer - 10.00
- Bonnie Washer - 6.50
- Wringers - \$3.00 to 4.50
- Carpet Sweepers, \$3.00 to \$4.00.
- Vacuum Cleaner and Sweeper combined - \$6.00

The N.B. Howden Est.

## FIGHT!

Do you want to be in at the finish in the biggest fight the world has ever known,—a fight for honor, home and country. Then enlist to-day in

LAMBTONS 149

## Our Empire's Call to Lambton

More Men, More Money  
Do Your Duty by Enlisting NOW.

You can never get any consciousness that is worth so much to you as the consciousness that you have done your Duty. If you enlist to-day you will have done your Duty. Be right with conscience—join 149.

## WATFORD PLANING MILLS

Recognized as the cheapest place to buy all kinds of Builders Supplies.

## TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry Full Stock of

INTERNATIONAL STOCK FOOD

FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL

AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE

Chopping and Rolling Done While You Wait

PHONE 39

## Furniture

We have a first class stock of the finest furniture on the market. Our prices are right.

Call and let us show you what you need.

## WANTED!

600 MORE MEN for LAMBTONS 149

You said you would go when needed. You are needed now.

ENLIST TO-DAY IN LAMBTONS 149

## HARPER BROS.

PHONE 31.

FINE FURNITURE MUSICAL INSTRUMENTS UNDERTAKERS

Guide-Advocate Ads, are Business Bringers