

Tea CLEAN AND "DA" alone. Try go back to

he car with a magneto, sp for weak storage battery. WEATHER HARD ON LITTLE ONES

ord General PAIR SHOP

UMMING AND REPAIRING 5 HOLLOW GROUND in shoes and balanced BOX KNIVES, AXES, IR AND BREAD KNIVES SCISSORS

Trade Mark Kitchen Utensils can of salmon in it a bag of flour? No, n be just as careful n kitchen utensils. se articles of Enag- ing the SMP trade- safeguard and your f. Ask for

ESTATE

Dread of Asthma makes countless thousands miserable. Night after night the attacks return and even when brief respite is given the mind is still in torment from continual anticipation. Dr. J. D. Kellog's Asthma Remedy changes all this. Relief comes, and at once, while future attacks are warded off, leaving the afflicted one in a state of peace and happiness he once believed he could never enjoy. Inexpensive and sold almost everywhere.

Central Business College STRATFORD, ONTARIO Western Ontario's best commercial School with Commercial, Shorthand and Telegraphy departments.

DENTAL GEORGE HICKS, D.D.S. GRADUATE of the Royal College of Dental Surgeons of Ontario, and the University of Toronto.

Veterinary Surgeon J. McCullochy Veterinary Surgeon, HONOR GRADUATE ONTARIO VETERINARY College. Dentistry & Specialty.

THE LAMBTON Farmers' Mutual Fire Insurance Company. JOHN W. KINGSTON PRESIDENT

Self Preservation—Nature's First Law—Heed It!



Preserve Your Strength... I can remember, Dr. Pierce's medicines were used in our family at home and they never failed to give good results.

How's Your Liver? Health is kept, if you observe this. I have taken Dr. Pierce's Golden Medical Discovery for liver trouble and found it excellent.

A. D. Howe PAINTER AND DECORATOR PAPER HANGING WATFORD - ONTARIO

CHANNY FARM Shorthorn Cattle, Lincoln Sheep Silver Grey Dorkings Black Leghorns

GRAND TRUNK RAILWAY SYSTEM TIME TABLE Trains leave Watford station as follows:

DO YOU KNOW of any good reason you should not patronize your own home goods?

8c PER LOAF AT Lovell's Bakery and Confectionery

NOTE AND COMMENT

Is it Ireland that's free now, or England?—Wall St. Journal.

The new Pope is the 260th of his line. Only one other reigning dynasty reaches back farther than the Roman Papacy.

Complaint was made at the retail merchant tailors' convention that Canadians were reluctant to learn tailoring.

A man dashed down the corridor of a sleeping car calling out: "Has anyone any whiskey? A lady has fainted in the next car."

Judge Whitten of Washington says "Young men of today know more about racehorses than the Ten Commandments, while the twelve Apostles are running a losing race with actors and actresses in popularity with the young generation."

A bill to prevent the sale of candy to children under thirteen without the written consent of their parents is before the Massachusetts Legislature.

Domination elections petitions are conspicuous by their absence. This does not necessarily mean, however, that elections are conducted any more honestly now-a-days than in the past.

One of the most effective vermifuges on the market is Miller's Worm Powders. They will not only clear the stomach and bowels of worms, but will provide a very serviceable medicine for children in regulating the infantile system.

Cod liver oil as a cure for rickets—the bone disease that has caused deformities of children for ages—has been announced by two experts of Johns Hopkins Hospital staff.

SO WEAK COULD HARDLY DO ANYTHING Now Looks After Home, Thanks to Lydia E. Pinkham's Vegetable Compound

Manford, Ontario.—"I was so weak I could hardly do anything and my back seemed the worst. I read so much about Lydia E. Pinkham's Vegetable Compound for women that I thought I would try it."

Two ladies have been elected to the Pembroke Board of Education. It is in the nature of things that women should take a greater interest in schools than the average run of man.

The way in which farm auction sales are advertised now is a sign of the times. The paper is losing in the race with the columns of the newspaper with a rural circulation.

No country can live unto itself, not even Ireland. Irish agriculture would be ruined in a month if Great Britain denied her market to Irish products.

Orilia Packet—This year Easter Sunday falls on April 16th. The latest date possible is April 25th. A late Easter is welcomed by milliners, dressmakers, and many other trades.

A Prime Dressing for Wounds.—In some factories and workshops carbolic acid is kept for use in cauterizing wounds and cuts sustained by the workmen.

The announcement that matriculation examination papers for entrance into the universities in Ontario will be stiffer this year has raised a storm of protests from all parts of the province.

Prof. Julian Huxley's theories of sex predetermination are nothing new to Scottish farmers' wives, who claim an infallible method of learning which eggs will produce cockerels and which hens.

Toronto brewers have asked the government for protection against the home made beverage. Many men employed by beer manufacturers have been laid off recently because of home brew competition.

The people who pay the taxes are usually interested in where their money goes. This paper has been asked repeatedly what the Premier and members of the House of Commons receive in salaries and indemnities.

WHAT CAUSES SO MUCH SICKNESS

Constipation Responsible for 90% of Disease

"FRUIT-A-TIVES" corrects it. It is generally recognized among the medical profession that Constipation or Insufficient Action of The Bowels, produces more disease than any other one cause.

As you know, it is the duty of the bowels to carry off the waste matter in the system. If the bowel muscles are weak or the liver inactive, then this waste matter remains in the body and poisons the blood.

"Fruit-a-tives" has been wonderfully successful in relieving Stomach Troubles, Nervous Troubles, Liver Troubles, Kidney Troubles, Skin Troubles and Blood Troubles.

50c a box, 6 for \$2.50, trial size 20c. At dealers or sent postpaid by Fruit-a-tives Limited, Ottawa, Ont.

three-quarters of the days on which the House sits. The seasonal indemnity in Ontario is \$1,400, if the session extends beyond 30 days.

LORD LISTER & ZAM-BUK

Lord Lister's discovery of antiseptic surgery has saved the world a lot of lives, but it has been left to Zam-Buk to bring into millions of homes the full benefits of antiseptic healing.

ANTISEPTIC HEALER

SEND IN THE NEWS CASTORIA For Infants and Children In Use For Over 30 Years