

The Lax-ets Formula

Show the formula which appears on every box of Lax-ets to any physician. Ask him if there is a better medicine to move the bowels naturally—gently—surely. Lax-ets simply prompt the forces of Nature—free from all griping or pain. Put up in the form of candy tablets—pleasant to take and pleasant in effect—convenient in form. One Lax-et taken before meals or on retiring always brings relief. In a handy metal case only 5 cents a box. Sold by T. B. TAYLOR.

LEGAL.

A. WEIR, M.A., LL.B.

BARRISTER SOLICITOR, NOTARY PUBLIC
Office over MAXWELL & ENGLISH'S STORE,
FRONT STREET, SARNIA.

MEDICAL.

R. GIBSON, M. D.,

Watford, Ont.
Office and Residence, Main St.
Eyes Tested for Glasses; Glasses Supplied.
Private and Bell Phone Connections.

JAMES NEWELL, PH. B., M. D.,

L. R. C. P., M. B. M. A., England.
Watford, Ont.
OFFICE—Main St., next door to Merchants Bank. Residence—Front street, one block east from Main street.

R. G. KELLY, M. D.

Watford, Ont.
OFFICE—MAIN STREET, formerly occupied by Dr. McLeay. Calls night or day at office.

CIVIL ENGINEER.

W. M. MANIGAULT,
ONTARIO LAND SURVEYOR
AND CIVIL ENGINEER.
Box 300. STRATHROY, ONTARIO.

DENTAL.

F. B. Kenward,

D. D. S. L. D. S.
GRADUATE CHICAGO COLLEGE OF DENTAL SURGEONS and Royal College of Dental Surgeons, Toronto. Only the Latest and Most Approved Appliances and Methods used. Special Attention to Crown and Bridge Work. Office—Over Dr. Kelly's Surgery.
MAIN STREET. — WATFORD.

George HICKS,

DENTIST.

L. D. S. ROYAL COLLEGE DENTAL SURGEONS
D.D.S., Trinity University—1893 Post Graduate in Bridge and Crown Work, Orthodontia and Porcelain Work—1899. Painless Extraction by use of Nitrous Oxide Gas and local anaesthetics, preservation of natural teeth by the latest approved methods. Artificial Teeth inserted with or without plates. Careful Attention Given to Every Operation and All Work Guaranteed. Office—Over Thompson's Dentification, Main Street, Watford. Visits Arkona Sat and 3rd Thursdays of each month.

Veterinary Surgeon.

J. MCGILLICUDDY,

Veterinary Surgeon,
HONOR GRADUATE ONTARIO VETERINARY COLLEGE, DENTISTRY A SPECIALTY. All diseases of domestic animals treated on scientific principles. Office—One door south of the Guide-Advocate office. Residence—Main St., one door north of Dr. Gibson's office.

J. F. ELLIOT,

Licensed Auctioneer,
For the County of Lambton.
PROMPT attention, call orders, reasonable terms. Orders may be left at the Guide-Advocate office.

T. V. RIDLEY,

Licensed Auctioneer,
For the County of Lambton.
SALES attended in any part of the county. Terms reasonable, satisfaction guaranteed.
BIRNAN P. O.

SOCIETIES.

WATFORD CAMP NO. 28
G. W. W.
Meets the Third Tuesday in every month at 8 p. m. in C. O. F. hall. Visitors always Welcome.

J. D. BROWN, C. C. S. W. LOUKS, Clerk.

COURT LORNE No. 71
Regular meetings the Second and Fourth Monday in each month at 8.00 o'clock p. m. Court Room, over D. G. Parker's Store, Main Street, Watford. I. J. Kelsey, C. R. J. Hume, R. S. J. E. Collier, F. S.

GRAND TRUNK RAILWAY SYSTEM

TIME TABLE.
Trains leave Watford Station as follows
WEST. EAST.
Accommodat'n. 8.44 a.m. | Buffalo Exp. 10.57 a.m.
Accommodat'n. 3.00 p.m. | Accommodat'n 12.15 p.m.
Chicago Express 9.02 p.m. | New York Exp. 3.00 p.m.
Ontario Exp. 5.34 p.m. | Accommodat'n 5.34 p.m.

THROUGH TICKETS

To all the Principal points in Canada and United States on sale. Baggage checked through to destination. Choice of routes.
Parties contemplating taking a trip to the Northwest or British Columbia would consult their own interests by calling at the G. T. R. station and getting rates.

D. O'NEIL, Agent.
WATFORD.

LOCAL OR OTHERWISE.

THE Grand Trunk elevated track west of London is now ready for use, but it is not likely that trains will run regularly over it until the frost is out of the ground.

THE Glencoe town council has received a letter from W. S. Calvert, M. P., which speaks very encouragingly of the prospects for a post office and custom house at Glencoe.

Worms derange the whole system. Mother Graves' Worm Exterminator deranges worms and gives rest to the sufferer. It only costs 25 cents to try it and be convinced.

Two changes are proposed by railroad officials in the conditions governing freight and shipments, one being to increase by one-fifth the minimum tonnage which a shipper must load into a freight car to obtain a carload rate the other to take a portion from commodity rates and place the same in those classified.

"MOYKE." "What is it, Pat?" "Sh-posin' Oi was to have a fit?" "Yis." "And yez had a pint av whiskey?" "Yis." "Would yez kneel down and put the bottle to me lips?" "Oi would not." "Yez wouldn't?" "No. Oi could bring yez to yer fate quicker be shtandin' up in front of yez and drinkin' it meself."

ITCH, Mange, Prairie Scratiches and every form of contumacious Itch on lower animals cured in 30 minutes by Wolford's Sanitary Lotion. It never fails. Sold by T. B. Taylor & Sons.

A YOUNG man who had a silent admiration for a young lady went with the intention of proposing to her one night. He sat gazing into her face for a long while, but at last, looking down suddenly, he exclaimed: "There's a feather on your dress, Mary?" "No wonder," she said: "I've been sitting next a goose all night?"

THE railroads have announced their decision to give no more excursion rates to societies on civic holidays. The reason is that so many places hold their civic holidays on the same date that the companies cannot supply the rolling stock to handle excursions. The companies, will, of course, continue to give their one single fare rates.

CRESOLENE ANTISEPTIC TABLETS

A simple and effective remedy for SORE THROATS AND COUGHS. They combine the germicidal value of Cresolene with the soothing properties of slippery elm and licorice. Your druggist or from us, 10c in stamps. Luskuro, Mpls. Co., Limited, Agents, Montreal, 401

If your married friend is to be seen these days walking about with a gloomy countenance and wrinkled brow, don't worry. He's only suffering from an attack of Springbonnetitis. It's very contagious and the expense incidental will be in direct ratio to the stylishness of the antidote, which in this case is a new hat for the better half—of the pocket book.

THE coal oil lamp is nearing the end of its days. In the past five years there has been a decrease of 40 per cent. in the manufacture of oil lamps in the States. It is interesting to observe, however, that the output of lamp chimneys still increases. The manufacturers seem to be producing a kind of a lamp chimney that breaks if anyone in the room coughs, sneezes, laughs, or looks squint eyed at the lamp.

The board of railway commissioners has handed out an important decision, which practically means that three cents per mile will be the maximum rate allowed.

MANY AILMENTS—ONE CURE

All of the ailments which arise from one cause can be cured by one remedy. Dr. Shoop's Restorative will cure any disease which arises from weakness of the inside nerves. Its action is to bring back the life force to the nerves and keep you living! It brings back health and strength by restoring the vitality of the system that even attempts to build up and treat the inside nerves. For sale and recommended by T. B. TAYLOR.

In a Class by Itself

It is quite true FERROL is an emulsion of Cod Liver Oil and a particularly good one at that. But it combines Iron and Phosphorus with the Oil, and these are just what are needed to make the emulsion perfect and they are just what all other emulsions lack.

FERROL

is unique because it combines Iron and Phosphorus with Cod Liver Oil. It is pleasant to take and easy to digest. It holds the record for increasing the weight (95½ lbs from the use of 25 bottles). The formula is freely exposed and its bona-fides are vouched for by eminent analysts in Canada, the United States and Great Britain. It is endorsed by prominent physicians of all schools. It is used in all the leading Hospitals, Sanitariums and other Public Institutions.

The London (Eng.) *Lancet*, after careful analysis in its own laboratory, fully endorses it. We are prepared to substantiate all the above statements. FERROL is the embodiment of health, strength and vitality, and

"You know what you take"

J. W. McLaren, Druggist,
Watford, Ont.

lowed the railway companies east of the Rockies. The decision will especially affect the provinces of Alberta and Saskatchewan, where the railways have been charging 3½ and 4 cents per mile. It will also necessitate a reduction of G. T. R. rates east of Toronto.

One touch of nature makes the whole world kin;
One touch of grafters the whole world's skin;
One touch of humor makes the whole world grin,
And food adulteration keeps the whole world thin.
—Kansas City Times.

YEARS ago, a large number of Canadians sold their property here and went over to the State of Michigan to locate. Now the tide has changed. Americans are coming here to make their future homes. At least half-a-dozen American families have purchased property in these parts within the last couple of months, with the view of settling here at an early date. All are welcome. Our Yankee brethren will find just as much liberty under the Union Jack as they did under Old Glory.
—Age.

SOME municipalities are agitating against the dog nuisance. The dog question in its bearing on the sheep industry has become a serious one in this country. Sheep are not kept on one farm in twenty. Farmers declare they will not raise them and take the risk of having their flocks depleted every year by renegade dogs, and thus the raising of one of the most valuable animals the farmer can keep is stopped. It is to be hoped the legislature will take some action to lessen the number of useless dogs, and make it possible to raise sheep. Dogs that are in the habit of prowling around nights should be shot on sight, and the tax on dogs should be doubled.

THE springtime table regulating the running of trains on this division of the G. T. R. is expected to come into effect early next month as usual. As far as any alterations are concerned regarding the time to be scheduled for the arrival and departure of trains from the local depot, it will not surprise the people of this district if the usual process of juggling is indulged in. A change to the extent of a minute or two would be of little concern for the majority of the best trains run more or less late almost the whole year round. During the past few weeks news has eked out from London to the effect that two additional trains are to be run in future between Toronto and Sarnia. We hope the report is well founded for such an arrangement will cause great delight among the people. It has long been felt all along the line from here to Sarnia that an earlier train into London in the morning as well as an earlier train out of London in the evening are urgently needed, in order to have a more accommodating service.
—Ave.

"GOVERNMENT STANDARD SEEDS."

A Term Coined by Seed Vendors.

Purchasers of red clover, alsike and timothy seeds who want a good clean article should see to it that the seeds they buy are clearly represented by a reliable person or firm to be of first quality, by being marked "No. 1," "Prime," "Fancy," "XXX," or such other designation for which a special standard of purity is fixed in Section 4 of the Seed Control Act. "Government Standard" is a term coined by seed vendors and may be misleading unless clearly understood. Section 4 of the Act fixes a standard of quality in respect to weed seeds, below which timothy, alsike and red clover seeds are not allowed to be sold for seeding, either by farmers or seed merchants. This standard allows of the weed seeds named in the Act about 90 in one ounce of red clover, 200 in one ounce of alsike, or 400 in one ounce of timothy seed. It is to seeds that will pass this lower standard, but are not sufficiently clean to grade "No. 1" that the term "Government Standard" was attached last season. Some seed vendors have advertised seeds under "Government Seal." No Government Seal is used on any seeds offered for sale in the trade. Some reliable seed houses sell grass and clover seeds sealed by them and for which they alone are held responsible so long as the seal remains intact, but not after it is broken.

To avoid the provisions of Section 3 of the Act, which applies mainly to seed grain, some seed vendors represent to farmers that, on account of the Seed Control Act, they are offering their grain for sale for milling or feeding purposes. If offered for sale for seeding, such seed vendors are required to make clear to intending purchasers that the seed contains wild oats, wild mustard, cockle and such other noxious weed seeds when they are in the seed. The object of the Act is to protect farmers who want to protect themselves against such weeds. It provides the means for farmers to buy seed intelligently. Farmers who deliberately buy feed grain and use it for seed can scarcely hope for legislation that will protect them from loss on account of noxious weeds.

G. H. CLARK,
Seed Commissioner, and
Official Seed Analyst.

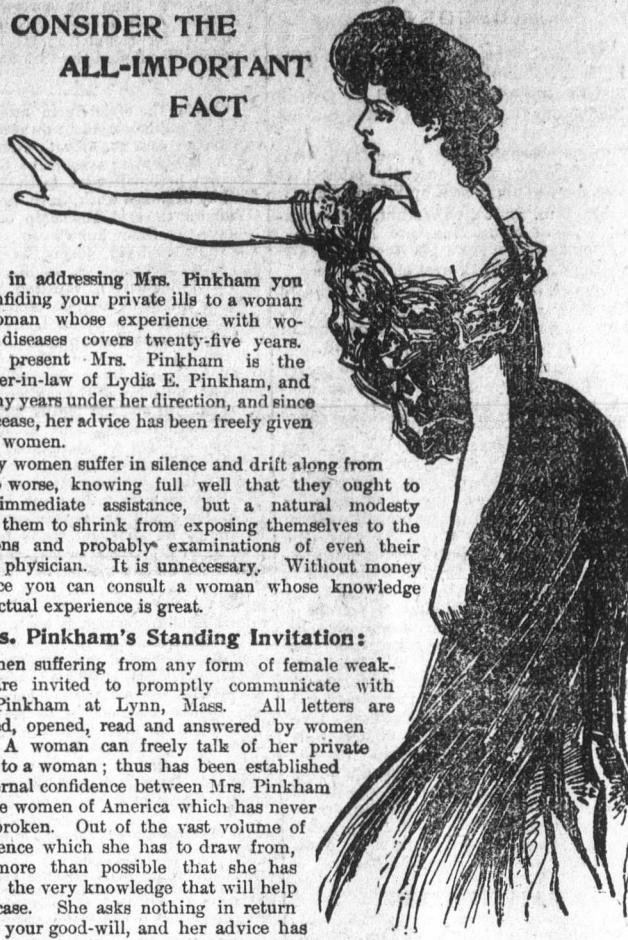
One of the Saddest Stories.

First it was a cold, neglected of course and conditions are required to make clear to intending purchasers that the seed contains wild oats, wild mustard, cockle and such other noxious weed seeds when they are in the seed. The object of the Act is to protect farmers who want to protect themselves against such weeds. It provides the means for farmers to buy seed intelligently. Farmers who deliberately buy feed grain and use it for seed can scarcely hope for legislation that will protect them from loss on account of noxious weeds.

Infants too young to take medicine may be cured of croup, whooping cough and colds by using Vapo-Cresolene—they breathe it.

STOP, WOMEN!

AND CONSIDER THE ALL-IMPORTANT FACT



That in addressing Mrs. Pinkham you are confiding your private ills to a woman—a woman whose experience with women's diseases covers twenty-five years. The present Mrs. Pinkham is the daughter-in-law of Lydia E. Pinkham, and for many years under her direction, and since her decease, her advice has been freely given to sick women.

Many women suffer in silence and drift along from bad to worse, knowing full well that they ought to have immediate assistance, but a natural modesty impels them to shrink from exposing themselves to the questions and probably examinations of even their family physician. It is unnecessary. Without money or price you can consult a woman whose knowledge from actual experience is great.

Mrs. Pinkham's Standing Invitation:

Women suffering from any form of female weakness are invited to promptly communicate with Mrs. Pinkham at Lynn, Mass. All letters are received, opened, read and answered by women only. A woman can freely talk of her private illness to a woman; thus has been established the eternal confidence between Mrs. Pinkham and the women of America which has never been broken. Out of the vast volume of experience which she has to draw from, it is more than possible that she has gained the very knowledge that will help your case. She asks nothing in return except your good-will, and her advice has relieved thousands. Surely any woman, rich or poor, is very foolish if she does not take advantage of this generous offer of assistance.—Lydia E. Pinkham Medicine Co., Lynn, Mass.

Following we publish two letters from a woman who accepted this invitation. Note the result.

First letter.

Dear Mrs. Pinkham:—
"For eight years I have suffered something terrible every month. The pains are excruciating and I can hardly stand them. My doctor says I have a severe female trouble and I must go through an operation if I want to get well. I do not want to submit to it if I can possibly help it. Please tell me what to do. I hope you can relieve me."—Mrs. Mary Dimmick, 59th and E. Capitol Sts., Washington, D. C.

Second letter.

Dear Mrs. Pinkham:—
"After following carefully your advice, and taking Lydia E. Pinkham's Vegetable Compound, I am very anxious to send you

my testimonial, that others may know their value and what you have done for me.

"As you know, I wrote you that my doctor said I must have an operation or I could not live. I then wrote you, telling you my ailments. I followed your advice and am entirely well. I can walk miles without an ache or a pain, and I owe my life to you and to Lydia E. Pinkham's Vegetable Compound. I wish every suffering woman would read this testimonial and realise the value of writing to you and your remedy."—Mrs. Mary Dimmick, 59th and E. Capitol Sts., Washington, D. C.

When a medicine has been successful in restoring to health so many women whose testimony is so unquestionable, you cannot well say, without trying it, "I do not believe it will help me." If you are ill, don't hesitate to get a bottle of Lydia E. Pinkham's Vegetable Compound at once, and write Mrs. Pinkham, Lynn, Mass., for special advice—it is free and always helpful.



For all kinds of Baking



—for Bread, Biscuits and Pan Cakes—for Pies, Cakes and Fancy Pastry—no flour, milled of a single kind of wheat, compares with a BLENDED FLOUR.

It bakes whiter and lighter—it contains more nutriment—and it yields MORE bread etc. to the barrel.

Use A Blended Flour

(of Ontario and Manitoba Wheat)

and you use the perfect flour.

BLENDED FLOUR combines the splendid food properties of Manitoba wheat—with the whiteness and lightness of ONTARIO wheat.

TRY A BLENDED FLOUR—the result of your first baking will PROVE its superiority.



This trademark is on all fine BLENDED FLOURS. It is the sign of quality. Look for it on every bag and barrel you buy.



A. D. HONE,

Painter and Paper Hanger,

St. Clair Street — Watford

If you want Up-To-Date Work in all kinds of Decorating, it will be to your interest to consult me. Thanking you for past favors, and soliciting a continuance of your liberal patronage.

Graining and Art Wood Finishing a specialty.