# Do you drink

OR JUST TEA?

There's a distinct difference in favor or "Salada"

#### Dr. Grenfell's Log.

ST. ANTHONY, July 1, 1923. Dear Mr. Editor:-I can never again send you the Log of the S. S. Strathcons. For, since I left here last fall, under a fitting shroud of fifty fath- not born in the South Sea Islands. oms of the polar current that she so Hardness produces the good soldier, events. A people who 'go down to the wild banks of the Atlantic or Labra- exedus of our people to stop. If ever sumes a personality,—for who calls of all"—and unquestionably it is the ever gain anything by it Doctors are boat but loves her, as every 'her' has for they all love Jack, and Newfound- to find ways to bring this real state

As in the good ship Sagona we him. cheer us up, but we could but sorrow, forced bitterly against their will-to doctors do for the causes of disease

ing number of vouthful visitors and accustomed to the appointments of ore, and promising to employ some which the Colony has thrived so well the wealth of modern cities, and to fifty men. If successful, it should run for over four hundred years. tion and ease from financial care af- prospect of Gull Pend Copper deposit or frozen salmen is very encouraging. out harbor alone has lost four childentanglements that the years bring

If any Newfoundlander, accustomed to life's setting here, were apt to be down-hearted as to the assets of his native land, he would be thrilled again could he but hear the comments to know that the Humber River of these unbased and well qualified minds on the environment that nature offers to life in this North, and more especially on its developmental of ore ready for shipment. Nothing fish" by a characteristic experiment. ity of manhood it produces.

a living from so fierce and reluctant an element; yet, away outside our vesbobbing up and down, fishing as serin a stuffy office juggling figures for

to resist the lure of this wonderous er, Mr. Scheering, assured us that diet. Cannot more cold storage be John Lawton showed it could be a fin- as well as America? ancial success from copper alone if

As we passed along the towering perity to the Colony-God grant it don and were sent by rail to Scotcliffs that lead to Cape St. Francis and may. But meanwhile large numbers land. When his Scotch cook started watched the mountainous swell, left of our fishermen are leaving the to cook one, the real sheen of the by the heavy northwest gale, fling country-our young and strong, our fish was so well preserved that she foaming tons of water high up the per- best; and every hamlet and village al- exclaimed, "My, but tis fresh from pendicular sides, and saw the little most is lamenting. One cannot help the Firth they are!" and at dinner homes perched up, as if to tease them, feeling that the finery is the really everyone commented on the way the

8-oz. and 16-oz. tins.

CHIVERS JAMS, etc.

Ex. S.S. Digby:

RASPBERRY JAM.

STRAWBERRY JAM.

RED CURRANT JELLY.

CUSTARD POWDER—

FRESH PLUMS.

FRESH TOMATOES.

WATERMELLON.

MESSINA LEMONS

GREEN CABBAGE.

FRUIT SALAD, 1-lb. Glass,

Ex. S.S. Silvia:

C. P. EAGAN,

Duckworth Street & Queen's Road

CAL. GRAPE FRUIT & ORANGES.

CHIVERS, 1-lb. Glass Jars.

keeps their sons Lere. The fishezman's life has in this country much to commend it that no other life to us seems to offer. Why then

on Law of this country ice. Many bitterly cri his efforts, because he referred in the public press to one of the undentable viz: the selling of scripts by

mbers of his own pr All doctors know, however, the edy them, and we, at least down here in the outports, realise that we have sel, all along were little open boats. no other way but through the press of the country, to get the facts essen enely as some of us sit in an arm chair tial to work on before the voters, who can control or remedy the troubles she has found her last resting place out daily bread. The Vikings were No one for a mement can suspect in reality that Dr. Fraser found pleasur long successfully resisted. Twenty- and life is everywhere a resultant of pleasure or profit that took our boys three years she bravely 'did her bit.' compensations. New York, Boston, 'over the top' to become targets for During those years many and many of Toronto, London, do not produce trap masked guns. How sincerely we down my Northern friends have sought and boat crews or the jolly sailor here,—who love this North and are found help and relief aboard her. men whom all the world loves, absolutely sure that it is producing a Scarcely a function of human life but leves, as we read of them race which the world never needed her cabins have witnessed, for births, through the ages following the more than it does to-day, a race which deaths, marriages, work, play, wor- Admirals like Ansen and Drake everyone knows cannot be replaced ship, have all been parts of the scenes "to sweep the Spanish Main," or as from the softness or hustle of drawing one the great need for every possible that have made up her a drama of 'Captains Courageous' to reap from the rooms or stock markets,—long for this prophylatic effert. sea in ships' for their business, can dor so unromantic a reward as a an ostrich hid its head in the sand alone appreciate how a vessel as 'fare' of codfish-"It loves the best in order not to see danger, did it his ship anything but "her,"-and one thing in life permanent and worth poor politicians, as I read history, who, that has built and sailed his while-then Jack's the King of all,- but are there no persons better fitted land is a cradle made of God to breed of things into the sunlight—to discuss publicly its causes, having recognized steamed North this week the magnifi- But, meanwhile, both at our home in instead of camouflaged its existence. cant coloration, the bracing air that Boston and here in the Old Colony, as some will the cancer that is eattasted like sugar and sent the old from the lips of many Newfoundland- ing out their own vitals. Is it not for feeling of youth coursing again ers we have been learning of hundreds, the press to educate its clientele and through ones veins, did their best to nay thousands, who are being forced- to discuss remedies, as seriously as

as for a friend 'gone on,' as we pas- leave the homes that Islanders and which are threatening our existence? sed the spit where the old Strath- Seamen cling to with perhaps more. It is not only our young men, but cona lay sleeping her last sleep, and devotion than any other class of men. many of our best and tried men. who peered down into those remorseless Here is suffering compared to which are leaving, and I, who see so many waters that overcame her at last, all the ills that doctors give their in the States and Canada as I travel Surely, life for all of us is a tragedy lives to assuage, are a bagetelle. about, know very well that large numindeed, if we have only made getting Many of these separations are almost bers are not coming back, except per-'things' our end in it, and have known as bitter as death itself to the old folk haps for a short visit. Every patriotits true purpose, and indeed its only that are losing, so often forever, those ic Newfoundlander knows that though Justification,—the serving of the whose companionship and presence is our pulp and minerals may help the world. Was it unnatural to feel com- the one compensation of the evening of Colony, our real peculiar asset that fronted by the thought that whatever life. The medical mind is at once no one else has is our marvellous we have made of our few years, she challenged by the problem. Is this cold water fish in a comparative at least made her's a field of honor. | migration incurable? What is its southern latitude. With a collapse of North with us; again are an increas- cause? Why are these houses empty? our fisheries, Newfoundland would It was fine at Twillingate, where we cease to be Newfoundland. I lean to helpers. All of them are an increasing were inspecting Dr. Parsons' work on those who believe that in Newfoundnumber of youthful visitors and help- the new hospital to see the local cop- land every effort possible, and our ers. All of them are keen with the en- per mine, managed by Mr. Hodder, first and chief effort, should be to thusiasm of health and youth, and all beginning to crush and concentrate back up our wonderful fisheries on

the so-called advantages that civilizato larger numbers later on. The great The increasing business in chilled ford. Only a few are veterans of for- is especially helpful at this time of de- Here, in Green Bay and the North it is ren from tuberculosis, and our homes mer years, still free enough from the pression with all the subsidiary em- making salmon worth catching. Salt ployment which it will undoubtedly af- salmon after these years, has failed sults of its terrible works. to most of us and once again unable ford. At Pilley's Island, the caretak- to commend itself as an article of the mine there will be sure to operate successfully introduced, and a food again, since the deposits of copper dis- product more acceptable to the rich covered by the borings made by Mr. than salt cod be marketed in Europe

The prejudice against frezen fish not from sulphur. It is a fine thing is really a prejudice exactly as the prejudice against frozen New Zealand scheme promises to employ as many mutton. It can be evercome. A genas two to three thousand men. The tleman now in St. John's met the ob-Tilt Cove mine has ten thousand tons jection "Oh, we cannot eat frozen succeeds like success, and mining He sept from Scotland to Boston for may temporarily at least spell pros- some frozen cod; they came to Lonjust beyond their reach, it did seem a great asset of this country, and is flakes melted in their mouths. This is a true story. If cold storage were available, we in the North could fish another month at least. We could always have fresh food, and frozen bait when fish were hungry, instead of only when they are glutted, as they are now. It seems that all depends on the fish going into the freezer immed-

istely it leaves the water. liver oil. The vitamine value is much higher if the fish is given a chance with the most modern treatment. It our markets are for poor people and so our customers can't afford not to braid, and the winter garments with known. Spain because Iceland's fish is so even "milds" and thaws in winter. much better made than ours." We have really an unrivalled asset in our cold water cod and salmon, and there s always plenty of demand in the vorld for the best. We have always deeply lamented the closing of the fish hatcheries, lobster nurseries, and the scientific study of our fisheries that was so splendidly carried on by Mr. Adolph Nielsen thirty years ago. Many are saying to-day that experlence makes them believe that the money spent on branch railways would have brought far better returns if used in experimental development and educational work in our great fishing industry. It is good to know that large orders are being given for tinned codfish and to be able to tell all our people of a cash market here is St. Anthony for our innumerable



Cuticura Quickly Reliev

many closed houses, even if the owners are hoping to return, affords a comment that impresses upon every-

It is pathetic, too, returning from a land of such abundant plenty, to at once be called again to deal with so many nutrition deficiencies,-in other words, so many results of not enough or proper food to eat. We admitted three such to the hospital only yesterday,-two being little children with tubercular knees. Another fisherman to-day came in with a starvation disease leaving a family without one cent or one ounce of food, having lost one child from starvation this last spring.

Of our own efforts this year, we are hoping most from the industrial work. Several of our northern students, trained in industrial work, will be starting fresh centers for weaving, mat making, basket and other work, while the trained nutritional and child welfare workers are trying not only to introduce new methods of getting more value out of foods already within reach, but also of needed nutritional factors above the horizon. Our new highly bred goats, that give almost as much milk as our cows in the North, should certainly be a real asset in the better physical development of our children. They are far safer also, being immune to we realize that some eighty per cent. of all tuberculosis in children under five years is known to be derived from

of very large and varied experience Col. Arthur Cosby, is helping us with his most valuable advice, and a new director, Miss Catherine Cleveland, to collaborate with Mrs. Blackburn in all the industrial work, including sales and purchases, and attempt to unify and extend materially the scope of its department.

In Bavaria last fall, while visiting the Oberammergau play, we couldn't help realizing in how many parts of the world the people live on a very close margin. There, as in Switzerland. Norway, and elsewhere, the small arts and crafts furnish a very

Our industrial sales showed how much our women can add to the general income of the family by such exceptionally well, and old-fashioned mat making, and embroidery. The Labrador winter costumes, worn by some of our returned workers at such winter health resorts as Lake Placid Club and Saranac Lake, brought us lots of orders for "dickies" or "Kossaks,' and the accompanying simple The same is certainly true of cod buy gay and attractive trousers, boots, and gloves, for both men and women The clothing is made of water-tight canvas,-clean, light, cheap and with s most disheartening to hear-"Oh, splendid wear in it,-brightly trimmed with bands of embroidery or pay the price of production", or "We an edging of fur. These are really couldn't get any repeat orders in unequalled for wear in snow and We are hoping for more orders from



### Best Picture Shown for Some Time-at the NICKEL To-day

LDWYN PRESENTS LEROY SCOTT'S

#### ustice is Always Pictured "The Night Rose" AS A WOMAN DIRECTED BY WALLACE WORSLEY.

One was disarmed by her innecence, though scorned by the mother who should have protected her.

The other, made strong in her knowledge, brought justice when the hands of the Law were stayed.

#### Stop the Speed Mania.

Editor Evening Telegram.

sincere thanks on the firm stand you are taking against excessive speed of motor cars and motor cycles with- ists. By all means accord decent in the city limits. It is high time meterists—thank God they are by far we were fully protected—especially in the majority—their just rights and July 30th, 1923. little children-from these maniacs, privileges, but we must put out of as, without exception, those who appear before court for speeding come under that category.

speed devils has been greatly in evi- statement. the dance, let joy be unconfined.

ential newspapers in our Dominion, are you satisfied with the violation you are in a position to earn the un- of the law regarding speed of motors

dying gratitude of the fathers and and motor cycles as at present conmothers of this city by arousing public opinion and demanding on their be administered to stop these hell inbehalf that the authorities move in Dear Sir,-I beg to offer you my the matter without delay and provide greater safeguards and more effect much of your valuable space, and tive purishment than at present exmany instances, are not particular whether they run over a child or a dog-in my own case I can prove this

When deaths or permanent injuryour paper that no less than seven ies occur through these so-called achave had to appear before the Magis- cidents, one side of the picture retrate since that date for speeding. presents "heartbroken parents or I Listen to their speed song! On with children," the other "sport spoiled C.C.C. Hall, to-morrow, Wednesfor a day or two."

As editor of one of the most influ- Fathers and mothers of St. John's

stituted, or shall the unwritten law Trusting this will not take up

with thanks in advance ONE OF THE BEREAVED

ALL-Follow the crowd to the day night, and enjoy the best Dance in the hall's history, with Personal

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teries

A pleasing event took plan Saturday afternoon at the office, leaving by the next Sachem for with Mr. John Hellier, a for ployee of the firm. The official employees of the company took pportunity of offering their gratulations and good wishes presented her with a chee ourse of gold. Several cons tory speeches were made, to

FOOTBALL MATCH PO PONED .- Owing to member ta to-morrow the Star-s game has been postponed.

Miss Gardner suitably replied

## Cameras for the Regatta

## Actual Cost Price

An actual Cost Price Sale of Cameras is now on at the Kodak Store. From to-day until Regatta Day, Aug. 1st, every Camera in our store will be sold at COST PRICE. There is no "fake" in this wonderful sale, the genuine listed cost price of every camera will be its selling price.

Such an offer has never been made in the city before, and as Sales like this don't happen every day it's up to YOU to get your Camera NOW, in good time to snap "all the fun of the Races."

## The Slaughter of the Brownies

100 Brownie Cameras---the ideal Camera for children and beginners---are offered at the ridiculously low figure of \$3.00 each. Who'd be without one at that price? Think of the fun you can have anytime with a Camera and a rollo'-film, and have a little Brownie in your home right away.



100 \$3.00 Brownies \$3.00 TOOTON'S, The Kodak Store

309 Water St. : : 'Phone No. 131

news of the loss of a schooner on in cash was realized. Cape John. She proved to be the only schooner so far fitted for the fishery her leaving, and it is hard to hear of ers, which has made communication of Cape John. Alas, a little while ago this very Twillingate fitted 150 schooners for the fishery. Meanwhile, excellent news of fish and salmon on the French shore so early in the year is a real encouragement, for though the prices are so low it does little more than to keep body and soul together to catch it. Yet, if the men get lenty, they may tide over these hard mes and not have to leave the country, as hundreds are being forced to

From the North reports of the fur-

St. John's as they become better fishermen. At a fair in Hamilton In Labrador that we cry out at once when let, held by the people for their hos- we are left without a regular sequence. WILFRED T. GRENFELL. At Tilt Cove we learned of the sad pital at Northwest River, over \$500

this year from Twillingate. We saw been the ill-fortune of our mail steam- sending them to the laundry.

her loss after only crossing Green so poor. Our mail steamer service is a pail of water before they are put Bay, in fog and sea on the south bill so much better than on the Canadian in the ordinary wash water.



In the Supreme Court

the matter of the Winding-up of Hermitage Trading Co., Ltd.

TENDERS INVITED. Tenders are invited

(1) For all the Assets, (2) For the Book Debts of this Company. Separate tents must be sent in. The highest offer the not be accepted in either case in the particular apply to Mr. P. Carr and Mr. George Durnford Scial Managers, Grand Bank. Offers be received by the undersigned noon of Wednesday, August 15th, is

WILLIAM F. LLOYD, Provisional Liquida July17,24,31,aug7

"Are those eggs fresh?" "Yes, miss. They wouldn't een laid until to-morrow if I made a mistake and torn all leaf off the calendar."

MINARD'S LINIMENT FOR