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What Shall I Send My Soldier Boy For Christmas?

Returned Officer Makes Suggestion on Snitable Gifts-"Candles" and "Candies" Two Things the Men in the Trenches Like-Avoid Sending Heavy Gifts-Matches and Smokes Always Welcome.

What shall I send to the brave boy who is representing me in the trenches in Northern France, fighting valiantly for justice and liberty against

This is a question that ought to be agitating the mind of every person in country to-day. Nearly every family has its representative on active service, and those who have not are friends, or perhaps chums of the lad

to answer satisfactorily, for conditions are so entirely different over there in

back from the front. And the answer he gave was "Candles. "Sent you imagine what a blessing a candle tions."

would be to you?" tling fine stew, and a score of other | feetache.

Let

Us

Tell

You

end to end.

lings all from the heat of three piece of candle stuck on a stone or piece of poard, the tin resting on an impromp tu stand of stones." And so 'candles was written down twice on the list to mpress the value of this gift in the ristmas parcel, for one cannot always get them at the base even, and when one does they cost money.

Candies Well Liked. What was the next thing a soldier would like for a present? Send them some candies. A, man will sell his soul for a piece of candy sometimesbars, in fact any kind of candy. There cheerful as when they have something for their sweet tooth. And then send them some soup tablets, which they bully beef and to make the "dandy stew' the officer talked of.

"I have seen men take awful chanmeans to be on active service, away in the way of luxuries is going to be wear, for the chances are that the key gluttons at last turn up their from all those comforts which go to very welcome through the winter. At soldier will not keep it very long if toes, we sigh, "Doggone their buttons, the soldier? The question was put to boys and they will appreciate them dry and the soldier passes on and gets an officer who has but recently come much more than any cumbersome another set and probably never see

Don't Send Heavy Gifts.

questioner thought for a moment the "Remember that everything that a cfficer was joking. But he wasn't man owns has to be carried on his and any little luxuries you can send over to make that meal enjoyable will will back," said the officer. "In addition over to make that meal enjoyable will wet home in the trench' he said. Well, he has to carry his full equipment be as welcome as "flowers that bloom ust consider yourself there. You are and tools, therefore don't send him in the spring." the front line trench or in the sup- heavy pots of jam. He can't eat it

One interesting suggestion was that And so candles was put down slowly it was a good thing to send some pairs on the list the reporter was compil- of light socks, which a man could put so he discharged another broadside. socks, and if a soldier has a tender "Why, man, there are lots of things a have boots issued to them which will soldier can do with a candle. He can permit of their wearing two pairs of cut it into three pieces, light them and sacks, and if a soldier has a tender boil his mess tin on the top of them. skin he is liable to get blisters with He can boil water and make his tea, the army socks. So send the boy half coffee or cocoa, he can put a soup tab- a dozen pairs of thin soft socks. They let or a vegetable tablet in his mess tin won't take up much room in his

CHMO

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why the discriminating smoker always asks for

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send him safety matches; fill up a odd corners of your parcel wit tes of matches in sealed tins an ther bootlaces. Put in some cigar eather bootlaces. Put in some cigars and cigarettes of his favourite brand, include a nice briar pipe and some to-bacco, and don't be stingy in the quantity, for he cannot get a new supply as easily as you can. Don't send tim fruit cakes or pies from here; t takes too long to reach the destination, and by the time it arrives it is either mouldy or broken all to pieces sasily obtained. This is the advice of oily obtained. This is the advice one firm in England, to send then -they will get there in much bet

er with all the fingers and thumb r the shortened kind. Woolle, loves are also useful at this time of ne year, but the soldiers are suppli th the Balaclava or some other kind

Gifts For Officers. im a present of a flashlight or elecric torch. They are indispensable men holding any rank for inspection purposes. But be careful what yo buy. Most of the flashlights boug over here are of a different size to the English flashlight, and the refill bat teries that come from England to th English made lamp here or send an order to an English firm to forward a lamp, and then the refills can be him, where he is lying low, is nothing that makes the men so the officer who has had experience of was his own worst foe!" But it's as flashlights in the trenches.

can put into their mess tin with their is a famine in "wipes," as some of the ctety's a loser when any one sinks Tommies call them. And soap and low; no man can be a boozer, an to keep himself as clean as he can, have pity ample for one immersed i ces and run all sorts of risks just to Tooth powder and tooth paste, as gin, he sets a bad example, and that's whose name is now inscribed on the get an old turnip or a potato to put in well as a toothbrush and a a deadly sin. He shows the human with their bully beef and make a safety razor come under the same being a sodden thing and sad—a sight stew," this officer continued. "And category, together , with the un- not fit for seeing by any growing you can get these soups and veget- breakable mirrors. A corkscrew and lad. The world, for virtue yearning ables in tablets now or get them dried a tin opener are also regarded by must view him with alarm; at every in packages, and you may make a safe some returned soldiers as useful bend and turning he works some wager that anything the boys can eat things to have. Do not send under-grievous harm. And when the whis

make Christmas the one great feast of home we think of these things as you do. When the troops come out of they were their own worst foes!" common, everyday necessaries, but the trenches all the underclothing is What is one thing most needed by over there they are luxuries to the pooled and sent to the military launhis own again. There is a plentifu issue of these goods; in fact the sold them candles and yet more candles," Don't send the soldier lads anyhe said. It was surprising and the thing that is heavy or cumbersome.

For an officer, why not send over a port trench, and when your spell of duty is done you crawl into a miser- his friends, and if he has to move expensive, and are easily folded up inable little dug-out. What is it you after a meal it will probably get up- to a small place, quickly filled and adwant more than anything? Light. You set or will get dirt in it, or sand, and mirably take off the rough edges of haven't got electric switches to turn be wasted. If you want to send him the dug out. Or what about those soft haven't got electric switches to turn be wasted. If you want to sold the dug out. Of what to the dug out. Of what to got the remarkable cures as Dr. Hamilton, you want to write a letter home, jam, send it to him in little pots, and rubber cups that will fold up and can ton's Pills. Try a 25c. box yourself. or read the one that you have just | don't let it be plum or apple, for the | be carried in any pocket? These are received from your loved ones. Can't troops get tons of that in their ra- like a rubber tumbler, similar to that It is better for the loaf pans to be Periscopes are also welcome gifts, and baking. even the simple pieces of mirror, stuck in a cleft stick at the back of ing. The officer noticed the hesitation, on first and then put on his army the trench enables the soldier to see all that is going on "out in front." So they need not be elaborate affairs, the

Regarding The "Eats."

more simple and stronger they are the

But, coming back once more to the "eats," there are lots of things that with his bully beef, and make a rat- haversack, and will save him a lot of can be sent from here which should arrive in good condition. Boxes of figs and dates, raisins and almonds, dried fruit, tins of powdered milk and offee, little cheeses and perhaps some

> If you are making "fudge" to send your parcel, pour it direct into a uttered tin and don't break it up rst. The boys will do that, and it vill arrive in better condition. If you want to send cake only send the rich pristmas cake, that will keep all right, but the commoner kinds will ct. Send a pack of playing cards o pass the time away with patience, nd if you want him to write and let ou know how he enjoyed it all send him a pad of thin writing paper, an indelible pencil or some of those foun-ain pen ink tablets which can be pped into the pen and with added iter, make admirable ink.-Montrea

Everyday Etiquette.

"When I make a formal call and it time to go home, what do I say?"

"In departing simply rise and shake nds with your hostess and remark at you must go as you have several aer calls to make or errands to do,"

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test when billious, sick, headachy constipated, or for bad breath or sour stomach.

GONE BEFORE.



who've lapped up gin and rye, and every kind of bitters, get down with booze and die, we bend above their bodies, and say, quite lachrymose "Poor

easily obtained. This i sthe advice of spring that gag, "Confound him! He And send the boys some khaki hand-kerchiefs or colored bandanas. There world in which they dwell. So towels for the British soldier likes be his own worst foe. Though we

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Purgatives are dangerous. They sicians say the most ideal laxative is Dr. Hamilton's Pills of Mandrake and composed only of health-giving vege-table extracts. Dr. Hamilton's Pills restore activity to the bowels strengthen the stomach, and purify

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