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Marshall Bros



Is Pride a Fault?

By RUTH CAMERON.



Is Pride a Fault? "Pride increases our enemies but puts off our friends to flight."

"Pride is the sworn enemy of content." "The nobler the blood, the less the pride."

These are just a few of the bad things the proverb makers have said about pride. Evidently they think it is a fault to be most sedulously avoided.

But is it always? I asked myself that question when I went to call on a friend of mine who was married about two years ago.

A Dinner That Took a Long While to Cook.

She had been a stenographer before her marriage and she knew little about housekeeping. She told me the other day with the reminiscence of yesterday that the first dinner she cooked took her from ten in the morning until six at night.

Housekeeping came hard to her. She learned slowly, she told me, and each little task took her longer than it should have. But she was simply determined that her home should look as well as her friends' homes and her meals be as well cooked. In other words she was too proud to give in and admit herself an inferior housekeeper. For her pride's sake she had to be first class in that as she was in her stenography, and today she is. The neatness and attractiveness of her home is a byword and her cooking is as perfect as her typing used to be.

Now I happen to know another young married woman who also knew nothing about the art of housekeeping before her marriage and who also found it extremely difficult. She was not so proud as the other girl and she finally decided that it was easier to admit that she wasn't a first class housekeeper than to try to be one. So she lets her house go at sixes and sevens, does as little cooking as possible, and confesses freely and frankly that she "hates housekeeping and simply cannot do it decently."

Now which has worked the better results in these cases, pride or the lack of it?

Pride of the kind is a splendid spur. If we cannot bear the thought of being inferior to others that sensibleness will lead us on to conquer the inferiority.

Some people have a strange idea that to admit a fault is to cancel it. "Yes, I know I'm selfish," says a girl I know, with a complacent air, as if her lack of pride, her willingness to admit that she has the most happiness-destroying of all the faults entirely freed her from blame. Her lack of pride is a very weak point in her character.

The Right and the Wrong Kind of Pride.

The proverb maker is certainly right. Pride is, indeed, an enemy of content, but some kinds of content need an enemy.

Some people have too much pride and some have the wrong kind. The pride that is inanity, sure of its own superiority, or the pride that exalts over the wrong things, are certainly faults. But the pride that is disatisfied with anything short of the best



Fresh Goods for Lent!

Fresh Frozen Halibut.
Finnan Haddies.
Bleater Herrings.
Prime Salt Codfish.
Boned Codfish,
2 lb. blocks.
Fresh Cod Steak, tinned
No. 1 Lobster, tinned.
Sardines in Oil and Tomato.

Soper & Moore.
Phone 480.

one is capable of is the right kind and a touch of it is a virtue instead of a fault.

SENT OVER HUNDRED THOUSAND TONS OF FOOD FOR BELGIANS.

New York, Feb. 15.—More than 110,000 tons of food had been sent to Belgium up to January 20 by the commission for relief in Belgium, according to its twelfth weekly report issued today.

During the week ending January 20, 22,227 tons were shipped, more than twice the amount shipped the week before. Of this shipment, 20,356 tons were wheat and 2,340 tons flour, the remaining 531 tons being composed of rice, peas, beans, salt and potatoes.

Of the 111,713 tons shipped up to the close of the report 625 tons were of medical stores. The commission announces that the need for food in Belgium is increasing.

EVERYDAY ETIQUETTE

"When a man friend escorts me to church should I provide my own money for the collection?" inquired Lucy.

"By all means provide your own collection money when you go to church with a friend of masculine persuasion. He should make his offering and you yours. He cannot make yours for you," replied her grandmother.

Stafford's Prescription "A" cures Indigestion, Dyspepsia, Gastritis, Catarrh of the Stomach and Nervous Dyspepsia. Price 25 and 50c. Postage, 5 and 10c. extra.—Feb. 11.

Miner's Lotion Cures Diphtheria

For the Right.

The builders of cities, of worlds, are we,
The unknown scribes of unknown worth;
For we are kinsmen of Progress, and he
The one prince we honor the whole wide earth.
Nor gold nor glory, nor name we claim—
We ask but the right, unfettered to fight,
To name a wrong by its shameful name.
To slay the wrong for the sake of the right!

The sentries of cities, of worlds are we,
Each standing alone on his high watch-tower;
We are looking away to the land, to the sea;
We have only a lamp in the midnight hour.
Then leave us the right to fight, or to fall,
As God may will, in the front of the fight,
Unchallenged, unquestioned, for the good of all.
For the truth that lives, for the love of the right!

The givers of glory to nations are we,
The builders of shafts and monuments;
To soldiers and daring great men of the sea;
But we are the homeless, strange dwellers in tents,
With never a tablet or high-built stone;
Yet what care we who go down in the fight,
Though we live unnamed, though we die unknown.
If only we live and die for the right.

There are brighter things in this world than gold—
There are nobler things in this world than name;
To silently do with your deeds untold,
To silently die, unnoticed to fame.
Then forth to fight, unnamed and alone,
Let us lead the world to its destined height.
Enough to now, if but this be known,
We live and we die for the right!

Vigorol

Weak and run-down. Tired and sluggish. Eyes feel heavy. Headaches and feverish. Don't allow these symptoms to continue. Take yourself up. Get a bottle of VIGOROL, it will do it, and do it quickly. Every spring one needs a good tonic. VIGOROL acts as a general house-cleaner; it goes after every organ and cleanses it. Get it to-day. At all drug stores.

As we are intensely concerned with the true progress of civilization, Doctor Dennburg has evolved the ingenious theory that a war against Germany is practically equivalent to a war against the United States. Why not change the official designation of this country to the United States of German-America, or the United Hyphen States, or something of that sort, and be done with it?—Providence Journal.

In Milady's Boudoir.

By GWEN SEARS.



THE AFTERMATH OF THE SLOUCH

Even while the debutante slouch was the epitome of popular pose and carriage, I warned my fair readers not to take it too seriously lest they regret the results later. But alas! Flesh is weak, and shoulders are weaker to succumb to a passing fancy. Now while the military effect in wearing apparel is having its vogue, sloping shoulders and sagging body lines are not truly consistent with the trend of the times. Let us forget the devastating effect of the slouch and remedy it as soon as possible by standing erect once more.

Practice faithfully every day until you learn over again how to stand and walk erect without effort the following exercise. It carries with it the recommendation of a leading surgeon as the best form of exercise for correcting rounded shoulders.

Stand erect, weight on the ball of your foot, hands on your chest, fingers pointing horizontally toward each other, with elbows on a level with your shoulders. With your eyes raised toward the ceiling slowly bend your body forward at the hips, keeping your eyes fixed on the point you have chosen. Don't let your elbows sag. You will feel the pull on your muscles down to your heels.

So critical are the judges of beauty concerning beautiful shoulders that it is absolutely impossible for a woman to win recognition for her beauty if her shoulders are not lovely. It is a proof of the accepted beauty of shoulders that fashion demands that they be bare.

Shoulders that are too stout are no less unattractive than shoulders that are scrawny. The exercises given here will remedy either of these unhappy conditions. The habit of raising the shoulders in a swaggering pose is not attractive. Shoulders should give a graceful effect. They are dimpled in outline and form and if kept nicely rounded in repose much life and charm are added to the face. Drooping shoulders distort at least one-half of the body. The shoulder blades fall out of place, the abdomen and waist line are affected to a noticeable degree. It is hardly necessary to name the evil effects of rounded shoulders. They are so obvious.

Rome, Feb. 17.—A landslide caused by the torrential rains at Variabina, buried a house occupied by eight persons. None of those entombed has been rescued.

GERMANY'S PAPER "BLOCKADE."

(From the New York Times.)

The declaration of the German Admiralty that a "war zone" around Great Britain and Ireland is to be established from and after February 18th will be acquiesced in by no neutral nation on earth. In its form and implications it is something new in war, quite unknown to international law. To be binding a blockade must be effective. A blockading force must be constantly maintained sufficient actually to prevent access to the enemy's ports or to make passage to or from them too dangerous to be risked. The declaration of a "war zone," which in its very nature cannot everywhere and at all times be effectively maintained as a barrier to commerce, will be respected, or that the destruction of a neutral ship within the zone would be passed over as an unavoidable and excusable hazard in naval warfare.

A GOOD PLACE TO COME for your Groceries, Stationery, Stamps, Picture Postcards, Papers, Soft Drinks, Candy, etc., is WALKER'S Cash Grocery, 27 Charlton St. (off Springdale). Ask for your coupons and receive premiums up to May 1st. dec24.3m.th.m.s.

1,000 lbs. Fresh Halibut,

By S.S. Portia to-day.

Finnan Haddies.
Fresh Cod Tongues.
Salt Herring (selected).
Bleater Herrings.
Kipperd Herring.
Red Cross Salmon, 1 lb. tins
Smoked Caplin in pkgs.
Norwegian Herring, 12c tin
and 20 tin.
Lobster, No. 1, 40c. tin.

P. E. I. TURKEYS.

Ply. Rock Chicken.
5 cases Fresh Laid Eggs—rail to-day.

250 pairs Fresh Rabbits.
Cranberries, 40c. gall.
Fresh Dates, 10c. pkg.
Campbell's Soups, 12c. tin.
Jams, asstd., 17c. 1 lb. pot.
Valencia Oranges, large, 15c. dozen.
100 bris. No. 1 Apples, \$3.50 barrel.

TEA

has advanced very much in price. We are selling BULLDOG BRAND at the old price, 40c. lb.; 5 lbs. for \$1.80.

T. J. Edens

Hr. Grace Notes.

Mr. George French, of Mr. Warren's carriage factory, returned from St. John's last week, after spending a couple of months very pleasantly with friends there.

The Rev. Mr. Sutherland, of St. John's, will likely occupy the pulpit of St. Andrew's Church here on Sunday next.

Mr. Arthur B. Peach of Carbonear passed away yesterday, much regretted by all his acquaintances. Funeral on Friday.

People are again crossing to and fro from the South Side on the ice.

Dr. Parsons had a narrow escape from drowning on Tuesday night when returning home after visiting some patients in the upper part of the district. While crossing a pond at Tilton the ice gave way and he with his horse and wagon were plunged in the water. Some time elapsed before the Dr. could make his predicament known to the people living near. At last assistance came and the horse was soon taken from the water, and the doctor was looked after by the neighbors. He was able to get off on his rounds early next morning, very little the worse of his mishap.

The tea given in the British Hall for charitable purposes under the management of the Conception Bay British Society was a success beyond anticipation. From early morning the citizens could be seen bringing their donations of cakes, etc., to the hall, and shortly after three o'clock the wives of the officers and others began to be busy supplying tea to the patrons, and they were kept busy until near midnight. The British Band added greatly to the success of the afternoon by playing some very pretty selections during the evening. The total amount received, including two money donations amounted to the handsome sum of \$101.00. Great praise is due the ladies for their untiring efforts. Let us all hope that the money thus made will find its way into the most deserving hands. After all had been supplied the balance of the goods on hand was sold by auction. In some cases the buyers after paying for the goods requested that they be sold again. This completed, a hearty vote of thanks was accorded the ladies for their work, and the singing of the National Anthem brought this pleasant gathering to a close. The greatest praise is due the public for their liberality in sending the goods necessary for the tea, and thus giving in two ways.

CORRESPONDENT.

Hr. Grace, Feb. 25th, 1915.

Have You an Itchy Spot?

Somewhere on your body? If so, attend to it at once. In Eczema—and itchy spots, whether dry and scurfy, or moist and inclined to "weep," are generally eczematous delays are foolish, allowing the disease to spread and affect more of the good skin. Your best chance for a cure is to use Zylex, which will give almost instant relief, and if used in the earlier stages of the trouble will almost certainly bring a cure, and in any event will greatly ameliorate the trouble. Ask your druggist about it. Price 50c. a box. Zylex Soap, 25c. a cake.

ZYLEX, London.

REIDS' BOATS.—The Bruce is expected to get away from St. Lawrence this afternoon; the Elsie arrived at Placentia at 6:15 p.m. yesterday and sails this afternoon on the Merabeen route; the Meigie left Burh at 4:30 a.m. to-day, for Placentia where she will take up the Glenora's route on the S.W. Coast; the Kyle sails from Port aux Basques for Louisbourg this afternoon; the Glenora and Elsie are at Placentia and will likely leave there this afternoon, coming direct to this port with the Bruce.

Feildians the Undelected Cham

WON OVER TERRA NOVA EVENING BY A NARROW MARGIN.

Though the outcome would interfere with their champions, the Feildians defeated the Novas last evening at the rink by four goals to three five minutes of play over the period.

The game was, without doubt, most exciting and closely fought for the season. Terra Nova were pretty sure of winning. Feildian supporters were confident and the latter were disappointed. The players were: FEILDIAHS—Strang, goal; dell, point; Jerrett, cover; rover; Munn, right; Payne; Jerrett, left.

TERRA NOVAS—Duley, bin, point; M. Stick, cover; rover; Gear, right; Trappell; R. Stick, left.

SUMMARY OF GOALS

First Half

1. Mews (T.N.)

2. Payne (F.)

Second Half

3. White (F.)

4. Jerrett (F.)

5. Trappell (T.N.)

6. Trappell (T.N.)

Penalties

Munn (F.)

White (F.)

White (F.)

Munn (F.)

Mews (T.N.)

THE GAME.

When the teams faced off Novas assumed the aggressive, the twinkling of an eye Mews the puck in the meshes. Goals followed and some fast play was served out to tators. The Feildians press opponents had and but minutes elapsed Payne equalizer. This put new life game. Individual play was much in evidence as both



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Unlike tea and upon its users a trilliousness, sleepless, because Postum drugs, caffeine and fee, or any other b

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is the concentrated drink. No boiling hot water—instant for the home, for anywhere. Delicious

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Both forms of and delicious, and

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FRESH CHILLED HALIBUT, etc.

Things Seldom Just "Happen."

There are sound reasons if you look for them. Homestead Tea is as distinctive in cup quality as it is in name. This didn't just "happen." The reason is that in Homestead we use a proportion of the rich, strong teas of Northern India—teas grown in the district of Assam, where the tea bush is said to have had its origin. These teas when blended with the finer sorts of Ceylon teas give that rich strength and pleasing flavour possessed by Homestead.

Ex s.s. Portia:
Fresh Chilled Halibut.
Fresh Codfish.
Fresh Cod Tongues.
Freshly Smoked Kipperd Herring.
No. 1 Salt Herring.
Fish Sounds.
Smoked Caplin.
Cranberries, 40c. gall.
Evaporated Apples, 14c. lb.
Finnan Haddies.

C. P. EAGAN,
DUCKWORTH STREET & QUEEN'S ROAD.