

Canada's Fishing Fleet. Canada has a fishing fleet of 1,723 vessels, and 41,170 boats, manned by 63,663 men. 21,694 employed on shore. Total, 85,357.

A Big Investment. Capital employed in manufacturing in 1903, \$49,848,877; 1905, \$49,855,023; 1911, estimated at \$2,000,000,000.

He rated only \$12, and everybody's wondering who the other 12 boons were who gave a dollar apiece.

The weary post now endorcers it in the eluete time by rhythmic beat and push together, producing thus a serene rhyme.

A DISCOVERY THAT IS BENEFITING THE WHOLE WORLD

CANADIAN PHYSICIAN MADE IT

Wonderful New Substance Formed By Combining Fruit Juices

It takes Canada to do the really big things that are being done. For thousands of years, people have known that fruit was good for them without knowing exactly why. A Canadian physician experimented until he found out.

Fruit juice is about nine-tenths water and one-tenth solid matter. And this solid matter is eight-ninths sweet and one-ninth bitter. It is the bitter principle that is the curative part of fruit. To get the full benefit of fruit, one must eat great quantities of fresh fruit.

By the discovery of this Canadian physician, the bitter or curative part of fruit juice is so combined that it is made to grow or increase many times. In other words, a stronger fruit juice is created. This is made into tablets which are known all over Canada under the name of "Fruit-a-lives".

"Fruit-a-lives" is the only medicine in the world that cures Constipation. JAMES PROUDFOOT, Esq. of Vankeek Hill, Ont. says "If it were not for 'Fruit-a-lives' I am satisfied I could not live".

Chronic Constipation means Paralysis of the Bowels. There are two layers of muscles in the bowels which during constipation become thin and weak and cannot act. In severe cases, people go three and even ten days without the bowels moving. N. JOUBERT Esq. of Grande Ligne, Que. says "I heartily recommend 'Fruit-a-lives' to all who suffer with Constipation".

Life, a liquid created by the liver, is the purgative of the body. Two pints of bile should be poured into the bowels every day. In severe constipation only about half a pint is secreted. With the muscles of the bowels weak and little bile, it is impossible for the bowels to move regularly.

A. G. WILLISTON Esq. of Hawkeville, N. B. says "I tried 'Fruit-a-lives' and now I am well from Chronic Constipation from which I suffered for many years".

To cure Constipation the liver must be stimulated to pour out more bile and the weak muscles strengthened. Mr. and Mrs. J. W. Fox of Newburg, Ont., say "Our daughter was cured of Appendicitis by 'Fruit-a-lives' after doctors said only an operation could save her life".

"Fruit-a-lives" is not merely a relieving agent but actually cures Constipation. It tones up the nerves and bowels and increases the flow of bile. W.M. PARSONS Esq. of Otterville, Ont. says "I am eighty years of age and find 'Fruit-a-lives' do me more good than any other remedy".

Remember - chronic Constipation cannot be cured in a day, but 'Fruit-a-lives' will quickly relieve the trouble and certainly cure you if taken a reasonable time.

Senator JOHN COSTIGAN of Ottawa, says "I have been a dreadful sufferer from Constipation for over thirty years. After taking 'Fruit-a-lives' for a few months, I feel I am well from this horrible complaint".

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WAGNER'S FIRST FAILURE

Famous Composer Tells of the Experience in His Autobiography.

The composer Wagner, in his autobiography, which has been translated into English, tells of his first failure in these words:

The first item on the programme was called by the exciting title, "New Overture" - nothing more.

I had surreptitiously listened to the rehearsal with some misgiving. I was very much impressed by the coolness with which Dorn fenced with the apparent confusion which the members of the orchestra showed with regard to this mysterious composition. The principal theme of the allegro was contained in four bars. After every fourth bar, however, a fifth bar had been inserted, which had nothing to do with the melody, and which was announced by a loud bang on the kettledrum on the second beat. As this drummer stood out alone, the drummer, who continually thought he was making a mistake, got confused and did not give the right sharpness to the accent as prescribed by the score.

Listening from my hidden corner, and frightened at my original intention, this accidentally different rendering did not displease me. To my genuine annoyance, however, Dorn called the drummer to the front and insisted on his playing the accents with the prescribed sharpness. When, after the rehearsal, I told the musical director of my misgivings about this important fact, he stuck to it that the thing would sound very well as it was.

In spite of this assurance my restlessness grew, and I had not the courage to introduce myself to my friends in advance as the author of the "New Overture." I had forgotten to buy a ticket and was refused admission by the man at the door.

Suddenly the tuning up of the orchestra grew louder and louder, and I thought I should have to miss the beginning of my work. In my anxiety I revealed myself to the man at the door as the composer of the "New Overture," and in this way succeeded in passing without a ticket.

The overture began. After the theme of the "black" brass instruments had made itself heard with great emphasis, the "red" allegro theme started, in which, as I have already mentioned, every fifth bar was interrupted by the drum beat from the "black" world. The fatal drum beat, brutally hammered out, entirely deprived me of my senses.

I heard my neighbors calculating the return of this effect. Knowing the absolute correctness of their calculation, I suffered ten thousand torments and became almost unconscious. At last I awoke from my nightmare when the overture to which I had disclaimed to give what I considered a trite ending, came to a standstill almost unexpectedly.

No phantom like those in Hoffmann's tales could have succeeded in producing the extraordinary state in which I came to my senses on nothing but the astonishment of the audience at the end of the performance. I heard no exclamations of disapproval, no hissing, no remarks, not even laughter. All I saw was intense astonishment at such a strange occurrence, which impressed them as it did me. Like a horrible nightmare. Nothing, however, equalled the pain of coming face to face with the man at the door. The strange look he gave me haunted me ever afterward, and for a considerable time I avoided the pit of the Leipzig Theatre.

ONE PERFORMANCE ONLY

He Dined With The Servants And He Entertained Them.

A well-known society entertainer had been engaged to give a performance at a country house. The hostess had "risen," and was of snobbish instincts. She left instructions that the entertainer was to dine with the servants. The butler, who knew better, apologized; but the entertainer was not easily disconcerted.

"Well, now, my good friends," said he, after he had dined well, "if we have all finished, and you are all sensible, I will give you my little show."

The servants were delighted, and though there was no piano, the entertainer managed very well for half an hour without it. At ten o'clock a message came down asking Mr. Daah if he would kindly come into the drawing-room. He went, and found the company waiting.

"We are quite ready, Mr. Daah," said the hostess.

"Ready for what?" he demanded.

"Why, for your entertainment to be sure," was the answer.

"But I have given it already," explained the entertainer; "and my engagement was for one performance only."

"Given it? Where? When?"

"Down-stairs, an hour ago."

"But this is nonsense," exclaimed the hostess.

"It seemed to me somewhat extraordinary," was the steady reply; "but it has always been my privilege to dine with the company I am engaged to entertain. I took it you had arranged for a little treat for the servants."

Then he left to catch his train.

A Popular Interpreter.

The new member of the State Board of Control, addressed the students at the Deaf and Dumb School at Ottawa the other day. The interpreter didn't treat Shukers as he did Henry J. Allen, a former member of the Board, when he made a speech. Henry rambled along in his usual entertaining fashion and frequently received applause.

"Well, I seemed to please the students all right," said he to the interpreter afterwards.

"Yes, they enjoyed it very much," replied the interpreter.

"But I wish you would explain why they frequently applauded at inopportune times," said Henry.

"That's easy," replied the interpreter. "You made one speech and I gollyered them another."



The Five Roses Flour

Not Bleached Not Bleached

MADE BY THE GOOD HOUSE COMPANY, LIMITED, MONTREAL

"Uniformity is a big word, Bud." "I 'spect it's because it means a lot, Rose." Steady-Regular-Dependable Quality, there's the FIVE ROSES idea. No bad dreams bakeday eves - the morning batch "flat" instead of "up." So very exasperating, you know, to get less loaves this week than last from the same quantities. FIVE ROSES is the sure flour - reliable, you see. No wrinkling worries over bread, or cakes, or pies, or anything. Bake things always up to the mark of your happy expectations. Disappointment - never. Four times Uniform - Strength, Color, Flavor, too, and Yield. FIVE ROSES - trouble-proof flour. The FIVE ROSES always.

"INSOLENCE NICOTINA"

A New League Been Organized To Abate Public Smoking.

The "Non-Smokers' Protective League" has been organized with the avowed purpose of abating public smoking as a nuisance.

Of course the bare announcement of the organization of such a league is the cue for all smokers to break into derisive laughter. The smoking fraternity simply assumes that smogging is here to stay and that the unfortunate non-smoking public must either learn to smoke or grin and bear the fumes of tobacco.

It is true of course, that the smoking public is considerably in the minority, counting men, women and children, and that the folks who smoke in public places do so because they dare to, not because they have any logical right to, but even when heartily admiring the man who dares to offer the public a smoke, the average smoker will keep the honor of his way, without any going to do about it.

If, indeed, he thinks it worth while to offer the public a smoke, this attitude is a manifestation of a peculiar sort of insolence, that is, a better term, may be to call it "insolence nicotina".

All smokers have it. Even the most considerate of them have it. It is those who still go through the motions of preferring their smoking to anything else who are the most offensive. They are the non-smokers who are the most offensive. They are the non-smokers who are the most offensive.

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Jonah on the Run.

A few months ago a Methodist preacher delivered a discourse on "Jonah" at La Center, Ky., in which he is reported to have said: "When Jonah left that fish he hit the ground running" and started full tilt for Nineveh. One of the sisters looked out of her window and saw a cloud of dust down the road, and after looking intently, said to her husband: "I believe in my soul, yonder comes Brother Jonah." She went to the door and hollered, "Good mornin'."

"Good mornin'," answered Jonah, without turning his head.

"Where you goin' so fast, Brother Jonah?"

"Goin' to Nineveh," he replied.

"Well, stop and take dinner with us."

"Ain't got time. Three days late now."

"Oh, come in and get your dinner. Brother Jonah. We've got fish for dinner."

"Don't talk to me about fish," said Brother Jonah.

"Well, come in and have a drink of water."

"Don't talk to me about water" - and on he went a-clipping toward Nineveh.

Are You Bashful?

Bashful people invariably sit with their feet turned in. Why this should be it is undoubtedly difficult to explain, but there is no doubt about the fact. If the bashfulness runs to great embarrassment, one foot, with the toes still turned in, seeks the consoling influence of the other and poses itself on the ankle of the other foot. If the bashfulness and embarrassment are noticed when the individual is standing, one foot is sure to be placed behind the other and to be lifted up at frequent intervals, while as the embarrassment increases the raised foot rubs up and down the calf of the leg which supports the body.

Feminine Indorsement.

She advanced to the paying teller's window, and, handing in a check for \$50, stated that it was a birthday present from her husband and asked for payment. The teller informed her that she must first endorse it.

"I don't know what you mean," she said hesitatingly.

"Why, you see," he explained, "you must write your name on the back so that when we return the check to your husband, he will know we have paid you the money."

"O, is that all?" she said, relieved. One minute elapsed.

"Thus the endorsement: 'Many thanks, dear, for the money, your loving wife, Evelyn.'"

"The Distance Lends."

Henry Pasquet lost his wife a few years ago and soon afterward he appeared with a wide mourning band on his sleeve. Time went on and he finally began to woo the sister of his departed wife, with the result that he married her some five months after the first wife's death. Some time after that some one who was not familiar with the past happenings met Henry and asked him who had died in his family.

"My first wife," he thoughtfully answered.

"And the second?"

"The sister of my first wife," he answered.

"Why, that's a queer thing," said the other.

"What's queer about it?"

"Why, the reason is there to be seen that when he is again free he will have learned the lesson of loss and order?"

THE FIRST WORLD EMPIRE

Babylon at Its Time Dominated the World.

A correspondent criticizes a statement, contending that Babylon was not the first "world empire." He thinks that Assyria was a prior world empire. We do not know where the critic got this idea of history, unless possibly from Rollins. Later researches put away any possibility of making Assyria a preceding kingdom or even a universal one.

The facts of history are these: Babylon existed before Assyria. Genesis 10:10. This statement of the Bible puts the matter beyond controversy. History confirms the fact. To quote: "The Babylonians and Assyrians were two very important peoples of remote antiquity inhabiting the region of the Tigris and Euphrates rivers in Southwestern Asia. The Greeks regarded these peoples as constituting one nation, and called their country Mesopotamia - a name that could properly be applied to only a part of their territory. The Babylonians and Assyrians themselves, on the other hand, regarded each other as alien peoples, through both belonged to the same Semitic stock. The Babylonians were the more ancient, and their territory lay to the south."

"The Historians' History of the History of the World," volume 1, page 318.

It is true that there was a brief period when Assyria conquered Babylon, but this lasted but a very brief period. The Babylonians remained distinct as a people in civilization and religion, and under Nebuchadnezzar soon dominated the world. The Lord never calls Assyria a universal empire; but He did speak thus of Babylon. He rebuked the king of Assyria, but He gave over Jerusalem and its people to Babylon. In the language of the Bible and prophecy, Babylon is the first world empire.

Mapping Africa.

The British colony of the Gold Coast with Ashanti is about as large as Ontario. A map of more than forty sheets in four colors has now been finished. The Gold Coast is the first of the British tropical African colonies to have a complete and modern map on a scale large enough to show a great deal of detail. The surveys and maps have cost \$340,000 and nine years of work. The map was necessary as a basis for economic development. Gold is the chief product, and the mining companies are exporting more than \$600,000 worth of it a month. Disputes over the boundaries of mining claims and other property were incessant, but even African colonies that have little or no gold find that it is worth all it costs to produce good maps of the new possessions. Not only in the world are surveys and map making being pushed more rapidly than in Africa. The German tenet sheet maps of Togo and large parts of German East and Southwest Africa and the Cameroons are among the best maps of the kind ever made in new lands. The French, English and Belgians are almost equally active, and the hundreds of map sheets now before the public give a far more accurate idea of the regions they represent than could have been derived from any way of Alaska published twenty-five years ago.

Relations.

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Chamberlain's Cough Remedy

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How China was Isolated.

From the beginning until the nineteenth century China was as isolated from the world at large as if located in Mars. On the north were the barren plains of Mongolia and the sandy wastes of the Gobi Desert, beyond which stretched the interminable and uninhabited forests of Siberia; on the west the impassable mountains - the Roof of the World; on the south swamps, jungle, and the Indian Ocean; and on the east the Pacific, an impassable barrier.

Thus carefully guarded by nature from the outside world, with a country of many waterways, a climate similar to that of America from Maine to Florida, a rich and varied soil, lending itself kindly to cultivation, with all natural resources in the greatest abundance (iron, coal, gold, silver, copper), it was possible for China to work out her own civilization, laws, governments, literature, economic life. But even under these conditions there was a natural ebb and flow in her national vitality, and dynasties changed, and twice the country has been conquered. The only possible point of attack in the years past has been from the north, the country of cold, deserts, and sooty vegetation.

Fried Onions in War.

During the American invasion of Porto Rico, in the course of the war with Spain, General Towner, U. S. A., with his troops, was stationed near a village head by an overbearing force of Spaniards. Orders were to keep his "eye peeled" and, if he lacked anything suspicious, to fall back alertly and quickly. Instead of this, his eye turned to the onions and fried onions in the village.

The Spaniards, who were the most numerous of the American forces, came to find out what was going on. They were told that the onions were the best of the village, and that they were the best of the village.

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