

ROYAL YEAST CAKES

Now that the new government standard flour is in general use, the quality of the yeast you use is more important than ever. Use Royal Yeast Cakes. Their quality is absolutely reliable. Bread made with Royal Yeast will keep fresh and moist longer than that made with any other.

Send name and address for copy Royal Yeast Bake Book.

E. W. GILLET CO. LTD.
 TORONTO, CANADA
 WINNIPEG MONTREAL

"LA LIBRE BELQUEGI

Mystery Paper of Belgium is Explained.

Fooled the Huns Over Four Years.

With the coming of liberty to Belgium, La Libre Belgique has departed, and the Patriot has reappeared. It is now possible to tell that the most remarkable of war-time newspapers, La Libre Belgique, which successfully defied German efforts to suppress it for four years, was the Patriot, a long-established Catholic weekly, in disguise. Victor Jourdain, aged editor of the Patriot, likewise edited the willow-leaf sheet which kept German officials in a constant state of irritation during their occupation of his country and helped to keep the spirit of the Belgian people steady.

He died a few weeks ago, just too soon to see his city of Brussels liberated.

The Patriot was suppressed by German order at the outbreak of the war. A few weeks later copies of a new paper began to fall into the hands of the German officials and army officers. It did not prove popular with the latter. General von Bissing, military governor of the occupied zone, offered a reward for the name of the editor and promised one year's imprisonment for any Belgian found reading it. There were arrests in great number of persons suspected of the

A Health Saving Reminder.

Don't Wait until you get the Spanish Influenza.

USE MINARD'S LINIMENT

At the first sign of it. Its Healing Qualities are amazing. THE OLD RELIABLE.

MINARD'S LINIMENT CO., Ltd.,
 Yarmouth, N.S.

editorship but no convictions. It seemed that almost everybody who could possibly have been guilty was arrested at one time or another—everybody except Jourdain. One man was held by the Germans to have been proved sufficiently guilty to warrant a one-year sentence, but Belgians in the secret say he was innocent.

The baffled German police were kept busy running down false clues. Given the tip that the printing plant would be found at such-and-such a street, they would rush thither, only to find a vacant lot or an empty house. Told that a man of a certain name was the actual editor, they would comb Brussels for him, learning eventually he was not in the city and never had been.

While the police hunted, Victor Jourdain prepared copy. He pointed out intentional errors in the German official communiqué, he gave the Belgian people the latest news of the Belgian army and the allied armies, he ridiculed and lampooned the German officials, and generally kept alive the people's faith in a better day to come.

A few times obscure printing shops in this city set up and printed the little four-page paper. For the most part, however, the work was done in shops elsewhere. Jourdain would appear by night at the name of some small town or city printer, always selecting one for the moment free of German troops. Next morning he would depart in his automobile with the entire issue concealed in the car. Distribution would begin as far as possible from the place where the printing was done.

In spite of the difficulties of publication, La Libre Belgique nearly always was neat and attractive typographically. Sometimes, when the services of a complete printing plant were obtainable, the first page would be bordered in the national colors, red, yellow and black. Editions, of course, were not regular—regularly irregular was the paper's own statement of its publication dates, but Jourdain managed usually to issue one each month.

Part compensation for his troubles was

HIRST'S PAIN EXTERMINATOR

Pain? Hirst's will stop it!

Used for 60 years to relieve rheumatism, lumbago, neuralgia, sprains, lame back, toothache, earache, swollen joints, sore throat and other pains of all kinds. Have a bottle in the house. All dealers of value.

HIRST REMEDY COMPANY, Hamilton, Canada

found by the editor in such announcements as these:

"Not submitted to any censor."
 "Telegraph address, Commandatur, Brussels."
 "Office: Not being able to establish these in a fixed place, they are installed in an automobile cellar."
 "Advertisements: Business being under the German domination, we have suppressed the page of advertising, and advise our readers to keep their money for brighter days."
 "August 4, 1914, Dame Germany started off to war. The plan is simple: Belgium does not count. Paris taken in six weeks, Russia crushed before winter, England remaining alone, too small a thing not to understand that nothing is left but to negotiate."
 "We made the house of cards crumble! We! After they decided to take Calais, pass into England, etc., there was the Yser! Still U.S."
 "Zeppelins were to destroy London. London suffered little, the reputation of the zeppelins suffered much. Meantime they tried to finish Russia, by military means first; the coup failed; by diplomatic means then; the Russian people put a stop to that. They plotted in the Balkans, they bled themselves white at Verdun. All was useless. And all this time the people of Germany were suffering enormously. The new chancellor began to realize it. Then they made their last throw: the submarines! And even in Germany itself they have dared to announce publicly that this weapon is ineffective. Then it is the end? Yes, it certainly is the end."
 "Since the coming of America into the arena, the account of the central powers has been definitely settled. In a little while they will have to beg for mercy. No doubt another winter will mean great hardship to us. But seeing the importance of our goal we wish, we Belgians, to suffer until it is necessary in order that right and justice shall triumph more completely, more gloriously."
 "What the allies know: That we do not ask that consideration of our sufferings should hasten the end of our war one single day!"

If Breath Comes Hard If Nose Is Plugged You Have Catarrh

Perhaps you haven't heard of the new remedy—it's so pleasant to use—it fills the nose, throat and lungs with a healing, balsamic vapor like the air of the pine woods. It's really a wonderful remedy—utilizes that marvellous antiseptic only found in the Blue Gum tree of Australia.

The name of this grand specific is Catarrhose, and you can't find its equal on earth for coughs, colds, catarrh or throat trouble. You see it's no longer necessary to drug the stomach—that spoils digestion—just simply inhale the balsamic essences of Catarrhose, which are so rich in healing that they drive out every trace of Catarrh in no time.

For speakers and singers and persons troubled with an irritable throat, bronchitis, asthma, catarrh or la grippe, Catarrhose is of inestimable value.

The inhaler can be carried in your pocket or may be used at any time or in any place.

Large size, guaranteed, and sufficient for two months' use, costs \$1; smaller size, 50c.; sample size, 25c. Sold by all storekeepers and druggists.

Turkey's Dark Ages.

There were many serious restrictions on trade under the old regime. No one was allowed to travel even a few miles by train or boat without a special passport, which might be refused and was generally delayed. There was scarcely a decent road in the country, and transportation by rail or boat was entirely inadequate. Roads were never repaired unless a sultan or royal guest were in need of transport. Modern machinery and even the use of electricity were regarded as dangerous by the Sultan. No western methods were encouraged because of the general policy of conservatism. Abdul Hamid wished to keep his people medieval so that he might remain on the throne in absolutism. Education was at a very low ebb. Schools were few and inadequate, and students were seldom allowed to study in foreign institutions. No books that mentioned Turkey or Mohammedanism were allowed to enter the country; no physical apparatus was admitted to the schools. No Turkish subjects might leave the country to study or travel. Everything was censored. The press was muzzled and emasculated; few original books were allowed to be published, and towards the end of Abdul Hamid's reign intercourse with Europeans was severely restricted. Once at his suggestion a European scholar planned a university for Constantinople and outlined a course including history, philosophy and economics. Abdul Hamid exclaimed, "No, sir, such knowledge will be dangerous to my people."—Asia Magazine.

THE BRITISH BULLDOG.

(Louisville, Ky., Herald.)

"If the Kaiser possessed prescience, or had read history, he must have shivered—as tradition has it that we do if someone steps on our grave—when he knew for certain that his spies had lied and that the stubborn, stick-to-it, bulldog British had decided to live or die with the French. The British have had a bad record for an ambitious despot to face. They brought Philip of Spain to his knees—the curbed the power of Louis the Great of France—they grappled with the mighty Napoleon and never let him go. That is the gist of the matter. They never let go. Great Britain and her dominions have sent over eight and a half millions of men into the struggle. When we have sent 15,000,000 we will have done as well. And not before we may add.

MINARD'S LINIMENT CURES DIPHTHERIA.

Minard's Liniment Cures Garget in Cows.

Some Good Sandwiches.

Have a slice of brown and one of white bread.

Spread the brown with cream cheese and on it put the white slice coated with chocolate fudge.

Take two slices of white bread and one of rye bread for a dandy big sandwich with two fillings.

The first filling is spread on the rye bread and it is made of lettuce, mayonnaise and chopped ham.

Over this put a slice of white bread covered with minced chicken on top of which you put the other white slice.

Very nice picnic sandwiches are made of five slices of bread (three white and two brown or graham bread), with currant jelly, cream cheese, chopped olives and chopped nuts spread between each, the top and bottom slices being white bread. Press closely together and then cut this sandwich loaf into narrow strip sandwiches. Layers may also be made of crushed cooked peas, minced carrots, etc.

Buying a Packet of "SALADA"

Is not a gamble, but a sure thing that you are getting the greatest possible Quality and Value to the limit of your expenditure. TRY - IT.

"Thousands of American lads will come to us alive and whole because thousands of our blood-brothers from the British Isles have been killed and mutilated—and have taught us how to escape. British made her army while France and her own navy held the gap."

"That is a fact America—broadly speaking—is reluctant to admit. But it is so. What Rummey did was done for us."

"For all this they paid. There is hardly a home in Great Britain which does not have its unvisited grave in France or Belgium—not a street on which the permanently maimed do not limp to unaccustomed tasks. And the figures show that the percentage of casualties from the Mother Country exceeds the percentage from the overseas dominions, thus disposing of one of the meanest, most dastardly lies of the whole satanic German propaganda."

"Why do we repeat this. Because England's contribution is either denied or derided; because the fact that her ships have coiled, fed and munitioned Italians and French to say nothing of Americans—is neglected; because the fact that she rose from nothing at all to a full military partner of France is mentioned by no one."

"British bottoms conveyed by British ships took the Americans overseas. If you think that is an excessive boast we will, by agreement with Secretary Baker, take off 15 per cent. That is our personal-intimate phase. It does not stand alone, however."

"Where have the British fought? The Suez was in danger. It was the British that protected it. There were German naval stations in the Pacific. The British mopped them up. Russia asked help by way of the Dardanelles. The British tried to give it. Intervention was needed on the Tigris. The British supplied it. The British were at Salonica. British ships were in the Adriatic. The British colonial troops freed Africa from the Germans. The British to-day are moving south from Archangel and are at Vladivostok."

"It's a true story. England has prolonged the war, shows no disposition, the slightest, to curtail it; could quite easily, modify the terms and soften the way. Won't."

"It's the British way, the bulldog British way. Not intelligent, some one suggests, and we are not disposed to defend it as such. Narrow, rather groovy, angular, morose. Well and good. But there it bites, it holds, never fear. That is why Russia, waking up, finds the Briton at her elbow. That is why Portugal—recalling that she has loaned on Britain since long before Napoleon—throws in her lot with the British confidently."

"War with all the world—Peace with Britain."

"The British are the poorest advertisers in the world. No one will ever know the sum of their performance. But they deliver the goods. Eighty thousand they sent to France, and they have multiplied it an hundredfold. And the British, if we may be permitted to suggest anything as revolutionary, are a great part—possibly a dominant part—of the Americans. They have contributed to our make-up, language and literature, laws and customs, faith and freedom. We are inconceivably un-realizable, impossible without them, is not that plain truth?"

ASTHMA INSTANTLY RELIEVED WITH ASTHMADOR

OR MONEY REFUNDED. ASK ANY DRUGGIST or write Lyman-Knox Co., Montreal, P.Q. Price 50c.

GUARD THE BABY AGAINST COLDS

To guard the baby against colds nothing can equal Baby's Own Tablets. The Tablets are a mild laxative that will keep the little one's stomach and bowels working regularly. It is a recognized fact that where the stomach and bowels are in good order that colds will not exist; that the health of the little one will be good and that he will thrive and be happy and good-natured. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

How Trawlers Catch Fish.

Two tons out of three of fish landed at British seaside ports are caught by the method known as trawling.

Most people know that a trawl is a net, but would be puzzled if you asked the difference between a trawl, a drift net and a seine.

A trawl is a great, flat bag of netting, triangular in shape, which is dragged along the bottom of the sea, and scoops up the fish which lie on the bottom or swim near it. Such a net may be anything from about fifty to a hundred feet long, while its mouth, which opens like that of a purse, is twenty to fifty feet wide.

There are two forms of trawl, of which the older sort, known as the "beam" trawl, has almost disappeared

SPHON'S DISTEMPER COMPOUND

FOR YOUR HORSE THIS WINTER.

is the best prophylaxis against disease. Twenty drops of SPHON'S daily will act as an effective preventive—will insure your horse and mules against Distemper and Influenza in any form. When there is so much disease when your horse is so often exposed, keep your horse on his feet by starting the use of SPHON'S early.

Your druggist handles it.

SPHON MEDICAL CO., Goshen, Ind. U. S. A.

MISCELLANEOUS.

WHEN ORDERING GOODS BY MAIL send a Dominion Money Order.

COAL shortage will trouble you! Then quit. Use the "Wonder Oil Gas Burner." It has been on the market for nearly eleven years. It burns gas made from coal oil and air. Positively gives more heat than coal. It is safe, odorless, simple and sufficient. Use it in your cook stove, heater or furnace. It is complete for \$20.00. If no agent in your town send size of firebox with price, to the wholesale distributor, HUNTY, WOOTTON CO., 161 Church street, Toronto.

FOR SALE.

ONE FRUIT BASKET OUTFIT, COMPLETE, also Shimule Outfit, \$100.00. One 67 inch Solid Saw, 60 teeth, practically new, \$65.00. 1 Solid Tooth Saw, about 45 inches, suit small timber, \$25.00. All included on G. T. H. Apply John Hassan, Seguin Falls, (Parry Sound Dist.)

GALLOWAYS—COWS WITH CALVES at foot, also young stock for sale. D. McCrae, Guelph, Ont.

WATER WHEEL FOR SALE, ONE 50-hp Harbor Turbine, also shafting and gearing in good condition. For full particulars apply to the Slingsby Mfg. Co. Ltd., Brantford, Ont.

FARMS FOR SALE.

FOR SALE—150 ACRES OF LAND clay and sand loam. Brick house, basement barn, cement silo, and other outbuildings. 3 1/2 miles from Thamesville. Good water, gravel road. Apply Geo. Downwell, Thamesville, R. R. No. 5, Phone 665.

TWO ACRE FRUIT FARM, SANDY Loam, excellent house and barn, Electric Light, all conveniences, two minutes from Radial, with or without furniture. Owner going abroad. Box 643 Grimsby, Ont.

FARMS AND RANCHES FOR SALE in Alberta. Write for our New Catalogue, J. C. Leslie & Co., 391 Beveridge Block, Calgary, Alta.

LOST.

ESCAPED BLACK FOX SUITABLE reward paid. Reid Bros. Bothwell, Ont.

DON'T USE THE KNIFE

That's the barbarous way of treating corns—dangerous too—any corn can be removed painlessly by Putnam's Painless Corn Extractor in twenty-four hours. Use only Putnam's Extractor, 25c at all dealers.

Odd and Interesting Facts.

The origin of the word "tennis" is unknown. A great many ingenious derivations have been suggested. The best of these is that it comes from the French "Tenez" meaning "Take it!" "Play it!"

Although there is no record that a woman has ever been an auctioneer, it is on record that in May, 1812, the then Mayor of New York, Mr. Gaynor, answered an inquiry addressed to him by a woman saying that there was nothing in the law to prevent a woman from becoming an auctioneer. Strange enough, it was a milliner who made the inquiry.

The oldest invention the world knows is the real estate mortgage. Twenty-one hundred years before Christ, in ancient Babylon, money was loaned on mortgages. These mortgages were recorded on bricks and preserved in great earthenware jars that were sunk in the earth. They were dug up after they had repozed there 3,900 years, mute evidence of this most ancient form of investment.

Ship on Girl's Back Bar to Society

A ship on a girl's back is a bar to her entrance into society, according to State Senator Alfred J. Gilchrist, of New York city. The senator declares that a Brooklyn girl is barred from society because, when ten years old, a ship was tattooed on the girl's back. She cannot wear a fashionable, low-neck dress because of the spreading sails across the ocean on her back. The senator, therefore, asks for a law imposing a fine of \$500 for any one who mars a young woman's beauty.

Minard's Liniment Cures Colds, Etc.

Dough Saved the Ship.

"Saved by a ton of dough" might be the title for an account of the adventures of the steamship Armenia in the submarine zone. The vessel was struck by a torpedo. Aboard was an armed guard of American seamen under the command of Chief Boatswain's Mate Stief Homiak, U. S. N. The naval men made all preparations for placing the passengers in lifeboats, for the ship had a wide breach below the water line and a second torpedo was momentarily expected; but they did not intend to abandon their vessel until they were sure it was going to sink. Going below they succeeded in checking the inflow of water to some extent by a patch made of a collision mat and some pieces of canvas, but there was still a formidable leak. Thereupon the sailors proceeded to smash upon a large number of barrels of flour which they found in the hold and shoveled this material into the breach. Soon it was filled with an enormous mass of dough, which so effectually checked the leak that the ship was brought in to port by her resourceful crew.

Minard's Liniment Cures Distemper.

Hatdom.

Pearl flowers.
 Prayed ribbons.
 A preference for henna.
 Draped satins and taffetas.
 Hat brims faced with gay ribbons.

A little pull will sometimes get a man to the top but it doesn't require much push to go down hill.

SPHON'S DISTEMPER COMPOUND

FOR YOUR HORSE THIS WINTER.

is the best prophylaxis against disease. Twenty drops of SPHON'S daily will act as an effective preventive—will insure your horse and mules against Distemper and Influenza in any form. When there is so much disease when your horse is so often exposed, keep your horse on his feet by starting the use of SPHON'S early.

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