

Threatened With Paralysis

THE DOCTORS TOLD THE WRITER
OF THE LETTER QUOTED
BELOW—RESTORATION
BROUGHT ABOUT BY
USE OF

Dr. Chase's Nerve Food

It is customary to consider paralysis, insanity and other diseases of the nerves as afflictions which come upon a person without warning and which are, therefore unavoidable.

As a matter of fact such results are preceded by months, if not years, of symptoms which point to an exhausted condition of the nervous system. These symptoms are such, however, that many pass them by as not being of serious concern and thinking that they will wear away of themselves.

Sleeplessness, nervous headaches, indigestion, bodily weakness, fainting spells, twitching of the nerves, inability to concentrate the thoughts and loss of memory are among the most common indications of a run-down nervous system. It is sometimes only a step from such symptoms to prostrations, paralysis, locomotor ataxia or insanity.

Stimulants and narcotics, though sometimes affording temporary relief, only hasten the exhaustion of the nerves. Dr. Chase's Nerve Food, on the other hand reconstructs and restores the wasted and depleted nerve cells.

Naturally, gradually and certainly this great medicine instills into the blood and the nervous system the life-sustaining principles which replenish the nerve force in the body and so effect lasting benefit.

Miss Emma Scott, Athens, Ont., writes: "Dr. Chase's Nerve Food has done me a world of good. I was troubled with fainting spells, bodily weakness, and spent restless, sleepless nights. I frequently had cramps in the stomach and would at times become entirely insensible, not knowing what was going on until others told me afterwards."

"I doctored with several doctors and they told me I was threatened with paralysis. They gave me relief, but could not cure me. After suffering for three years I began the use of Dr. Chase's Nerve Food and it has done me more good than all the medicines I ever used."

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WHEN WRITING TO OUR ADVERTISERS PLEASE
MENTION FARMER'S ADVOCATE.

SHORTHORNS IN ABERDEENSHIRE.

A writer in the *Scottish Farmer* has the following to say regarding the introduction and breeding of Shorthorns in Aberdeenshire, Scotland:

Aberdeenshire is to-day the nursery of the Shorthorn world. Nevertheless, the Shorthorn is not a native of Aberdeenshire, nor has a century elapsed since its introduction to the cattle county of the north. About the year 1828 the first Shorthorn crossed the Dee when Alexander Hay brought a white bull, Jerry, from Phantassie to Shethin, and for years the new breed was looked upon as "the intruder." Jerry was long lived and prolific, and, being white, left his mark on the native breeds of black cattle, and did much to spread the reputation of the new breed, which had already established itself in the North of England.

Before the Shorthorn had become a recognised factor in the history of Aberdeenshire cattle there had been rivalry between the two native breeds, the polled and the long-horned black cattle, and soon after Jerry made his appearance in the county the favor for the poll threatened the prestige of the longhorn. This state of matters gave great concern to leading agriculturists, and efforts were made to avert the threatened decline of what was thought to be a valuable and useful breed of cattle. In the year 1834 the Highland and Agricultural Society held its first show on the Links at Aberdeen. There were 30 Shorthorns on the ground, 16 bulls, seven cows, four two-year-old heifers, and three yearling heifers. Only three of the cows and one two-year-old heifer were owned by Aberdeenshire men, but from that date the Shorthorn was established in the county.

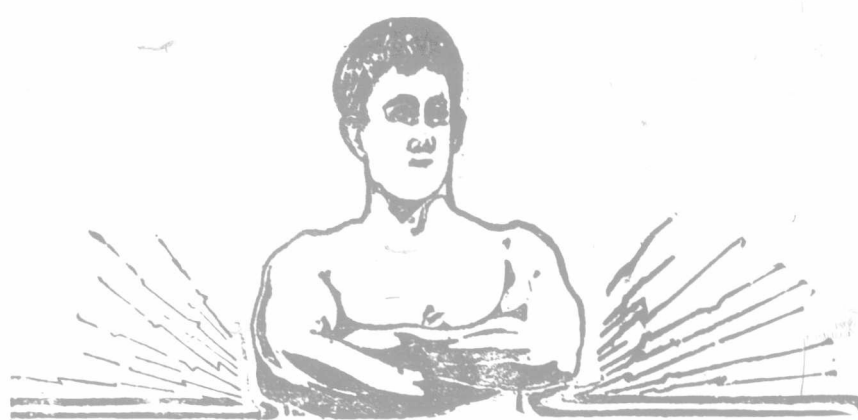
That its invasion was not altogether welcome is proved by reference to the annals of one of the oldest agricultural clubs in the north—the Garioch Farmer Club, established in 1808. Immediately after the Highland Society's Show at Aberdeen a special meeting of this club was convened, and the minute of that meeting declared that "in consequence of the striking deficiency of stock of the old Aberdeenshire horned breed of black cattle exhibited at Aberdeen at the late show of the Highland and Agricultural Society of Scotland, and the apprehension thereby excited that, if not properly attended to and encouraged, the pure breed of that very valuable description of stock will soon be entirely lost, the meeting, with a view to encourage the rearing of said cattle, resolved to allocate the sum of £30 sterling to be given in premiums at a show to be held on the cattle market stand of Laurance Fair of Old Rain, on the 1st Friday of August next" (1835). The prizes offered were—For bulls, £6, £4, and £3; for cows, £4, £3, and £2; for heifers, £3, £2, and £1.

Lord Kintore, who was keenly interested in the preservation of the native cattle, not only as a pure breed, but because he believed strongly in a first cross between the Shorthorn and the Aberdeenshire Longhorn, sent a donation of £10, to be added to the prizes already offered for horned bulls, and to add a fourth prize.

In 1827 Lord Kintore had bred the famous Kintore ox—which weighed 180 stones imperial when five years old—a cross between an Aberdeenshire Longhorn and a Teeswater. Whether this refers to an animal of the old Teeswater breed or the Shorthorn, then commonly known as Teeswater, does not seem to be known. If to the latter, his Lordship must have been an earlier importer of the breed than Alex. Hay of Shethin, already referred to, and generally supposed to have been first in the field.

At the show, which was duly held in the following August, and at which William Hay of Shethin acted as judge, there were on the field 72 horned cattle, the cow class having the enormous number of 53 exhibits forward.

It is indicative of the trend of the cattle history at this time that three years later, in 1838, at the same show, there was not a single horned bull forward, and only 42 of that breed in all, while the polled entries had risen from 21 (in 1835) to 78 and for the first time there appeared in the prize list the "Shorthorn or cross breed," 58 representatives of the new breed being



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I want you to know what I have done for others. O. JOHNSON, North Bay, Ont., says: "For building up a weakened and run-down constitution nothing can equal your Belt. I feel like a new man, and consider it worth its money many times."

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WM. SOUTH, Brindale, Ont., says: "I suffered severely from sciatic rheumatism, and tried different remedies, but got no benefit, and am pleased to say your Belt has completely cured me in less than two months."

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