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equirements of a e are subject to a g state and Cath-lord will reward the sacrifice we ear is pleased to be nection that west or the number of creasing rapidly, atholic laity are r ideas as to the education.—The

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CONDUCTED BY "COLUMBA" I had a novel experience the other night. I was present at a meeting of a certain Ladies' Literary Society. I never heard the gentle sex talk so much before. Of course, in common with most others, I concede the palm to the ladies as tar as tongue gymnastics go, but really I never thought they could speak so well and to the point. But the subject was an inspiring one—Women Suffrage!

Now, I wonder, are there any suffra-gettes among my readers of the Corner? I piously and sincerely hope not. I pic-ture all my lady friends as nice, modest colleens that would be scared to death

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as your summer dress.

deliver his message to the world in spite of discouraging conditions. But most people are so susceptible to influences about them and so overpowered by discouraging conditions and inhospitable environment; so disheartened by people who do not understand them and by the obstacles which hedge them about, that they can not overcome the difficulties which bar them from their ambition. Kelloggis

PACKAGE

A breakfast in itself. Try it tomorrow morning with a baked difficulties which bar them from their ambition.

Many of those who are doing little, mediocre things to-day are capable of and might be doing great things, if they would only learn to control their thoughts and focus their minds in the right direction; if they would form the habit of putting their minds into harmony each morning, of neutralizing the enemies of their peace, comfort and achievement; substitute for all the things that weaken and poison, like fear, worry, anxiety and jealousy, the opposite thoughts—courage, calmness, peace and love. apple. Smother them in cream, and sugar to your taste.

TOASTED

The right food for the start of the day. Kellogg's contains substance of the sort for building bone and making muscle.



boy should be afraid to confide in his mother, or fail to realize that she is his best friend. She alone remains faithful when all others fail, the last to accuse, the first to forgive. Mothers, let your boys know that you have faith in them, that you expect something from them. It lies in z mother's power to shape and mold character. A boy can never forget his mother. Her teaching and influence will live in his life and character. If I may add a word to boys, let me

Y. Freeman's Journal.

Character is still easier to attain if one will not sacrifice the good, the true, the useful. And while a good name may not equal great riches when it comes to slips of paper we call checks, it is certain beyond peradventure that here it is the best sort of wealth, and that in any ideal existence spech as we are told to hope for it will represent the only wealth.

So when the choice is offered you, as it is offered anew each morning of your life, choose a good name, not because

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J. B. (Manotick). I cannot at present give you the address wanted, but I will note it and let you know later on.

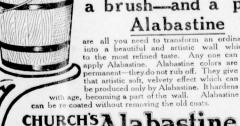
Several anonymous letters received. If writers wish them attended to let them please forward name and address—them please forward name and address—too for publication. Address "Columba," St. Peter's Cathedral, Peterboro. Ont.

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Thousands of people who are constantly handicapped by the discouraging suggestion of po

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