

is my Shepherd, and I know, I shall not want. And honey," she added to her gloomy friend, "its all dem *supposes* as is makin' you so mis'able. You'd better give dem all up, and just trust de Lord."

There is one text that will take all the "supposes" out of a believer's life, if only it is received and acted on in childlike faith: it is in Heb. xiii. 5, 6,—
 "Be content, therefore, with such things as ye have; for He hath said, I will never leave thee, nor forsake thee. So that we may boldly say, **THE LORD IS MY HELPER AND I WILL NOT FEAR WHAT MAN SHALL DO UNTO ME.**" What if dangers of all sorts shall threaten you from every side, and the malice, or foolishness, or ignorance of men shall combine to do you harm? You may face every possible contingency with triumphant words, "The Lord is my helper, and I will not fear what man shall do unto me." If the Lord is your helper, how *can* you fear what man may do unto you? There is no man in this world, nor company of men, that can touch you, unless your God in whom you trust shall please to let them. "He will not suffer thy foot to be moved: He that keepeth thee will not slumber. . . . The Lord shall preserve thee from all evil: He shall preserve thy soul. The Lord shall preserve thy going out, and coming in, from this time forth, and even for evermore." Ps. cxxi. 3, 7, 8.

Nothing else will completely put an end to all murmuring or rebelling thoughts. Christians often feel at liberty to murmur against man, when they