with old and young, some older, I fear, than they were willing to admit, but each and every one imbued with the one idea—to render to England what help he could. Canada at all costs must stand under the majesty of the British flag.

I enlisted in the 72nd Seaforth Highlanders of Canada at Vancouver. We mobilised on 10th August, and were temporarily housed in the skating rink. Here the work of equipping one's self for the fighting line began in real earnest.

Space forbids to dwell at any length on my experience in Vancouver; suffice it to say we were well cared for and kept hard at work, but as the days wore on we became more and more impatient—impatient to get nearer to the Front. At last the order came to prepare for the journey to Quebec. And here let me say something in passing as regards the distances in Canada. From Vancouver to Quebec takes just exactly six days and six nights, and I mention this to bring home to you the difficulties Canada had to encounter in the way of mobilisation.

But I will have occasion to refer to this later on. Before leaving Vancouver each volunteer was supplied with a full rig-out—warm underclothing, socks, boots, overcoat, hair brush, razor, sweater, gloves, etc.

We left Vancouver on Saturday amid wild enthusiasm. We reached Valcartier, our camping ground, on the following Friday. If the send-off was enthusiastic in Vancouver, it was no less so all along the route. No one can over-rate this enthusiasm, and for long years to come residents of the many towns and villages will remember the scene when the Canadian Highlanders passed on their way to the Front. We received every consideration at the hands of the C.P.R. They fed us well and provided mattresses and pillows for the long journey. As I say, we reached our camping destination six days after leaving Vancouver. It were impossible to conceive a place better suited for mobilisation than Valcartier. It is within easy reach of Quebec, yet sufficiently far from the madding crowd. Here we got our first taste of life under canvas. It would take far too long to give