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Used in Millions of Tea-Pots Daily

The Revolt From Eour Walls

By C. COURTENAY SAVAGE.

"Any man could be proud of her!"
John Baker said quietly, "I certainly am. What do you make out of this husiness?"

One of the latest trium;
one of the latest trium;
grape sugar, from sawdust.
The sawdust is treated w

am. What do you make out of this business?"
"Well," Guy paused long enough to think it over. "It looks mostly like a stunt to frighten the community. The bombs were small?"

The bombs were small?"

"Yes."

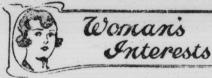
"Then I rather imagine it's a case of frightening people, and probably use the scare as a start for some bigger scheme."

"Exactly. And we've got to be exactly one jump shead. In the meantime it might be a good idea to send word to a few of the more reliable men around here—the fellows you are sure you can trust, to drift down this way.

The sawdust is treated with acid by

a new process, and enormous supplies of sugar may be anticipated from the results obtained.

Quantities of motor spirit are ob-



good one for the best physical de-

Choosing the Day's Food. the mineral salts which they contain Choosing the Day's Food.

While it is ersential that every one have foods from the five food groups in order to be kept in the best physical condition, it is not necessary that we have all five classes at every meal, or even every day. There can be occasional lapses of a few days when the family goes without some class without any special harm resulting, but no one can eliminate one class for several weeks or months without suffering. For example, the quickness with which under-nourished children who never had milk, add

without suffering. For example, the quickness with which under-nourished children who never had milk, add flesh when they drink two quarts of milk a day—or even one quart—shows the necessity of milk in the dictary of grawing children. However, while we do not require vege-tables or fruit, meat, eggs or milk, cereals, fats and sweets at every cereals, fats and sweets at every meal, we should aim to have all five every day.

The typical Canadian breakfast is flavor with onion juice. The typical Canadian breakfast is

Silver in the control of the control

Sweet and Movin'."

Hard to be sweet when the throng i When e bows jostle and shoulder Easy to give and to take offence

When the touch is rough and the voice is loud; to the right" in the city's throng: "Divide the road" on the broad

highway; e's' one way right when everything's wrong; "Easy and fair goes far in a day." Just "Keep sweet and keep movin'."

The quick taunt answers the hasty

The lifetime chance for a "help" is missed: The muddiest pool is a fountain stir-

A kind hand clinched makes an ugly When the nerves are tense and the mind is vexed,

The spark lies close to the maga Whisper a hope to the soul per-Banish the fear with a smile ser

kinds of furs have gone up in an astonishing way.

The United States Biological Survey cites the case of a man who in 1913 bought a mink-lined coat for \$500. After wearing it four years he sold the lining for \$1,000 and replaced it with nutria at a cost of \$150. In 1917 he sold the nutria lining for \$250 and put in a muskrat lining at a cost of \$75. Last year he sold the muskrat lining at a cost of \$75. Last year he sold the muskrat lining at a cost of \$75. Naturally, the high prices obtainable for furs have incited trappers and the survey of the property of the case of the case of \$150. In 1917 he sold the nutria lining for \$250 and put in a muskrat lining at a cost of \$75. Last year he sold the muskrat lining the energy is wholly different, and the hope that this will eventually be accomplished economically to furnish power for running machinery, etc., is not without substantial basis.

Prof. A. A. Campbell-Swinton urges that, by methods analogous to those which have produced such fruitful results in wireless communication, it may be possible to convert the energy of this will eventually be accomplished economically to furnish power for running machinery, etc., is not without substantial basis.

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Prof. A. A. Campbell-Swinton urges that, by methods analogous to those the square inch—equivalent to sixty-three horsepower per acre of land occupied by the plant. The latter is used in connection with irrigation work.

In some tremarkative suit energy to date is located and operated at Meadi, near Cairo, in Egypt. It consists of five 205-foot bollers placed on dege and in the focus of five constant the focus of five cob-foot believe placed on de

Quantities of motor spirit are obtained from sawdust and wood, and the production of sugar is only another example of the way in which chemists to-day are obtaining useful products from almost every kind or waste material.

The tongue of a giraffe measures, on an average, two feet in length.

Maturally, the high prices obtainable for furs have incited trappers and gunners to extra efforts in the pursuit of fur-bearing animals, which in consequence are decreasing in numbers at an accelerated rate. The draining of marshes has a tendency to wipe out the muskrats. The only hope for furbearing animals lies in their domestication—i.e., in establishing preserves for them where they will be safe from molestation.

Naturally, the high prices obtainable for furs have incited trappers and gunners to extra efforts in the pursuit of sunshine directly into usable electrical energy.

The glowing surface which the sun presents to us (considering it as a flat disk) has the enormous area of 585,-750,000 square miles, each square foot of which emits energy equivalent to the advantage of eliminating coat of the learth at noon on a clear day in middle latitudes is about 5,000 horsepower per acre.

Onlu \$100 and After Trial

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Take Home a Smile. Home is the place where the laughter should ring.

Let the cares of the day be as great anvil, brought down his heavy ham-

as they may,

The night has been fashioned for rest.

The work was soon finished, and as the farmer drove home he remember-

of dishes and add tremendously to their nourishing value if you use plenty of

The Blacksmith's Farnace.

As the farmer rode his mower round and round the field of timothy hay there was a sudden jar and a snap. The outer bar had broken and the machine would not work. Turning his team, he drove back to the

With the broken cutter bar in the back of his spring wagon, he drove to the village. There were two or three other men in the blacksmith's shop when he drove up. One of them was having a tire tightened and the other

ploughshare sharpened. As he waited and talked he saw the wagon tire heated in the furnace, cut and heated again and welded together and then heated all the way round before the blackomith put it back on the wheel. The ploughshare was also placed in the furnace before it was aid on the anvil to be hammered out

to a sharp edge.

When his turn came the blacksmith ook up the two pieces of the broken cutter bar and remarked, "You must have tried to cut an inch bolt in two from the way you have jammed it up. I'll put it into the fire and see what I can do with it."

And man should be found at his took them out and, laying them on the

Wise Men Sav-

That if we never had clouds we wouldn't appreciate sunshine.

That staying power is more import-

ant than braying power.

That the best education is that got by struggling to make a living.

That work is what you make it, your best friend or your worst enemy.
That the rungs in the ladder of suc-

cess are composed of difficulties.

That persistence is half of achievement. It cuts its way through by the very constancy of its attack. It knows no failure because it admits no failure.