

This and That

BERT AND THE BEES.

Bert had three buckets of water to bring from the spring. They were pretty big buckets, and the spring was at the foot of the hill. The weather was getting warm, too. He tugged away at one bucket, then he lay down on the back porch to rest.

"Hello, Bert! sun's not down yet," said his father, coming into dinner from con-planting.

"I wish I were a big man," said lazy Bert "and didn't have to carry water."

"But you should have to plant corn and sow wheat, and cut and reap, and thrash and grind," laughed his father.

"I don't mean to work when I'm big," grumbled Bert.

"Then you'll be a drone," said his father. "What is a drone?" asked the little boy. "A bee that won't work; and don't you know that the bees always sting their drones to death, and push their bodies out of the hives?"

The father went off to wash for dinner, and Bert dropped asleep on the steps, and dreamed that the bees were stinging his face and hands. He started up, and found that the sun was shining down hotly on him stinging his face and hands sure enough.

He hurried down to the spring, and finished his job by the time the horn blew for dinner. "Father," he asked, while he cooled his soup, what makes the bees kill their drones?"

"God taught them," answered his father, "and, one way or another, God makes all lazy people uncomfortable. Doing with our might what our hands find to do is the best rule for little boys and big men; and I wouldn't be surprised if the angels live by it, too."—Christian Leader.

THE LITTLE PEANUT MAN.

Whoever heard of making a man out of peanuts? It can be done, however, by any boy or girl, and a queer figure it will make

ART OF REST.

May be Acquired and Used With Great Benefit.

Complete and restful pose of the body and mind is an art not easily gained.

Perhaps nothing brings one as much content, comfort, happiness and pleasure as those conditions of easy restful, resourceful and well balanced mind and the daily life happy and peaceful.

The nervous-housewife busy with a hundred duties and harassed by children; the business man, worried with the press of daily affairs, debts, etc. cannot enjoy the peace and restful repose and healthful nervous balance unless they know how.

There is a way. First and foremost the stomach must be consulted. That means leaving off coffee absolutely, for the temporary stimulant and the resulting depression is a sure ruin to the nervous system, and the whole condition of health and happiness rests on the stomach, nerves and mind.

Start with the stomach, that is the keystone to the whole arch. Stop using things that break down its power, use its nervous energy and prevent the proper digestion of the food and consequent manufacture of healthful blood and nerves, brain and tissues.

When you quit coffee take on Postum Food Coffee. That is like stopping the payment of interest and starting on a career when you are loaning money and receiving interest. The good results are double. You stop poisoning the system with coffee and start building up the broken down nerve cells by powerful elements contained in Postum. These are pure food elements ably selected by experts for the purpose of supplying just the thing required by Nature to perform this rebuilding.

These are solid substantial facts and can be proven clearly to the satisfaction of anyone, by personal experience. Try the change yourself and note how the old condition of shattered nerves and worried mind changes to that feeling of restful poise of a well balanced nervous system.

The managing physician of a hygienic sanitarium in Indiana says that for five years in his practice he has always insisted upon the patients leaving off coffee and taking Postum Food Coffee with the most positive, well defined results and with satisfaction to the most confirmed coffee-toper.

The Doctor's name will be furnished by the Postum Co., Ltd., Battle Creek, Mich. Look in each package for a copy of the famous little book, "The Road to Wellville."

to hang up somewhere for your friends to admire.

One peanut makes the head, on which you must mark with a pen the eyes, nose, mouth, ears and hair, and you may give him a beard if you choose.

Now, by means of a long needle and a strand of thread, string together three peanuts, end to end, for the little man's body, two for each arm and two for each leg. Select two very small ones to make the feet, marking them with a pen to represent shoes.

But he will be a queer man, indeed, if you leave him in this condition, for he is a civilized little fellow, and must have some clothes. If you are a girl, make him a suit yourself; if you are a boy, get your sister to make it for you.

To give him a gay look, suppose you make his coat of red tissue paper, his trousers of yellow and his leggings of green. Then finish him off by pasting the cup of an acorn on his head as a hat, and to this attach a thread, by which you can hang him up.

Try it, and see what an odd little fellow he will be.—Brooklyn Eagle.

A GOOD TIME COMING.

The Christian belongs to God. He belonged to God before he became a Christian but in the way that a rebel is under the jurisdiction of his sovereign or as the prodigal was the son of his father. It is impossible for any one to live in this universe and not belong to God, body, soul and spirit, person and possessions; but many do live without acknowledging God's right to rule them, and without any spiritual relationship or comfort. When one becomes a Christian he gives up his rebellion and waywardness and assents to the truth that he belongs to God, and that God has a perfect right to all that he is and all that he has.

Here the struggle ceases. Henceforth there is peace in his heart and service in his life. If he has made a full surrender of his life to God, he commences here a life that is full of satisfaction. He looks upon himself as a steward of God. He is not his own master, to do with himself as he wishes, for he has himself under the unquestioned control of Christ, and now Christ's wish and rule are the only law of his life. He is at peace. His emotions, thoughts, words and actions are under the divine control. The occasional lapse or misstep only emphasizes the fact that he wishes Christ to be the absolute ruler of his life.

In the service which he renders he finds the same thing. All that he has belongs to Christ. His time, his talents, his influence and all his property are given him from on high to use as a sacred trust. It is only the occasional one that the command comes to sell and part with everything as a condition of discipleship. The most of Christ's followers are to keep what is put in their hands and use it for him. Some may have five talents, some two and some one, and they are to use it as Christ desires. The wealth of this world has to be in the hands of certain people. It is better to be in the hands of Christians who will use it aright than in the hands of worldlings, who may use it in opposition to righteousness.

It would be a blessed thing if all the wealth of the world were in the hands of true Christians, who would use it all for the glory of Christ. Wealth is not an evil of itself or God would not have created it. We do not believe that matter is essentially sinful. If it is used properly it may be made to glorify God. Sanctified wealth is a power in the world today, made use of wonderfully for the promotion of the spiritual kingdom of God. When Christians use aright all that they have, and when they come to control the world, spiritually and materially, this world will be full of righteousness and peace. Herald and Presbyter.

The vice of envy is not only a dangerous but also a mean vice, for it is always a confession of inferiority. It may provoke conduct which will be fruitful of wrong to others, and it must cause misery to the man who feels it. It will not be any less fruitful of wrong and misery if, as is often the case with evil motives, it adopts some high-sounding alias. The truth is that each one of us has in him certain passions and instincts, which, if they gain the upper hand in his soul, would mean that the wild beast had come uppermost in him.—Theodore Roosevelt.

Baptist Periodicals
 Represent culture and fruit
 not surpassed by any others

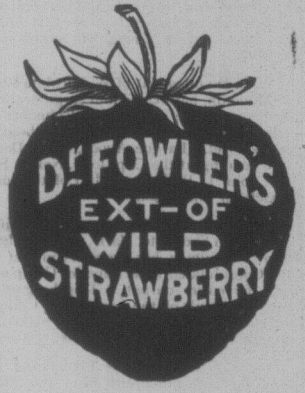
Announcement of Important Changes

Beginning with 1904, the quarterlies will be greatly improved and enlarged. The Senior will be 48 pages, and will be finely illustrated. The *Advocate* will also be enlarged and illustrated. Important changes will be made in the *Teacher* and *Superintendent*. The prices of some of the illustrated papers will be reduced and their contents and appearance greatly bettered. A new periodical, *Our Story Quarterly*, for beginners will appear early in the new year.

MONTHLIES		LESSON LEAFLETS	
Baptist Superintendent	7 cents	Bible Intermediate	1 cent each
Baptist Teacher	10 "	Primary	per copy per quarter
Biblical Studies, for older scholars. NEW (monthly). 7 cents each per quarter! 25 cents each per year!		Picture Lessons	
QUARTERLIES		Bible Lesson Pictures	
Senior	4 cents	per quarter!	
Advanced	2 "	HOME DEPARTMENT SUPPLIES	
Intermediate	2 "	OF ALL KINDS	
Primary	2 "	Senior Home Dept Quarterly	4 cents
per copy per quarter!		Advanced Home Dept	2 "
per copy per quarter!		per quarter!	
ILLUSTRATED PAPERS			
Young People (weekly)	13 cents	50 cents	per year!
Boys and Girls (weekly)	6 "	25 "	per year!
Our Little Ones	5 "	20 "	per year!
Young Reaper (semi-monthly)	2 "	14 "	per year!
Young Reaper (monthly)	2 "	7 "	per year!
(The above prices are all for clubs of five or more.)			
Good Work (monthly) 15 cents per year! In clubs of ten or more, 10 cents per year!			

American Baptist Publication Society
 NEW ENGLAND HOUSE, 256 and 258 Washington Street, Boston, Mass.

A Standard Remedy
 Used in Thousands of Homes in Canada for nearly Sixty Years and has never yet failed to give satisfaction.



CURES
 Diarrhoea, Dysentery, Cholera, Cholera Morbus, Cholera Infantum, Cramps, Colic, Sea Sickness and all Summer Complaints.

Its prompt use will prevent a great deal of unnecessary suffering and often save life.

Price, 50c.

The T. Millburn Co., Limited, Toronto, Ontario.

"I WONDER."

"Wonder who's moving in? Wonder if they've got boys? Wonder what kind of a fellow that new boy is? Bob stood by the window and watched for two rainy days. Then he went out to play; so did the new boy. Bob's ball rolled Frank's way; he tossed it back and the play began.

"I think he's a good kind of a boy for me to play with, mamma," Bob said at bedtime.

"He plays fair, and he laughs when things happen, 'stead of saying words or getting cross.

"I wonder if your the kind of a boy to play with? mamma queried, with her arm around Bob. "For my boy doesn't always laugh, and I thought it looked as though things had to be done Bob's way pretty often.

"I wonder what he is saying to his mother 'bout me? Bob said slowly. "I didn't mean to be selfish. If it isn't good to night it shall be to-morrow, mamma."

Seven Calls

for office help in ONE DAY. This is evidence of the appreciation of the business public for MARITIME TRAINED office assistants. If you anticipate a course of business training, send for the calendar of "The Good School."

KAULBACH & SCHURMAN,
 Chartered Accountants,
 MARITIME BUSINESS COLLEGE,
 Halifax, N. S.

Free!

Here and there you'll find a dealer who does not sell that English Home Dye of highest quality, Maypole Soap, but such cases are rare. If a woman can't get Maypole let her write to the Canadian Depot, 8 Place Royale, Montreal, and receive by return mail a free book on successful home dyeing. We'll also tell you where you can get

Maypole Soap
 10c. for Colors. 15c. for Black.

Wanted.

FOR ACADIA SEMINARY.—A steward and matron, cook and two dining room girls.

FOR COLLEGE RESIDENCE.—Assistant cook, two dining room girls and woman to care for students' rooms, corridors, etc.

For full information apply to
 A. COHON,
 Treas. Acadia University,
 Wolfville, N. S.
 Sept. 4.

EDGECOMBE & CHAISSON,
 High Class Tailors.

They have always in stock all the latest patterns in Worsted and Tweed Suitings.

Also a full line of Black Cloths suitable for Gentlemen's Frock Suits, including the newest material for full Dress Suits and Clergymen's Outfits.