found it highly satisfactory. Perhaps the best evidence I can give you of our appreciation of your ment lies in the fact that I have a superior of your ment lies in the fact that I have a superior of your ment lies in the fact that I have a superior of your ment lies in the fact that I have a superior of your ment lies in the fact that I have a superior of your ment lies in the fact that I have a superior of your new scale with the scale with the superior of your new scale with the ment lies in the fact that I have given your Mr. Dies an order for ten new pianos

ES.

SHIRT

O K E

FOR

## Can't Afford **Handicaps**

If Coffee clogs your mental or physical machinery and keeps you from doing your best, you might make money by quitting.

And you can be helped greatly by

## **POSTUM**

Postum Cereal Co., Ltd., Battle Creek, Mich., U.S.A.

The Leader for 125 Years

Walter Baker & Co.'s

Chocolate & Gocoa

It is a perfect food, highly nourishing, easily digested, fitted to repair wasted strength, preserve health and prolong life.

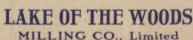
A new and handsomely illustrated Recipe Book sent free.

Walter Baker & Co., Ltd. DORCHESTER, MASS.

45 Highest Awards in Europe and America Branch House, 86 St. Peter St., Montreal, Can.

## FIVE ROSES PLOU

is the best flour for any cook, as its uniformity is such that it does not require different methods of using every Baking Day. It is equally good for bread and pastry or fancy baking, and will give satisfaction when all ordinary brands fail.



St. John, N.B.

London, Ont.



Mela

ry it once and you will use no other kind.