THE TORTURES OF RHEUMATISM

Happily Stopped When He Began To Take "Fruit-a-tives"

3 OTTAWA ST., HULL, P. Q.

"For a year, I suffered with *Rheumatism*, being forced to stay in bed for five months. I tried all kinds of medicine without relief and thought I would never be able to walk again.

One day while lying in bed, *I read about "Fruit-a-tives"* the great fruit medicine; and it seemed just what I needed, so I decided to try it.

The first box helped me, and I took the tablets regularly until every trace of the Rheumatism left me."

LORENZO LEDUC.

50c. a box, 6 for $2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

Guide-Advocate

Watford, Ont.

PUBLISHED EVERY FRIDAY

Subscription $2.00 per annum in advance. $2.50 in advance to the United States.

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1500	inches	within a year	10	cents	per inch.
1000	"	"	11	"	"
500	"	"	12	"	"
250	"	"	13	"	"
100	"	"	14	"	"

Short Periods 20 to 25 cents per inch.

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W. C. AYLESWORTH, Publisher.
T. HARRIS, Editor.

Guide-Advocate

Member of Canadian Weekly Newspapers' Association

FRIDAY, APRIL 1, 1921

NOTE AND COMMENT

Chicago has sent 17,000 pounds of soap to Russia, so that the Reds can have a Spring washup.

* * *

An exchange says:—"Hypocrites" was the subject of the discourse. There were a goodly number present.

* * *

There is one thing to be grateful for, and that is that the farmer is not likely to have cause to complain this year that he can't get help.

* * *

The section hands on the railways have been notified that a reduction of wages goes into effect on April 1. The new schedule will be 35 cents an hour.

* * *

Swiss insurance companies are raising rates on women according as they shorten their skirts. Presumably rates for summer are much higher than those for winter.

* * *

The mud is so bad in Hamilton that a brave little girl with an artificial leg got stuck so fast that she had to take off her artificial limb to extricate herself.

* * *

A mild winter, which greatly reduced the mortality rate, has sent the price of coffins down, close to bedrock, according to members of the Northwest Club of Casket Manufacturers, who met in Chicago.

* * *

Nevada has passed a law which might well serve as a model as long as capital punishment is to be continued. Condemned murderers will be put painlessly to death by means of gas, as they sleep.

CATARRH CANNOT BE CURED with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a local disease, greatly influenced by constitutional conditions, and in order to cure it you must take an internal remedy. Hall's Catarrh Medicine is taken internally and acts through the blood on the mucous surfaces of the suytem. Hall's Catarrh Medicine was prescribed by one of the best physicians in this country for years. It is composed of some of the best blood purifiers. The perfect combination of the ingredients in Hall's Catarrh Medicine is what produces such wonderful results in catarrhal conditions. Send for testimonials free.

F. J. CHENEY & CO., Props., Toledo O. All Druggists, 75c. Hall's Family Pills for constipation.

According to a theologian, there is no literal hell of brimstone and sulphur. But we dare say there is something just as good.

* * *

Even the brute beings are now out for prohibition. In Milwaukee an elephant broke down a partition and exposed $60,000 worth of liquor which was at once seized by the authorities.

* * *

It is evident that the only way the Allies can get real indemnity payments from Germany will be by putting their hands into Germany's pockets while they point guns at her head.

* * *

The business man, the manufacturer or the farmer who attempts to carry on operations in the way his grand-father did is regarded as a back number. And towns that do not move forward are placed in the same category. So they should be.

* * *

The abolition of the office of Ontario Fuel Controller should not obscure the necessity of laying in an early supply of coal for next winter. The President of the New England Coal Dealers' Association warns consumers to buy their anthracite now, because they are threatened by a greater shortage next autumn than that of last year.

* * *

The volume of the manufacture and sale of motor vehicles is most marvellous. It is only twenty-two years since the first automobile was made and sold in the United States. Last year no less than one million eight hundred thousand motor vehicles were sold in that country. Ten years ago automobile industries were first established in Ontario and the product of passenger cars to date is some four hundred thousand.

* * *

The British Premier says that his Government is going to seek the aid of the Dominions in exacting full reparations from Germany. The Canadian Government has under consideration the imposing of the 50 per cent. penalty on German goods, and it should not hesitate in joining promptly with Britain in this economic measure. What is the use of fighting for a military victory, if the economic victory is not also attained.

* * *

After hearing the reasons for the reduction of wages in the International Harvester Company plant exchanged by the officials, the Works Council, having conferred with the 2,000 employees, accepted the cut in a spirit of complete harmony. The Works Council is the supreme body governing the operation of the plant under a system of self government among the employees. The wage reductions will range from ten to twenty per cent.

* * *

We hear and read a great deal of prices being on the toboggan. They may be that—but there is little indication that the toboggan is on the slide. Cost of raw materials may in some instances show a decline, but the great factor in the production cost of all manufactured articles is labor, and labor up to the present shows no signs of willingness to accept any reduction in its price. Even in cases where unemployment is rife, there is a disposition on the part of labor to accept starvation rather than lower wages. The old saying that "half a loaf is better than no bread" has gone by the board.

* * *

Citizens who have rifles and revolvers in their homes, whether they be of the ancient flintlock muzzle-loader type kept as curios, of up-to-date hunting weapons or revolvers for protection against burglars, must have a permit from the police to keep such firearms in their homes. It is now compulsory by Federal Law for owners of firearms to have permits. Until recently Canadian-born citizens only need permits to carry weapons while on the streets, and all alien-born had to have a permit to keep or carry weapons. This clause "all alien-born" has been eliminated and it is now illegal for anyone to harbor firearms without a permit. The result of this new law, which was put on the statute books by the combined efforts of the police departments of Canada, has brought about hundreds of applications for permits. Those of town and vicinity desirous of obtaining permits will be required to make application to any magistrate.

Brandon Sun.—In the Dominion of Canada there are all sorts of very patriotic bodies organized to protect the interests and forward the ideals of many other countries to which the members own some affiliation. A man born in any other country than this yearns to show the world of his very justifiable pride in his parentage or the land of his birth. Thus we have separate but very worthy societies, each working to the end that they may uphold love of this or that other land, but what is the matter with Canada? We have no Canadian society no Dominion league, no society purely to promote Canadian sentiment.

* * *

According to coal operators quoted in the Philadelphia Public Ledger the anthracite mines continue to produce full output. How does the New York city coal dealers' association make this statement conform with its recent announcement that prices of anthracite coal would soon have to be advanced unless consumers bought more freely so that the mines could be worked to full capacity? Some time we shall know the truth of these statements and counter statements about coal. Remember the sugar profiteers? Sugar dropped when they had to unload because they could no longer get credit. Will some economic law finally operate to make the coal men disgorge?

IT PAYS TO ADVERTISE

Here's one from the Monroe, Ia., Mirror, that is going the rounds:

Mr. and Mrs. Jorn Adams are the proud parents of a ten-pound boy, who arrived at their home last night.

The Mirror want ads bring results.

EXTREME MISERY DAY AND NIGHT

Follows a Breakdown of the Nervous System.

Misery day and night is the lot of hosts of men and women who are today the victims of weak nerves. Thin, pale, drawn faces and dejected attitude tell a sad tale, for nervous weakness means being tortured by morbid thoughts and unaccountable fits of depression. These sufferers are painfully sensitive and easily agitated by some chance remark. Sleeplessness robs them of energy and strength; their eyes are sunken and their limbs tremble; appetite is poor and memory often fails. This nervous exhaustion is one of the most serious evils affecting men and women of to-day. The only way to bring back sound, vigorous health is to feed the starved nerves, which are clamoring for better blood. This new blood can be had through the use of Dr. Williams' Pink Pills, which have a direct action on the nervous system. That a fair use of this medicine will bring satisfactory results is shown by the experience of Mrs. Marsh, Bass River, N.S., who says: "Following a run down condition, I became practically a nervous wreck. The doctor who was called in said the trouble was inflammation of the nerves. It grew so bad that practically I had no control of my lower limbs, and had to go about with crutches. Quite aside from my suffering I had a small family and a baby in arms to care for and I became much discouraged, as I did not appear to be growing better. One evening my husband met an aged doctor on the street and told him of my condition. He asked my husband who was attending me, and when told said: "I don't want to interfere, but why not try Dr. Williams' Pink Pills." My husband got me a supply of these pills and after taking a few boxes I was able to go about with the use of one crutch. Continuing the use of the pills I was able to discard the other crutch as well, and was as active as ever I had been. There are many in this neighborhood who know what my condition was when I began the use of Dr. Williams' Pink Pills and who know what this medicine did for me, and I hope my experience may help some other sufferer."

Dr. Williams' Pink Pills are sold by all dealers in medicine, or may be had by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Everyone reads the "Guide-Advocate Want Column" on page 4.

PERSONAL BANKING SERVICE

You will find the Sterling Bank in your town a good place to do business.

It is, of course, equipped to transact your financial affairs capably and speedily; but, in addition, its officers will handle this business in a friendly, interested fashion that will make your banking transactions as pleasant as they are satisfactory.

Visit the Manager at any time. You will find him always prepared to take a *personal* interest in your business and to assist you in every possible way. 48

THE STERLING BANK OF CANADA

Banking by Mail

Those living at a distance can do their Banking By Mail just as safely and conveniently as though done in person. Many Farmers save themselves special trips to town by adopting our system of Banking By Mail. The Manager will explain this helpful plan. Write or see him, the next time you are in town. 131

THE MERCHANTS BANK OF CANADA

Head Office: Montreal. Established 1864.

WATFORD BRANCH, - - F. A. MacLEAN, Manager.
ALVINSTON BRANCH, - G. H. C. NORSWORTHY, Manager.

Ford
THE UNIVERSAL CAR

Delivery

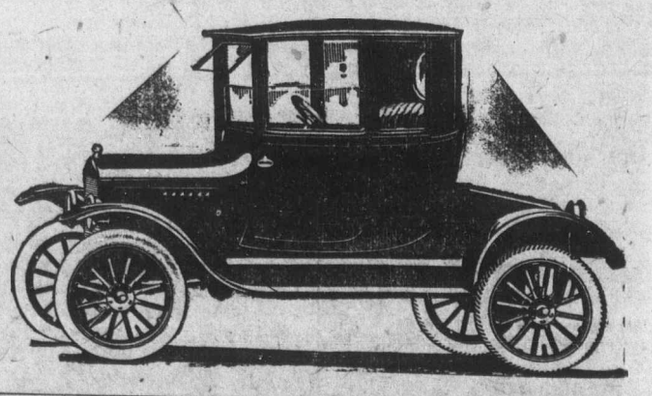
AT PRESENT we can make immediate delivery of Ford cars. This is a bigger advantage to you than you think. Fords are always in demand and our limited allotment is quickly taken up.

Take this matter seriously. Get your order placed right away. Make sure of the model you prefer by securing it now.

You and your family intend to experience the delights of motoring sooner or later. You need faster transportation to take care of your business interests. The Ford is the ideal car for a wide range of uses, for dependability and economy. Get your Ford now while we have the model you want in stock.

Ford owners secure genuine Ford parts without delays. They are the same price no matter where bought. Our skilled mechanics make repairs at a fixed rate. You know the cost of Ford service before you buy it. As one of the 3,000 dealers and Ford service stations in Canada we are prepared at all times to render unequalled service and keep your car always in good condition.

R. Morningstar



CREAM
FLOU
"How's th
for a pie
YOU can also make beautiful light cakes and bread of wonderful whiteness and flavor with Cream of the West Flour.
Maple Leaf Milling Co
Toronto, Winnipeg, Brando
You can procure from the Watf Asso

FOR a thor under good positi
Sarnia
20th CENTURY B
GREGG SHORTHA
45 UNDE

SURPRISE AND PLE
YOUR WIFE
or daughter with the gif Victrola from our shop will be more delighted th can express. The Vict the greatest musical ente in the world. Thousands orite records can be play this instrument.
Victrolas Records Harp

Gro
IT LOOKS AS THOU PARE WITH LAST Y YOU ARE LIVING.
BLACK TEA .....2 lb
WOODS COFFEE .2 lbs
CORN MEAL ....4½ lb
ROLLED OATS ....4 lb
COOKING FIGS....2 lb
CHOICE PRUNES ..2 lb
N. B. H