

ANOTHER SUPREMACY

The oldest of the Great Chain of Lakes.

(From Nature, March 14.)

Mr. A. T. Drummond, in recent Canadian publications, takes the view that Lake Superior is the most ancient of the St. Lawrence great lakes, dating back to Cambrian, and it may be, earlier times, and that while its waters at present more than one period found an outlet to the ocean through the Mississippi valley, the lake formed in other ages one of the sources of a great river system which terminated on the Atlantic seaboard. He traces the course of this river from the Michigan basin, and from Lake Superior across Lake Huron to the headwaters at the entrance to the Georgian Bay. Here its waters were hurried over the cliffs in a great fall more than a mile high. At the lower level, another considerable stream joined it from the north, and the united river then skirted the face of the continuous, shaly precipitous cliffs which cross Ontario to the Lake Ontario valley. Following the course of the escarpment which they created in this valley, the waters eventually reached the sea through the Mohawk and Hudson rivers. At a recent period, the elevation of the land between the Georgian Bay and the Lake Ontario valley, where, through a channel now buried by clay, the Erie River was created. The course from this basin to the Ontario valley was through the great tract in the line of the Hamilton and not over the Niagara Falls. The change in the flow of these waters to the Niagara river was one of the following quaternary in the history of Lake Erie. The Ontario river was at this time a large stream flowing much in the same line as now, while the St. Lawrence was a less important river, taking its rise in the Adirondack mountains, which, at this time, the elevation, blocked the present outlet of Lake Ontario.

The Cause of Prevention.

Under the above heading The New York World of Feb. 10th contains an editorial of which the following are a few extracts:

"Physicians and unprofessional men of some agree that if people would take a little of the pains to prevent disease, they do not have to incur that the quivered world would be much less like a vast hospital than it is now. But the idea of a regular and stated physical examination, even of persons who are apparently well, is an excellent one. The approaches of pulmonary complaints, kidney troubles, and many of the other diseases which are so insidious as not to be apparent to their victims. In nothing is it truer than in disease that prevention is worth a pound of cure."

There is a great deal of wisdom in what The World says. It is a rule, do not prevent disease, but prevent it.

Much has been said and written in recent years concerning the cause and prevention of disease. One of the most common causes of disease is the failure to prevent it. It is a rule, do not prevent disease, but prevent it.

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To the next hundred, \$50.00 in gold and \$10.00 in gold.

To the next hundred, \$25.00 in gold and \$5.00 in gold.

To the next hundred, \$12.50 in gold and \$2.50 in gold.

To the next hundred, \$6.25 in gold and \$1.25 in gold.

To the next hundred, \$3.12 in gold and \$0.62 in gold.

To the next hundred, \$1.56 in gold and \$0.31 in gold.

To the next hundred, \$0.78 in gold and \$0.15 in gold.

To the next hundred, \$0.39 in gold and \$0.07 in gold.

To the next hundred, \$0.19 in gold and \$0.04 in gold.

To the next hundred, \$0.09 in gold and \$0.02 in gold.

To the next hundred, \$0.04 in gold and \$0.01 in gold.

To the next hundred, \$0.02 in gold and \$0.00 in gold.

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