THE EVENING JOURNAL

POLITICS IN LINCOLN.

Much speculation will naturally
associate itself with the political ac-
tivity and the nomination of the
the United Farmers of this county,
who met Saturday and threw their
hats into the ring. The chances of
success here are not so bright as
they are in ridings where the popula-
tion is more preponderately rural.

In most of the ridings in Ontario
where there have been elections with
successful U.F.O. candidates, the
complexion has been much more ag-
ricultural than here. In fact, the con-
stituencies have been made up to a
large degree of farmers actually en-
gaged in their calling and of others
who were living retired in villages
and towns.

It is not the case in Lincoln coun-
ty. Here we have the city of St.
Catharines with 20,000 people, the
towns of Niagara, Grimsby and Mer-
ritton, and the villages of Port Dal-
housie, Beamsville, Smithville, be-
sides other small villages. Out of a
total population of 45,000, at least
30,000 is urban, and while not all of
this is indifferent to the aims and
principles of the U.F.O., it is possi-
ble that a candidate who represented
the urban sentiment would have pre-
ference so far as actual votes are
concerned. It is within the range of
politics on the other hand, that the
weight of public support might go
to a rural man, particularly if the
Labor party were to throw in its lot
with him in order to carry the day.

The situation which has been de-
veloped here affords room for inter-
esting guesses.

AN INSIDE BATH MAKES YOU LOOK AND FEEL FRESH

**Says a glass of hot water with
phosphate before breakfast
keeps illness away.**

Physicians the world over recom-
mend the inside bath, declaring this
is of vastly more importance than out-
side cleanliness, because the skin
pores do not absorb impurities into
the blood, causing ill-health, while the
pores in the ten yards of bowels do.

Men and women are urged to drink
each morning, before breakfast, a
glass of hot water with a teaspoonful
of limestone phosphate in it, as a
harmless means of helping to wash
from the stomach, liver, kidnes and
bowels the previous days indigestible
material, poisons, sour bile and tox-
ins; thus cleaning, sweetening and
purifying the alimentary canal be-
fore eating any food.

Those who wake up with bad breath,
coated tongue, nasty taste or have a
dull aching head, sallow complexion,
acid stomach; others who have bilious
attacks or constipation, should obtain
a quarter pound of limestone phos-
phate at the drug store. This will cost
very little but is sufficient to show
the value of inside bathing.

DO CORNS LEAD TO CANCER?

As yet this has not been proved,
but interested parties will find noth-
ing better for corns than Putnam's
Corn Extractor, 25c at all dealers.

SIX MILLION JEWS NEAR STARVATION

Cold and Disease Add to Sufferings of Destitute Peasants of Poland.

Eastern Europe is the only part of
the world to-day that really under-
stands the meaning of conservation.
In the grimmest sense of the word,
according to reports brought back to
the American Jewish Relief Commit-
tee by relief workers recently return-
ed from these stricken lands.

Not a particle is wasted of any of
the relief supplies sent from America
by the Joint Distribution Committee
of American Funds for Jewish War
Sufferers or by other organizations.
Garbage cans and dump heaps are
naturally unknown quantities in a
region where 6,000,000 Jews—men,
women, and children—are at the
point of starvation. Typical of the
extreme thoroughness with which
these people utilize everything to-day
was the use recently made of a ship-
men of flour, sent to eastern Europe
by American Jewish relief agencies.

The flour itself was used to feed
destitute Jews at the soup kitchens.
White bread is a luxury in these lands
to-day, the taste of it forgotten by
the poor, and none of the flour sent
from America is made into bread as
yet. It goes farther stirred into the
soup issued at the Jewish relief sta-
tions.

In order to make sure that not one
atom of the flour was going to waste,
the seams were ripped from the
sacks, which were then shaken over
the soup receptacles. The next thing
put to use was the cloth of the sacks
themselves. There is practically no
cotton or linen in eastern Europe to-
day, and every scrap of cloth is put
to use.

In this particular case, the sacks
were needed both as shrouds for the
dead, and as cloths in the operating
rooms of the hospital. A part of them
was devoted to each purpose. Both
shrouds and bandages in eastern Eu-
rope to-day have to be made by sew-
ing hundreds of tiny bits of used
cloth together, so these flour sacks
proved a godsend.

The thread which had stitched the
bags together was carefully saved,
also, and used to patch together the
rags that form almost the only cloth-
ing of the destitute Jewish children
in these lands, and to sew together
the scraps of cloth that they wear
around their feet, in lieu of shoes.

In order to help these sufferers,
Canadian Jewish Relief Committee
is making an appeal for funds.

MOTHERS WATCH CHILDREN STARVE

Lack of Clothing Adds to Suffering Among Jewish Residents of Poland.

The patient resignation with which
a mother in Poland accepts what the
fates have in store for her children
who frequently die of starvation be-
fore her eyes, is one of the things
that leaves a lasting impression on
relief workers there.

Jacob Bashein, who has just re-
turned from abroad, where he had
charge of a relief unit for the Joint
Distribution Committee, which dis-
bursed funds raised by the American
Jewish Relief Committee and other
bodies, said that food is distributed
to the children in Lodz on a ration
basis, and that where the small folks
were unable to appear in person be-
cause of lack of clothing or illness
from the "starvation sickness," the
allotment was given to the mother.
On one occasion a little woman with
great hunger-appealing eyes, asked
for four rations. The following day
she appeared again and asked for
only two.

"Two?" repeated the distributing
agent. "Why you received four yes-
terday."

"Yes, but to-day I need only two,
because," and the worker may have
only imagined that he caught a note
of relief in the utter hopelessness of
the curiously quiet answer, "two of
my little ones died during the night."

For the purpose of relieving this
terrible suffering an appeal for funds
is being made by the Canadian Jewish
War Relief Committee, of which full
details will be given later.

JEWS STARVING IN JERUSALEM

Terrible Destitution Caused by Lack of Employment and Shortage of Food.

The street cleaners of Jerusalem
form a picturesque but pathetic tes-
timony to the terrible destitution of
the Jews of that ancient city, accord-
ing to the latest reports received by
the Canadian Jewish War Relief
Committee from relief workers
abroad.

"The problem of employment is so
great in Jerusalem that it is almost
impossible to find work in the natural
way. For this reason, the Joint Dis-
tribution Committee of Funds for
Jewish Sufferers from the War hired
fifty of the most poverty-stricken
Jews who applied to them for aid, to
clean the streets in the Jewish quar-
ter. The youngest of these street
cleaners is fourteen years old. Seven
of the street cleaners are between
seventy and eighty years old, and
eighteen more are between sixty and
seventy years old. None of them have
adequate clothing or food.

A three million dollar Canadian
branch plant is to be erected at Sar-
nia by the Wills Lee, auto corpor-
ation.

The Musical Event of the Season

The Peerless Quartette
FOUR OF THE EIGHT FAMOUS
"His Master's Voice" Record Artists
Who Will Appear in Person at the

PRICES 50c to $1.50   Grand Opera House   PRICES 50c to $1.50
Tuesday, March 2nd

This is not a demonstration of the Victrola. These eight
famous artists will appear in person and actually furnish the
concert themselves.
Tickets Now on Sale at the Theatre

Growth Shows Desire To Extend Army Work

Commissioner W. J. Richards, chief
of the Salvation Army in Eastern
Canada, has completed his fifth year
in that capacity. During that time
the Army has seen one of its great-
est periods of usefulness. This period
takes in the "war years." The great
war had been under way since Aug
and new problems presented them-
selves to the organization when he
assumed command. These problems
required a large measure of initiative
to overcome. The task of rendering
the highest and most efficient ser-
vice was shouldered and Canada paid
tribute to the success which attend-
ed those efforts by over subscribing
the amount asked for during the Red
Shield Drive.

A Forceful Man.

Commissioner Richards is a force-
ful man. He is a man of few words
He believes in doing things. Dur-
ing the five years, more than 11,000
persons are recorded as having sought
salvation. Notwithstanding the losses
due to war, there are today nearly
2,000 more names on the Membership

Specialty Iron Moulders

Wanted to operate moulding machines.
Light work, big pay. Average weekly
hours about fifty. Steady work and em-
ployees insurance.

TAYLOR-FORBES COMPANY
GUELPH, ONT.

NERVES ALL GONE TO PIECES

"Fruit-a-tives" Conquered Nervous Prostration

R. R. No.4, GILBERT PLAINS, MAN.

"In the year 1910, I had *Nervous
Prostration* in its worst form;
dropping from 170 to 115 pounds.
*The doctors had no hope of my
recovery*, and every medicine I tried
proved useless until a friend induced
me to take "Fruit-a-tives".

I began to mend almost at once,
and never had such good health as I
have enjoyed the past eight years.
*I am never without "Fruit-a-tives"
in the house".*   JAS. S. DELGATY.

50c. a box, 6 for $2.50, trial size 25c.
At all dealers or sent postpaid by
Fruit-a-tives Limited, Ottawa.

Roll than there were in this territory
five years ago.

In July, 1915, Canada East was
separated from Canada West, the di-
viding line being Port Arthur. Even
in view of this, there are now only
forty one fewer officers in active ser-
vice in the Eastern territory alone
than there were in the combined ter-
ritories five years ago.

In the Field Report two very strik-
ing indications of financial growth
are given. In 1914, the Self-Denial
total for the combined territories
was $43,726. In 1919, for CanadaEast
alone, it was $75,591. Harvest Fes-
tival returns have been doubled.

Shows Solid Growth.

In all the various departments the
same rate of growth has been re-
corded. This shows that as often as
humanly possible every opportunity
has been seized for the advancement
of every branch of the organization
Inasmuch as every act of service
means the welfare of somebody, the
position which the Salvation Army
occupies today indicates tremendous-
ly increased service to the commun-
ity.

This service has been rendered un-
der the leadership of Commissioner
W. J. Richards. His five years in
Canada have been five big years for
the Salvation Army in Canada, and
give great promise for the future.

The well-known dry goods firm of
Wilkinson, Johnson Company, of
Niagara Falls, N. Y., announce the
establishmnt of Canadian connections
in Canadian invesments in order that
Canadian money may be taken at par.
An advertisement on another page of
this issue, calls attention to the fact.