



## Fletcher's CASTORIA

**MOTHER!** Fletcher's Castoria is a harmless Substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups, prepared to relieve Infants in arms and Children all ages of

Constipation Wind Colic  
Flatulency To Sweeten Stomach  
Diarrhea Regulate Bowels

Aids in the assimilation of Food, promoting Cheerfulness, Rest, and Natural Sleep without Opiates

To avoid imitations, always look for the signature of *Chas. H. Fletcher*  
Proven directions on each package. Physicians everywhere recommend it.

**EASTERN STEAMSHIP LINES, Inc**  
INTERNATIONAL LINE  
Resumption of Passenger and Freight Service between St. John and Boston May 21st, 1924.

**S. S. GOVERNOR DINGLEY** will leave St. John every Wednesday at 8 a. m., and every Saturday at 7 p. m. (Atlantic Time) for Boston.

**Wednesday** trips are via Eastport and Lubec, due Boston about 10 a. m. **Thursday** trips are to Boston direct, due Sundays about 3 p. m.

**RETURN**—Leave Boston Mondays and Fridays at 10 a. m. (Daylight Saving Time) for Eastport, Lubec and St. John.

**FARE \$10.00** **STATE ROOMS \$5.00**

At Boston connection is made via the Boston and New York Line express freight and passenger steamers for New York and points South and West.

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**A. C. CURRIE, Agent** **ST. JOHN, N. B.**

**Best Coal on the Market For Sale**  
Old Mine Sydney & Acadia Coals for Sale by Bbl. Ton or Carload—Place your orders for Coal now—First Come—First Served.

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Oranges, Apples, Bananas, Grape Fruit, Lemons  
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Lettuce and Celery.

A full line of Choice Groceries.  
**Prices Right.**

**H. A. TAYLOR**  
PHONE 48 THE RITCHIE STORE

### N. B. LUMBERMEN ORGANIZE SAFETY ASSOCIATION

The assessment against the lumbering industry in this Province for workmen's compensation have reached such large proportions that the annual assessments have become a very heavy charge on the industry.

These assessments are based on the number of accidents and the consequent amount of money paid out for claims and medical fees.

To reduce these the entire lumbering industry of the Province has become organized as the "New Brunswick Lumbermen's Safety Association" with Mr. F. C. Beattie, Vice-President and General Manager of the Stetson Cutler Company as President and Mr. W. E. Anderson the well-known insurance agent and Broker; St. John; N. B. as Secretary.

Mr. Anderson's extensive experience in handling workmen's compensation insurance when that business was being carried in this Province by the Insurance Companies put him in possession of just the knowledge required in reducing accidents and claim costs.

The lumbering industry as a group realize that if it is to remain in business something must be done to cut down the present very large financial outlay they are obliged to make for workmen's compensation and the purpose of the Safety Association will be to work in close co-operation with the Workmen's Compensation Board and the Factory Inspector in a determined effort to reduce the number of accidents to employees in the lumbering industry.

### The Need of Talking

Shy people are nearly always embarrassed on meeting strangers by what they feel is the necessity of finding something to say. Usually they are unable to think of anything that is not flat and commonplace; and rather than utter a remark that they feel would stamp them in the stranger's mind as stupid they remain silent and wait for someone else to introduce a topic that will be of common interest. Sometimes relief of the desired sort is forthcoming and sometimes it is not. When it fails the commonplace utterance seems finally less painful than a prolongation of the silence.

What the shy person seldom learns, however frequent the experience is that commonplace speech may be as useful as brilliant equanimity or scintillating wit—usually indeed more useful—in establishing a friendly relation with another human being. Talking as a means of impressing your individuality is not altogether dependent on the value of the thing said. The mere act of speaking; the play of the lips; the light that flashes from the eyes; the sound of the voice reveal the speaker as silence cannot reveal him. It would be absurd of course to minimize the importance of good talk; of having something genuine and interesting to say; but most persons and especially most persons who are shy do not emphasize sufficiently in their minds the

### TOO MANY HOME CARES

One Reason Why so Many Women Are Weak and Run-Down

The work of the woman in the home makes greater demands on her vitality than men realize and there is always something more to do. No wonder women's backs ache and their nerves are worn out. No wonder why they get depressed and irritable; suffering from headaches and always feel out of sorts. But of course all women are not like that. What is the difference?

A woman with plenty of healthy red blood in her veins finds work in the home easy; her vitality is at par. This points the way to health in women who feel run down and depressed. Make new rich blood. You can do it with Dr. Williams' Pink Pills. These pills have the marvellous property of building up the blood and toning up the nerves. That is proved by the case of Mrs. H. Eppinger Scott Street; Vancouver B. C. who says:—"Dr. Williams' Pink Pills brought back my health and strength and restored my nerves to normal after the birth of my second child that I became so anaemic and nervous that I thought my mind as well as my strength would go. I tried several medicines but got no relief until I was advised to try Dr. Williams' Pink Pills. After using a few boxes of these I could see a change. I felt stronger; my appetite was better; I slept better and my nerves were stronger. I continued the use of the pills for some time and again found myself a well woman and I can sincerely say that my health has since been the best. I can cheerfully recommend the pills to all weak run-down women."

If your dealer does not keep these pills you can get them by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.



**Babies thrive on it!**

**FREE BABY BOOKS**  
Write to The Borden Co. Limited, Montreal, for two Baby Welfare Books.

value of opening a conversation in even the most trite and obvious way; with a commonplace or a triviality if nothing better suggests itself. It is through such openings that sympathetic ideas and emotions often make their way from one mind or heart into another.

As everyone knows there are some persons who when they are with others feel it incumbent upon them to be always talking. It is all right to begin to talk out of a desire to be companionable; it is all wrong to talk on and on for no other reason than a desire to be companionable. Once companionability is established speech ceases to be an obligation; it comes spontaneously and it ceases at will. In the society of a silent person a man can always take refuge in his own thoughts; in the society of an incessant chatterer there is no refuge.

**LOBSTER FACTORY BURNED**  
The lobster factory of the A. & R. Loggie Co. at Grand Anse, N. B. was totally destroyed by fire recently. The building had not been used for several years except for the storing of boats and traps.

## First Impressions Are Important

In a world where appearances are valued as indexes to character, *Your Stationery* should represent you worthily—always and everywhere. That atmosphere of character and refinement, which should distinguish all self-respecting correspondence is assured when you place your stationery order with us. If you allow us to furnish your

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they will reflect the dignity and self-respect of the discriminating, and be an excellent advertisement for your business, for a business man may be judged by the quality and style of his printed matter.

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is without doubt the best equipped on the North Shore, and consequently in a position to turn out all kinds of Job Printing *Neatly, Promptly and Satisfactorily*, at very reasonable prices. We are constantly adding new type and material to our already up-to-date equipment, and we have recently put in several of the newest type faces manufactured.

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to YOU the truth of the above statement by giving us a trial order for any of the above mentioned office requisites, or an order for

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## The Advocate Job Department

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**Everything in Printing.**

### SATISFACTION

A seemingly low price for an article is always attractive, but unfortunately frequently misleading. How often is heard the remark—"I would rather have paid a little more and got the quality I wanted."

As a matter of fact that "little more" was necessary to obtain the better quality. Good goods require a higher price to be good.

There are cheaper teas than "KING COLE"—but would you be satisfied with their quality?

