Young Folks Circle"

"Content I live; this is my stay.

I seek no more than my suffice;
I press to bear no haughty sway,
Look! what I lack my mind supplies.
So thus I triumph like a king.
Content with what my mind doth bring.

"My wealth is health and perfect ease;
My conscience clear, my chief defence.
I never seek by bribes to please,
Nor by dissent to give offence.
Thus do I live, thus will I die;
Would all did so, as well as I."

-W. Byrd.

GRIT

What makes the troubles of every day Break like bubbles and fade away? Grit.

What wins a victory from defeat? What never knows it when it's heat? What have men honored since time be-

ganf What makes a man want to be a manf

Brother, take heart when ill winds blow; Work on, hope on, be a man, and show your

My Dear Nephews and Nieces:—Well done, boys and girls! It is good to see so many letters from you all and to know that you are taking up the idea of the Progress Club for the coming spring. Even if you live in a town, I am sure there are plenty of vacant lots that the owners would be glad to let you have if you explain the idea to them. In a very short time, I am going to open up a cookery class for the girls.

I have several correspondents in Japan, Ceylon, in the United States, and various other parts who would be glad to correspond with our Canadian boys and girls. Now, what do you think? Would you like to nave a picture post card exchange? One of my little friends has received no less than 250 exquisite views from these corres-250 exquisite views from these correspondents. Now, boys and girls, hurry up and let me know how many of you would like this picture post card ex-change, and who would send post cards and keep up the correspondence regu-

Your own, UNCLE WEST.

PRIMITIVE WIRELESS TELE-GRAPHY

The "Tunduy" and Its Uses.

It has been observed by travellers that savage races have ways of conveying news to distant places which are beyond the white man's power to understand. It is a mystery, for the natives either will not or cannot explain. Thus in time of war it is well to observe the manner and gestures of to observe the manner and gestures of the natives, for they probably have already the news which will not reach the general for several days. How is it done? No doubt each country and each race has its own method, which has been handed down to them from a past age of which they have no record.

past age of which they have no record. A traveller in the outlying and ittle known parts of Peru has told us of the means used to this end by the people of that country. He had with him a small party of natives, who acted as carriers and guides, and he was making his way from one primitive village to another, studying at his leisure the customs and character of the people. One day he heard a noise for which he could not account. It was a long-drawncould not account. It was a long-drawn-out wail, which seemed to quiver upon the breeze and was repeated two or three times. He knew of no animal or bird capable of producing such a sound, so he inquired of his guides. "It is the Tunduy," they said; but what the Tun-duy might be was not explained. It was two hours before the party reached the next village, and the guides at once pointed out the Tunduy, which turned out to be no less than a primitive tele-graph office, and, as it was worked graph office, and, as it was worked without wires, it may be truthfully called a kind of wireless telegraphy, which had been in use thousands of

years before Marconi's great discov-

The Tunduy is the portion of the straight trunk of a tree, two yards in length. The centre of this block of wood is hollowed out by fire or by friction with hot stones, making a pipe wood is hollowed out by fire or by friction with hot stones, making a pipe about eighteen inches across. This is pierced by holes, varyfing in size and position. The Tunduy is suspended from the bough of a tree by a rope made of strong fibre, and another rope of the same kind is fastened to the lower end and tied to a strong stake, which is driven deeply into the ground so that the apparatus is held rigidly tight and firm. When the message is to be sent, the chief strikes the Tunduy with a cudgel, and it emits a moaning cry which is carried by air currents to a great distance. The Tunduy is struck once, twice, or many times, and the message is conveyed by the number and once, twice, or many times, and the message is conveyed by the number and rapidity or by the interval between the strokes. The code, it will be seen, is not very different to the Morse telegraph code. By this simple means friends can be warned of danger, or summoned to fight against an enemy. Whatever it might be, the message is always understood. ways understood.

The word Aster means "Star-like." Can you tell me why these plants were so named?

Some of you may think of asters only as garden flowers; but the kind that you see in the garden is the China aster. I am now speaking of the wild asters, white and blue and pink, that bloom in field and wood and along roadsides all the autumn.

Find as many different asters as you can. Some day the teacher may let you have a language lesson on asters to learn the ways in which they differ one from another, for asters do differ in color, size of blossom head, kind of stem, leaves, and in other ways. It is interesting to learn about them.

- Note size of blossom. Color.
- Is the stem slender or stout?
- Are the leaves heart-shaped or longf
- What is the length of each stemf
- 5. How does the aster look when it has gone to seed?

MUSIC IN HOME LIFE

Did you ever stop to think how important music is to our existence? I am not speaking about operas, or concerts, or recitals. I refer to that kind of music which is the spontaneous expression of bubbling-over joy, good cheer, harmony health.

harmony, health.

A home without music is a jail, because where music is not present there is a lack of freedom of thought and harmony of action.

Music and cheer are first cousins. There are many good people who don't know how to express the music that is in their soul. They need help, assistance, music books and musical instruments.

Music is contagions

Music is contagious.

Music is contagious.

Ofttimes one good, pure soul can express in song, thoughts and aspirations which will do people a thousand times more good than sermons or philosophy. The current of many a bad man's life has been turned toward good as a result of one unlifting song.

result of one uplifting song.

Good music seems to unlock the doors and let human affection out into the sunshine. There is a pile of good in everyone, and music seems to have the effect of bringing the good to the surface, giving it a chance to manifest it-self.—From Home Life.

TODAY IS THE TIME TO DO

That which you would wish you had said to a friend if you heard that the friend is dead, is the very thing for you to say to that friend today; for that friend who is alive today may be dead tomorrow. Today is the only accepted time for any duty that must be done at some time.—Sunday School Times.



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