elle.

THE POET'S CORNER

AT THE TOP OF THE ROAD.

'But Lord," she said, "my

I have been used to bear the

'And see, the hill is passed,

"Yet," said the stranger. "yield me

Amid long sunlit fields; around then

"My Lord," she said, "the land is

Smiling, he answered: "Was it not

"There?" In her voice a wondering

Was I not always here, then, as to-

He turned to her with strange deep

'Knowest thou not this kingdom

'Nay," she replied; "But this ]

That Thou art Lord of Life in this

'Yea, child," he murmured scarce

'Lord of the land! but men have

GOD KEEP YOU.

God keep you thro' the silent night

Your pillow from all perils, dear

From dark to dawn I pray His love

And watch you, hovering ever near

breeze, and birds and rive

ders still are strong

smooth the road."

found maidenhood,

now thy load.

so long;

sprang

very fair!"

so there ?"

question lay:

eyes aflame:

understand-

dear land!"

above his breath.

called me Death."

and guard

dear heart.

love depart

shall cease

everywhere !

-Leslie's Weekly.

Or lose its tender vigilance

Nay, nay; there is no hour when I

To supplicate His brooding care.

All days, all nights, thro' all eterni-

God keep you, every time

chance,

-C. B. Going, in McClure's.

nor my name ?"

THURSDAY

Dear Girls and Boy

Our little circle i

Dear Aunt Becky: It is quite cool b

Aunty, as it is g time I guess I w Love to all my con

\*\* \*\*

glad to see her, h ples yesterday, for such a wind it blov trees and I would r

Lonsdale, August

#### INTERESTS. HOME

Conducted by HELENE.

liness as carelessness of dress. It is wonderful what a little careful grooming will do for a woman. Let her touch her evebrows with vaseline to bring out the luster, let her bathe her lins with aromatic toilet water, dust her wan cheek's with a bit of pink powder, have her hair dressed in a dainty way-and, do, there is the light of inspiration and sweetness that is delightful and bewitching. There are good and bad cosmetics, sane and insane ways of beautifying. Choose the right road, then go ahead and you will be amazed to find how you can chop off a year of your life every twelve months instead of hitching one on. Try it. As a usual thing women are unattractive of face and figure for the reason that they are ignorant of the plain laws of health and the more fascinating rules of outward beautifying. Beauty is a very farreaching word. It means that one must first of all be nice and neat and clean; second, that one should delicious fragrance to the bath. be amiable; third, that one should make the best of one's good points and learn to hide or overcome the bad ones. There is many a woman who, having spent a few cents for a little jar of complexion cream. becomes deeply interested in the matter, and, like the butterfly evolving from the caterpillar, gradually transforms herself from an ugly duckling into a beautiful bird of paradise. She acquires a certain amount of pride in always looking her best, speaking her best, acting her best and doing her best.

#### MISUNDERSTANDINGS.

A great deal of unhappiness home life comes from misunderstand-Each of us is more or less affected by the personal impression of conversation, incident or episode. The way it strikes us is very apt to push quite out of sight the way it may strike another; in consequence we misinterpret moods, or attribute to others motives which never have occurred to them. The quiet manner is taken to mean irritation when it is simply weariness; or the impulsive speech is supposed to spring from anger, when it may have its origin in embarrassment or indiscretion. If one appears absorbed in earnest thought which draws lines between the eyes, or cause a tighter closing of the lips, we are accused of being "mad," or out of temper, and if a "case of nerves" shuts away to ourselves for an hour or two, we are accused of "sulking" or moodiness. If only we were willing to take each other at our best valuation, and allow to another what we exact for ourselves, much heartache might be escaped, and the home life would become happier and more wholesome.-Ex.

### SPENDING MONEY

The value of money and how to upon children too young, and if an allowance of a few pennies a week be given, mothers should always insist upon accounts being correctly kept, and advise the little spenders to lay it out to the best advantage. This will make them think for themselves, besides teaching them the few minutes. value of their money. Some small part of each week's allowance should be put by in a money box, thus instilling saving habits; and the givpresents, no matter how small, if bought with a child's own money, is greatly to be encouraged. as this will help to make children generous and unselfish.-New World.

## CRACKED STATUES.

Antique figures and busts in mar-

Nothing so accentuates fading love- on the surface, which in time come filled with dust till the figures have the appearance of being veined with tiny black streaks. To remove these prepare a bath consist-ing of nitric acid and water in the proportion of one part of acid to five parts of water to be cleaned is small it may simply be left to soak in the bath for short time, when the cleansing be done and rinsing in cold water will complete the operation. article should be put to dry dust cannot get upon it.

### BORAX.

Borax must be used sparingly as a water softening agent. It is extremely drying. Quite the most delightful beautifier for the purpose of softening the bathing water is lalotion. If you use it once you will feel that you must always have it. The formula is most simple: Four ounces of alcohol, onehalf ounce of ammonia, one dram of oil of lavender. The alcohol dilutes the ammonia and makes it safe use, while the lavender gives a most

#### "ONLY ME."

There may be a world of pathos and even of rebuke in a very few words, and so the rather thoughtless wife of a contributor of ours discovered recently. She had two sweet little children, both girls, and, almost without knowing it, she made a pet and favorite of the younger and prettier child. "Sweet," called her, had every care and attention lavished upon her, and goodnatured neglect was more or the portion of the elder.

The mother was sitting in her bedroom quietly reading recently when the soft patter of tiny feet ounded on the stairs.

"Is that you, Sweet?" she called. "No, mamma," was the sad reply; "it isn't Sweet-it's only me!" The pathetic little "Only me!" haunted the wife of our contributor for longer than she would have cared to admit, but a change has since marked her treatment of her eldest born. \*\* \*\* \*\*

# A POPULAR STORY.

The sale of "The Other Wise Man," by Dr. Henry Van Dyke, has reached 250,000 copies, and has been translated into Turkish, Japanese, Chinese and most European languages.

# LAUNDRY STARCH.

Laundry starch is the despair of many housewives, who wonder why the home washed shirts and collars can never have the required stiff ness and gloss. Try mixing an ounce of white wax with two ounces of spermaceti, melting them together by gentle heat. Then when you made your regular starch add to it a lump of mixed wax and spermaceti about the size of a walnut (if you have a large amount starch) and let this melt in the hot starch; mix in thoroughly. The result will be stiffer starch and high gloss.

#### .. .. .. TIMELY HINTS.

If hooks and eyes have rusted white goods, put the garment into water in which has been dissolved a little cream of tartar and boil for a

Never wash chamois skins in hot water. Use cold water and avoid soap if possible. The skins clean very easily as a matter of fact. This applies also to chamois skin

If there are any pencil marks linen, erase them carefully with a rubber eraser before the linen goes into the wash. Hot water will set them beyond hope of removal.

A simple way throat is to take a lump of rosin about as large as a walnut, put it

ble and porcelain show little cracks into an old teapot, pour on boiling

## MILBURN'S Heart and Nerve Pills.



50 cents per box, or 3 for \$1.25. All dealers, or THE T. MILBURN CO., LIMITED. Toronto, Ont.

the spout to your mouth. The steam will prove very beneficial in allaying the inflammation

To remove stains made by iodine soak the stains in cold water for half an hour and then cover thickly with common soda

# RECIPES.

Iced Almond Pudding.-In a sauce pan put one and one-half cupful of sugar and one-half cupful of water Heat slowly until the sugar is dissolved, bring to a boil, then aside until luke warm. Rub onequarter of a pound of almond paste to a smooth, thick batter with one cupful of cream, add the well-beaten yolks of eight eggs and the cooled syrup. Cook in a double-boiler. stirring constantly, until it coats the spoon. Pour into a bowl and beat until cold, add one tablespoonful of vanilla and one cup of finely crumbed sponge cake. Whin one and one-half pints of cream to a stiff froth and stir lightly into cooked mixture. Pour into a mold,

hours. Frozen Macedoine.-Shred fine one pineapple, halve two oranges and one shaddock and carefully remove the pulp, drain the syrup from one can of white cherries. Measure the cherry syrup; add sufficient water to make one half pint; add one cupful of sugar, bring to the boiling point and pour over the fruit, adding at the same time one cupful of When cold, pack in a freezer and let stand for three hours, stirring through several times.

Raspberry Sorbet-Rub the rind of half a lemon with four ounces of loaf sugar, add half a pint of strong green tea and half a pint of raspperry juice, strain, and mix with a gill of syrup and a pint of water. Pour in a freezer and freeze to semi-liquid. Take up and serve in sorbet glasses

#### \*\* \*\* \*\* FUNNY SAYINGS

Mark Twain were one day lunching in a cafe Two overdresses in New York. young men entered, and the first said in a loud voice: "Waiter, bring me some bisque of lobster, a bottle of white wine, and a chop. Just mention my name to the cook, too, so that everything will be done to tell the cook who it's for." Mr. Twain gave his order a moment later. He said, with a wink at his companion: "Bring me a half-dozen oysters, and mention my name to each of them.

### THE CAUSE OF HIS MIRTH

Sensitive Golfer (who has foozled) -Did you laugh at me, boy? Caddie-No, sir. I wis laughing at anither man.

Sensitive Golfer-And what's funny about him? Caddie-Hs plays gowf awfu' like

### NOTHING TO REGRET.

"Had a good time on the Fourth, With his one sound hand Johnny

shed his bandages aside. "You bet I did." he answered

"But how about your burns?"
"Huh! I don't care. It was the
very last cannon cracker I had that
blowed me up."—Philadelphia Ledger

#### MEMBERSHIP AND ORTHODOXY. An Argyleshire elder was

how the kirk got along. He said: "Aweel, we had 400 members. Then we had a division, and there were only 200 left; then a disruption and only 10 of us left.

had a heresy trial; and noo there's only me and ma brither Duncan left, and I ha' great doots orthodoxy."-Christian Register.

## SEEING THE LIGHT.

Young Captain Sealby, of the White Star liner Cretic, was talking about the colored signal lights of Gently he took it from her, and she stood Straight-limbed and lithe, in new ships.

"In the past," he said, "all lights were white. The colored light is a comparatively recent invention.

knew a young Scottish sailor to whom the new colored lights were an unknown thing, he stood at the wheel of his sloop one night, a big steamer hove in sight, and the boy saw the great red and green lights for the time.

"He rammed down the helm with a loud vell.

'Preserve us," he shouted. "We're goin' richt into the 'pothecary shop at Peebles.' "-Detroit Free Press.

ONE OF THE FAMILY.

## .. .. ..

"Are you the editor that takes in the society news ?"inquired the caller, an undersized man, with a timid, appealing look on his face.

"Yes, sir," replied the young man at the desk, "I can take in any kind of news. What have you?"

"Why, it's this way," said the caller, lowering his voice: "My wife gave a swell party last night, and I'm willing to pay to have this report of the affair put in the paper.

"We don't charge anything for publishing society notes," observed the young man at the desk, taking the proffered manuscript and looking it

"That's all right," was the reply 'You don't understand. I wrote this myself, and I put in a line or two to say, 'Mr Halfstick' assisted and pack in ice and salt for three distinguished wife in receiving the guests.' That's the way I want it to go in, and I don't care if it costs \$5 a line. I want my friends to know, by George, that I still belong to the family!"

# ONE OF THE PARSON'S WEAK-

NESSES.

"It seems to me," said Mrs. Oldcastle, "that Dr. Fourthly indulges a good deal in hyperbole.'

"I've been thinkin' that same thing," replied her hostess. sakes, I should think a man with as much sense as him would leave these French drinks alone."—Chicago Record-Herald.

# A MOTHER'S STORY

She Tells How Dr. Williams Pink Pills Saved Her Daughter.

Anaemia is the doctor's name bloodlessness. It is an ailment that and D. W. Howells | effects almost every girl in her teens. Womanhood makes new demands up on her blood supply that she cannot meet. Month after month strength, her very life, are being drained away. No food and no care can do her any good. No common She needs new blood. New blood is the one my liking." The second young man thing—the only thing—that can make said: "Bring me some sole with peas, a healthy woman of her. Dr. Wilnew blood. That is why they never they save from an early grave scores of young girls whose health and supply. Mrs. Anson Clark, Arden, Ont., says: —"Dr. Williams' Pink that make the lives of so many wo my family as two of my daughters | man and growing girls mine | Sold by all medicine dealers or have used them with marked success. When my eldest daughter was about seventeen she began to fail in Medicine Co., Brockville, Ont. health. Her blood seemed to have turned to water. She was troubled with headaches and dizziness; least exertion would cause her heart to palpitate violently and she could not walk upstairs without stopping to rest. She doctored for ipwards of a year, and the doctor said she did not have as much blood in her body as an ordinary healthy person would have in one arm. The doc tor's treatment did not do her particle of good. She seemed slow-ly fading away. Then she lecame afflicted with salt rheum and hands were almost raw. About this time a neighbor advised the use of Dr. Williams' Pink Pills and she began taking them. After using the nills top, a few weeks we could see

came to her cheeks. She continued taking the pills until she had used both anaemia and salt rheum had disappeared and she has since en- preparation and teaching. There joyed the best of health. Later on my youngest daughter aged fifteen month. to our experience with Dr. Williams' Pink Pills we knew where to look for a cure and after using four boxes of pills she was all right again. I have also used the pills myself for nervous troubles with complete suc-

Rich, red blood is the secret of Catechism to parents, teachers liams' Pink Pills actually make the secret of rich red blood. They fail to cure anaemia. That is how is why they cure anaemia, headaches and backaches, indigestion, strength depend upon their blood tion, neuralgia, rheumatism, sciatica, St. Vitus' Dance and the ailments man and growing girls miserable mail at 50 cents a box, or six boxe for \$2.50 from The Dr. Williams

# "THE SUNDAY COMPANION."

Until The Helper had by months of circulation proved its use fulness, it asked no special word of public announcement. The trial period is passed, and the time has come to extend to others the bene-

fits hitherto enjoyed by the few. The Helper, a monthly magazine of The Helper, a monthly magazine of 32 pages, is the teachers' edition of The Sunday Companion, a weekly paper of 20 pages. The former a intended to aid all who have anything to do with the Christian of children but A SONG OF ECHOES.

Passed hast thou hence, from out the path of time; e years no lon longer mark thy goodly tread;
No longer woo thee with their redgold days,
Or spend their storms upon thy

noble head

Passed, but counted not amongst the

For lo, I hear thy voice my name repeat Nor lay the shores so far apart, I

Not catch, ofttimes, the echo of

Feet that now walk beyond the mist of years-Soft echoes, borne beyond the pale

of strife; Some day I, too, shall walk the other shore,

And know the glory of eternal life. -Mary Curtin Shepherd, in The New World.

THE IRISH FIELDS.

Many have sung of her ruins old That tell of her ancient glory; And the thrilling deeds of her noble Are told in song and story

Others have sung of her cruel wrongs Of the chains that about her cling, Full well I know her hist'ry's page, But not of its themes I sing;

But of simple things, and the simple lives

That to me seem good and fair Of the gentle women and manly men Whom God has cherished there.

Of the fair green fields around their That are charming scenes to me,

Spreading o'er valleys far and wide Or creeping down to the sea. Up the mountain sides they softly

climb. With hedges of deepest green, Wherever the eye may roam or rest The emerald fields are seen.

God keep you thro' the busy day, And all are gay with the fairest And guide your feet thro' every flowers With poppies and daisies sweet, From dawn to dark may not His Whether you wander o'er hill

vale They cluster about your feet.

There are many pictures that come

and go Which memory's storehouse yields; But the fairest of these that never

Are the beautiful Irish fields. -Julia Sullivan, of Detroit, in Catholic Sun.

an improvement and a trace of color is it prepared with a view to helping Sunday School teachers. Lessons are given in outline and detail for thirteen boxes, when she was as well five grades in Catechism work, and and strong as ever, every trace of suggestions are made as to what books and pictures are needed a lesson for every Sunday in the The Helper is the key, as began to lose her health, but thanks it were, to The Sunday Companion. The latter contains many of the instructions, stories, poems, sketches, and pictures mentioned in The Helper, and should be in the hands of every child. No other Catholic periodicals in the world constantly and systematically make plain the children. You need them. scribe at once. The Helper is one dolfar a year; The Sunday Companion seventy-five cents. Address The Sunday Companion Publishing Co., 10 Barclay street, New York

### BROTHERS WIN APPLAUSE.

The Irish Christian Brothers are doing good work in Rome. day schools are well attended, and the up-to-date zeal of their little boys is the subject of comment on every side.

Prevent Disorder.-At the first symptoms of internal disorder, Parmelee's Vegetable Pills should be resorted to immediately. Two or three of these salutary pellets, taken be-fore going to bed, followed by doses of one or two pills for two or three nights in succession, will serve as a preventive of attacks of dyspepsia and all the discomforts which folgrowing larger. B cation is about ov all have made good

is my earnest wish. Your lovin A

school was to open as we have no tea open yet. It is b like autumn. Our weather is nearly vest is about all of busy threshing just dear Aunty, as new guess I will tell church. We have t miles. Our church We don't have Ves ings as it is so fa to go. Our parish Dean O'Connor.
years a priest. W ten o'clock in the past ten in the v

Becky. Your loving

Lonsdale, August

Dear Aunt Becky: You cannot imagi am when Friday to the corner. when our school die Monday. I presum cousins are attendir soon be. I hope th merry time during all looking forward nic, which is to be go mostly every ye large grove and th so nice. My sister Rochester Saturday.

going to stay very It has been very we days this week, but I picked a barrel are busy these night ples. My flowers a out now, but the from the hot sun. W
I guess I told yo
Good-bye.

Your loving