

HAD SUFFERED FOR 26 YEARS

Edmonton Man Couldn't Work Whenever the Weather Changed—Hasn't Sign of Rheumatism After Taking Tanlac.

"Tanalac has helped me so much that I am giving it to my whole family now, and with excellent results," said Fred A. Oberg, of 1216 118th street, Edmonton, Alberta, to a Tanlac representative recently. Mr. Oberg is a carpenter by trade and a well known in Edmonton, where he has lived for the past eight years.

"Up to the time I commenced taking Tanlac I had suffered on and off with stomach trouble and rheumatism for something like twenty-six years," continued Mr. Oberg. "My stomach was in such bad shape that I had to be mighty careful what I would eat because if I ate anything greasy or the least bit heavy it would sour right away and form gas and put me in misery afterwards and at times what I would eat would just seem to lodge right in my stomach in a lump and I would be troubled with belching up sour, undigested food. I was bothered a good deal with this sour stomach and was bilious a lot, too, and would have a mighty disagreeable taste in my mouth when I would get up in the morning. I was also awfully nervous and sometimes I would be so bad that I had the least little thing would upset me completely and a sudden noise of any kind would make me jump like I had been shot at. Then, too, I suffered a great deal with rheumatism in my arms and legs and at times it would be so bad that it would be all I could do to even hobble around. This rheumatism would trouble me the worst mostly in the Spring and when the weather would change and when these pains would be on me I just couldn't do a bit of work and about the only relief I would get would be to use hot applications and to go to bed where I could keep warm."

"One day I read in the paper where a party claimed to have been helped of stomach trouble by taking Tanlac, so I made up my mind to give it a trial myself and it certainly proved a grand surprise to me, because, since I have taken three bottles of it, I actually feel like a different person altogether. I have a fine appetite now and am eating lots better and what I eat digests perfectly and stays with me and I haven't a sign of rheumatism now and am working right along at my trade, and what I have not on edge all the time like they used to be, because I seem able to stand any kind of noise now. I am glad to recommend Tanlac to everybody, because I know what it has done for me."

Tanalac is sold in St. John by Ross Drug Company and F. W. Munro under the personal direction of a special Tanlac representative.—(Adv.)

Real Help For Tired Feet

A busy day and on your feet most of the time—a long tireless trip or a hike in the country—now shows to break in all those mean tired feet. Soothe and rest them by applying a few drops of Absorbine, Jr. Or, if you are very tired and your feet burn, ache or swell, soak them in a solution of Absorbine, Jr. and water. Relief will be prompt and lasting. You will like the "feet" of this clean, fragrant and antiseptic liniment. It penetrates quickly, leaves no greasy residue, and is intensely refreshing. Only a few drops needed to do the work as Absorbine, Jr. is highly concentrated. You will find dozens of uses for Absorbine, Jr. as a dependable first-aid remedy and regular toilet adjunct, to reduce inflammation of eyes—sprains, wrenches, painful, swollen veins. To relieve aches and pains. To soothe the throat if sore or inflamed. To heal cuts, bruises, lacerations and sores. Absorbine, Jr., \$1.25 a bottle at drug stores or postpaid. Liberal trial bottle mailed for 10c. in stamps.

W. F. Young, Inc., 317 Lyman's Bldg., Montreal, Can.

TRY MAGNESIA FOR STOMACH TROUBLE

It Neutralizes Stomach Acidity, Prevents Food Fermentation, Sour, Gassy Stomach and Acid Indigestion.

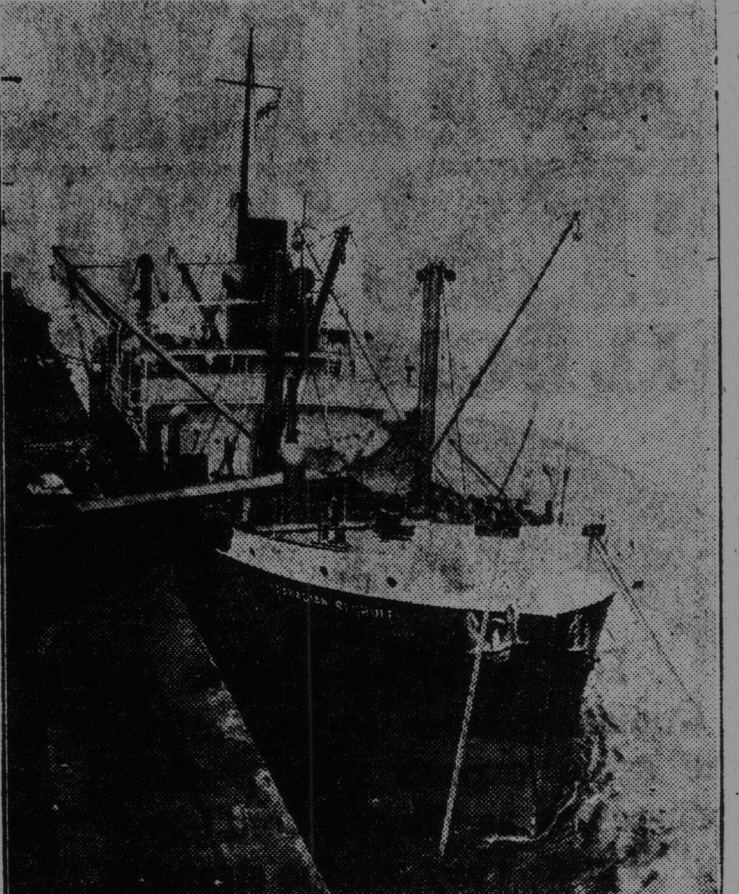
Doubtless if you are a sufferer from indigestion, you have already tried popular remedies, such as bicarbonate of soda, various digestive aids and you know these things will not cure your trouble in some cases do not even give relief.

But before giving up hope and deciding you are a chronic dyspeptic just try the effect of a little bisulphated magnesia—not the ordinary commercial carbonate, citrate, oxide or milk, but the pure bisulphated magnesia which you can obtain from practically any druggist in either powdered or tablet form.

Take a teaspoonful of the powder or two compressed tablets with a little water after your next meal, and see what a difference this makes. It will instantly neutralize the dangerous, harmful acid in the stomach which now causes your food to ferment and sour, making gas, wind, flatulence, heartburn and the bloated or heavy, lumpy feeling that seems to follow most everything you eat.

You will find that provided you take a little bisulphated magnesia immediately after a meal, you can eat almost anything and enjoy it without any danger of pain or discomfort to follow, and moreover, the continued use of the bisulphated magnesia cannot injure the stomach in any way so long as there are no symptoms of acid indigestion.

CANADIAN FREIGHTER



The S. S. Canadian, the latest addition to the Canadian Government steamship service, loading for mail at St. John, N. B. She was built at Collingwood, by the Collingwood Shipbuilding Company and is 1,453 tons.—British & Colonial Press photograph.

SIR HERBERT AMES HERE, SPEAKS OF THE PATRIOTIC FUND

Sum of \$7,000,000 Left Out of \$47,000,000—Carry on so Long as Money Lasts

SIR HERBERT AMES, who has been in the Dominion of the Canadian Patriotic Fund through its various branches, was a speaker at a meeting of the fund held at the Royal Hotel by Sir Herbert Ames, who also is formation has acted in the capacity of honorary secretary for the fund. There was a total of nearly \$7,000,000 yet to be expended in patriotic causes was another interesting statement. The distribution of this money now on hand was the subject of a conference here yesterday between the visiting official, C. B. Allen and C. E. West, of the local patriotic fund committee.

Sir Herbert said that he had been in consultation with Messrs. Allen and West in reference to the advisability of a New Brunswick patriotic fund convention in St. John to be held about August 7 or 8. The patriotic fund then, continued Sir Herbert, would have been in existence for five years as a war activity. During a recent visit to Ottawa he had been informed that there were about 50,000 Canadian soldiers overseas and it was expected that by the middle of August there would be no more families to be looked after.

"But we find," continued Sir Herbert, "that there are many cases of hardship on soldiers' families after the soldiers have received their discharge, which the pension board does not cover, as the pension act provides for the widow, but if a former soldier dies three or four months after his discharge, from any other ailment or cause the pension regulation does not help his widow and it is now our proposal and plan to try on such cases. There are cases, too, where a former soldier might break his leg or become disabled in some other way and thus be unable to earn money for several months. In this case, also, the patriotic fund proposes to look after the wife and children during the man's stay in hospital. No matter how generally a pension act may be drafted outside of its sphere of help. Since the patriotic fund has the money to look after these cases we propose to do so."

Speaking of the patriotic spirit of the people of Canada, Sir Herbert remarked: "The people of Canada were very generous to the patriotic fund. We have had in \$47,000,000 and while we are not to ask for any more contributions there still are additional sums to be paid in. We have paid out about \$40,000,000 and we have never had a case where an official of the fund either misused or misappropriated any money. The administration expenses of the head office and all its branches are amounted to a sum no greater than the interest earned on the bank balances, so that we have never had to impair our capital and every dollar contributed has gone to the soldier's dependents or is in the bank."

"We are hoping still to avail ourselves of the splendid volunteer service that the New Brunswick committees in various parts of the province have shown since the outbreak of the war, and where cases of hardship are repeated to them, doubtless they will be glad to assist and assist wherever possible."

Sir Herbert Ames has been honorary Dominion secretary of the fund since its foundation. The Duke of Connaught is the honorary president and the Duke of Devonshire is the present president.

Thomas White, minister of finance, is the treasurer of the fund. In New Brunswick Hon. Josiah Wood is the honorary president. Sir Herbert is of the opinion that the patriotic fund will remain in existence for about three years yet. "Its existence," he added, "will continue as long as the money lasts. There will be no more contributions asked of the people but there is some money pledged which has not yet been paid in."

"Whatever policy is adopted in regard to the manner of expending the money now on hand," said Sir Herbert, "there is need of a uniform policy so that the whole of Canada will be under the one and same scheme." Sir Herbert plans to hold conventions of the fund committees in western Canada in September.

Sir Herbert was accompanied yesterday by Sir John Kennedy, who for many years was head of the harbor commission in Montreal, Lady Kennedy, Miss Hall and Miss Oakley, of Montreal. They will leave this morning for Digby on the steamer Empress where they will join Lady Ames, who already is in Digby.

MESSAGE FROM KING BROUGHT BY BLIMP

Ottawa, Ont., July 8.—The first airship to cross the Atlantic brought a message of good wishes from the King to the people of Canada. The message was addressed to His Excellency, the Governor-General, and reads as follows: Buckingham Palace, June 28, 1919. To His Excellency, the Duke of Devonshire, K.C., G.C.M.G., G.C.V.O., Governor-General and Commander-in-Chief of the Dominion of Canada. "I take this opportunity of sending by the first British airship (R-34) to cross the Atlantic, a message of good wishes to the people of Canada from the Old Country."

Men, Men! Try It Tonight—Feel Fine Tomorrow

Simple Way to Get "Pep," to be Put Right on Your Feet

When a man has lost ambition to "dig in" and stay at things—when he complains of headache, fullness in the right side, pains in the shoulder blade—it's purely a case of "Liver."

These symptoms invariably indicate a weak, inactive liver. The body can't get rid of its wastes, and the whole system is half paralyzed. Dr. Hamilton's Pills stimulate the liver into activity in one night. Being a mild vegetable laxative they produce results in a few hours. The bilious headache and constipation are cured, spirits rise, complexion clears, animation returns. Nothing in the calendar so efficient for that tired, lay feeling as Dr. Hamilton's Pills. Very mild, don't interfere with work, invariably do lots of good. Try a 25c. box, all dealers.

other ailment or cause the pension regulation does not help his widow and it is now our proposal and plan to try on such cases. There are cases, too, where a former soldier might break his leg or become disabled in some other way and thus be unable to earn money for several months. In this case, also, the patriotic fund proposes to look after the wife and children during the man's stay in hospital. No matter how generally a pension act may be drafted outside of its sphere of help. Since the patriotic fund has the money to look after these cases we propose to do so."

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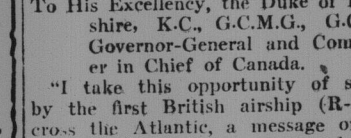
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Better Than Pills For Liver Ills.

NR Tablets tone and strengthen organs of digestion and elimination, improve appetite, stop acid, headache, relieve biliousness, correct constipation. They act promptly, pleasantly, mildly, yet thoroughly.

NR Tonight, Tomorrow Alright



Get a 25c. box.

FOSTER-DACK CO. LTD. THE HOME REMEDY FOR Burns, Scalds, Blood Poison, Boils, Old Sores, Cuts and Skin Diseases. Try it. For Sale By The Ross Drug Co. Ltd. The Retail Store 100 King St. St. John, N. B.

PIMPLES ON FACE CUTICURA HEALS

Caused Disfigurement, Itchy and Burning, Had Restless Nights.

"My face came out in little pimples that were sore, and I scratched them constantly, and then they turned into scales, causing much disfigurement. The skin was so itchy that I couldn't sleep at night. The burning was fierce, and I had many restless nights."

"This trouble lasted about a year before I used Cuticura Soap and Ointment, and after using three cakes of Soap and two boxes of Ointment I was healed." (Signed) W. Byrnes, St. Basile, Que., Nov. 23, 1918.

Make Cuticura Soap, Ointment and Talcum your daily toilet preparations.

For complete details of Cuticura Soap, Ointment, and Talcum, ask your druggist, or write to: Cuticura, Dept. 3, Boston, N. B. Sold everywhere.

MILK TESTS SHOW BIG IMPROVEMENT

Hon. Dr. Roberts Promises Local Health Board Legislation to Protect City's Water Supply

The monthly meeting of the board of health was held yesterday afternoon at 8:30 o'clock with John Kelly presiding and the members present were: Mr. R. J. Hooper, Dr. L. M. Curran, Dr. J. F. L. Brown, sub-district health officer, George Blake, W. H. Golding, and the secretary, T. M. Burns; and for the purpose of a special conference, Hon. W. F. Jones, minister of health, and Commissioner John B. Jones, of the water and sewerage department.

Dr. H. L. Abramson, government bacteriologist, submitted a new batch of reports on the milk situation. Out of about sixteen samples put under the microscope and to which other tests were applied it was found that all but two passed the bacteria count for purity, and the butter fat test for food value. This was a marked improvement over the previous reports of Dr. Abramson, and it was the opinion of the board that with further efforts along educational lines and by prompt reports to dealers as to the condition of their milk when found not to measure up to the standards set, the situation would become quite as satisfactory as in the large cities, where milk matters are very vigilantly looked after.

The appointment of Dr. Mahle Hamilton as medical inspector of schools and of Mrs. Armstrong as her assisting nurse was ratified and an increase of \$200 for Dr. Hamilton and \$100 for the nurse over the salary paid them during their work under the board of school trustees was ordered.

Communications from recently appointed sanitary inspectors in outlying districts were received acknowledging the appointments and seeking instructions. Miss S. E. Brophy, for the free dispensary, in connection with the anti-tuberculosis campaign reported twenty-two special visits during the month of June and three new patients.

There were several letters from property owners relative to old-fashioned sanitary arrangements, health matters in the outlying districts, the new methods

SHE COULD NOT STAND OR WORK

But Lydia E. Pinkham's Vegetable Compound Restored Her Health and Stopped Her Pain.

Portland, Ind.—"I had a displacement and suffered so badly from it that I was all run down and so weak I could not do my housework, was nervous and could not lie down at night. I took a treatment of Lydia E. Pinkham's Vegetable Compound, and now I am strong and well again and do my own work and I give Lydia E. Pinkham's Vegetable Compound the credit."

Thousands of American women give this famous root and herb remedy the credit for health restored as did Mrs. Kimble.

For helpful suggestions in regard to such ailments women are asked to write to Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of its long experience is at your service.

LEMON JUICE FOR FRECKLES

Girls! Make beauty lotion for a few cents—Try It!

Suppose the juice of two lemons into a bottle containing three ounces of orchard white, shake well, and you have a quarter pint of the best freckle and tan lotion, and complexion beautifier, at very, very small cost.

Your grocer has the lemons and supply three ounces of orchard white for a few cents. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day and see how freckles and blemishes disappear and how clear, soft and rosy-white the skin becomes. Yes! It is harmless and never irritates.

EPSOM RIOTS



The police station at Epsom, Surrey, England, after the recent fatal riots in which Canadian soldiers participated.

the slaughter house commission, and thus gradually transfer the duties from the old body to the new. A committee of the members present were: Mr. R. J. Hooper, Dr. L. M. Curran, Dr. J. F. L. Brown, sub-district health officer, George Blake, W. H. Golding, and the secretary, T. M. Burns; and for the purpose of a special conference, Hon. W. F. Jones, minister of health, and Commissioner John B. Jones, of the water and sewerage department.

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Stomach So Bad THOUGHT HE WOULD DIE

But for indigestion and dyspepsia, many a man would die a painful death. The misery which stomach troubles cause the sufferer knows only too well, and any one who has suffered knows what it would give to be able to eat three good meals a day and not be punished for it.

Nearly everything that enters a weak stomach acts as an irritant, and even the little that is eaten causes pain and is digested so imperfectly that it does little good.

Before you can eat heartily, and not pick and choose your food, you must put your stomach right so that it will manufacture its own digestive ferments. For forty years new Burdock Blood Bitters has been making weak stomachs strong, and permanently curing severe cases of indigestion and dyspepsia that other remedies were powerless to reach.

Mr. H. L. Fairweather, Cumberland, N. B., writes: "I was troubled with my stomach for two years, and sometimes was so bad I thought I would die. I tried everything I ever heard of, but had no medicine from three doctors, but continued to grow worse. One day I read of some wonderful cures made with Burdock Blood Bitters. After taking two bottles, I could eat any kind of food without any bad effects, and by the time I had taken four I was in perfect health."

Burdock Blood Bitters is manufactured only by The T. J. Milburn Co., Limited, Toronto, Ont.

Not only Ads, but Subtracts, Divides and Multiplies as easily as other machines Add.

Specific Problems Met in YOUR Business

Suppose when INVOICING, you had this problem:

13,423 yds. at 51-8 per yard—\$697.93
Could you find the result—and know it was correct—in 5 or 6 seconds?

Suppose, when FIGURING DISCOUNTS, you had this problem:

\$687.97 less 5% and 2% = \$640.30
Less 3731 lbs. at .41 per 100 lbs. 15.80
\$624.30
Could you find all amounts—and be sure you were correct—in 10 or 12 seconds?

Suppose, when FIGURING INTEREST, you met these problems:

\$5000.00 for 121 days at 3-4 % = \$79.88
\$3000.00 for 211 days at 3-4 % = 130.20
Could you get the results of both items in 5 or 6 seconds?

Suppose, in PAYROLL WORK, you had items like these:

Less Balance
141 "cents" @ 13 1/2c—\$19.08 1.15 \$17.93
102 "cents" @ 13 1/2c—20.52 4.20 16.32
184 "cents" @ 13 1/2c—18.09 2.37 15.72
Could you find all these results in 20 to 25 seconds and be so sure of accuracy that you would not have to CHECK BACK?

Shock Left Her Weak and Nervous COULD NOT SLEEP

When the system receives a shock of any kind, the heart becomes weaker, the nerves unstrung, the appetite poor, faint and weak feelings come over you, you can't sleep at night, and you wonder if life is worth living.

To all those who suffer from nervous shock we would recommend Milburn's Heart and Nerve Pills as the best remedy to tone up the entire system and strengthen the weakened organs.

Mrs. J. J. Bunyan, Pilot Butte, Sask., writes: "I have used Milburn's Heart and Nerve Pills after having suffered with a terrible shock to my whole system. I was so utterly weak and nervous I could not sleep at night, and my appetite was very poor. I could not walk across the floor without trembling all over."

I had hot flushes and fainting spells. When I was on the second box of your Heart and Nerve Pills, I began to feel that they were doing me good, so I kept on until I had used six boxes, when I felt like a different person. I am never without them in the house, and highly recommend them to all who suffer with their heart."

Milburn's Heart and Nerve Pills are sold at all dealers, or mailed direct on receipt of price by The T. J. Milburn Co., Limited, Toronto, Ont.

of cleaning the milk cars on the government railways, etc.

James Edward Doody, son of Gilbert Doody, formerly of St. John but now of Jamaica Plain, who has been serving with the American forces in France, returned from overseas last week by hospital boat and is now on a furlough which he is spending with his people. Private Doody who was with the 101st U. S. Infantry in France, was both wounded and gassed but has almost completely recovered. His many friends in this city will be glad to hear of his safe return.

Real Help

Every case of weakness, or wherever energy or vitality is less than it ought to be, in every case of convalescence, Hall's Wine gives real help. Hall's Wine proves its value quickly, you feel better from the first glass; you feel yourself growing stronger every day with strength that will last. "Hall's Wine," wrote a lady recently, "has strengthened me, I can't believe it possible," and another lady after being ill for over three years with anemia, wrote: "After taking half a bottle of Hall's Wine I felt new energy returning, and now, after the fourth bottle, I feel better than ever in my life!"



THE SUPREME TONIC RESTORATIVE
GUARANTEED—Buy a bottle of Hall's Wine today. If, after taking half of it, you do not feel decided benefit, return the bottle and we will refund your money.

Your Druggist sells it—Return the bottle and we will refund your money. Sole Proprietors: STEPHEN SMITH & CO., LIMITED
27 Front St. East, Toronto

Filling the Gaps in Your Office Force

A GREAT many firms tell us that not only is it next to impossible to get clerical help, but many of these they do get are untrained and therefore inaccurate in their work. Fortunately this situation can be greatly relieved by the use of the Monroe Calculating Machine.

One girl and a Monroe can do the work formerly requiring two or three men. She doesn't need to be an expert. With a few minutes' instruction and practice, she can place your figure load on the

MONROE

and you can be assured the work is absolutely accurate because the MONROE Mechanical Check puts a ban on operating mistakes. No reckoning is required. Look at any one of the problems listed at the left and compare the time required by the Monroe to solve it with the old pencil-and-paper method. The Monroe has a range of utility that embraces any figure problem in any business.

Mr. Manager, it is a difficult matter for you to determine the efficiency of the Monroe Machine by our telling you about it. Let us send a representative to demonstrate what it will actually accomplish in your own office.

You can then make your own tests and compare it with any other machine you may have in service. All of which means we have perfect confidence in the ability of the Monroe Machine to "make good." To bring the matter to a head simply mail the attached coupon. No obligation involved.

Office Specialty and Supply Company

69 Dock Street, St. John, N. B.

To Office Specialty and Supply Co., 69 Dock Street, St. John, N. B.

Please give us (check the item desired):

Further information concerning the Monroe Calculating Machine and how it will save time in (a) Figuring Pay Rolls, Invoices, or three men. She doesn't need to be an expert. With a few minutes' instruction and practice, she can place your figure load on the

(b) Purchasing Costs, (c) Percentages.

A demonstration in our own office.

Firm Name _____

Individual's Name _____

Address _____