

The native energies of self are termed capabilities, powers, faculties. I do acts different in kind ; I perceive, I admire, I determine. I learn to call my energies to do acts different in kind my powers, my faculties, my capabilities. The name by which I learn to designate each of my capabilities indicates its office in my mental economy.

4. **Law reigns in the Self-World.**—Deeper insight satisfies me that self acts spontaneously, but acts in *uniform ways*. I find that the uniform ways in which self acts are the laws of the mental economy. Self is subject to mental laws just as matter is subject to physical laws. Self *must* attend, in order to know. Self *must* ascend through particulars to generals. Self *must* recall the past through the present. Self *must* make effort, in order to growth. Law reigns in the mind-world.

5. **Self studies Self.**—Self is *subject* (*sub*, under + *jactus*, placed). Self underlies mental phenomena, *causes them*. I gain the idea *this rose*. The rose is object, but the self that creates the idea is *subject*. Self may also be *object* (*ob*, before + *jactus*, placed). I perceive myself rejoicing. The I that perceives and rejoices is *subject*, but the self that is perceived is *object*. Self studies self ; self is both subject and object. I look without and gain a knowledge of plant-life ; I look within and gain a knowledge of self. After I accumulate immediate ideas of plant-life, I begin to be able to appropriate the experiences of others, and little by little I create a science of Botany. So, after I have acquired sufficient direct knowledge of self, I begin to be able to appropriate the experiences of the race, and I thus gradually create a psychology.