

A prayer to our Guardian Angel.

ANGELE Dei, qui **O** Angel of God, to
 custos es meî, me tibi whose holy care I am
 commissum pietate su- committed, enlighten,
 perna, hodiè illumina, defend and keep me
 custodi, rege et gu- this day from all sin
 berna. Amen. and danger. Amen.

Grace before meat.

BENEDICITE, Do **B**LESS us, O Lord,
 minus. Nos et ea and these thy gifts,
 quæ sumus sumpturi which of thy bounty
 benedicat dextera we are about to re-
 Christi. In nomine ceive : through Christ
 Patris, &c. Our Lord. Amen.

In the name of the
 Father, &c.

Grace after meat.

AGIMUS tibi gratias, **W**E give thee
 Omnipotens Deus, thanks, O Almighty
 pro universis beneficiis God, for all thy bene-
 tuis ; qui vivis et regnas fits ; who livest and
 in sæcula sæculorum. reignest, world with-
 Amen. out end. Amen.

In nomine Patris,
 &c.

In the name of the
 Father, &c.