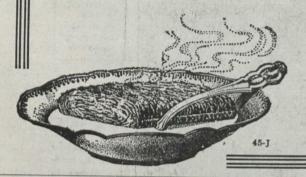
## MADE IN CANADA

Canada grows the wheat, and we make it into a wholesome, nourishing, easily digested food by steamcooking, shredding and baking.

## SHREDDED WHEAT

is made of choicest selected Canadian wheat. Contains all the body-building material in the whole wheat grain and nothing else-a pure whole wheat food-the maximum of nutriment at smallest cost. A Canadian food for loyal Canadians.



Shredded Wheat is made in two forms, BISCUIT and TRISCUIT—the Biscuit for breakfast with milk or cream, or with fruits; Triscuit, the wafer-toast, delicious for lunch-eon with butter or soft cheese, or for any meal as a substitute for white flour bread.

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What better thing can you do for a young man than to put within his reach—FREE—every day, the finest shave in the world?

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The new "Bulldog", with its stocky grip and splendid balance, makes a strong appeal to the young man. Or perhaps he'd like an "Aristocrat" or a Pocket Edition.

Gillette "Bulldog", \$5.00 — "Aristocrat", \$5.00 - Standard Set, \$5.00 - Pocket Editions, \$5.00 to \$6.00-Combination Sets, \$6.50 up.

Christmas also gives you a chance to put Father or Uncle in touch with real shaving luxury in the form of a Gillette Combination Set.

If he has never had a Gillette. its velvet shave will be a revelation and a daily delight.

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About the finest "little gift" for a Gillette user is a Packet of Blades—50c. and \$1.00.

Gillette Safety Razor Co. of Canada, Limited, GILLETTE BUILDING, MONTREAL.

## How I Went to College on Five Dollars

(Continued from page 15)

looked about to see what else I could do to swell

my income.

I went to the Dean and found out what other girls were doing for a living. I went to the secretary of the College Y.W.C.A., and got a list of all the available occupations for college girls.

Betty North was darning all the stockings of her society.

Ruth Wells was lending her chafing dish for ten cents an hour to girls whose families had chosen some less useful thing as a going away gift.

The Alpha O. House was much sought socially and every night there was a mad scramble to get ready for some dance. The poorest member could do hair dressing and a large part of her evenings, especially Fridays and Saturdays, were taken up in this way.

especially Fridays and Saturdays, were taken up in this way.

Lottie Woods waited on tables at afternoon teas, luncheons and dinners. She had a black frock, white collar, cuffs and "read columns and columns on how to set tables, wait, and have every fork in its right place." She found n trouble in getting all the work she wanted, as hostesses soon learned that they could trust her. In many cases she washed dishes afterwards. The price she received was twenty-five cents an hour.

The price she received was twenty-live cents and hour.

In fact, the price for everything seemed to be twenty-five cents an hour. It was the stock rate agreed upon among the college girls, and the women who employed them.

The girls who were clever with their needle had no trouble in finding work. Every college girl likes dainty dress accessories, dainty jabots, collars, belts and hair ornaments; and many girls can afford to pay well for such work, and are willing to do so, particularly if some originality be shown in the designs.

One girl who could sketch found that a great many girls wanted sketches for their rooms, or to send home. These were original and very cleverly done. Later she used water colors, and these proved a very great success. The price for them being about twice that of a plain black and white.

white.

Among my more prosaic friends I found that typewriting was a very lucrative source of income. Some of the professors insisted on having the themes handed in by their classes typewritten, and as the majority of students have neither the skill nor the time to do this for themselves, a typist is in demand.

A good many of the girls became nurses. A few clerked in stores after school and on Saturdays.

few clerked in stores after school and on Saturdays.

By far the greater number did housework, either going out for a few hours a day or living with the families for whom they worked.

I found that it was better to have my own list of patrons to whom I went regularly, than to depend upon chance calls.

Mrs. Willis, for instance, gave frequent dinners and luncheons and since, after being there several times, I knew where everything was and how she liked things done, she always sent for me. At my request she gave my telephone number to several of her friends, who also made frequent calls upon my time.

my time.

As I had arranged to have my classes all come in the morning and early in the afternoon. I had most of my time off in the afternoon and was free

most of my time off in the afternoon and was free to work.

I found that taking care of children, while their mothers were shopping or calling, was pleasant, except in the case where the mother expected me to do a certain amount of cooking, ironing, or mending while keeping an eye upon three or four frisky children, who would persist in trying to slip out through the gate.

The pleasantest of all the ways of earning money that I ever found, was reading to an old lady who was ill. Often our afternoons consisted of more talking than reading, and we grew to be such friends that I often write to her still.

One jolly afternoon was spent in taking two happy children to the Island, shooting the chutes with them and riding on the merry-go-round.

I rented a typewriter and typed themes for all the girls I knew. My English professor was writing a book, and asked me if I would type it.

Other professors were writing books. The rates charged by college typists run as high as ten cents a page or fifty cents a thousand words, although many of the students typed for twenty-five or thirty-five cents a thousand words.

After several months of experimenting, I determined to specialize. I found by actual computation that one occupation gave me the best earnings with the least expenditure of effort, and was at the same time more of a pleasure than any other. This was staying with children in the evenings while their parents were out until late.

I determined to make a business of this one thing. I made a list of all the women who had ever hired me and supplemented it with names from the Young Women's Christian Association, and College Bureaus, and from other girls.

Then I telephoned these women asking them to keep my address and let me know whenever they needed a girl to stay with shabildoon and

and College Bureaus, and from other girls.

Then I telephoned these women asking them to keep my address and let me know whenever they needed a girl to stay with the children, and to pass my address on to their friends. I soon found that I had hardly a vacant evening left, and that I could often turn over extra calls to other girls.

I usually went to the house at seven or eight o'clock. Sometimes I helped to put the children to bed and then settled down to a quiet evening of study. to bed and then settled down to a quiet evening of study; sometimes I had to quiet crying babies or restless children, but usually I did almost as much study as I would have done in my own room, so that the money earned was clear gain. I charged twenty-five cents an hour for this service. Sometimes distance and car fare took time and money, and I never quite got over my dislike of being out alone at twelve or one o'clock at night; but on the whole I found this the best of all the ways for paying my way.

Any college girl who wishes may add to her income in the way that I, for one, find so pleasant an occupation, whether she goes out now and then or makes a regular business of it.