

R. Menthol grs xxx.

Cocaine grs x.

Ol. amygdalæ ʒss.

Paroleine ad ʒ i

Sig: Use three times daily for each nostril.

The small amount of cocaine in this case, acts as stimulant to the nerves.

Follantin:

Dunbar a few years ago came forward with a theory that hay fever was a toxic disease, and should be cured by a toxin. He prepared an antitoxic serum and during the last 5 years it has received a fair trial, but its results are discouraging. It has helped some, but with the great majority of patients it has been useless.

It comes in two forms; a liquid that may be instilled into the eyes, and a powder to sniff up the nose.

The Maori Cigarette:

These are very useful, and if about 6 daily are smoked a great deal of relief is obtained. They contain no morphia and were first used in New Zealand.

Diet:

Should be nutritious and easily digestible. Stimulants should be avoided. Late dinners are bad.

Hot and strong coffee is most useful. Give it on an empty stomach and until you obtain its physiological action.

ASTHMA.

Asthma is produced by a spasm of the involuntary muscular fibres of the smaller bronchi. Associated with this condition there is a marked hyperæmia of the respiratory mucous membrane. Most asthmatics show signs of instability of the central nervous system.

Bosworth many years ago claimed that all asthma was due to nasal obstruction. Since that time, careful research has shown that about 30 per cent. of asthmatic patients show signs of gross nasal disease. In the other 70 per cent., although there may be no visibly pathological condition present, yet on careful examination it can be shown that these patients have very sensitive areas on their nasal mucous membranes. Cocaine applied to these areas usually relieves the spasm in short order, thus showing that asthma is due to a nasal reflex.

Treatment:

1. If any pathological condition is present in the nose or naso-pharynx,