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and likely looking lot of candidates, who if they enter the games with the spirit and good will that they should, will make the others look to their laurels. A terson never knows what he can do till he tries. Because he can't run a rooyds in ten seconds it doesn't follow that he can't run 440 or 880 in good time and perhaps a little better than some one else. He may be able to jump, he never knows till he tries, and it is his duty to get out and try.

There is one thing he can do and that is be a supporter. Be a "booster" not a "knocker," and you will aid in making the meet a success and advancing the Standard of O. U. and athletics.

Each and every one can be of some little assistance, and if he does his share of the work well, he will be in a position to feel proud that he has done something, should the meet be the success it is expected to be.

Those taking an active part in the sports should endeavor to be in the finest condition by May 24th. Its hard to train taithfully, but taithful training means success. There is no reason why O. U. should not be the most dangerous contender for the Cup emblematic of the Championship. O.U. can win it as well as anything else. O. U. has won the football Championship of Canada over and over again, it has won the handball Championship of Canada. It has won the intercollegiate debating championship, why not win the C.A.A.U. Spring Championship Meet. It can be done, if you say so. Train hard and faithfully, for hard and consistent training mean success.