

seek the cause of the evil it will be found to lie chiefly in the fact that love for and the use of the eucharistic banquet languish in the majority and no longer exist in many. This is what the apostle deplored when he wrote to the Corinthians : *That is why many among us are weak and many sleep.* There is nothing surprising in this for he alone can perform the duties of Christian life who has put on Christ and we can put on Christ only by frequenting the eucharistic table. Through it, in fact, Christ dwells in us and we in Him. They are right therefore who labor to strengthen faith and to correct morals when they seek to induce Catholics to approach the Lord's table as often as possible ; the more we do so, the more fruits of holiness do we obtain from it. And since you, very beloved Son, labor nobly to that end and intend to repeat this solemn discourse you have pronounced on this subject, we highly encourage your plan and your zeal and *We heartily desire that a large number of Catholics may acquire the habit of receiving the sacrament of the altar every week.* Meanwhile as evidence of our love and a pledge of divine favors we most affectionately grant you the apostolic benediction.

Given at Rome, near St Peter's, on the 10th January 1900, the twenty second year of our Pontificate.

Leo XIII, Pope



Canadian pilgrimage to Paray-le-Monial. — A Canadian pilgrimage to Paray-le-Monial is now being organized. The idea is a most happy one. We may look forward to the most fruitful results from it ; the spirit of faith that presides over its organization is a warranty of its complete success. Paray-le-Monial, as everybody knows, is the privileged city chosen by Jesus-Christ in which to reveal the devotion to His Sacred Heart. Rev. Father Coubé, the celebrated French Jesuit and orator has issued an eloquent appeal to the entire Catholic world urging all nations to conclude the century with a pilgrimage to that holy city, the cradle of that admirable devotion.

The organizer of the Canadian pilgrimage is Mr J. C. Rivet who is now in Europe where he is engaged in organizing a series of pilgrimages to Paray-le-Monial, to Lourdes and to Rome for such of his countrymen whose devotion may inspire them to go there.

The departure will take place from Montreal and Quebec at the beginning of June to enable the pilgrims to reach Paray-le-Monial