

Mothers' Advice

The responsibility for a daughter's future largely rests with the mother. The right influence and the information which is of vital interest to the daughter imparted at the proper time has not only saved the girl but insured the success of many a beautiful girl. When a girl's thoughts become sluggish with headaches, dizziness, or a disposition to sleep, pains in back or lower limbs and a desire for solitude, her mother should come to her aid and remember that Lydia E. Pinkham's Vegetable Compound, made from pure roots and herbs, will at this time prepare the system for the coming change and start this trying period in a young girl's life without pain or irregularities. Thousands of women residing in every part of the United States bear willing testimony to the wonderful virtues of this medicine, and what it has done for their daughters.



Brooklyn, N. Y.—I cannot praise Lydia E. Pinkham's Vegetable Compound enough for what it has done for my daughter. She was 15 years of age, very pale and thin, and she had to stay home from school most of the time. She suffered agonies from backache and dizziness and was without appetite. For 3 months she was under the doctor's care and got no better, she was complaining about her back and she said so I did not know what to do. I read in the papers about your wonderful medicine so I made up my mind to try it. She has taken five bottles of Lydia E. Pinkham's Vegetable Compound and doesn't complain any more with her back and she is acting. She has gained in weight and feels much better. I recommend Lydia E. Pinkham's Vegetable Compound to all mothers and daughters.—Mrs. M. Drake, 516 Marcy Avenue, Brooklyn, N. Y.

Lydia E. Pinkham's Vegetable Compound

Of interest to Farmers

SMUTS OF CEREALS AND THEIR CONTROL

(Experimental Farms Note)

The grain smuts cause serious losses in Canada. There is little doubt that the total loss each year exceeds twenty millions of dollars. The greater part of this loss can be easily prevented.

The smuts of grain that cause serious losses in Canada are the following: the loose smut of wheat; the stinking smut of wheat or hunt; the loose and covered smuts of oats, and the loose and covered smuts of barley. The loose smut of wheat can be easily recognized by the dusty black heads that appear about the time of blossoming. The black masses of spores are soon scattered by the wind. The hunt or stinking smut is not so easily recognized in the field as the loose smut. The smutted kernels in the stinking smut of wheat are dark, but they do not break up readily and in the growing grain are more or less concealed by the chaff. These dark kernels can be crushed easily, when they will be seen to consist of a mass of ill-smelling black powder, the spores of the smut. At threshing time these smutted kernels or spore balls as they are often called, are broken up and the spores lodge on the sound wheat grains and give the wheat the well known smutty odor.

then piled in a convenient place and covered as in the sprinkling method. In the case of wheat affected with grain smut it is best to pour the grain into a box or cask of the solution and stir until all the smutted kernels have risen to the surface. The smut balls should then be skimmed off. The solution cannot penetrate into the spore balls.

Care must be taken that the treated grain does not become reinfected from containers that have held smutted grain. The spores on sacks can be killed by soaking them in the solution used for treating the seed and boxes can be sprinkled with the solution.

Another method of seed treatment has recently been introduced for the treatment of oats. In this method a strong solution of formaldehyde is used. One pint of formaldehyde is mixed with a pint of water and the grain is sprayed with this solution while it is being shoveled over and then covered for a few hours as in the sprinkling method. Only a quart of the solution is used for each 50 bushels of grain. Experiments have shown that this method is safe and effective for oats if properly used and has the advantage of not wetting the grain. It must be used with care as too much of the solution will seriously injure the germination of the seed. The solution must be sprayed on the grain not sprinkled. It is unsafe to use this strong solution for treating other grains, especially wheat as it often seriously injures the germination and does not always prevent smut.

There are some good smut machines for treating seed on the market. The best of these heat the seed in a satisfactory manner. They can be used profitably on the larger farms. The loose smut of wheat and the loose smut of barley cannot be controlled by the formaldehyde treatment of the seed. If these smuts are troublesome, seed should be obtained from fields in which they are not present or from which the smutted heads have been removed before the spores are dispersed. These smuts can be controlled by treatment with hot water but it is not recommended for general use on the farm.

Summary and recommendations. Good seed should be used that has been thoroughly fanned to remove a light and shriveled grains and smut balls. Light kernels are liable to contain the spores of other grain diseases. Treat the seed with a solution of formalin by the dipping or sprinkling method. This treatment will also kill the spores of many other diseases that injure grain. Care should be taken that the moist grain is not allowed to freeze. If the grain is sown when it is still damp and swollen the seeder or drill should be set to make allowances for the swelling. Usually one half bushel more of barley or wheat and three quarters of a bushel of oats will be required than of dry grain.

W. P. FRASER, Laboratory Plant Pathology, Saskatoon, Sask.

HE KNEW WHO TO ASK

It was the week before little Willie's birthday and he was on his knees at his bedside petitioning Divine Providence for presents in a very loud voice.

"Please send me," he shouted, "a bicycle, a toy chest, a—" "What are you praying so loud for?" his younger brother interrupted. "God ain't deaf."

"I know he ain't," said little Willie winking towards the next room, "but grandma is."

The Provincial government has promised support to the Old Home Summer scheme.

Children Cry for Fletcher's

CASTORIA

Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

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Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind, Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

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BANNER FRUIT CO. LIMITED

BRIDGETOWN, N. S.

Executors' Notice

All persons having legal demands against the estate of Norman H. Phinney, late of Lawrencetown, in the County of Annapolis, merchant are requested to render the same duly attested within twelve months from the date hereof; and all persons indebted to the said estate are requested to make immediate payment to the undersigned.

H. T. PHINNEY, W. C. PARKER, Executors
Letters of Probate granted Dec 16, 1919
Dated Lawrencetown, N. S., Dec 27th, 1919
39 13 1

Save the surface and you save all Count & Varnish

Add years to the life of your house

TIME was when the "appearance" of a freshly painted house was the only thing that counted, but now we must also realize the importance of the protection good paint affords against wear and tear. Any paint will give some protection, but if you want paint protection for years—not merely months—use

B-H PAINT 70% Pure White Lead (Brandram's Genuine E. B. White Lead) providing a coat of such body, brilliance and "toughness" as to defy rain, sun or snow, where cheaper paints will chip, peel and crack.

If your house is painted this Spring with B-H it actually has a surface-protection which renders it impervious to the decay of passing years. You have the choice of 36 attractive colours as shown on color card which is supplied on application.

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For the next four weeks I am giving a Large Discount on all

Silverware I have in stock at the present time. This includes Spoons, Knives, Forks, Butter Spreaders, Fruit Knives, Coffee Spoons and many pieces of fancy ware, Baking Dishes, Casseroles, Cake and Sandwich Plates, Brown Dishes and all kinds of Canadian goods of finest quality.

Ross A. Bishop
The Jeweller

A ROAD THAT'S A FRIEND TO MAN

Let me live in a house by the side of a road
Where the race of men go by
But not such a road as I have now,
With its dust when the season's dry.
Roads are good, they are bad, they are weak, they are strong,
Built on many a diverse plan;
But I'd like to live by the side of a road
That is always a friend to man.

Let me live in a house by the side of a road
Where flows, like the rich, red blood
A current of life, cars, fivers and trucks,
Not a highway composed of mud,
Who could dwell in content by a rut-slashed track,
Rock strewn from Beersheba to Dan?
Let me live in a house by the side of a road
That is always a friend to man.

I can live only once, so why should I stay
Where daily offends my eye,
A crooked streak of mud or clay,
Scooped out by the passers-by?
I don't like to sit in the scorners' pew,
Nor "hurl the cynic's ban,"
But ye gods!—for a road that the season through
Can be counted a friend to man.

LAKE PLEASANT

In Loving Memory of Lake Pleasant Boys Who Died in France and England

In France softly sleeping,
Where the flowers gentle wave
Lie the Boys we loved so dearly
In their lonely silent grave,
They will never be forgotten,
Never shall their memory fade
Sweetest thoughts will always linger
Around the graves where they are laid.

Day by day we sadly miss them
Friends may think the wounds have healed,
But they little know the sorrow
That's within our hearts concealed.
Gallant brave ones may the Lilies
Grow upon your hallowed mould
And some day we hope to meet you
When we pass the gates of gold.

A FATHER'S FIRST DUTY

(From the Chicago Tribune)
The father who lets business, politics or any other influence so absorb his time that he cannot be a chum to his own boy and enter into the boy's life and let the natural confidence and trust of the boy in his father serve to develop the son's character, is making the greatest mistake a parent can make. He has no right to leave such things to strangers, no matter how devoted they may be nor how splendid may be the organizations through which they work.

SILENT TRAGEDY

Sweeping his long hair back with an impressive gesture the visitor faced the proprietor of the film studio "I would like to secure a place in your moving picture company," he said. "You are an actor?" asked the film man. "Yes." "Had any experience acting without audience?" "A flicker of sadness shone in the visitor's eyes as he replied: "Acting without audience is what brought me here!"

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