## Miscellaneous.

A Song Saved Him.

his head was throbbing wildly. Looking ever been milk. Father gave hot milk to a his head was throbbing wildly. Looking about the meagrely furnished room, with the old, despondent feeling tugging at his heart strings, he caught sight of a pistol lying on a chair. It seemed to fascinate him. Staggering to his feet, he reached it and looked it over fondly.

"Throw had to worse. It must and now."

"From bad to worse. It must end now, he said, in a hoarse, low tone, "there's no one to care; no one ever did care." He had the form will not check or cure warns one to prepare for the world to come.

But the milk must be as pure as the snow

Without warning, on the early morning air rang out a sweet, clear voice—a woman's

When the mists have rolled in splendor When the mists have rolled in spiends
From the beauty of the hills,
And the sunshine, warm and tender
Lights the ripples of the rills,
We may read love's shining letter
In the rainbow of the spray;
We shall know each other better
When the mists have rolled away.

A pause, and then the chorus, tren We shall know as we are known;

The nistol dropped from the nerveless hand and he sank on his knees by the bedside and

sobbed like a child "I'm going back," he said, bravely, as he to his feet. "The mists have rolled . They might not care for me, but I'll ck and see. oy, with doubt of your mother's love,

of yours is too deep for her mercy. ver too late" to go back to her.

Suicides are Insane.

That is the verdict of Professor Forbes does not think that any legal penalties, orld. The only measure he can recompier for the people with the suicidal mania, it. How to do this, however, Dr. Winslow does not say, and there is the rub. How to make ourselves and others happier and more comfortable in this dreary world is the problem that concerns all of us, even those who have least desire to get rid of life.

There is a strange disproportion between the sexes with regard to suicide. Where 73 men kill themselves only 27 women do. This makes the popular doctrine that men are stronger minded than women look a little shaky. Dr. Winslow says the greater the anxiety lest they fail to support those brains are turned and they commit suicide oftener than women. But this conclusion is therefore have no families dependent on

self murderers were well to do bachelors, with plenty of friends and apparently not a care in life. The insanity that prompts self murder is usually an infinite and overwhelm ing weariness and disgust of life. It often comes to those who have lived selfish lives, caring for none but themselves. No wonder they get tired of it.

Birds in the Choir.

CAGED CANARIES INTRODUCED IN CHURCH Pastor Bobbins, of the Lincoln Park Baptist Church, inaugurated a beautiful new feature of his services to-day. He had announced that he would preach two sermons in reference to spring, the growing season, and on song birds. Accordingly he asked that members of his congregation, as many as could, bring canary birds to church.

The results were that there were 40 cages of birds in the church this morning when the service opened. The cages were hung the sides of the organs, at one side of the

ing of the leaves of books, and the murof voices before the services began At first they seemed shy.

They twittered and called each other. other, each gradually gaining confidence the song, until finally, when the organist without any serious injury. began and the loud notes sounded, the whole troop of birds broke forth in a burst of melody that was delightful to hear. All through the service they kept it up,

noises in the church were soft or loud. The

When Sunflowers Do Good.

People who are unfortunate enough to live in damp houses, particularly near undrained land, are apt to think that there is no help for them save in removal. They are mistaken. Successful experiments have shown that it is quite possible to materially improve the atmosphere in such neighborhoods in a very simple manner-by the planting of the laurel and the sunflower. The laurel gives off an abundance of ozone, whilst the "soulful-eyed" sunflower is poent in destroying the malarial conditi These two, if planted on the most restricted cale in a garden close to the house, will be ound to speedily increase the dryness and salubrity of the atmosphere, and rheumatism, if it does not entirely become a memory of the past, will be largely alleviated.

For Cholera Morbus, Cholera Infantum, Cramps, Colic, Diarrhœa, Dysentery, and Summer Complaint Dr. Fowler's Extract of Wild Strawberry is a prompt, safe and sure oure that has been a popular favorite for over 40 years.

-A prominent English physician of long experience with drunkards says that he can recall hundreds of recoveries among men, but only five among women. Has it occurred to him that the number of cases in the two sexes might be in about the same pro portion, possibly?

—Alex. Stephen, Senr. Esq., of Halifax, says; I suffered some time with Asthma and Bronchitis, accompanied with nervous exhaustion; and after using three bottles of Puttner's Emulsion was completely revived, and am to-day perfectly free from either Asthma or Bronchitis, and my nervous system much invigorated.

The chemist of the New York board of drops sold to children in New York conained as much alcohol as an ordinary drink of whiskey. As soon as the board of health dropped to this fact the sale of the drops to

Agricultural.

When he came out of his drunken sleep, he found himself in a small room alone. He was lying on a narrow cot, still dressed, and only medicine people will never die—not from bad to worse. It must end now,"

his finger on the trigger,

The day was just breaking. Early summer, with the twitter of birds and the dew mer, with the twitter of birds and the dew on the grasses, with the gray mists of fadon the grasses, with the gray mists of lading light still hovering over the mountains.
He saw it all. "If it had not been for drink,
I should not have come to this," he groaned
age, frozen, rotten or heating roots, or musty "but it is too late now, the pitiable wretch or moldy grain or hay must be discarded that I am-too late!" The click of the trig. The cow must be given much liberty to breathe perfect air winter and summer even at the cost of some present profit, and her water must be as pure as the dew-drop on a turnip. My father in heaven taught me most of these things, and his twelve living children bear witness of its truth.

Mothers, insist on having pure milk. Proclaim that a cow standing months in her stall though fed with a golden spoon from a silver manger cannot give pure milk. Suc-culent food—succulent food preserved without mold, acid or must-must be provided. The cows that gave the milk that gave food and medicine to perhaps the largest, toughest and longest lived family of "milk cranks" on the face of the earth were fed liberally with roots every winter of their

Horse Hints.

See that the horse stock have free to salt when running at pasture. See that there is plenty of running water in the pastures, and have tubs or troughs

arranged so that the water is easy of access. Make preparations for a good supply of green fodder corn for the horse stock when he pastures get short next July and August, The fly season is fast approaching. When foals at foot will do much better if put up during the daytime and turned to pasture nights for a few weeks.

Change the horse stock from hay to grass gradually. When grass is abundant it is better for the animals to run out only about a half hour the first day, an hour the second so that they will cease to want to get out of and longer the third, than to turn them out and let them get their fill of grass at once. A little tar with a few drops of carbolic acid added, rubbed beneath the under jaw and upon the breasts of colts that run in pastures bordered by swamps of woods, will prevent a great deal of annoyance from mosquitoes and small flies which sometimes bite the parts named until they are a solid blotch

---When chosing a family horse, that is, one that any grown member of the family can handle and drive with safety, obtain one pecuniary risks and responsibilities of men, of a known kind disposition. Speed is of the anxiety lest they fail to support those dependent on them, explains why men's beginning are turned and they commit suicide is none to heavy, as often they will be reived by the fact that the majority of quired to haul a two-seated vehicle containeadily do this regardless of the condition of the highway. Do not purchase a dainty eater, but preferably one that has a good appetite, for many refuse vegetables from appeare, for many relative to grades to the graden may be judiciously added to the regular rations. A large horse is more apt to be kind and gentle than a small, nervous one, and the first cost should be but a trifle, if any more. A strange horse intended for family driving should be obtained on a week's trial before the bargain is concluded, as daily driving for six days will bring to notice any undesirable qualities, should they

-Thinning fruit on overloaded trees does not necessarily diminish the number of bushels fruit, the lessened number of specimens growing large enough to compensate for the ifference. The superficial observer sees apples on a tree two inches in diameter and on another four inches, and at once pro nounces the larger ones twice the size of the smaller, four being twice the number two; but he decides hastily, for the cube of the two is only eight while the cube of four is 64 or eight times the size of the smaller, an from the gas brackets, around the walls, on and it would require eight times as many pecimens of the smaller to fill a barrel.

-All persons possessing a home of their wn should cultivate a few roses. They add greatly to the ornamental beauty of a place ted the little warblers in their songs. and enhance its value. Roses are cheap and there is no great secret in growing them. The soil should be made very rich; barnyard then began to sing sof ly, first one, then an- manure is splendid. Keep all plants in a vigorous growing condition and they will be and increasing the strength and volume of able to withstand quite an attack of insects

-The sprayer is not only useful on tree but for preventing or destroying vermin on stock. When kerosene emulsion is sprayed increasing or diminishing their songs as the over cattle in the form of a fine spray reaches every portion of the body and but a same experience was repeated in the even- small quantity is required. The emulsion is not injurious and does not irritate the skin, as is often the case with unadulterated kero-

> white daisies, indeed they are getting to be too plenty on the newly seeded fields, most likely purchased with the grass seeds. Here is a hint for farmers to be careful about the seed they sow. Wherever these daisies abound they should be cut early, as they then make very good hay and are prevented from going to seed.

-Kerosene emulsion is recommended by the American Cultivator to destroy striped bugs on squashes. It is prepared by mixing two or three spoonfuls of oil with a quart of soap suds and then adding two quarts of cold vater; sprinkle the vines with this emulsion and it is said it will drive away the bugs.

-One of the important items in securing a steady gain with stock during the next three months consists in making them comfortable; provide good pasturage, good shade and good water.

—The injury to the pasture resulting from close cropping is a serious one and largely reduces the annual pasturing value of our lands, besides shortening the grazing season and keeping animals in a condition that renders them unprofitable.

-Always bear in mind that to manage horses you must study their temperament or natural disposition. Many horses the more they are whipped the more stubborn they

—The New Engiand Homestead remarks editorially, that a good way to keep the boys on the farm is to give them a share of the profits. Let them have a good strawberry bed for themselves. -A strawberry grower says that the Grat

plant that forms upon a strawberry ru'iner is the best, and should be selected for trans-

What is it makes her pastry such A treat, her husband eats so much, Though pies he never used to touch? COTTOLENE

Her bread so tempt the appetite?

What fills the housewife with delight,

And makes her biscuit crisp and light

What is it shortens cake so nice, Better than lard, while less in price, And does the cooking in a trice?

What is it that fries oysters, fish, Croquettes, or eggs, or such like dish, As nice and quickly as you'd wish? COTTOLENE

What is it saves the time and care And patience of our women fair, And helps them make their cake so rare? COTTOLENE

Who is it earns the gratitude Of every lover of pure food By making "GOTTOLENE" so good?

Made only by

N. K. FAIRBANK & CO.,

Wellington and Ann Streets, MONTREAL

GATES OSUPERSEDES ALL PILLS. NINVIGORATING

heest ATHARTIC SYRUP. Home Testimony from Actual Experience is always the same.

Read the following:-

"It is a pleasure as well as a duty to speak well of remedies that have done for us all that is claimed for them. I therefore take pleasure in recommending the excellent preparations of Dr. Gates, and especially the INVIGORATING SYRUP. As a gentle laxative I regard it in every way superior to harsh and griping physics so commonly used, in that it performs the three-fold functions of a physic, an appetizer and a tonic. of a physic, an appetizer and a tonic. E. E. LOCKE,

Lower Middleton, April 12th, 1894. MIDDLETON

Box Factory,

S. F. and W. E. ROOP, PROPRIETORS, MIDDLETON, N. S.

MANUFACTURERS OF Mouldings, BOXES AND KILN-DRIED SHEATHING

Boxes and Cases of all kinds made to order at short notice.

Berry Crates of every description kept on Berry Crates of every description kept on hand and made to order.

Berry Baskets, including Strawberry, Grape, Plum and Peach Baskets. Also, Shooks for same.

Having purchased a machine expressly for making strawberry and grape baskets, we are prepared to give better value at a cheaper rate. The fastening on these baskets is a great improvement over the tacks.

Berry box tacks in stock. Also crate and box nails in all sizes. Crate hinges and fastenings.

Posts a specialty.
Custom Planing and Matching done at all Scrofula is Disease Germs living in

Turning in all the latest designs. Newel

the Blood and feeding upon its Life. Overcome these germs with

Scott's **Emulsion** 

the Cream of Cod-liver Oil, and make your blood healthy, skin pure and system strong. Physicians, the world over, endorse it. Don't be deceived by Substitutes!

Mrs. L. C. Wheelock SPRING AND SUMMER STOCK IS NOW COMPLETE.

A SPLENDID LINE OF Dress Goods. New Styles, and Cheap.

Mantle Cloths, Prints, Muslims, Flannelettes, Lace Curtains, Sunshades, Art Muslins, Cor-sets; French Kid, Chamois Tafeta, Silk and Lisle Gloves; Laces, Dress Trimmings Ladies and Children's Hosiery, Undervests, &c., &c.

MILLINERY! In this department will be found Trimi c. Orders in Millinery promptly executed Please call and inspect. Lawrencetown, April 16th, 1894

ROOM PAPER!

CALL AND SEE THE FINE ASSORTMENT AT THE CENTRAL BOOK STORE TO BE SOLD VERY LOW. SOME LINES AT COST.

Butte'c and Eggs taken in exchange. FOR SALE

Fine Store and Dwelling House

The subscriber has just received at the MASONIC BUILDING Granville Street,

a car load of Superior Flour, among which may be found the following favorite Brands, Goldie's Crown of Gold, Goldie's Star, Goldie's Sun, Goldie's Victoria,

Goldie's Shawmut, Also, a lot of MIDDLINGS. Having purchased the above for Cash, I am prepared to sell at very low prices, and think I can guarantee satisfaction to all wishing to purchase. W. M. FORSYTH.

Bridgetown, March 27th, 1894. 46 tf SPRING SUITINGS

JOHN H. FISHER, the well-known Merchant Tailor, now carrying on business at ANNAPOLIS,

Spring Stock has arrived, and is now on inspection. It embraces all the Leading and Fashionable

Scotch and English CLOTHS, nd is beyond doubt the most extensive and varied display ever shown the people of the Valley. An inspection is respectfully solicited.

Has the Highest Award

in the World!

A. B. PARKER,

General Agent for Annapolis County.

BRIDGETOWN

THOMAS DEARNESS.

Importer of Marble

and manufacturer of

Monuments, Tablets,

Headstones, &c.

Also Monuments in Red Granite Gray Granite, and Freestone.

Granville St., Bridgetown, N. S.

N. B.—Having purchased the Stock and Trade from Mr. O. Whitman, parties ordering anything in the above line can rely on having their orders filled at short notice.

KINGSTON VILLAGE ARRIVALS

HALIFAX

FRUIT & PRODUCE MARKET.

P. M. JENKINS & CO.,

General Commission Merchants.

PROMPT RETURNS MADE.

Lingard's Cough Balsam

Coughs, Colds, Asthma

and Bronchitis.

HAMPTON, Nov. 30th, 1893.
Having been a great sufferer from Asthma, I was induced to try Lingard's Cough Balsam, and with great success. I would not like to be without it. Having received so much benefit, I can confidently recommend Lingard's Cough Balsam to all who may have this dreadful complaint. Yours truly, JOHN B. TEMPLEMAN.

NOTICE!

J. H. LONGMIRE, Master.

Nicholson, Bridgetown. St. John address: South Wharf, care of I. S. DeForrest & Sons.

HAMPTON, Nov. 30th, 1893.

MR. JOHN TEMPLEMAN, says:

Good Bank references.

KINGSTON, April 17th, 1894.

Bridgetown, March 19th, 89.

T. D.

South Farmington.

PAGE

N. B. -Trains are run on Eastern Standard Time, one hour added will give Halifax time. Trains run daily, Sunday excepted. Accommodation trains of the Cornwallis Valley Branch leave Kentville daily at 10.20 a.m., and 3.40 p. m., and Express Trains leave Kentville at 5.35 a.m. on Mondays, Wednesdays and Saturdays, and 6.45 p.m. on Wednesdays and Saturdays.

Evangeline Navigation Co., daily service between Kingsport and Parrsboro.

Trains of the Nova Scotia Central Railway leave Middleton at 2.10 p.m. for Bridgewater and Lunenburg. WOVEN WIRE FENCE is the unequalified approval of every customer. Dur fence has won at every Fair or Exposition where entered. But what does a practical armer care for that? The fighting qualities of a soldier are proven on the field of battle, not no dress parade.

Don't fail to keep it before the people that ours is the only perfectly self-regulating fence of fered. Don't loose sight of the great saving inposts, as with some other fences the posts alone

Windsor & Annapolis Raiw'y

Time Table.

Puffet Parlor Cars run each way betw Jalifax and Yarmouth on Express Trains.

GOING EAST.

6 40

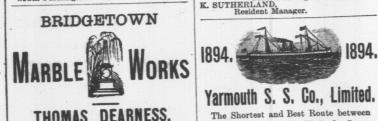
GOING WEST.

leave Middleton at 2.10 p.m. for Bridgewater and Lunenburg. Trains of the Y. & A. Railway leave Annapolis daily at 1.05 p.m., and on Tuesday, Thursday and Saturday at 6.30 a.m., leave Yarmouth daily at 8.10 a.m., and on Monday, Wednesday and Friday at 11.45 a.m. Steamers of the Yarmouth Steamship Line leave Yarmouth every Tuesday, Wednesday, Friday and Saturday p.m. for Boston. Steamer "Cit of Monticello" leaves St. John daily for Digby and Annapolis. Returning, leaves Annapolis daily Digby and St. John (Sundays excepted.) that our business will boom with that of the farmers.

A variety of fences suitable for all purposes:

Through tickets by the various routes on sale it all stations. at all stations.

W. R. CAMPBELL,
General Manager and Secretary
K. SUTHERLAND,
Resident Manager.



The Shortest and Best Route between Nova Scotia and United States. THE QUICKEST TIME. 15 to 17 hours be ween Yarmouth and Boston.

4 Trips a Week! The fast and Popular Steel Steamers Boston" & "Yarmouth." Commencing Tuesday, June 12th, and unti urther notice, one of the above steamers wil save Yarmouth for Boston every TUESDAY WEDNESDAY, FRIDAY and SATURDAY even ings after the arrival of the Express train from Halifax. Returning leaves Lewis' Wharf, Bos-ton, every MONDAY, TUESDAY, THURSDAY and FRIDAY at twelve o'clock, noon. making

Dear Friends.—
I should like you all to come and see my new store and while you are here it will be a pleasure to show you what a nice line of Prints, Cashmeres, Cloakings, Lace Curtains, Shades, Boad and Shoes I have, will no doubt be pleased with ton line, and retwork and the results of the result meres, Cloakings, Lace Curtains, Snades, Boots and Shoes I have.

The gentlemen will no doubt be pleased with the Ready Made Clothing, Shirts, Hats and Ties; while the ladies will surely want to look at the Millinery, Capes, Jackets and Underciothing, and those nice Ginghams for Aprons. If any of you are contemplating matrimony you will be pleased with the Dinner and Teasetts, Carpets, Bedroom Sultes, Mattresses, Chairs and Tables.

Perhaps you will want to buy something, if so bring your Eggs, Butter, Beans, Dried Apples or Cash, as I am still selling on "No Credit, and do not want to hurt your feelings by refusing goods. BAY OF FUNDY S. S. CO., Ltd. ing goods.
Oh! I have Grass Seeds too, and such a medley.
Baby Carriages and Cradles, etc. Annapolis, Digby and St. John. From your Friend,
IDA B. WOODBERRY.

DAILY SERVICE. Until 9th September the fast side-wheel Steamer "CITY OF MONTICELLO," will leave St. John for Digby and Annapolis every week-day at 7.30 a.m., local time.
Returning will leave Annapolis for Digby and St. John same days, upon arrival of the Halifax Express Trains.
Close connections at St. John with all outgoing trains and with the International S. S. Company.

TROOP & SON. Managers. TROOP & SON, Managers, St. John, N. B. J. S. CARDER, Agent, Annapolis. We receive and sell on consignment all kinds of Fruit and Produce, Butter, Poul-

and the same

Coastal Steam Packet Co., The First-class Steel Steamer

BRIDGEWATER has now begun her regular trips between Halifax and Bridgewater, leaving Bridgewater every Monday and Thursday mornings at 9 o'clock; returning, leaving Halifax every Wednesday and Saturday mornings at 8 o'clock, touching at Getson's Cove and Conquerall. Through ticket Halifax to Middleton via S. C. Ry. only \$2.50

Residents of Annapolis Valley will find the above trip a most delightful one, and more particularly so if they find time to re-main a day or two at Bridgewater, Mahone Bay and Lunenburg. Agent at Bridgewater, W. D. Coffill. Agent at Halifax, . Joseph Wood. FRANCIS DAVISON, Presiden

Potter's Liniment IS SOLD AT W. W. CHESLEY'S. -MAGISTRATES BLANKS AT THIS

ANODYNE

UNLIKE ANY OTHER For INTERNAL as EXTERNAL use. Originated by an Old Family Physician Think Of It. In use for more Think Of It. Years, and still ration after Generation have used as a bottle of the state of t Every Sufferer S Every Mother Anody

SEEDS! SEEDS!

NEW STOCK OF FIELD AND GARDEN SEEDS arriving this week, all good and fresh, from

ROLLER WINDOW SHADES Now in stock a large assortment of Window Shades, all complete and ready to hang, DRY GOODS, GROCERIES,

BOOTS, SHOES, ETC, at LOWER PRICES than ever. FLOUR. FEED AND MIDDLINGS. Always in stock and sold at a small advance on mill prices for cash only. Wanted.—Eggs, Butter, Dried Apples, and any quantity of good Homespun Cloth. C. H. SHAFFNER. outh Farmington, April 4th, 1894.

N. B.—A splendid opening for a good dress-maker, also a first-class tailoress. Apply SPRING

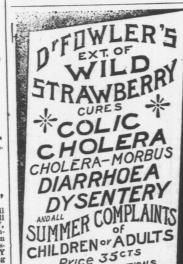
Dry Goods uses of St. John, I am prepared to give

I have also secured a very popular line Teas, Coffees, FINE GROCERIES!

In Housekeeper's Outfits and House-Cleaning and Repairing Supplies I am prepared to suit all.

I am also receiving a fine assortment of BOOTS and SHOES

TERMS: STRICTLY NO CREDIT J. R. ELLIOTT Lawrencetown, April 4th, 1894.



Price 35CTS
BEWARE OF IMITATIONS If you Want

ASK FOR

DEARBORN'S ABSOLUTELY PURE SPICES

Powdered Cream Tartar (Crystal), Put up in 1 lb. packages. wholesome, cleanly look. Precipitated N'.B.|—See that our signature is on ever ackage. We do not guarantee spices sold i chalk will keep the teeth in fine condition. Have a box of it always on your toilet stand

LAWRENCETOWN PUMP COMPANY ESTABLISHED 1880. N. H. PKINNEY, - Manager. Manufacturers of the celebrated Rubber Bucket Chain Pump.

Pianos, Organs, Sewing Machines Manufacturers' Agent for all kinds of Farm Machinery, Buggies, Road Carts. stock of repairs for the above-

-Also Dealer in-

GROCERIES, FLOUR. MEAL AND FEED. in lots at WHOLESALE PRICES Orders by mail promptly attended to. Lawrencetown, March 3rd, 1894.

THE COMING APPLE

the BANKS RED GRAVENST

ompany order for trees to be delivered in the pring of '35. I cannot reserve stock for parties hat may conclude they do not want them, as the supply does not equal the demand.

Trees, 50c. each at nursery. Freight paid on lots of ten to any station on the W. & A. R. Liberal discount on large orders.

A. STANLEY BANKS.

Waterville, Kings Co.

The Household.

TO MAKE DELICIOUS THINGS FOR THE PICNIC BASKET. twenty-four hours old. The crust should be shaved from the sides and the ends of the loaf, leaving it even. The bread should be buttered, then cut about the thickness of the ordinary square cracker. For chicken sandwiches, cold chicken

ould be chopped finely, mixed with a little cold gravy and seasoned.

For delicious cheese sandwiches, grate quarter of a pound of cheese and mix it with a half teaspoonful of salt, pepper and mus-tard. Melt a little butter, add a teaspoonful of vinegar, mix and spread the bread thin. Sardines may be rubbed to a paste

Egg sandwiches are made by chopping the whites of hard boiled eggs, mashing the yolks and mixing to a smooth paste with melted butter, pepper and salt.
Salmon sandwiches are good. Drain the

read and squeeze a little lemon juice on it. Chopped ham sandwiches should have the ham chopped as fine as grated cheese, mixed with melted butter or beaten egg to make a paste, seasoned with mustard, pepper and a bit of pickle. The ordinary bread and butter sandwich can be made delicious by putting lettuce between the slices, or nasturtium or dandelion leaves.

Sick-room Hints.

For nausea scorch some rice, pour boiling rater over it, and drink as hot as possible. A good way to secure a supply of fresh air without a draught, is to have a board four or five inches wide and as long as the width f the window; raise the lower sash, place the board under it and the fresh air will find its way in between the sash by an upward

Instead of keeping ice in a dish where it will quickly melt, tie flannel loosely on the dish so that it drops into the bowl, and keep the ice in this flannel bag.

A cooling wash for the sick-room is made in the following way: Take of rosemary, wormwood, rue, sage, lavender and milt, each a large handful. Place in a stone jar, and pour into it one gallon of strong cider vinegar. Cover closely and keep near the fire for four days. Then strain and add one ounce of powdered camphor gum. Bottle and keep tightly corked. It is very aromatic and refreshing in the sick-room, and another method of using it is to wash the face and hands with it before exposing one's

self to any infection.

In dropping medicine into a spoon, place
the handle between the leaves of a closed book lying on the table, and then both hands may be used in dropping the mixture.

Length of Time for Sea Bath. It is not wise to allow children to remain

n the water over five minutes, and they should be at once taken to the bath-house, pose your wife wants it." and not permitted to play in their wet bathing clothes on the beach, writes Dr. W. M. said John; "perhaps she wants to pur Powell, in an article that cannot fail to be lace in them." helpful to mothers, entitled "The Children nal. Before entering the water always wet went out in disgust. should be protected by a light straw bathing hat. If the children are afraid of the water went into the butcher's and said he wantis to get them gradually accustomed to it; have them dressed in their bathing clothes, Applique, Damarascene, Vale and allow them to play on the beach, when antique steak that he was after. they will, of their own accord, go to the water's edge and gradually find their way in. his lace or his steak his wife said: "It is Many children do not dread the water at all, and they may do much in allaying the fears of the more timid. Three or four sea paths a week are quite sufficient for even the strongest of children. After the bath a thorough rubbing down should be given, and the child quickly dressed, then allowing him to resume his play in a warm spot. There is no advantage derived by taking an infant into the sea, and the practice which is fre-quently seen upon our beach of taking babies a few months old, screaming with terror, and dipping time after time under the waves seems almost inhuman. It is neither necessarv nor practicable to take children under two years of age in the surf; for these the heated salt water bath is an excellent substitute. The temperature of the water of this bath should be between 75 and 85 degrees F., and should be followed, as after the surf

with a coarse towel, especially in the region of the spine. Weights and Measures. 4 teaspoonfuls of liquid equals 1 table

bath, by a thorough and vigorous rubbing

1 pint of liquid equals 1 pound. 2 gills of liquid equal 1 cup or ½ pint. 2 round tablespoonfuls of flour equal 4 cups of bread flour equal 1 quart, or

1 cup of butter equals ½ pound.

1 pint of butter equals 1 pound.
1 tablespoonful of butter equals 1 our Butter size of an egg equals 2 ounces. 10 eggs equal 1 pound. 2 cups of granulated sugar equal 1 pound. 2½ cups of powdered sugar equal 1 pound. To Whiten the Teeth.

A homely set of teeth will spoil the prettiest mouth ever fashioned after Cupid's bowstring. On the other hand, a commonplace face becomes positively attractive when the lips open and disclose two rows of clean, well-kept ivories. They need not be like dentrifice advertisements, and the "pearls" of the old-fashioned heroine are in this practical age but slightly esteemed, but there must be about the well-grocmed mouth a

and see what it will do towards refreshing up a dingy mouthful of teeth. Don't expect too much from those around ou will know it.

re cannot perform.

Don't fret for news, it will grow old and Don't fail to make allowance for the infirmities of others. Don't consider everything impossible that

Don't worry ourselves and others with what cannot be remedied. Comfort for the Sick. In cases of sleeplessness as well as sickness, requent changing of pillows will have a soothing influence. The case should fit the pillow and be kept smooth. A change of

night-gowns is restful, and the refres

the forehead, throat, hands and feet cannot To induce a little baby or a grieving child to put out his tongue, drop a little sweet oil

anse of cool water or some spicy toilet water,

the upper lip.

Joker's Corner.

HE MOVING TALE OF HIS SHOPPIN "John," said the practical wife to her netaphysical husband, "I wish you would go down street and get me three yards of thing less abstruse than Kant's philosophy, started off on his errand, repeating his wife's command over and over on his way, lest he

He was conscious that he was somewhat

"No," said John, "I only know I want three pounds of lace of some sort." "But we do not sell it by the pound,"

"Well, then," said John, "I'll take three

"We do not sell it by the gallon, either," she said, holding in the earthquake snicker that was bursting within her; "we sell it by the yard." "Well, then, give me three yards," said

insist upon having fresh food upon my table. "But lace isn't food," said the saleswo

"But what kind do you want sir?" asked

The irrepressible giggle here burst forth and the saleswoman's life was saved. After she had recovered from her spasm of laughter, she said:

Here another giggle came to the explodat the Seashore," in the Ladies Home Jour- ing point, and John turned on his heel and the head, and if the sun is very hot the head Although he went away mad, he resolved member for the life of him whether it was

Proving the Point.

The prosecuting attorney in the breach of promise case thought he would make life a burden to the unfortunate young man who was the unwilling defendant. "Do you mean to say," he asked after a

"Will you make that statement to the "Certainly, if necessary. "Do you think they would believe you?" "One of them would, I know."

her. He was at the gate when I rode up, and she stuck her head out of the second story window, and I told her 'how d'ye,' and said I'd be back to supper in half an hour. I'm no giraffe," and everybody in the courtroom smiled except the attorney.

but it took me 40 years to learn how!"

"May," said her husband as they prepared to go out calling, "do you really mean to use those calling cards with your name spell ed. "Mae Kathryn Alys Smith?" "I certainly do ," replied Mrs Mary Catherine Alice Smith.

sented her with a card neatly inscribed "Jorge Phrederyc Albyrt Smith."

paralyzed until the silence is broken by the childish voice of little Tommy:
"I say, pa, we are all dead now, ain't Golden Opportunity Lost,

ve didn't marry twenty-five years younger like lavender or orange flowers, applied to Mrs. Hockstein (suprised)-Vy so, Isaac? Mr. Hockstein-Look at der peautiful bresents; undt, choost to t'ink, t'ey might haf peen goldt!

last week that his mamma was just as

should forget it.

"Three yards of white lace and two pounds of sirloin steak. Three yards of white lace and two pounds of sirloin steak,' he kept repeating over and over all the way to the store. But before he arrived the steak and the lace were badly mixed in his mind. When he reached the dry-good store he was repeating rapidly to himself:
"Three pounds sirloin lace and two yards of white steak. Two yards of white sirloi

mixed, but he knew he wanted lace of some and bone, mash smooth, spread a slice of kind. So he marched up to the young sales. "I want some lace."

"Sirloin lace, I believe."

"Well, give me three pounds-er-yards of it, whatever it is and let me get off. the saleswoman. "Point lace, applique, beaded, Brussels, Chenille, Cluny, Mechlin,

better turn them all in the can together, stir 'em 'round and mix 'em up, and then I shall be sure of getting some of the kind my wife wanted me to get.

"Perhaps you can assist me in selecting the lace if you will tell me for what pur "Well, she is putting up canned peaches,

just as I expected."

lot of embarrassing questions, "that after you had been absent for an entire month, you did not kiss the plaintiff to whom you were engaged to be married when you first

"Ah, indeed. And why should he,

the man's heart and brain. We know nothing of the nights of watching or the days of fighting he spent to bring his nature to the point of perceiving the grand thing to be done, and instantly doing it. A celebrated artist once painted a small

"It took you very little time to do it. It seems easy enough," said the grudging cus-

"Very well, then," said her husband, firmly. "I am with you," and he politely pre-

Mr. Hockstein (after the departure of the last guest)-Oh, Rachel, Rachel! vat a pity

-Little Johnny-Oh, mamma, folks sa Commy Dod's back is broke. Mamma Horrors? How did it happen? Little John —I didn't hear, but Tommy told me on

-Minard's Liniment Cures Diphtheria

of spankin as you are.

and three pounds of steak lace."

"Yes, sir," she replied. "What kind,

"Why really," replied the saleswoman, that must be a new variety which we have not yet secured. Are you sure that is the

John, "but be sure it is not stale. I always

Honiton, Dresden, Valenciennes, Damaras cene, antique or Saxony?"

When John arrived home without either

PLAIN PROOF OF AN ALABI IN THE MATTER

saw her on your return?"
"I do," responded the defendant, firmly.

Any great deed is the result of a long sea

son of training and probation. Hearing of

the deed, we imagine it sprang at once from

picture for a wealthy customer, and charged her a round sum for it.

A family are at the dinner table. A violent storm is raging outside. The lightning trikes close by, and an appalling clap of hunder shakes the very foundation stones of the house. Everybody in the room seems