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## VINOL MAKES GOOD BLOOD

Positive—Convincing Proof

Many so-called remedies for anaemia are only so in name. Their makers are afraid to prove their claims by telling what their medicines contain. The only way to be honest with the people is to let them know what they are paying for. Here is the Vinol formula. When the doctor knows what a medicine contains, it ceases to be a "patent" medicine.

It Cod Liver and Beef Peptones, Iron and Manganese Peptones, Iron and Ammonium Citrate, Lime and Soda Glycero-phosphates, Cascarin.

Any doctor will tell you that the ingredients of Vinol, as named above, will enrich the blood and banish anaemia and create strength. When the blood is pure and rich and red, the body is strong and robust.

You can prove this at our expense because your money will be returned if Vinol does not improve your health.

Taylor & Son, Druggist, Watford, Ont. Also at the best druggists in all Ontario towns.

A Port Huron young woman picked up what she thought was a pretty cat near the Seventh street bridge in that city. It was a mistake, however, as it turned out to be a skunk. It is said that the lady was obliged to remain in her father's garage for an overhauling by her mother and maids.

## BUSINESS MEN ARE INTERESTED

Employers have been Quick to See Practical Advantages of Military Service Act

Ottawa, Oct. 1.—Canadian business men express themselves as highly pleased with the provision by the Military Service Act of Medical Boards for the early medical examination of men liable to be drafted under the Military Service Act. This introduction of system and order into the method of raising men for military service has commended itself to the business community throughout the country, according to all reports received here.

Hearty promises of co-operation in having an early report made by all men in the various classes are also coming to hand, and this co-operation promises to simplify the working of the Act. The vast majority of men in the various classes can be reached through the business houses where they are employed, so far as the cities are concerned at least. A new force getting behind the Act is the business instinct of employers who, under the volunteering system, have had some unsatisfactory experiences through the haphazard dropping off of their employees.

All the Military Service Act really does is to get the country's military system down to a business basis as well as to make it more democratic and satisfactory in every particular.

Mrs. Margaret E. Haining, of Sarnia, passed away on Wednesday Sept. 26th, in her 87th year. The funeral took place from the residence of her son-in-law, John McGibbon on the Tunnel station, thence to Greenwood cemetery, Brooklyn, N. Y., for interments.

## A PERFECT MEDICINE FOR LITTLE ONES

Baby's Own Tablets are a perfect medicine for little ones. They regulate the bowels; sweeten the stomach, thus drive out constipation, indigestion, break up colds and simple fevers and make teething easy. Concerning them Mrs. John Babineau, Brest, N.B., writes: "I have used Baby's Own Tablets and have found them a perfect medicine for little ones." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

## East Lambton Teachers' Institute

The East Lambton Teachers' Institute will hold its annual meetings in the Methodist church, Petrolia, on Thursday and Friday, Oct. 11th and 12th. Mr. H. G. Martin, B. A., of the Stratford Normal school will deliver two addresses, and President Braithwaite of the Western University, London, will address the public meeting in Victoria Hall at the Thursday night session. There will also be a special program of music at this session.

Besides Inspector McDougall the following teachers of East Lambton will take part in the program: Miss Trotter, Oil City; Walter Kelly, Watford; Miss Hammett, Euphemia; Miss G. Lucas, Brooke; W. H. Shrapnell, Watford; Miss M. Fuller, Arkona; Miss M. Slatcher, Dawn; W. R. Stephenson, Petrolia, and A. B. Steer, Principal Watford High school.

Walter Kelly, Watford, is the president of the Association and R. J. Campbell, Petrolia, the secretary.

## ARKONA

Infant's Crib Blankets.—Fuller Bros. Miss Olive Oakes spent Saturday in London. Mrs. Rutter, of London, spent the week end in town.

Mrs. T. Pressey is spending a few days with friends in Sarnia this week.

Messrs. Fred Nelson and Norman Stoner motored to London on Tuesday. Miss Della Davidson is spending a few days in Inlay City, Mich., this week.

Mr. Herb. George is spending a few days this week in Okawa.

Mr. James Lackie and son of Dutton, spent Sunday with Mr. and Mrs. Geo. Huntley.

A full range of men's, women's and children's fall weight and winter underwear.—Fuller Bros.

Call and see our lines of men's and boy's heavy shoes at the old prices.—Brown Bros.

Mr. and Mrs. Brett, of Toronto, attended the funeral of the late Robert Dunham on Monday.

Mr. Albert Macklin, of Sarnia, spent Sunday with Mr. and Mrs. Willard Eastman.

Miss Lydia Pressey left on Monday for Sarnia, where she will be in training at the General Hospital there.

Mr. and Mrs. Brett and daughter, of Toronto, attended the funeral of Mrs. Brett's father the late Mr. R. Dunham.

Sarnia Observer:—"Wm. Holmes, of Arkona, is visiting his brother, Alderman Geo. Holmes, Alfred street."

Mrs. Copleberger returned on Saturday to her home in Bad Axe, Mich., after spending the past month with Mr. and Mrs. F. Jackson.

Rev. W. C. Pierce, of Beachville, Ont.,

## C. H. BUTLER

PLUMBER and TINSMITH

[OPPOSITE TAYLOR'S DRUG STORE]

WATFORD

Contracts taken for the Proper and Economical Heating of Buildings, also for Plumbing, Eave-troughing, etc. Good work guaranteed at reasonable prices.

PUMPS and ACCESSORIES always on hand.

Prompt and Careful Attention given to Repairing of all kinds.

Your patronage solicited.

C. H. BUTLER

## You Never

Thought of It

but a noted author says. "One of the principal causes of Dyspepsia is Eye Strain."



EYE STRAIN

causes much more than dyspepsia, it causes dull

headaches, heavy eyes and watery eyes, Nervousness, Insomnia. Strained eyes are never bright eyes.

The remedy is not simply to get glasses, but to get the right glasses. From our perfect eye tests we know the peculiarities of your eyes and grind lenses to completely overcome all eye strain. Don't let your eyes go begging for help.

CARL CLASS

Jeweler and Optician  
ISSUER OF MARRIAGE LICENSES

will occupy the pulpit in the Baptist church next Sunday morning and evening Oct. 7, in view to a call.

Mr. and Mrs. Albert George and Mr. and Mrs. J. Holmes of Dorchester, spent a few days last week with Mrs. Jas. George.

Anniversary Services will be held in the Methodist Church Sunday, Oct. 7th, Rev. T. J. Snowden, former Pastor, will occupy services 11 a. m. and 7 p. m.

For Sale.—The frame cooper shop property now occupied by John McCall and the lots adjoining on which Reuben Dowden had his blacksmith shop. Apply to Mrs. ROBERT KELLS or to W. E. FITZGERALD, Barrister, Watford. s28-4

## Gavigan—Coughlin

A quiet but very pretty wedding took place on Wednesday morning of last week in the Roman Catholic church, Watford, when Miss Margaret Coughlin became the wife of Mr. William Gavigan, both of Warwick township. The bride was attired in an exceedingly becoming travelling gown of navy blue. She was attended by her sister, Miss Sara, and the groom by his brother, Mr. James Gavigan. After a short wedding trip through southern Michigan, they will reside on their farm in Warwick.

## Sale Register

Tuesday, Oct. 9, farm stock, Mrs. Bissett, Brooke. See ad.

Thursday, Oct. 11th, thorough-bred stock, implements, Archie S. Wiley, Brooke. See ad.

Saturday, Oct. 6, stock sale at Roche House. G. Hollingsworth, prop. See ad.

Pte. John Bosman, of Strathroy, has been reported killed in action.

Jacob P. Simmons, 30 years old, farmer of Talbot road, Maidstone, was killed instantly Wednesday afternoon, when he fell from the second storey of a barn while harvesting his tobacco crop. He leaves five young children besides his widow.

## FARM FOR SALE

100 ACRES, being East Half of Lot 25, on the 5th Concession, Township of Warwick. On the premises are a good bank barn with concrete floors throughout, and a good comfortable frame house with 9 rooms. Convenient to church and school. For particulars apply to

BENJAMIN PIKE  
STRATHROY, ONT.

## FARM FOR SALE

100 ACRES, being west half of lot 4, con. 13, township of Brooke. On the premises are a frame house and stable, good supply of water. Place all fenced down. For particulars apply to

ARCHIE A. FISHER,  
R. R. 7, Alvington.



CANADA

# Military Service Act, 1917

## Explanatory Announcement by the Minister of Justice

THE MILITARY SERVICE ACT has received the assent of the Governor-General and is now part of the law of the land. It will be enforced accordingly, and the patriotism and good sense of the people can be relied upon to support it. Resistance to its enforcement, however, by word or act must and will be repressed, as resistance to any other law in force must be.

### Reinforcements under the Military Service Act immediately required

It is the intention of the Government immediately to exercise the power which the Act confers and to call out men for military service in order to provide reinforcements for the Canadian forces. This is necessary since the military authorities report that the reserves available or in sight for reinforcement will shortly be exhausted unless this step be taken.

### First call limited to men between 20 and 34 who were unmarried or widowers without children on July 6, 1917

The present call will be limited to men not in the schedule of exceptions who were unmarried or widowers without children on 6th July, 1917; are at least twenty years of age, and were born on or since January 1st, 1883. Of this Class all those will be entitled to conditional exemption whose services in their present occupations, agricultural, industrial or other, are essential in the national interest, and whose business or domestic responsibilities are such that serious hardship would ensue if their services be required. Conscientious scruples based upon a prohibition of combatant service by the articles of faith of the religious denomination to which men belong will also be respected. The men first required to serve will consequently be those who can be called upon with the least disturbance of the economic and social life of the country.

### Civil Tribunals to deal with exemptions

Questions of exemption will be determined, not by the military authorities or by the Government, but by civil tribunals composed of representative men who are familiar with local conditions in the communities in which they serve, who will generally have personal knowledge of the economic and family reasons which those whose cases come before them have had for not volunteering their services and who will be able sympathetically to estimate the weight and importance of such reasons. Provincial Appellate Tribunals constituted from the existing judiciary of the respective provinces will be provided to correct mistakes made by Local Tribunals, and a Central Appeal Tribunal for the whole of Canada, selected from among the present Judges of the Supreme Court of Canada, will be constituted in order that identical principles may be applied throughout the country. In this way every man may rest assured of the fair and full consideration of his circumstances and the national requirements both civil and military.

### Proclamation will announce the day

A proclamation will issue calling out the bachelors and widowers referred to and fixing a day on or before which every man must report for service to the military authorities unless he has before that day made an application for exemption.

### How to apply for exemption

Applications for exemption may be made by written notice on forms which will be available at every post office, and will be transmitted free of postage. They will not, however, be required to be made in this way; but may be presented by the applicants in person to the exemption tribunals. The cases of those who have given written notice in advance will take precedence, and appearance in person will therefore be likely to involve considerably more inconvenience and delay to the men concerned, so that it is recommended that advantage be generally taken of the facilities for written application.

Ottawa, September 11, 1917.

### Exemption Tribunals in all parts of Canada

The local exemption tribunals will be constituted with the least delay possible, consistent with the selection of representative individuals to compose them, and the instruction of the members in their duties. There will be more than one thousand of such tribunals throughout Canada, each consisting of two members, one of whom will be nominated by a Joint Committee of Parliament, and the other by one of the Judges of the existing Courts. Every effort will be made by the wide distribution of tribunals, and by provision where necessary for their sitting in more than one place, to minimise the inconvenience to which men will be put in obtaining the disposition of their cases.

A Registrar will be appointed in each Province, who will be named in the proclamation and to whom enquiries may be addressed. Each Provincial Registrar will transmit to the appropriate tribunal the applications for exemption which have been submitted in advance of the sittings, and men who have sent these in will not be required to attend the tribunals until notified to do so. Other applicants should attend personally on the tribunal without notice.

### How to report for service

Men who do not desire to claim exemption will report to the military authorities for service either by mail or in person at any time after the issue of the proclamation. Forms of report by mail will be found in all post offices, and, like applications for exemption, will be transmitted free of postage.

### Early report advantageous

No man who reports for service will, although he may be medically examined and passed as fit, be required to go into camp or join a battalion until after a day fixed by the proclamation sufficiently late to permit of the disposition by the local tribunals of most, if not all, of the applications for exemption which may come before them. Thus no advantage will be gained by delaying or disadvantage incurred by prompt report for service on the part of those who do not intend to apply for exemption.

### Facilities for immediate medical examination

Immediately upon the issue of the proclamation, medical boards will sit at every mobilization centre for the examination of men who report for service or who, subject to their right within the time limited to apply for exemption, desire to have their physical fitness determined in order to allay any doubt as to their physical condition, or to know definitely and in advance whether there is a possibility of their services being required. Certificates of physical unfitness issued by these Medical Boards will be accepted without any further investigation by exemption tribunals when they sit. Men found physically fit who have not reported for service may nevertheless apply for exemption on any of the prescribed grounds, including even their physical condition if dissatisfied with the Medical Board's conclusion.

### Notice to join the colors

As reinforcements are required, notice to report to the nearest mobilization centre will be given from time to time to the men found liable and passed as fit for service. Disobedience of such notice will render the offender liable to punishment, but punishment for failure to report for military service, or to report subsequently for duty when called upon; will be imposed ordinarily by the civil magistrates; offenders, however, will remain liable for the performance of their military duties notwithstanding any civil punishment which may be imposed and will be liable to military punishment in cases in which civil proceedings are not taken.

### Watch for the Proclamation

Notice of the day appointed for the making of a claim for exemption or for report for military service will be published as widely as possible, but, as no personal notice can be given until the individuals called out have so reported themselves or claimed exemption, men possibly concerned are warned to inform themselves with regard to the day fixed; since neglect may involve the loss by them of important privileges and rights.

CHAS. J. DOHERTY,  
Minister of Justice.