



TAKE IT FOR
**CRAMPS—COLIC—
DIARRHŒA**
APPLY IT FOR
**BRUISES—SPRAINS
—SORE THROAT**

Don't Say— "Just a Sore Throat"

In a few days, you know, "just a sore throat" may be something much more serious. For science has proved that the throat is not only the first spot reached by infectious germs, but also forms the ideal soil for them to multiply on.

Throat protection, therefore, means germ destruction and is a duty that you owe your health. It is easily achieved by the regular use of Formamint—the germ-killing throat tablet.

Formamint (which is endorsed by over 5,000 American physicians) is the scientific way of disinfecting the mouth and the throat. Handy to have with you—pleasing in taste—it frees an efficient germicide that mixes with the saliva and so reaches where gargles cannot go.

And a tablet taken occasionally during the day not only brings grateful and immediate relief from "sore throat"—but affords protection against even more distressing ailments that so often follow infection of the throat linings. At all druggists

Formamint
THE GERM-KILLING THROAT TABLET
GERALD S. DOYLE Distributor.

STAFFORD'S Sarsaparilla Blood Purifier

FOR THE CURE OF

Skin Diseases, Anemia, Lack of Blood, Paleness, Impure Blood, Lack of Ambition and Vigor, Debility, Weakness, Tired Feeling, Boils, Pimples, etc.

THERE is no Remedy of more universal application than a genuine true-and-tried Blood Purifier and Blood Builder. A medicinal preparation that will truly purify, revitalize and renew the blood, restores hope and pleasure, ambition and happiness, vigor and vitality. It is of inestimable value not only as a strengthener of the system, fortifying it against invasion of disease, but also as a cure for Chronic Diseases which depend upon an impoverished condition of the blood. Diseases of this nature are usually caused by impurities in the blood deposited through the inactivity of the Liver and Kidneys.

These secretions if not removed from the circulation, gradually form poisons which deteriorate the condition of the blood and allow other diseases to obtain a more ready entrance to the system. In the effort of nature to throw off these impurities, frequently pimples, boils, carbuncles, etc., appear, and it is wise to respond promptly to the Warning of Nature.

THIS SARSAPARILLA
is a genuine preparation scientifically prepared from the best and purest remedies for the purifying and rebuilding of the blood. It should be taken every spring, as at this season the blood is more apt to become impure and impoverished. Keep your blood in perfect condition and you will be prepared to fight life's battles with greater success.

One Bottle of this Blood Purifier is all that you will need to take to produce results.

TRY A BOTTLE.

PRICE 50c. POSTAGE 20c. EXTRA.

Dr. Stafford & Son
CHEMISTS & DRUGGISTS
Duckworth Street and Theatre Hill.

Harbor Grace Notes.

Wednesday next, 23rd, inst., St. George's Day, will be observed here as a general holiday. A parade will be held in the morning, consisting of Rising Sun Lodge, L.O.A., the Conception Bay British Society, and the King Edward Branch of the C.B.B.S., and will attend Divine Service in the Methodist Church.

Owing to the death of W. H. Clay, Supreme President, of the S.O.E.B. Society, Lodge "Diamond Jubilee," has postponed the dance, which was to have taken place in the Academy Hall on St. George's Night.

News was received here during the week of the death of Mrs. Hannah Bush, relict of Mr. James Bush, which occurred at Montreal, April 5th. Mrs. Bush had spent the most of her life in this town, and was a well known figure; early last summer she went to Montreal, to live with her son, Mr. Simeon Jones. One daughter, Mrs. Osborne, of Blaketown, also survives her. Interment was made at Montreal.

S. S. Pawnee, owned by the Bell Island Steamship Co., which has been on dock all the winter, came off again on Monday. She has undergone repairs, preparatory to taking up her summer's work.

Miss Queenie Hinton, who is attending the Methodist College, St. John's, arrived here on Wednesday, to spend the Easter Vacation with her parents.

Mr. and Mrs. L. A. O'Brien arrived from Bay Roberts on Saturday, and returned again by Monday morning's train.

Mr. Allan Davis left here on Tuesday last for Corner Brook, where he has secured a position with the Armstrong Whitworth Co.

Mr. R. K. Kennedy of the Western Union Cable Co., New York, arrived here on Saturday last to spend his holidays with his parents, Mr. and Mrs. W. H. Kennedy.

Miss Gladys M. Russell of Bay Roberts, spent last week-end in town, on a visit to friends.

The pupils of the Methodist Sunday School are holding their annual Anniversary on Sunday, April 27th. This year the service will be held in the church at night, instead of in the school, as usual.

Messrs. Walter Rogers and James Yetman left here on Tuesday week en route to Montreal. Mr. Rogers had been with Messrs. W. H. Thompson & Co. of this town. We wish them both the best of luck amidst their new surroundings, but it is to be regretted that our boys still continued to leave the old home town, to make their homes in another country.

In the Literary Institute Club Sweep, we understand, Mr. Jordan Sheppard is the winner of the first prize, one hundred dollars, for the first arrival.

The Salvation Army Officers here are holding an Easter concert on Thursday night next, in their Citadel, which will consist of Recitations, Dialogues, Singing, etc. Capt. Rideout, who is in charge here, has notice of transfer, and will be leaving Harbor Grace for another appointment in June.

The Annual Anniversary Service and Prize Giving of St. Paul's Sunday School, will be held on Easter Sunday, at 2 p.m. This will be the 36th Anniversary of the Sunday School. A short programme has been arranged, and those who anticipate being present, may be assured of an interesting service, as in the past.

Easter, with its glad message of hope and cheer, comes to us again, and in the different churches throughout all Christendom, the "Story of the Cross," will again be repeated. Then, as the Easter Day dawns, may we awaken anew to the real meaning and significance of the Angelic Chorus:—"Christ is Risen."

To the many readers, we extend best wishes for "A Joyous Easter tide."

COR.
Hr. Grace, April 17th, 1924.

WOMAN SO ILL COULD NOT STAND

Says Lydia E. Pinkham's Vegetable Compound Made Her Well and Strong

Glens Falls, N. Y.—"For over two months I was so sick I was not able to stand on my feet, and my husband did my housework. The doctor said an operation might be necessary. I read testimonials about Lydia E. Pinkham's Vegetable Compound and began to take it. Before I had finished taking the first bottle I saw what good it was doing me. I am now well and strong, doing all my work for a family of four, all my washing and my sewing, which I think is remarkable, as I had not dared to run my sewing machine, but had done all my sewing by hand. I truly feel that were it not for your medicine I would not be here today as my case seemed very serious."—Mrs. GEORGE W. BURCHELL, Glens Falls, N. Y.

Free upon Request
Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent you free, upon request. Write to the Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information that every woman should have.

The South African Elections

LONDON, April 10.—(By Canadian Press)—More than ordinary interest in the coming general election in South Africa is being shown here, as the results may have a far-reaching effect on the present friendly relations between the Union of South Africa and Great Britain. If the Government of General Jan Christian Smuts is defeated and a Nationalist Government, or a Nationalist-Labor Coalition Government, comes into power it is feared by many people that the work of General Smuts and his predecessor in the South African Premiership, the late General Louis Botha on behalf of the reconciliation of Boer and Briton, may be undone, at least to a large extent.

In the last general election in South Africa the motto of the Nationalist Party was "South Africa a Republic," whereas the South African Party's motto was "South Africa a Nation." With the defeat of the Nationalist Party, whose leader then was and still is General Hertzog, the leader nominally abandoned the secession movement, and this, in the belief of some people, paved the way for the recent pact by which the Labor Party joined forces with the Nationalists to fight the Smuts Government. Whether the Nationalists would revive the cry of "South Africa a Republic" if successful at the polls is a question that must await developments.

The Labor Party bases its opposition to the Smuts Government on its alleged championship of the industrial and moneyed interests and because of Premier Smuts' iron hand in quelling the Rand insurrection which developed from the big strike of miners two years ago. While the two parties would seem to have little in common they find a link that binds them together in their united resolve to keep the natives from rising in the industrial scale, with the result that the 5,500,000 blacks out of a total population of 7,000,000 regard the bond between South Africa and Great Britain as one of their safeguards.

The South African Party, or the Government party, is a fusion of the progressive Dutch party led by General Smuts as the political successor of General Botha, and the British group, led by Sir Thomas Smuts, Minister of Agriculture in the Smuts Government, the title of the South African Party being adopted. The fusion took place before the last general election, in February, 1921.

The South African party has had to fight an alliance of the Nationalists and the Labor Party continuously since General Smuts' accession to power, and now this alliance is closer than ever by reason of the pact referred to. The Nationalists are composed of Boer irreconcilables under

General J. B. M. Hertzog, and the Labor Party consists of a group almost exclusively of men of British birth or descent under the leadership of Colonel Cresswell.

When the new parliament met after the election of 1921 the South African party had 74 representatives; the Nationalist party, 46; the Labor party 13, and there was one Constitutional Democrat. Since then, however, the Government's majority has gradually dwindled in by-elections until the climax came recently, when the Government's candidate was defeated by the Nationalist candidate in the Wakkerstroom by-election and the Government's majority was reduced to three or four. Thereupon Premier Smuts announced an early dissolution of the South African Parliament.

Every man must have a partner, for the St. Andrew's Grand Novelty Dance, April 29th.
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Just Folks. By EDGAR A GUEST

THE FRIEND WHO KNOWS.
Then comes the bitter time of doubt And hope is vain and all is lost, And all your strength has filtered out, And your poor soul is tempest tossed, How good it is to turn and see The glad face of a smiling friend, And hear him whisper to you tenderly: "The worst of troubles soon must end."

When you are howled in deep despair And wonder, as you look about, If from your cavern dark with care There is to be no passage out, How good it is to turn and see A true friend standing at the door, And hear him say: "Come, follow me! I have been through this thing before."

When all your failing strength seems vain, And bitterly you sit and sigh And think that never more again The sun will clear your troubled sky, How good it is to find a friend Is standing by and hear him say: "Cheer up! I'm with you to the end. Come on, old pal, I know the way."

LOOSEN UP THAT COLD WITH MUSTEROLE

Have a jar of Musterole handy. The moment a cold starts use it freely. Just apply this clean white ointment with your fingers over the congested parts. You will immediately feel a warm tingle as it penetrates the pores, followed by a refreshing cooling sensation and quick relief. Made of pure oil of mustard and other simple ingredients of well-known medicinal value it will not blister. Many doctors and nurses recommend Musterole not only for colds but in cases of bronchitis, sore throat, pleurisy, influenza, lumbago, croup, neuralgia and congestion. Taken in time it may prevent pneumonia. There is nothing just like Musterole or nearly so good for any of the above ailments. Buy a jar or tube today—if your druggist hasn't got it insist that he get it.

Better than a mustard plaster

MUSTEROLE
SOLD AND RECOMMENDED BY
O'MARA'S Drug Store.
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Remedy for Unemployment

By DR. J. W. SCOTT.

That a remedy for unemployment is in sight may seem a bold thing to say. Yet there is good reason to think it is true. The new idea comes simultaneously from America, and from India. Like all great discoveries, it is essentially simple.

Hitherto, in regard to unemployment, the effort has always been to make economic machinery work better. The new way is to make a man independent of the economic machinery.

The indispensable which a working man must have if he is to be able to live are the product of other people's work for the most part; and the economic machinery is needed to bring them across from them to him. It is a kind of penny-in-the-slot machine. He puts in his money and it hands him out the goods made by other people. But the machine has two defects. First it is always breaking down: a war or a dock strike put it out of order at once. Secondly, it is of no use if the man happens not to have the money to work it.

The new idea is that when that happens, the machine won't deliver, the man should just sit down and make the goods himself. If he can't do that, and so far as he can, there is an end of unemployment for him.

There is one clear and definite task before us. Mobilize the experts to find out the way a working man, at those times when nobody wants his work, "may sit down and make with his own hands those indispensables of life for his family and himself which he cannot buy."

This is the essence of the Maxwell plan for homecast dwellings, which hails from America. It is very much the message of those "Problem of Poverty Studies," now issuing from India—from the University of Calcutta. It is an idea needed in Europe also, and one which a national as-

SHOE STORES EXTRA SPECIAL BARGAINS Women's Boots and Shoes

1.75
Women's
Boot Bargains

Black Kid, Brown Calf and Brown Kid Laced Boots. Medium pointed toes, Cuban heels. Some of these Boots sold as high as Eight and Ten Dollars a pair. Sizes 2½, 3, 3½, 4, 4½, 6, 6½ and 7.

1.75 a pair

Outport Orders promptly attended to. For postage add 14c. a pair extra.

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2.75
Women's
Shoe Bargains

Black Kid Pumps, Brown 2-Strap Shoes, Black Laced Common Sense Cushion Sole Shoes. These Shoes sold as high as Five to Eight Dollars a pair. All sizes in the lot.

2.75 a pair

G. KNOWLING
Limited.

WOMEN'S NAVY FELT BEDROOM SLIPPERS. Regular 1.20. Now 75c. Sizes 5, 6, 7 and 8 only.

HAND-WRITING Competition!

OPEN TO ALL CHILDREN BETWEEN THE AGES OF 6 TO 15 YEARS.

Write in ink on a piece of plain white paper, the following sentence 12 times:

Milkmaid Milk is the Best Milk Made

Write your name, age and address in the upper right hand corner of the paper, and address same, together with one MILKMAID Label, to "Milkmaid Competition," 204 Water Street, St. John's, Newfoundland, P. O. Box 697.

You may send in as many sheets as you like, but each sheet must be accompanied with a MILKMAID Label.

For the best hand-writing received of the above sentence, the following CASH PRIZES will be paid:

For children 10 years and under:	Children over 10 yrs. and up to 15 yrs
First Prize \$10.00	First Prize \$10.00
Second " 5.00	Second " 5.00
Third " 2.50	Third " 2.50
Fourth " 1.50	Fourth " 1.50
Fifth " 1.00	Fifth " 1.00

THERE WILL ALSO BE HUNDREDS OF CONSOLATION PRIZES.

The Judges for this Competition will be:
Mr. S. T. Harrington, M.A., Headmaster Methodist College.
Rev. Bro. Ryan, Principal St. Bonaventure's College.
Mr. R. R. Wood, B.A., Headmaster Bishop Feild College
and the Agent for the Nestle & Anglo-Swiss Condensed Milk Co.

Closing date of the Competition will be announced in local newspapers.
THE JUDGES' DECISION WILL BE FINAL.

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French Thrift

Deposits in the Savings Banks of Paris and the Department of the Seine have increased by 102,000,000 in the last ten years, according to official statistics just received by the Bankers' Trust Company of New York from its French Information Service, which show that the total value of deposits on January 1914 aggregated 117,000,000 francs while, on the 1st of January of this year, they had risen to 219,000,000 francs.

This increase in deposits has been especially noticeable since 1918, when the total value rose 30,000,000 francs in one year. This was due to a return of confidence after the end of the war.

One of the reasons for which Savings Banks in France are popular is

French Thrift

that they pay interest at the rate of 3.75 to 4 per cent.

The total value of deposits in all the Savings Banks in France is estimated at 8 billion francs.

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MINARD'S LINIMENT FOR COUGHS.

Kay's Compound Essence

SIX GENERATIONS have proved the supreme efficacy and rapid curative effect of this famous old English Home Remedy. In each G. Knowling's dose is concentrated the essence of the most potent known remedies for Coughs, Colds, Catarrhs, Asthma, Bronchitis, etc.

for COUGHS & COLDS.
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