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## Something to Take to Town.

By RUTH CAMERON.



RUTH CAMERON

One of my neighbors who usually comes home from town looking (as my mother phrases it) "as if she had been dragged through a knot hole" dropped in the other afternoon after a townward trip, smiling, fresh and rosy.

"You can't have been to town," I said.

"I have."

"How did you manage to come home as fresh as a daisy?"

She laughed. "I took something along with me that I never took before. My husband made me. We had a long talk about my getting so tired. He was really quite peeved, and he said I wasn't to go at all unless I did what he said."

"What on earth did you take?"

Nothing But an Extra Hour.

She laughed again. "Don't get excited. Nothing but an extra hour." "Usually," she went on, "I have every minute planned for, and if everything doesn't go just so, I get nervous and fretted and I cut down my lunch hour and I rush, and I come home like a rag. You know, well my husband said it wasn't the things I did, but the way I rushed that tired me. He made me show him my list, last night and cut out several things that weren't essential so that I should have at least an extra hour for contingencies besides a good lunch hour. And I promised I would stick to it."

"Did you?"

If She Can't Get a Salesman, She's Nervous.

"Yes, and my dear, you wouldn't know what a difference it made in the way I felt all day. Usually I have that harassed, hurried feeling. If I can't get a salesman to wait on me right off, I'm nervous. When I'm in a hurry and an elevator doesn't come, I'm fit to be tied. And then I always rush for the train. My husband says those things are what take it out of me and I shouldn't wonder if it were so. I had to wait quite a while for a salesman at T's to-day, and instead of being all tense and strained, I relaxed and looked at the people around me and went over my shopping list and

really rather enjoyed the rest.

"At lunch, instead of going to the nearest restaurant and ordering anything I could get quickly, I went to my favorite restaurant and had a pleasant, leisurely meal.

She'll Get Twice as Much Done To-Morrow.

"And then I allowed myself ten minutes more than the time I needed to walk to the train.

"Did I get much less done? Well, perhaps a little, but I know one thing. I'll get twice as much done around the house to-morrow as I usually do the day after I get back from town.

"Well, I must be going," she ended, picking up her bag and then as she reached the gate she flung back over her shoulder, "I know someone who ought to try that. Do you?"

And I admitted I did.

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Gents.—A customer of ours cured a very bad case of distemper in a valuable horse by the use of MINARD'S LINIMENT.

Yours truly,  
 VILANDIE FRESES.

**Tommy's Religion.**

We hear much about the religion of the soldier these days. Rev. Dr. Symonds, of Montreal, in preaching on this subject said that his conclusions were reached as the result of a careful analysis of the writings of the Chaplains of all denominations, and college men, on the religion of the "Tommy."

The soldier's religion, the Doctor said, was exceedingly inarticulate. Doctrinal religion was extraordinarily vague, with very little of what might be called creed. The soldier was not at all interested in denominational Christianity. In fact, he stated, when the different ministers were taken out of their clerical and put in khaki, they hardly recognized what they were themselves.

"The soldier believes in God, but has not the truly Christian conception of Him," said Dr. Symonds.

He believed in prayer, but it was a crude prayer. The speaker then dwelt on the unselfishness, self sacrifice and the willingness of Tommy

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to share his lot and possessions with others, without connecting it with Christianity.

Dealing with the second part of his address, the Doctor said he did not intend to surrender anything to the spirit of the times, but wanted a maximum Christianity which was to be found in the teachings of Christ. Christianity had been presented as a series of doctrines, but must be taught as a way of life. In this respect the church was entering a new age. "We must give doctrines a secondary place, and interpret the mind of Christ," he added.—The Wesleyan.



**COG WHEELS.**

A cog wheel turns, from day to day. Always in just the self-same way; its time is set, its movements fixed. With other cog wheels it is mixed. It never knows and never asks. The part it plays in its tasks. Monotonously on, it grinds. To do the work of thinking minds. The self-same course each day it takes. Until at last it snaps and breaks.

And there are human cog wheels, here, Content to turn from year to year. They never know and never ask. The part they play in every task. They do their bit of turning well. But why it's done they cannot tell. Their hours are set, their work is planned. They labor only with the hand. When problems rise they stand about. And let some thinker work them out.

Boy, let your brain control your hand. Know well your work and understand. The reason for the task that's given. Know why a certain bolt is rivet. Think clearly as you fingers move. Avoid monotony's dull groove. God gave to you a ready brain To spare your drudgery and pain. Whatever your trade, whatever your art. Refuse to play a cog wheel's part.

MINARD'S LINIMENT CURES DAND-RUFF.

## Milady's Boudoir

GRACEFUL LINES OF THE NECK.

If you wish the lines of your neck to be graceful never wear a tight collar. This advice may seem to be unnecessary in this day of open necked blouses but there are some women who still cling to the tortuous boned collars. There is no beauty in such neckwear, and besides it is absolutely fatal to the appearance of the throat when replaced with the lower lines of an open blouse or evening gown.

So lay aside your high collars if you want a pretty neck. Keep the skin clean by a twice weekly application of lemon juice. This is an old fashioned remedy but it is a good one. It may take longer to clear the skin than with a prepared lotion, but it is harmless which is the greatest recommendation that can be offered for any beautifying measure.

Cut a sound lemon in half, trim away the rind from the edge, remove the seeds and rub the fruit over the entire neck and shoulders. Of course there should be a warm bath with warm water and a mild white soap, before this is done. Let the juice dry on the skin. The best time to use this treatment is just before retiring at night.

If the texture of the skin is coarse it may be greatly improved with the use of a complexion brush. Get the best one you can buy. Vigorously scrub the neck and shoulders with warm water and a mild soap once or twice a week. This treatment should be used before retiring, and after the skin has been rinsed with clear tepid water there should be a very light application of some good cold cream or pure olive oil.

To make the flesh firm there is nothing better than a cocoa butter massage once a week. Bathe the skin as suggested in the lemon treatment. Carefully rinse with clear water and the nwrap the neck and shoulders with a large Turkish towel wrung out of hot water until it is dry. Have the water as hot as can be borne and increase the temperature as the flesh gets accustomed to the heat. Continue the steaming for ten minutes, then quickly dry the skin and begin to massage.

The cake of cocoa butter should be warmed slightly to soften the surface. Then rub it on the skin until a thin layer has been deposited and then massage vigorously with the tips of the fingers.

## A Love Feast.

When the Presbyterian deputation carried greetings to the General Synod of the Church of England in Canada, held in Toronto, the members of it met with a very cordial reception. Indeed, they seem to have had a veritable love feast. Unity of effort between the Christian Churches of Canada, more especially between the Presbyterian and Anglican Communions, was strongly urged.

Hamilton Cassels, representing the laymen of the Presbyterian Church, appealed for the unity of the two churches under one head, and, in replying, the Bishop of Kootenay hoped that a way would be found to unite the best features of Episcopacy and Presbyterianism. The two churches, he said, should let bygones be bygones, and, as Christian Brethren, see what could be done "to bring about the dawn of that blessed day when Christian people can be of one accord in one place." He was followed by Archbishop Patterson-Smythe, who hoped that the relations existing between the two denominations would extend beyond mere friendly courtesies.—The Wesleyan.

## The Choicest Morsels Among the New Fall Stocks will Go to Early Shoppers!

We consider ourselves exceedingly fortunate in being able to have so fine a collection of Fall Goods. Candidly, we expected many difficulties in securing our Fall Stocks. As a matter of fact we had to overcome many trying difficulties in securing the kind of garments that we determined should comprise our stocks. We may say that our stocks at present costs do represent the best possible you can obtain at their prices.



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| <b>MISSES' BOOTS.</b><br>A suitable boot for school wear, strong and durable. Gumm metal leather with cloth top uppers; sizes 9 to 12; laced or buttoned. Special Price, per pair . . . . . \$2.20      | <b>MISSES' CRUSHER HATS.</b><br>An excellent Hat for school wear. Because it will stand hard usage; assorted sizes and colors. Special Price, each . . . . . 39c.   | <b>QUILTS.</b><br>The change of season is near hand—cold, crisp mornings are the best evidence of that, and that is when you feel the need of a good warm comforter. Regular sizes. Prices \$5.00 to \$15.00 each.  |
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## Died on Portia.

A very pathetic scene occurred on board the S. S. Portia, on Thursday, Sept. 19th, when Mary Frances, aged 10 months, darling child of Bernard and Babe Moriarty, of St. Vincent, was removed from this world by death. Loving hands prepared the little corpse for burial and everyone of the ship's company from Capt. Parsons down, did everything possible to alleviate the grief of the relatives. The ship was held up at Fernsue while the mortal remains of the infant were being made ready for interment, and much sympathy was expressed by the passengers to whom, as well as to the officers and crew of the Portia, particularly Mrs. Kennedy, Stewart, and the grateful thanks of the bereaved parents are given.

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## TO-DAY'S MESSAGES.

NOON.

FOCH'S STRATEGY.

LONDON, To-day. (Via Reuter's Ottawa Agency).—Writing in the Berliner Tageblatt, the well known German military critic, General Ardenne, admits the seriousness of the situation. He describes the strategy of General Foch as demoralizing, and as aiming, not merely at the encircling of the German armies in all sectors, but to break through in every one. He says the most dangerous point is between the Scarpe and St. Quentin, and even here one of the most severe and the most critical of the whole war. The Allied victory is undoubted, the critics concede, but has been gained at great sacrifice. The Germans, it is reported yesterday, flung nine divisions between Cambrai and the Senee, a portion of which front is held by the Canadians, who in addition had their special marksmen detachments and machine guns at every ten yards. Every attack was met by a German counter attack. The breaking of the German positions of the Hindenburg line, between Cambrai and St. Quentin, seems to render a retreat from that line inevitable. It is described by experts as one of the greatest feats in the war. Praise is lavished on Field Marshal Haig's achievements, not merely in capturing a colossal number of prisoners, but in triumphing over the series of strong defences, and contributing the largest of any of the Allied armies, to make Marshal Foch's strategy a success.

## BRITAIN STRIPPED TO THE WAIST.

LONDON, Oct. 3. (Via Reuter's Ottawa Agency).—Hughes, of Australia, speaking at a farewell dinner to-night given at the Australian House to Australian editors on their return home, after a tour of the British Isles, and a visit to the Western Front, said that the tide of battle had turned in favor of the Allies and was now at the flood. The editor had been permitted to catch a glimpse of the tremendous organization which had saved civilization from disaster, including that sure bulwark and sharp sword of the Empire, the Navy. Premier Hughes eloquently pictured Britain stripped to the waist and organized for war, and contrasted the picture with the devastation he had seen in France. Illustrating how Germany made war, he said the editors would return more resolute than ever in the demand for peace terms that should compensate the wronged and penalize the criminals. Dealing with the League of Nations, Premier Hughes declared that it was impossible to admit Germany, until full reparation had been made by her for the wrongs committed. Admiral Wemyss said that at the conclusion of the war, the veil would be lifted from the story of the navy, revealing such mixture of tragedy, drama, comedy and heroism, as would thrill the world. He hoped another Captain Marryat might arise who would be capable of doing justice to the wonderful story.

## ITALIANS CAPTURE MATERIAL.

ROME, Oct. 3. Italian troops yesterday pushed forward towards the Austro-Hungarian lines in the Brenita mountains, the Grappa region, and brought back arms and material, says the official statement issued to-day by the Italian War office. Near Mori, the Italians repulsed a hostile detachment.

## ON AN AUSTRIAN BASIS.

VIENNA, Via Basel, Switzerland, Oct. 3.—Discussion of the Government's declaration and the question of peace was begun yesterday in the Austrian Chamber of Deputies, the Socialist Deputies demanded peace on the following basis: The creation of a League of Nations; no economic warfare; no annexations; the restoration of Serbia, Montenegro and Belgium; revision of the treaties of Bucharest and Brest-Litovsk; a settlement of the Eastern question on the basis of nationalities; the regulation of the Polish question by the Polish constituents; the establishment of autonomy for each nation in Austria-Hungary. Mallyanek, the Czech deputy, caused an uproar in the Chamber by violently attacking Germany. He reaffirmed the solidarity of the Hugo-Slav, Polish, Czechs, and declared that the only

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