



Watch Your Child's Tongue!

Constipated Children Gladly Take "California Syrup of Figs"

For the Liver and Bowels Tell your druggist you want genuine "California Syrup of Figs." Full directions and dose for babies and children of all ages...



Thick, Tender Savory Meat

or chops—the kind, you know, that make your guests praise your hospitality, your cooking, your entertainment...

C. H. SHELLY MEATS AND PROVISIONS LAKE ST. AND CHAPLIN AVE. Phone 1853

TO HELP FARMERS

Farmers, you are capable of greater production if you had more money. This Bank is ready and willing to help progressive farmers with loans to raise bigger crops and more cattle.

THE DOMINION BANK

Drafts on Foreign Countries sold on favourable terms B. B. MANNING, Manager, CORNER KING & QUEEN STS. OPPOSITE POST OFFICE.

WALKER'S EAST END DRUGSTORE 297 St. Paul Street

When in need of a Tonic that will

Enrich the Blood Strengthen the Nerves Build up the System

Dr. Mack's Pills

Sale Price 35c a Box ; 3 Boxes for \$1.00

THE CANADIAN BANK OF COMMERCE

Announce that a branch of their bank has been opened at Niagara-on-the-Lake, Ont. This bank has now 433 branches in Canada and forty-two countries, and is in a position to offer the public an excellent service.

St. Catharines Branch—R. G. W. Conolly, Manager Thorold Branch—S. H. Falkner, Manager Niagara-on-the-Lake Branch—F. W. Wilson, Manager

LOCAL NEWS

There were no fires last night. We buy everything you want to sell. McGuire & Co. The police court slate was once more blank to-day.

There is a big seat sale for "A Night in Honolulu," at the Grand Monday night.

The temperature took another long drop last night, many people say it was the coldest night of the winter.

Owing to the cold weather there was a very small attendance at the market this morning and those who brought produce got just about anything they asked as there was little opposition.

Word has been received from California that J. B. McIntyre is about back to his normal health again. He and Mrs. McIntyre have been enjoying the balmy atmosphere there for over a month.

Major C. G. Nash, son of ex Ald. Nash, who has been visiting his parents, Carleton St., leaves to-morrow for St. John, N.B. from where he will sail to England. He has spent some time in Mesopotamia with the Imperial forces and on his way to Canada visited China and Japan.

THE WEATHER

TORONTO, Jan. 31.—A pronounced area of high pressure has come in over northern Ontario from the far Northwest and the weather is now fair and cold from Ontario to the Maritime Provinces. It is quite mild again in the southern districts of Saskatchewan and Alberta while show has fallen in northern Saskatchewan and Western Manitoba.

FORECASTS—Fair and very cold to-day. Sunday, Easterly winds and moderating.

HUNDRED FLU CASES REPORTED IN CITY

TORONTO, Jan. 31.—"There have been a hundred cases of influenza in Toronto so far," says Dr. Hastings, "and ten deaths. That does not include deaths from pneumonia. These reports are all from a certain number of physicians, which leads me to believe that all the doctors are not reporting the cases that come under their notice. It is most essential that this be done."

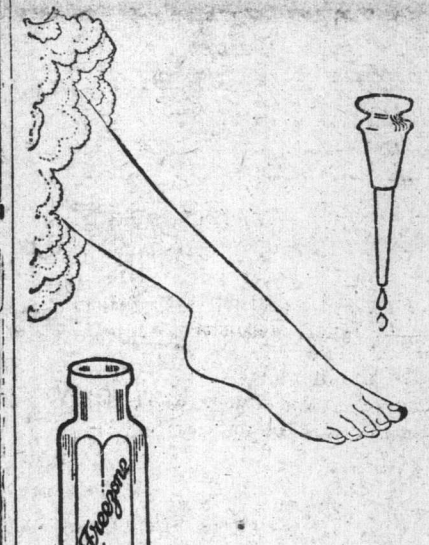
While he is convinced that there are more than a hundred cases in the city, as reported, the doctor expressed satisfaction that so far the disease was not of a virulent type. "Are those who had the flu last year likely to be immune this year?" the doctor was asked. "There is nothing to warrant the belief that they will," he replied.

THOMAS BOND'S SUICIDE He Stepped off Box. After Tying Rope to Beam.

WOODSTOCK, Jan. 31.—The dead body of Thomas Bond, all-time resident of Woodstock, was found by a workman, hanging by a rope to a beam in a shack back of the Bond brick yards, near this city. On Tuesday morning Bond left his home here to go to London, but since then no trace has been found of him. The workman discovered a single track in the snow leading to the shack, and upon entering he found the dead man hanging from the ceiling. He had evidently stood up on a box, adjusted the rope and stepped off. The corner,

LIFT OFF CORNS!

Doesn't hurt at all and costs only a few cents



Magiel Just drop a little Freezone on that touchy corn, instantly it stops aching, when you lift the corn off with the fingers. Truly! No humbug! Try Freezone! Your druggist sells a tiny bottle for a few cents, sufficient to rid your feet of every hard corn, soft corn, or corn between the toes, and calluses, without one particle of pain, soreness or irritation. Freezone is the discovery of a noted Cincinnati genius.

Nearly Every Girl Can Make Herself Pretty and Attractive

SOME WHOLESOME TRUTHS EVERY GIRL SHOULD THINK ABOUT

Probably you know just such a girl. Perhaps she is sixteen—good to look at, and pretty—quite interesting because she reflects the graces and charm that give promise of happiness to herself and to others. But she is not strong. The color in her cheeks, once so rosy, has faded away—her eyes are listless—the buoyancy of spirit and vigor she once possessed are sadly lacking. Parents, friends, this girl needs Ferrozone—needs it that her blood may be renewed—needs it to restore the nerve force that growth, study and the development of her fresh youth have exhausted. This girl will become a queen with Ferrozone—which will restore her color—bring back her old-time energy—give brightness to her eyes and vivacity to her spirits. In Ferrozone every girl finds strength—then she can do things. In Ferrozone there is endurance—that drives away morning tiredness and languor. For the girl or woman that wants to be happy, healthy, winning—who values rosy cheeks, laughing eyes and abundant good spirits, nothing can compare with Ferrozone. 50 cents per box or six for \$2.50. Get it today from any dealer in medicine, or by mail from The Catarrhozone Co., Kingston, Ont.

RUN ON SKATES RESULT OF WINTER

"We have sold more skates this winter than in any season for many years," said a well known hardware merchant to a Journal man yesterday. "In fact it has been hard to get enough to satisfy the demand," he added. The continued cold has allowed the ice to remain and has furnished the boys and girls, and grown ups as well with a good stretch of winter sport.

after viewing the remains and hearing the particulars, deemed an inquest unnecessary. Bond was forty-four years of age, and for some time past had been employed at the kilns.

FROM OTHER PENS

THE RAILWAY SHOPS

Edmonton Journal: It is doubtful if there was ever much need to worry over the possibility that the main shops of the Canadian National Railways system between Winnipeg and the coast would be established anywhere else than in Edmonton. The claims of the city, both by virtue of its agreements with the C.N.R. and the Grand Trunk, and of the obvious advantages which this location affords were complete. Nevertheless the reports of the delegates who waited on the railway officials and on members of the Government are reassuring. It is certain to take some time to evolve the plans for the erection of the shops which are needed now, and will be very badly needed before very long. Obviously this is one of the things which must wait upon the consummation of the union of the C.N.R. and Grand Trunk systems. But, soon after his is effected, Edmonton should enter on a new era as a railway centre.

A LITTLE SPEED WANTED

Victoria Daily Times: It should not be difficult for the Department of Public Works at Ottawa to divide up the contract for the various classes of work that will have to be carried out in connection with the preliminary stages of the drydock so that the essential preparation may be got under way at once. With every suggestion of political expediency now eliminated from the part of Canada's seven-year-old obligation it should be comparatively easy for the department to accede to Dr. Tolmie's request for the prompt commencement of work in order that men out of employment may not have to draw upon the non-productive emergency fund. A little speed on the plans and an endeavor to appreciate conditions in this distant community by the Public Works Department is all that is required to give effect to Dr. Tolmie's suggestion.

CHURCHES

KNOX PRESBYTERIAN CHURCH

Rev. Geo. H. Smith, M.A., D.D. Minister.

Mr. Charles F. Allison, 182 Church St. Organist and Choir Director.

Sunday Service. 11 a.m. Communion Service. Subject "Cross Bearing." 3 p.m. St. Andrew's Sunday School. Knox Church Sunday School, Men's Own—Lecture on "The Tabernacle." 7 p.m. Post Communion Service. Subject—"The Glory of the Cross." Choral Anthem—"Jesus Word of God Incarnate." Anthem—"Magnificat in G." Quartette and Chorus. (Coldridge Taylor.) Overture—"In Paradisum" (Th. Dubois) Solo—(Baritone) "Hear My Cry O Lord." Mr. H. C. Wilkinson. (Weller) Vesper Hymn.

ST. THOMAS CHURCH

Septuagesima Sunday. 11 a.m.—Holy Communion. Preacher—The Rector. "A World Problem of To-day." Anthem "What are These." (Stainbrook.) Hymns—Pro. 664, 290, 234, Rec. 257. 3 p.m.—Sunday School and Bible Classes. 4 p.m.—Holy Baptism. 7 p.m.—Evening Prayer. Preacher—The Rector. "The Macedonian Plea 'Come Over and Help Us.'" Anthem—"Evening and Morning." Sir Herbert Oakley. Hymns—Pro. 605, 419, 309, Rec. 850.

WELLAND AVENUE METHODIST CHURCH

Rev. R. D. Hamilton, Pastor. Sunday, February 1st, 1920

10 a.m.—Lovefeast 11 a.m.—Sacrament. Reception. 2.45—Bible School. Offering for Armenia. 7 a.m.—Second Message to Young Men. Special Song Service. A song sheet for everyone—Come. Free pews—A cordial welcome to all alike—Allow no cause to keep you from worship that would not keep you from business. Miss Anna Williams, Director. Miss L. White, Soprano. Mrs. Robb, Contralto.

FIRST PRESBYTERIAN CHURCH

Rev. J. H. Ratcliffe, D.D., Minister. Mrs. H. V. Finnie, Organist. Sunday, February 1st, 1920

11 a.m.—Morning Worship—Subject, Aspects of the Appeal." 3 p.m.—The Church School. 7 p.m.—Evening Worship.—Subject, "Men Who Have Understanding of the Times to Know What Israel Ought to Do." Suitable music at both services.

Bank of Commerce Acts For Italy

DELEGATED BY TREASURY TO RECEIVE SUBSCRIPTIONS TO THE LOAN.

The Italian Government is issuing a new 5 per cent. War Loan similar in all respects to the Fifth Italian Loan, in denominations of 100, 200, 500, 1,000, 2,000, 4,000, 10,000, and 20,000 lire. The issue price is 87 1/2 lire for every 100 lire of face value. Interest coupons payable 1st January and 1st July. The subscription list in Canada will close on the 10th March next.

The Canadian Bank of Commerce has been officially delegated by the Italian Treasury to receive subscriptions to the loan in Canada. The St. Catharines management of the Canadian Bank of Commerce will be pleased to receive enquiries from Italian residents and others who may be interested in this investment.

Justin B. Edwards, accountant in the Bank of Toronto branch at Brantford died unexpectedly early yesterday morning.

Poultry Food and Supplies

Dr. Hess' Poultry Panacea Pratt's Poultry Regulator Royal Purple Poultry Specifics

J. K. Black Estate 23-25 James-st. Phone 29 Canada Food Board License No. 9-399

It Works Wonders On Catarrhal Colds

Simple As A, B., C. to Drive Away Colds With "Catarrhozone"

When your throat rattles, your lungs and chest are sore, your throat is stuffed with cold—don't fear consumption—use Catarrhozone and get well. It clears the throat, cures hacking, relieves tight chest, and soreness in the bronchial tubes. To clear away Catarrh of the nose nothing could be better. Catarrhozone is nature's own remedy—it heals and soothes—cures every form of throat, lung and bronchial trouble. Prescribed by many specialists and used by thousands every day. Get the dollar outfit; it lasts two months and is guaranteed. Small size, 50c; trial size, 25c; at all dealers.

The Cabinet has refused to accept the textile men's protest, saying complaints must go to the Board of Commerce itself.

SHORTHAND MADE EASY AT Home by the "Fronder Manual" of McEwan's Easy Shorthand, \$1. For book or particulars write McEwan's Shorthand Corporation, Edison Building, Chicago, United States. Teachers wanted Jan. 31.

LOCOMOTOR ATAXIA—IF YOU OR any friend wishes to learn of a successful treatment, address, 44 South Gratiot Ave., Mount Clemens, Mich. Jan. 31.

\$5 DAILY THE YEAR AROUND send for yearly contract and sample case free. H. V. Martin, Windsor, Ontario. J-24-29-30-31, P-2.

FOR SALE OR RENT—NEW FOUR roomed cottage on York street; easy terms. Immediate possession. Apply 98 Henry or 13 Elm street. j 23,29,30

NOTICE

NOTICE is hereby given that the forty-second annual meeting of the shareholders of the Lincoln Paper Mills Company, Limited, will be held at the office of the Company, Merritt, on

Wednesday, Feb. 4, 1920 at two o'clock p.m. for the following purposes: The election of Directors, submitting the Annual Report, and for any other business expedient or necessary touching the affairs of the company. P. MITCHELL, Secretary

121-31

IRON MOLDERS WANTED

Men accustomed to operating Molding Machines and Bench Work. Steady employment for good men. Highest wages in Canada paid. Room also for learners.

Taylor-Forbes Co. GUELPH, ONT. Limited

Security Loan & Savings Company

26 JAMES STREET ST. CATHARINES

ANNUAL GENERAL MEETING

The Annual General Meeting of the Shareholders of the Security Loan & Savings Company, St. Catharines, will be held at the Company's Office, No. 26 James street, St. Catharines, on

Thursday, February 19th, 1920, at 11.30 a.m. for the purpose of receiving the Financial Statement and Report of the Directors for the year 1919, the election of Directors and the transaction of such other business as may be brought before it. E. F. DWYER, Sec., Treasurer.

St. Catharines, Ont., January 12th, 1920.

BUSINESS LARGE AND SMALL

This Bank is equipped to render complete banking facilities to individuals, partnerships and companies, both large and small. With branches throughout every province of Canada, and correspondents in all parts of the world, your banking business will be handled with promptitude and at the minimum of expense. Our facilities are at your disposal.

THE CANADIAN BANK OF COMMERCE

PAID-UP CAPITAL - - \$15,000,000 RESERVE FUND - - \$15,000,000 ST. CATHARINES BRANCH, R. G. W. Conolly, Manager.

Chief Commissioner Carvell of the Railway Board has given a ruling...

striking greatly the use of telegraph, telegraph, and express franks.



We are specialists in Crown Bridge Work which is a branch of Dentistry that very often does away with the necessity of extracting teeth.

As an example, let us explain that it often happens that broken down or badly decayed teeth still remain sufficiently sound in the roots to permit a firm foundation for crown work or a secure anchorage for bridge work.

In some cases we are able to provide a complete bridge under conditions which when treated in an ordinary way would demand a plate.

This work is under the care of four of the leading specialists in new York State and the charges for their skilled services are reasonable to an unsurpassed degree. Crown work at only \$1 a tooth is an example of our low charges.

Why not take advantage of our free examination service and determine what attention your teeth require?

Bridge work, \$5 per tooth, Fillings 50c up. Very good Plates, \$8.

DR. ARTHUR B. COOPER

Dentistry Offices: Corner of Main and East Streets Buffalo, N.Y. (Formerly known as "White Dental Offices", Dr. Cobb Proprietor). Open until eight. No Sunday work.

TH

ESTABLISHED 1859

Overheated \$10000 Last

Building Occupied Barber Shop, Smoke; Victory Burned.

TORONTO, Feb. 2.—At 2 p.m. on Monday fire totally destroyed the Sheraton building on Ormond St., which was used as a poolroom, barber shop, restaurant downstairs and a living house upstairs. The Osborne...

firemen's clothes were covered with ice and the temperature was zero.

The total loss is about \$10,000, including Victory Bonds and money by the roomers, who were forced to leave. An overheated stovepipe is thought to have started the blaze.

Race Memorial Bridge Advocated

Welland County Council is in favor of Jail Farm With Lincoln.

WELLAND, Feb. 2.—At the closing session of the County Council it was decided that the Council should create a deputation from the county to interview the Dominion Government relative to the erection of a Race Memorial Bridge at or near Erie, and get the Government to work in conjunction with the County in the erection of the bridge.

Deputy Reeve W. L. Horton of the county. He claimed that jailment made criminals instead of reforming them, and that for the general health and from a moral standpoint, and also as a better corrective for the county. It was decided after the motion was unanimously passed that the Council should consider the advisability of joining with Lincoln county in the erection of the same, and that the question be laid before the Dominion Government to send an official deputation to Welland Council.

The question of a War Memorial was turned down flat by the council, who opposed the scheme because the hall was to be erected in Welland. A grant of \$50,000 was asked for the purpose and the opinion was expressed that if the grant was made it should be divided equally among the municipalities represented on the council, and that the members were utterly opposed to centralizing the money.

George E. Howell, Toronto, a pioneer farmer of Ontario, died in his 90th year.

Edward Grey, Toronto street railway motorman, died of injuries sustained in a collision Saturday morning.

More students at Guelph have succumbed to pneumonia, Kathryn Sinclair, of Belleville, at Macdonald Hall, and Walter Dawson of South Monaghan, at the Ontario Agricultural College.

Would Not Care Some Motion Re-Ena

In a sermon last night at St. Paul's Methodist church to mothers and daughters, the pastor, Rev. I. M. Smith, referred to the style of dress and the style of the present day. He said a prudent mother would not let her daughter be clothed inefficiently and decently. He said every woman should be a good cook and a good house-keeper.