

10¢ "CASCARETS" TO CLEAN BOWELS

When Sick, Bilious, Headachy, Constipated, for Sour Stomach, Gases, Bad Breath, Colds

Clean your bowels—then feel fine. When you feel sick, dizzy, upset, bilious, when your head is dull or achy, or your stomach is sour or gassy, just take one or two Cascarets. As soon as the bowels begin acting and bowel poison and bowel gases are

cleared away, you will feel like a new person.

Cascarets never sicken or cramp you. Also splendid for constipated children. 10 cents a box, also 25 and 50 cent sizes. Any drugstore.

Athletic Association May Send Team To Paris Olympic

A meeting of the National Sports Committee was held last evening. The Treasurer's report on being read showed a substantial balance to the credit of the Committee. Various matters of routine and business were discussed. The slogan of the N.S.C. now is "a track team to the Paris Olympic in 1924." With this end in view the Committee will hold an indoor sports in November, followed by an ice sports in February, a boxing and wrestling tournament in April and Summer sports. The various items will be open to entries from all over Newfoundland and the proceeds will be devoted to a fund to defray the expenses of sending the team to Paris. That success will crown their efforts is undoubted and in 1924 Newfoundland will be fittingly represented in the greatest athletic meet in the world. This will serve to give an added zest to athletics generally in Newfoundland as the privilege of being a member of the team is one which will unquestionably be a noted honor. The work of Treasurer W. Burke, who is leaving to-day by the Rosalind, was recognized by the Committee, by a presentation to him. Many complimentary speeches were made as to Mr. Burke's athletic prowess and the regret of all at his departure was unanimously expressed. Mr. Burke thanked his friends for their kindness. During the next month the National Sports Committee will be resolved into the Newfoundland Athletic Association, which will be affiliated with the English Athletic Association, and will be conducted under English rules and regulations. The meeting was very enthusiastic over the proposed winter and summer schedule with its ultimate object.

S. P. A. Tag Day

Last Saturday's tag day in aid of the funds of the Society for Protection of Animals was very successful. It was organized by Mrs. J. B. Mitchell, as Convenor of the Ladies' Committee, with headquarters in the Presbyterian School. The children of all the city schools combined, sending their representatives to aid as tag salesmen—boys and girls. The Boy Scouts in uniform, some on bicycles, under the Robert Furling, Scoutmaster and general secretary to the scout movement in Newfoundland, also did yeoman work and were most useful. The proceeds amounted to some five hundred and seventy-five dollars, and this has been handed to Treasurer Charles E. Hunt, Esq. by Scoutmaster Furling, who kindly acted as Tag Day Treasurer, and who collected the boxes from the various stations. The Hon. Tasker Cook, Mayor, also helped in the work considerably, as did Mr. William White in kindly loaning the Committee their motor cars for collecting the boxes during the day. The children were most enthusiastic—one box contained nearly twenty-five dollars and another twenty-four. The President and directors are grateful to the Ladies' Committee, the City Schools and their principals and to the general public who supported the movement, showing the work of the Society and its endeavours to promote kindness to "Our Dumb Animals" is appreciated and the public are keen to see the animals get a square share.

If any subscriber does not receive his paper regularly please send in name, address and particulars of same so that the matter may be rectified.

Turk Leader Has Ambitious Dream To Unite Islam

GT. BRITAIN AND FRANCE FEAR MOHAMMEDANS MAY CAUSE WIDESPREAD REVOLTS IN COLONIES.

By NORRIS W. QUINN.
In the occupation of Smyrna and the rout of Greek troops along the whole coast of Asia Minor, Mustapha Kemal Pasha, hitherto obscure head of the Turkish Nationalist Government at Angora, has accomplished more than a momentary military victory.

Kemal has made himself military and political leader of Islam and will now be looked upon as the head of the great Mohammedan fraternity, comprising almost a third of the world's population, with ramifications reaching even into our own Philippines.

The Turkish leader now is planning to use to the greatest possible advantage the prestige gained by his victory over the Greeks.

Playing on the peculiar political influence Mohammedans are able to wield in the colonial possessions of the great powers, Kemal today is preparing to take the first step toward welding all Islam together into a politico-religious empire—the restoration of the glorious caliphate of old.

Kemal's Plans.
This information comes from unofficial Kemalists in the Oriental quarter of New York, who for two months have been in continual touch with Kemalists in Angora and Constantinople.

Here are Kemal's plans, as understood by his friends and supporters here:

One.—To conclude a peace with Greece which will restore Turkey to the same territorial importance it enjoyed before the world war, except that he will allow Constantinople to be internationalized.

Two.—To establish the capital of this new Turkish empire at Angora and to make the city a great center of Moslem learning and a vast bureau for the dissemination of Pan-Islamic propaganda.

Three.—To conclude official treaties with the Amir of Afghanistan, the King of the Hejaz and the ruling Mohammedan elements of Persia, and unofficial treaties and understandings with the rebellious elements among the Mohammedans of Egypt, Syria, India and North Africa as their head and as the "defender of the faith."

No Opposition.
In taking the first step—the peace with Greece—Kemal will find no opposition from the great powers, his friends here say.

The powers will accede to the Turkish leader's demands because they fear refusal would bring about rebellion among Mohammedan elements in their colonial possessions. This applies to Great Britain, France and Italy.

At the peace table Kemal will force the abrogation of the Treaty of Sevres, signed after the world war, which chopped up much of Turkey's territory. Kemal, however, will allow the internationalization of Constantinople, only demanding that he be permitted to act as guardian of the holy Mohammedan places there or that he have power to name the guardian.

Under Way.
The second step—making Angora a world center of Mohammedanism—already is under way. The city is being enlarged and beautified. Plans are being made for a great Moslem university there.

Conclusion of pacts with Mohammedan leaders and rulers in other countries will be easy, and Kemal will see to it that each compact strengthens his position as head of the Islamic world. The Amir of Afghanistan, most powerful independent Moslem ruler, has been eager to ally himself with any movement looking toward a restoration of Mohammedan power.

The detached Mohammedan elements in Syria and Arabia likewise are eager to attach themselves to some central power that will aid them in their fight against European aggression.

And Persia is tired of being despoiled by Europe.

Already Kemal's influence among revolutionary elements in North Africa Egypt and India has been seen and feared by Great Britain and France. France concluded an alliance with Kemal to offset his influence in Algeria.

Mr. T. D. Fureghy, who was here on a business journey last night, returned to Halifax by the Rosalind.

LONESOME ?

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CHURCH SERVICES

CHURCH OF ENGLAND.
Cathedral—7 and 8, Holy Communion; 10, Matins; 11, Holy Communion; 6.30, Evening Service.

St. Thomas's—8, Holy Communion; 11, Morning Prayer, Holy Communion, Sermon, preacher, Rev. Henry Gordon; 2.45, Sunday School; 4, Holy Baptism; 6.30, Evening Prayer and Sermon, preacher, the Rector, subject, "Can the Church Prevent Another War?"

St. Mary the Virgin—8, Holy Communion—congregational for Church workers; 11, Matins and Holy Communion; 2.30, Sunday School; 5.15, Special Service for Church workers; 4.15, Holy Baptism; 6.30, Evensong; 8, Preparation for Holy Communion.

METHODIST.
Gower Street—11 and 6.30, Rev. Hammond Johnson.

George Street—11, Rev. E. Fairbairn, subject, "The Church's Task in Religious Education;" 2.30, Sunday School Rally at which Rev. D. B. Hemmison will give an address; 6.30, Rev.

D. B. Hemmison.
Cochrane Street—11, Rev. D. B. Hemmison; 6.30, Rev. C. H. Johnson. Wesley—11 and 6.30, Rev. J. G. Joyce.
Gospel Mission—Supply.

PRESBYTERIAN.
St. Andrew's—11 and 6.30, Rev. Robert J. Power, M.A.

CONGREGATIONAL.
Queen's Road—11 and 6.30, Rev. T. B. Darby, M.A.

SALVATION ARMY.
No. 2 Corps, Adelaide Street—7, Knee Drill; 11, Holiness Meeting; 3, Young People's Rally Service, special programme; 7, Great Salvation Meeting. Meetings conducted by Corps Officers, Adjutant and Mrs. Hillier.

No. 3 Corps, 113 Backworth Street.
7, Knee Drill; 11, Holiness Meeting, leader, Commandant Hurd of Canada; 3, Free and Easy; 7, Salvation Meeting, leader, Adjutant C. Woodland.

ADVENTIST.
Cookstown Road—6.30, Evangelist, E. E. Manuel, subject, "Who has the keys that unlock Heaven? What are they? How may they be used?" Will use stereopticon in closing with that beautiful hymn "Ninety and Nine" in twelve slides.

International Bible Students' Association, Victoria Hall—3, Studies in the Divine Plan of the Ages; 7, Discourse, "Man's everlasting Home."

George St. A.B.C.—Rally Service, Rev. D. B. Hemmison will address the class and Mr. Karl Trapnell will sing. Service starts at 2.45.

All inquiries regarding Job work, Advertising and Subscriptions should be addressed to the Business Manager of the Advocate.

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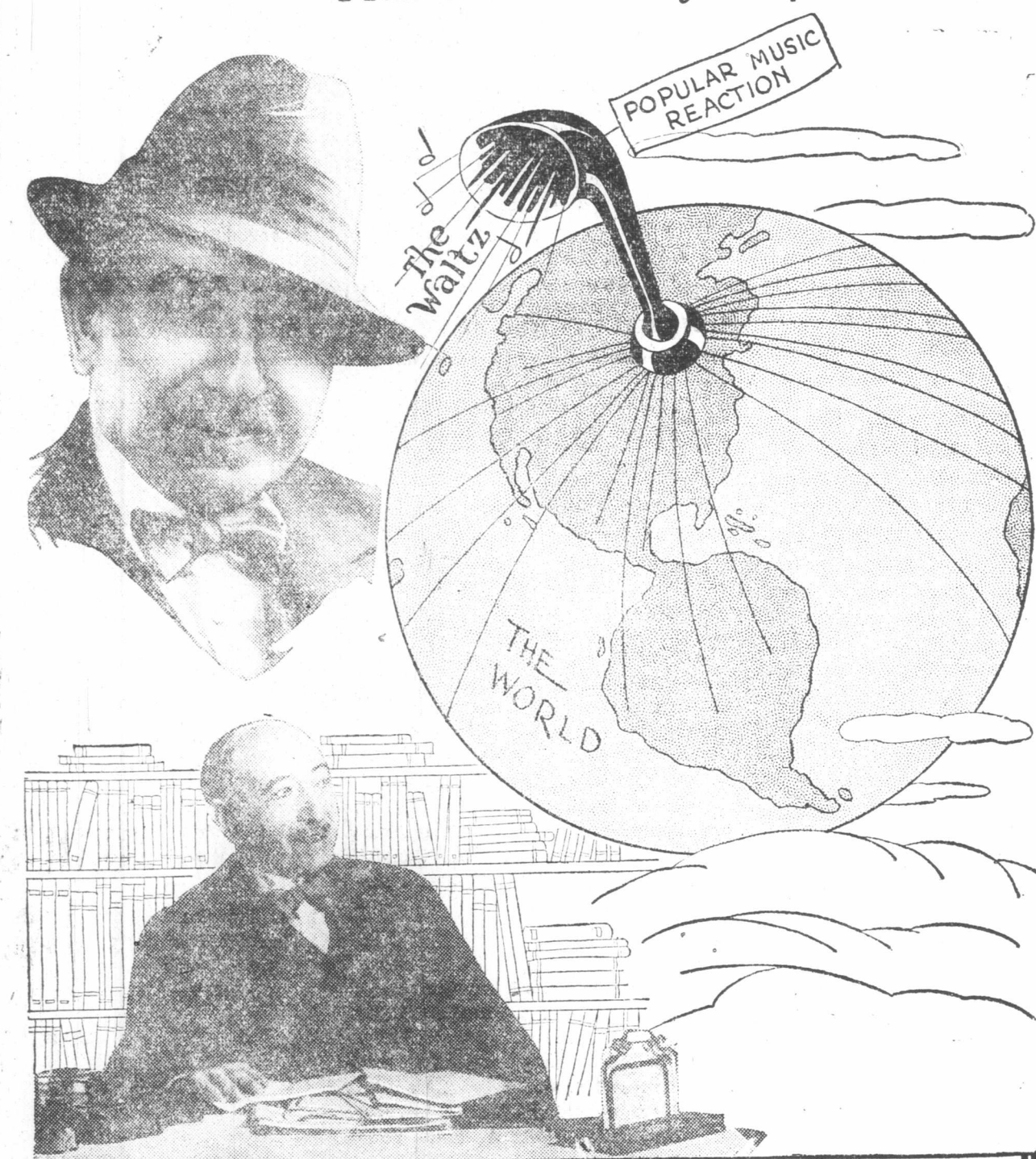
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Rosalind Sails

The Red Cross liner Rosalind, Capt. James, sailed for Halifax and New York at noon today taking a large freight and the following passengers: Mrs. F. D. Wilson and child, Mrs. E. J. Ring, Miss S. Penney, W. J. and Mrs. Cosgrove, L. Macpherson, Ray Gushue, Mrs. B. Miller, Miss E. Earle, Miss F. Mercer, S. Brown, Mrs. F. W. Slipper, Miss M. W. Slipper, C. F. Woodward, Mrs. M. Stone, T. D. Farquhar, Miss May Spratt, Miss A. Spratt, Miss Ida Spratt, Kevin Spratt, Mrs. (Dr.) Fallon, Mrs. Grignon, A. J. Maclellan, Mrs. Gjeruldsen and 3 children, R. French, S. R. Bond, Mrs. A. Currie, Eric Currie, A. and Mrs. Torrance, Miss R. Bond, C. G. House, C. S. Williams, Miss F. Druggitt, Mrs. Thomas Hunt, Dora Manuel, Gerald and Bernard Hunt, Cyril Carter, F. C. Carter, P. Lewis, Mrs. M. Guilfoyle, Miss Isabel Keonch, W. and Mrs. Welp, C. G. House, Miss M. Duff, Miss C. Duff, Mrs. Powers, Mrs. White, Miss O'Brien (2), Miss Butler (2), Miss Giese, Miss Durka, Ray Bennett, A. L. Madden, Miss Eva Shears, Mrs. J. Pike and son, Mrs. O'Reilly, Miss Donnelly and 50 second class.

Original Methods of Psycho-Analysis Aid Publisher of Popular Songs



Leo Feist, Pioneer of Tin Pan Alley, Has Chart of Public's Musical Emotions During Past 25 Years

Music and science have formed an unbeatable combine for Leo Feist, New York artist and pioneer song publisher of Tin Pan Alley, who this month celebrates his twenty-fifth anniversary of music making.

With his first song success, "Smoky Mokes," Mr. Feist started charting public sentiment. It was before the days of psycho-analysis, but the ingenious publisher invented an emotion test of his own. "A great national event brings reaction in its wake," Mr. Feist explains.

Music Follows Reactions
"Music, to be popular, must follow this action and reaction." Upon such a simple basis, the publisher has built his chart. The country has been in two wars since he began it.

When the Spanish-American war opened, he set out to find an adequate sentimental musical slogan for a war-torn nation. He found it in "He Laid Away a Suit of Grey to Wear the Union Blue."

The song was the first real sign that the North and South were ready to bury the hatchet.

In one grand burst of melody, the sentiment was decently accomplished and for the first time in thirty years the Yankee and Rebel stood shoulder to shoulder for a common cause.

At the close of the war a peace reaction made everybody sentimental about home and its blessings so the astute publisher released sectional songs like "In The Valley of Kentucky," that gave the returned soldier a chance to glorify his own land.

Patriotic Songs
This phase with variations persisted almost to the beginning of the world conflict. Then, when the United States was thrown into a passion of patriotic fervor by the declaration of war, Mr. Feist, his finger on the fluttering emotional pulse, proffered "Goodbye, Broadway; Hello, France" with its pride of country and ring of optimism. Recruiters used the song to get enlistments and praised it.

After that came light amusing songs for the boys in camp, "K-K-K-Katy," and the rest, to keep up the fighting spirit. Before the first troops embarked, Mr. Feist, again sensing a need gave them the farewell cry of the dough boy, a lusty, patriotic air, that kept up the morale of the home folks, too—George Cohan's "Over There" which has since become world famous. When the country, awed by the

first reports of death and suffering, and thrilled by hundreds of soldiers' letters, began to chant the praises of the Red Cross nurse, Mr. Feist produced "The Rose of No Man's Land," to honor the popular heroine and every allied nation sang it.

"Homeward Bound"
With the glorious news of peace came thoughts of home, and Mr. Feist's appropriate "Homeward Bound" became the popular air.

"The flapper and the flopper are war reactions and they express the modern spirit almost exactly," Mr. Feist adds. "Therefore the quality of the songs that my chart has counseled for post-war days has been rapid, light and almost hectically gay."

"Now the tension is beginning to relax and the waltz is swinging into its old place. Anticipating this we secured the American rights to the most popular waltz of all Europe, 'Three O'Clock in The Morning.'"

Character Analysis
Folks, according to Mr. Feist, who finds endless amusement in character analysis, fall naturally into about forty-two degrees of worthiness and, he adds, for a gentle philosophy has come out of his twenty-five years of mixed science and arts, that there's none so bad they mightn't be worse, for all have got some music in their souls.

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Ladies' English Cashmere
Finish, Broad Ribbed Hose. In
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All Wool, Plain Cashmere
Hose, Seamless, in Brown,
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