

The Man who tries, and fails, succeeds.

The Acadian.

The man who succeeds without trying, fails.

HONEST, INDEPENDENT, FEARLESS.

VOL. XXXV.

WOLFVILLE, KINGS COUNTY,

S., FRIDAY, FEBRUARY 4, 1916.

NO. 20

THE ACADIAN.

Published every Friday morning by the Proprietors.

DAVIDSON BROS.

Subscription price is \$1.00 a year in advance. If sent to the United States, \$1.50.

News communications from all parts of the county, or articles upon the topics of the day, are cordially solicited.

Advertisements Rates: \$1.00 per square (10 inches) for first insertion, 50 cents for each subsequent insertion.

Contract rates for yearly advertisements furnished upon application.

Advertisements in which the number of insertions is not specified will be continued and charged for until otherwise ordered.

This paper is mailed regularly to subscribers until a definite order to discontinue is received and all arrears are paid in full.

Job Printing is executed at this office in the latest styles and at moderate prices.

All printers and news agents are authorized agents of the ACADIAN for the purpose of receiving subscriptions, but receipts for same are only given from the office of publication.

Copy for new advertisements will be received up to 10:30 a. m. on Wednesday afternoon. Advertisements must be in the office by Wednesday noon.

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This Book helped me improve my Farm.
It is the most valuable book I own and it cost me nothing.
It has saved me time, labor and money and I've got better looking, more durable and more serviceable buildings than I ever had before.
The first cost of concrete farm improvements is also the first cost. There's no after expense for paint or repairs—no danger from fire, rot or rust—no trouble of any kind. Besides they lower the insurance rate.
If you haven't a copy of "What the Farmer can do with Concrete" send for one today. There's more than 150 pages of valuable building information, 52 printed plates, illustrated by diagrams and photographs, and dozens of other interesting farm facts.
A copy will be sent to you free of charge, immediately upon receipt of coupon below.

CUT OUT AND MAIL
CANADA CEMENT COMPANY LIMITED, Montreal, Montreal.
Name _____
Street and No. _____
City _____
Prov. _____

The Way to Keep Down the Cost of Living:
Buy Your Groceries, Teas & Coffees From **WENTZELL'S Limited.**
From one end of the Province to the other WENTZELL'S LIMITED is known as the "Big Store." It is known as the "Big Store" because it has the largest quantity direct from sources of supply. Having ample capital, they pay cash, thus securing everything at the very lowest market price.
The policy of the "Big Store" is "large sales and small profits." This has built up a tremendous business, nothing like it east of Montreal. That's the reason why the "Big Store" prices are always so reasonable, and why you can keep down the cost of living if you trade here.
Free Delivery Offer.
We prepay the freight on all orders amounting to \$10.00 and over, except for such heavy goods as sugar, flour, molasses, salt, oil, etc. If your name is not on our mailing list, send it along, so that you will receive our catalogue and special lists as they are published.
WENTZELL'S LIMITED
Halifax, N. S.

CASTORIA
For Infants and Children.
Mothers Know That Genuine Castoria Always Bears the Signature of **Dr. J. C. Watson** In Use For Over Thirty Years **CASTORIA**
900 DROPS
Promotes Digestion Cleanses the Bowels
Not Narcotic
Small Copy of Wrapper.

How He Knew
"Don't you want to be on the winning side?" said the soldier to a group of civilians whom he was suggesting, should don khaki.
"How do you know ours will be the winning side?" asked a prospective recruit.
"Well, my lad, said the sergeant, you know the Germans have been trying for more than a year and a half to win and have failed, don't you?"
"Yes," replied the questioner.
"Well, then, we've been trying to lose during the same period, and we couldn't."

The Maples.
Sir Robert Borden, it will be remembered, planted maple seeds on the graves of Canadians killed in Flanders.
Twenty years hence, when the last trench has crumbled,
And Time has lifted Belgium from her knees,
The wind that cools her hills and stirs her cornfields
Will sing through maple trees.
And the old peasant, resting by the roadside,
Will pass beneath their shade with lowered head,
Holding the grove as delicate and sacred
To some ill-fated dead.
Since here shall lie, far from the land they died for,
Where they had fallen in the battle, the bones
Of those who gave their lives for their country.
Though they may slumber in a foreign country,
Their graves shall be the graves of Canadians.
For stately symbols of their Great Dominion
Will sigh their requiem.
—CAPTAIN HARWOOD STEELE.

"Roast Him."
Never a day passes that the newspaper man is not stopped by someone, who wants somebody or something "roasted." And always the newspaper man is expected to do the "roasting" on his own responsibility. Always he is urged under no circumstances to use the name of the person who demands that the roasting be done. It may be that at some time in the past, the newspaper was considered the official "roaster" of the community and there have been newspaper men who considered that "roasting" as many people and things as possible was their sacred duty. They fell to the task with avidity and derived much greater pleasure from it than most people derive from performing what they consider their duty.
It is even possible that a number of the readers like that sort of stuff. They get into the habit of scanning the paper with that very thing in view, and are disappointed if there is no "roast" in the issue of their favorite sheet.
After all, that is an entirely wrong view. It is not the duty of the newspaper to be a common scold, a personal fault finder, and after all nothing is accomplished by trying to be that. And then it is ever so much more pleasant to find things to praise. And that is easy. It is a happy duty to attract the attention of the news gatherer, and that makes for the better things in life. And he who follows this course, after all comes nearer to fulfilling the mission of the newspaper of everyday life of the community, the state and the world. The "roaster" inclines to the mistaken view, that almost everything is bad and is growing worse, whereas in fact the world is growing brighter and better every day. Instead of asking the newspaper man to "roast" this or that person or this or that state of affairs, how much better to call his attention to some laudable enterprise, to something that merits praise. And by so doing, no doubt, better results are reached in the long run and the very things may be accomplished that cannot be done through mere fault-finding and "roasting."

Stirred Up.
Uncle Sam reclined upon a divan in the drawing room of his luxurious apartments. A servant entered, at his signal, with the evening papers. "What's happened to-day?" asked Uncle Sam.
"A few factories have been bombed," said the servant. "Several thousand women and children have been drowned, the Government has been insulted, the capital has been partially destroyed."
"Oh, yes, yes—but anything of importance?"
"A foreign power has detained our other merchant vessel, causing us a loss of \$431 money."
The old gentleman leaped to his feet. "Enough of this lawlessness!" he roared. "Four dollars and thirty-one cents in money! Before heaven—and one could not mistake the determination that animated the man—before heaven! I swear that I shall give the foreign power no rest neither by day nor night until I have recovered with legal interest, my \$431!"
New York Life.

A Word of Gratitude.
"In justice to humanity I want to tell you that I was a great sufferer from itching piles, and have found Dr. Chase's best treatment obtainable," writes Mr. Fred Hinz, Brookhaven, Ont. "It gives instant relief and I can recommend it to any sufferer from this dreadful disease."
What the British Fleet Has Done.
The British fleet has guarded the transport of 2,500,000 men. It has brought home more than half a million invalids. It has protected the carrying of 3,000,000 tons of food and supplies for Great Britain. It has made safe the conveying of 800,000 horses. It has insured the Allies' supplies and munitions to the value of \$1,500,000,000. It has patrolled and policed the sea lanes of the world for a year and a half, so that the most colossal war that ever shook the world is in progress, the remotest sea lane outside the mine areas is safe as in times of peace.

Mother's Duty to Her Daughter
HEALTH MUST BE CAREFULLY GUARDED AS SHE APPROACHES WOMANHOOD.
The mother who calls to mind her girlhood knows how urgently strength is likely to need help in the years between school days and womanhood. It is that growing girl drooping, feeble, bloodless and nervous, who is calling for more nourishment than the blood can supply. Her pale cheeks, weak and aching backs, fits of depression and a dislike for proper food. These signs mean anemia—that is bloodlessness.
The watchful mother takes prompt steps to give her girl the new, rich, blood her system calls for, by giving her Dr. Williams' Pink Pills, which transform weak, anemic girls into a condition of perfect health, through the rich, new blood these pills actually make. No other medicine has ever succeeded like Dr. Williams' Pink Pills and thousands of weak, disheartened girls have proved their worth. Miss Mabel Sinclair, Cobourg, Ont., says:—"About three years I was a very sick, nervous, run-down girl. At the least excitement I would tremble and faint away, and the slightest noise would annoy me. I had severe pains about the heart, and would often take dizzy and smothering spells. I lost in weight and the color all left my face. My mother got all sorts of medicine for me, but all failed to do me any good, and I was still going down hill. One day we read in the newspaper of a similar case cured by Dr. Williams' Pink Pills and the next time my mother went to town she got three boxes. In a short time I felt the Pills were helping me, and from that on every day they helped me more. I took altogether nine boxes and felt like a new person. I was ready for my meals; gained in weight; the color came back to my cheeks, and I was again enjoying perfect health, and have ever since enjoyed that blessed condition. I earnestly advise all weak girls to give Dr. Williams' Pink Pills a fair trial, as I am sure they will do as much for them as they have done for me."
You can get these pills from any medicine dealer or by mail at 50 cents a box, or six boxes for \$2.50 from Dr. Williams' Medicine Co., Brockville, Ont.

Ventilation and Fresh Air.
SUPPLYING OF PURE AIR TO HOMES IN WINTER OF UTMOST IMPORTANCE.
Live night and day as far as possible in the fresh air.
With the advent of the winter season, and consequent lower temperatures, comes the usual sealing up process in the home. A supply of fresh and pure air becomes secondary in importance to the exclusion of the cold atmosphere. The consequence is insufficient pure air to properly maintain life at its best.
The best and most practical means of preventing and disease-causing agents' existence. The air we inhale daily is by weight twice as heavy as the weight of all the food and drink we swallow. A man may live for weeks without food, for days without drink, but only a few minutes without air. Much greater care should therefore be taken to supply to our homes, places of business, schools and public halls a sufficient amount of pure air.
Authorities agree that each adult requires 3,000 cubic feet of air per hour. On this basis the total air content of a room 10 x 10 x 10 should be renewed three times every hour. The secret of good ventilation is to renew the air in a room at least thus often, day and night, without creating a draught. Owing to this danger it is necessary that the foul air be removed and fresh air admitted to inhabited rooms at such places as will not give rise to draughts. The simplest method of natural ventilation is that of more or less open doors or windows. As the most impure air is in a room at the ceiling, and the freshest at the floor, windows should be made to open from the top.
Winter and summer the bedroom window should never be closed when the room is occupied, except during very damp or foggy weather. Sleeping in cold air is not at all dangerous, if one is properly clad, although it may be so if protection be insufficient, and especially if the cold air blows upon the sleeper's head. The open window is quite as essential to a large bedroom as to a smaller one. It cannot be too often repeated that tuberculosis is not contracted by exposure to cold, as our sanatoriums are situated in the coldest and driest climates of this country.
This disease, Sir Morell McKenzie, Physician to the late King Edward, said: "The process of re-breathing air that has already been used, if long continued, leads to asphyxia and death. Short of this much so-called 'decay,' susceptibility to cold, languor, headache and nervous depression are also due to the same cause."
Canada is fortunately gifted with a bracing and healthy climate, resulting in the developing of a race of sturdy manhood. When pure and fresh air means so much in life, why shut it from our homes, seal ourselves in and rebreathe the air from which we have already extracted and absorbed the life-giving element?

What Britain Has Done.
A contemporary very well says that Lord Deby is not idly boasting when he tells us that the military measures taken by the United Kingdom have been a complete surprise to Germany. They have been a surprise to the people of the United Kingdom themselves. There have been mistakes a grave one—no country ever made war without blundering—but altogether what has been accomplished in little more than a year has been nothing short of marvellous. The nation which relied for its defence chiefly on its great navy has raised and equipped an army of several millions of men. The vast majority of these soldiers have stepped from places in civil life, which before the summer of 1914 they never dreamt of leaving. In the field of battle, they have been drilled and furnished with all articles necessary for their comfort. Vast quantities of munitions have been manufactured and the machinery for further unlimited supplies is all the time being increased and perfected. Hundreds of thousands of troops have been transported across the sea in some instances for thousands of miles, with very few mishaps. The outstanding parts of the Empire have voluntarily sent armies to do their share and are preparing others. All these accomplishments overshadow the imperfections and blunders that are inseparable from such tremendous effort.
Lemon Crumb Padding—2 cupsful of dry bread crumbs, 2 cupsful but milk, 1/2 cupful sugar, 3 table-spoonfuls of lemon juice, 1 teaspoonful of grated lemon rind, 1 egg, a pinch of salt, 1 teaspoonful of butter, 1/2 cupful of milk.
Put the crumbs in a bowl, pour over the hot milk, add the salt, the egg, well beaten, the grated rind of the lemon, and the lemon juice and mix well. Brush a baking dish with a little butter; put in the mixture, and bake for forty minutes. Serve plain or with a hot lemon sauce.

Locomotor Ataxia.
"My nerves were very bad, and I could not sleep at night, nor could I control my arms or legs," writes Mrs. Robert. "I was in the early stages of locomotor ataxia or paralysis. I cannot describe what I suffered, but now I am entirely cured."
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Preparing for Peace.
The changes which the war is inflicting upon the civilized world are multitudinous and serious. When it ends, the nations engaged will have to recast business. Trade and commerce will require to seek new avenues and channels.
Economists predict that it will be hard sledding in all the countries immediately shoring in the conflict and that the reconstruction period will be extremely trying and prolonged. Also they declare that Canada and Russia stand to gain most afterwards, because they alone possess large areas of fertile soil, ready for settlement.
Millions of persons will desire to seek homes in new countries, in order to escape the heavy taxation which assuredly will follow the cessation of hostilities. Having the land and opportunity to settle in the prairie provinces, the early stages of locomotor ataxia or paralysis. I cannot describe what I suffered, but now I am entirely cured."
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In Shadow.
"She umbrs nihil," runs the old Latin saying—"without shadow, nothing." It is just as true in America as it is in nature, and the same in all ages. Light without shadow has not yet been found. Indeed the more intense the light the deeper the shadow. There can be no joy without the possibility of sorrow.
The girl—and there are plenty such—who wants a perpetual good time in life and no shadows on her personal pleasure is trying to circumvent the very nature of things. More than that, she is missing the mingled light and shade that make life most beautiful, after all.
Sorrow and trial are hard. But no one who has not borne them can be a strong or noble personality. "Whom the Lord loveth He chasteneth" is a deep truth, as every great Christian life shows. Without shadow—nothing in this interpretation of that thought lies power to heal and to endure and to grow.—New Guide.

Testimony from Oklahoma.
Lawton, Okla.—"When I began to take Lydia E. Pinkham's Vegetable Compound I seemed to be good for nothing. I dried easily and had headaches much of the time and was irregular. I took it again before my little child was born and it did me a wonderful amount of good at that time. I never fail to recommend Lydia E. Pinkham's Vegetable Compound to ailing women because it has done so much for me."—Mrs. A. L. McCasland, 500 Howe St., Lawton, Okla.
From a Grateful Massachusetts Woman.
Roxbury, Mass.—"I was suffering from inflammation and was examined by a physician who found that my trouble was caused by a displacement. My symptoms were bearing down pains, backache and sluggish liver. I tried several kinds of medicine; then I was asked to try Lydia E. Pinkham's Vegetable Compound. It has cured me and I am pleased to be in my usual good health by using it and highly recommend it."—Mrs. B. M. Osborn, 1 Haynes Park, Roxbury, Mass.
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Odors from fish and strong vegetables will be entirely removed from cooking utensils if they are washed with soap and warm water, wiped dry, then washed with strong vinegar and rinsed.
It is usually easier to stop a clock than to make it go—and it is easier to keep well than to get well.
If you want gravy for dinner and have not enough flour or cornstarch in the house for thickening (and that actually happens sometimes) fire cracker crumbs will answer the purpose perfectly.
If baby slips in his new shoes, rub the soles over a few times with sandpaper.
Above all things let's never get to the place where we "enjoy" poor health, as Josiah Allen's wife would say.
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Mock Cherry Roly-Poly—1 1/4 cupsful of flour, 2 teaspoonfuls of baking powder, 1/2 teaspoonful of salt, 2 tablespoonfuls of shortening, 1/2 cupful milk, 1 cupful of cranberry, 1/2 cupful of raisins, 1/2 cupful of brown sugar.

What Britain Has Done.
A contemporary very well says that Lord Deby is not idly boasting when he tells us that the military measures taken by the United Kingdom have been a complete surprise to Germany. They have been a surprise to the people of the United Kingdom themselves. There have been mistakes a grave one—no country ever made war without blundering—but altogether what has been accomplished in little more than a year has been nothing short of marvellous. The nation which relied for its defence chiefly on its great navy has raised and equipped an army of several millions of men. The vast majority of these soldiers have stepped from places in civil life, which before the summer of 1914 they never dreamt of leaving. In the field of battle, they have been drilled and furnished with all articles necessary for their comfort. Vast quantities of munitions have been manufactured and the machinery for further unlimited supplies is all the time being increased and perfected. Hundreds of thousands of troops have been transported across the sea in some instances for thousands of miles, with very few mishaps. The outstanding parts of the Empire have voluntarily sent armies to do their share and are preparing others. All these accomplishments overshadow the imperfections and blunders that are inseparable from such tremendous effort.
Lemon Crumb Padding—2 cupsful of dry bread crumbs, 2 cupsful but milk, 1/2 cupful sugar, 3 table-spoonfuls of lemon juice, 1 teaspoonful of grated lemon rind, 1 egg, a pinch of salt, 1 teaspoonful of butter, 1/2 cupful of milk.
Put the crumbs in a bowl, pour over the hot milk, add the salt, the egg, well beaten, the grated rind of the lemon, and the lemon juice and mix well. Brush a baking dish with a little butter; put in the mixture, and bake for forty minutes. Serve plain or with a hot lemon sauce.

In Shadow.
"She umbrs nihil," runs the old Latin saying—"without shadow, nothing." It is just as true in America as it is in nature, and the same in all ages. Light without shadow has not yet been found. Indeed the more intense the light the deeper the shadow. There can be no joy without the possibility of sorrow.
The girl—and there are plenty such—who wants a perpetual good time in life and no shadows on her personal pleasure is trying to circumvent the very nature of things. More than that, she is missing the mingled light and shade that make life most beautiful, after all.
Sorrow and trial are hard. But no one who has not borne them can be a strong or noble personality. "Whom the Lord loveth He chasteneth" is a deep truth, as every great Christian life shows. Without shadow—nothing in this interpretation of that thought lies power to heal and to endure and to grow.—New Guide.

Testimony from Oklahoma.
Lawton, Okla.—"When I began to take Lydia E. Pinkham's Vegetable Compound I seemed to be good for nothing. I dried easily and had headaches much of the time and was irregular. I took it again before my little child was born and it did me a wonderful amount of good at that time. I never fail to recommend Lydia E. Pinkham's Vegetable Compound to ailing women because it has done so much for me."—Mrs. A. L. McCasland, 500 Howe St., Lawton, Okla.
From a Grateful Massachusetts Woman.
Roxbury, Mass.—"I was suffering from inflammation and was examined by a physician who found that my trouble was caused by a displacement. My symptoms were bearing down pains, backache and sluggish liver. I tried several kinds of medicine; then I was asked to try Lydia E. Pinkham's Vegetable Compound. It has cured me and I am pleased to be in my usual good health by using it and highly recommend it."—Mrs. B. M. Osborn, 1 Haynes Park, Roxbury, Mass.
If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

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