

Friendship or sex?

Press Release

When you're on a date, are you more interested in friendship than sex?

Is your date more interested in sex than friendship?

Do you put pressure on yourself to "score"?

How do you respond when you are pressured to go further than you really want to?

Do you feel uncomfortable talking about this with your partner?

How often do you find yourself pushing past the first "No"?

If any of the above situations sound familiar, you may be interested in the two hour workshop offered by UNB Counselling Services. Over the last few years, Counselling Services has become increasingly aware of the variety of relationship problems for which students seek help. In an effort to make students aware of the services available to them and to provide students with useful information, an educational presentation has been developed which will focus on assertiveness and sexual expectations in dating relationships.

THE GOALS OF THE PRESENTATION ARE TO:

1. Encourage assertive and honest communications within intimate relationships.
2. Stress the use of communication skills to assure that all sexual activities are consensual.
3. Challenge socialized gender roles.
4. Provide students with enough insight into unhealthy relationship dynamics to be able to connect them with the dynamics of forced sexual encounters.
5. Raise students awareness regarding the definition and scope of date and acquaintance rape.
6. Inform students of university and community resources for dealing with the consequences of sexual assault should it occur.
7. Provide male and female students with strategies for use in preventing date/acquaintance rape.

A recent study in the US found that one in six college women are victims of rape or attempted rape each year. In the same study, 54% of women reported experiencing some form of sexual victimization since the age of 14; and 25% of college men had reported

involvement in some form of sexual aggression since the age of 14.

The above information demonstrates the prevalence of acquaintance rape and the importance of coeducational programs in universities. This

By Brunswickan Staff writer

On December 11, twenty seven members of the 1990 graduating nursing class from UNB sent letters to the Federal Minister of Health and Welfare, the Honorable Perrin Beatty; The New Brunswick Minister of Health and Community Services; the Canadian Nurses Association; and the New Brunswick Nurses Union. The letter consists of recommendations that these members feel would have a positive effect on the current health care system.

According to the letter, a recent book by Michael Rachlis and Carol Kushner called Second Opinion: What's Wrong with Canada's Health Care System and How To Fix It, which critiqued the current health system, was chosen as the members' main source of information. In addition the group reviewed other sources and interviewed various health

professionals regarding the major topics expressed in the book.

The workshop is led by one or two facilitators. The workshop activities include: role-playing, skits, values clarifica-

tion activities, discussion, and a video on the issue of acquaintance rape on campus. It is very helpful to have a coed audience to explore and discuss different views on the topics of discussion.

This workshop is available to be put on for any interested student group, organization, or class. Interested persons please contact Flora Saltanakhah or Larry Finkelman at UNB Counselling Services at 453-4820

Twenty nursing students send letter to Minister

The group felt that "the authors (of Second Opinion) have definitely identified some of the problems" that do exist in the current health care system. The group supports the authors' suggestions for improving the system, but feels the authors "have neglected to present ways to utilize the full potential of nurses".

The group has identified nursing as "a unique profession that involves assisting the individual, family or community, toward the promotion and maintenance of health, the prevention, detection and treatment of illness and the restoration of optimal physical, mental, emotional, social, and spiritual well-being."

The following is a list of the group's recommendations.

- 1) That the focus of the health care system be on health promotion and disease prevention rather than the current emphasis on curative intervention.
- 2) That all health care be provided by a multi-disciplinary team as appropriate to the situation.
- 3) That the nurse have a role complementary to that of other health care professionals.
- 4) That the nurse act as a point of entry to the health care system.

5) That nurses use their abilities in providing alternatives to the traditional methods of interventions.

6) That the nurse have an active part in the development of healthy public policy.

In addition to the above, notes were also included in the letters that elaborated more for each recommendation. The group also mentioned that they feel "the suggested reforms will produce a more cost efficient health care system" which is very important concern at a time when health care costs are continually rising. They also pointed out that "the benefits in terms of costs and changes in health trends would not be immediately apparent", but the long term results would justify implementing their recommendations.

Sign stolen from SUB award offered

A \$250.00 reward is being offered for information leading to or the return of a stolen sign that hung in the student union building between the SUB Town clothing store and the hairstylist/barber shop.

The sign informed people where the UNB and STU student union offices were and where CHSR-FM, *The Aquinian*, and *The Brunswickan* were located.

According to Kim Norris, SUB director, the sign was stolen between one and three on

Wednesday morning. Only one person from CHSR-FM was signed in by the SUB staff after twelve o'clock that morning.

But the UNB physical plant looked at the fire doors near the SUB Town in the building and Norris says they claim that the

door could possibly have been "pried open" by someone. The doors have since been firmly fixed and secured, states Norris.

"It is an expensive sign", says Norris and it helped people that were unfamiliar with the building to find their way around.

A Workshop will be held at

7:00pm Room 103 January 22

The Workshop will mainly consist in focusing on how to write news stories. Also tips on layout will be discussed

It is Strongly suggested that all news writers of the Brunswickan attend and anyone else interested in the workshop.

For more information contact:

Kaye Brookland (Instructor) 453-4985 (CHSR-FM)

or

Allan Carter 453-4983 (Bruns) 457-1375 (home)

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