

Models of Physical Perfection That Are Needed to Populate the Plains

HY, yes, it's leap year; but if eager, ardent Sweden had only known about the wifeless state of the American west, there are hundreds of equally ardent, eager ranchers and farmers who needn't have kept on yearning and sighing and drying tin dinner plates on the knees of their pants until this particular leap year burst upon the glad horizon.

Beauteous Swedish brides would have come arunning.

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Be not wroth, fair Lenas and Hildegardes! You sure would, if you were worthy of your forbears, for there's scarcely one whose great-great-grandmother didn't show her anxiety to be a bride by running breathlessly to her own wedding.

And the verdich of modern Swedish maids seems to be that the call of the west for brides is as worthy of breathless response as that of any handsome young suitor at home used to be.

Nor need any of the abstruse, domeheaded persons who deplore the degenerating influences of immigration on the grand old native American stock set their sparse hairs abristling over the matrimonial enterprise of Sweden's blonde daughters. The immigration experts are inclined to be pretty well satisfied whenever they see some ripe armful of loveliness from Stockholm stalk off the sausped whenever they see some ripe armful of loveliness from Stockholm stalk off the gangplank, for they have statistics to prove that they become mothers of the most numerous, most hardy and thoroughly American offspring who have helped make this nation what it is.

of marriage. "Let your Washington girls and New Jersey girls and all other girls know we'll take them as we are," they told the license clerk. Negotiations are proceeding.

Meanwhile, Will Payton, the editor of the Peabody Herald, in Kansas, forgot his discretion or his haste one day, when hastreceived a letter from a club of girls in Stockholm. Byeden, saying they hadn't any husbands; the local supply of girls exceeded the demand, and if he had any male eligibles lying around loose in Kansas they'd be willing to come over and cook and make themselves affectionately at home.

Editor Payton printed the letter and quit the quiet life. He's been a matrimonial agency ever since, whether he likes it or not. Weston Lockney, a young ranchman, cabled hastily to Stockholm for the pick of the bunch, followed the cable by lighting expresses and ocean filers, and came back with the club's secretary, Agatha Olsen, and a bliesful smile.

Mrs. Lockney, on the ground, told how she and her friends had organized a marry-Americans club, after a returning immigrant had told them of the wifeless condition of the Kansans. The whole club is now married, some to Swedes, who sat up and took notice when they heard of the impending loss, and the rest to Americans like Lockney, on this side of the water.

The only one who has found trouble thus far has been Editor Payton, who first had to endure the reproaches of scores of girls in Kansas, and is now working overtime giving addresses of willing brides to lonely bachelors who send 2-cent stamps for reply.

The Kansas girls may be jealous, but the west at large has been viewing the influx of Swedish blood, bafore and after the leap-year letter of the Stockhofm girls, with pride and satisfaction. And if has been just as well-satisfied with the thousands of Swedish husbands, wives and broods of tow headed children who have been gravitating to its broad acres until Sweden's own authorities took alarm at the menace to its population.

Beneath the humorous burlesques of the Jensens and the Olise

PREPARING FOR THEIR BRIDALS

Rewards of money did not spur on these artists of the threads. Long before they found their Ulysses, the Penelopes of Sweden were preparing for their briddis; and their chefs-d'oedware were the shirts they embroidered for their bridegrooms, whoever they might be. It was the custom for the bride to present to her spouse a garment of linen so magnificently embroidered, and adorned with such miracles of lace wrought with such interest the such many a mother saw to it that her daughter concluded that toil of unrequited longing years before it should be called into service. It was Swedish womanhood's tribute to love rather than-a lover.

In Scania and Dalecarlia the art of that old lacemaking still survives in all its earlier perfection, handed down unbroken from the days when the peasant girls learned it from the plous, gentle nuns who taught it.

Those girls, whom adventurous Kansas guarantees as peaches, had to be peaches if they were going to be married at all. No fashionable frills for them. They had their ancient, picturesque costumes, differing according to their localities, but unvarying from one century to another. The village authorities, the pastor, the old graybeards and old women were so many trustees of conservation in duds, who didn't hesitate to pass laws of fine and confiscation for offenders who were heels half an inch wider than custom warranted and forced the shoemaker to go without his pay. All the ornament the unmarried maiden was allowed was a little amber heart, or a tiny silver cross, pendent from the ribbon around her throat of glabaster.

The pendent of the product of the pendent of the pendent of the pendent of the weight of half a dozen kirtles. Her

Types of Swedish Maidens .

bosom and her wrists were loaded with jewelry. There were brides who sank under the weight of their ornaments.

Thus accoutered, she was expected to run all the way from her home to the door of the church that was to be the scene of her wedding. And run ahe did, with her fleet little feet and her whole heart, distancing the bridesmaids, often falling against the church portals, her lovely bosom heaving under its burden of silver, the picture of girlish eagerness for the embraces of her bridegroom.

Some of these customs survive and others have passed into fond tradition. But the spirit that inspired them is intensely active still. There remain the same simplicity of nature, the same frank yielding to love's fond summons, the same exuberant vitality and, in a period of widespread race suicide, the same joyous fulfillment of woman's noblest mission on earth, that of being a mother.

If only for the physical fitness of the nation, the acquisition of this hardy Swedish blood becomes of the most near importance. They are athletes by instinct, women and men. Something in the sharp ozone of their native air, like that of the districts in the west which most appeal to their immigrants, keeps them habitually in exercise. They train as they breather, their bodies are physical dynamos always working at top efficiency.

Exercise and massage are the twins of their pharmacopeia. Wonderful massage it is, taken as regularly as the bath by many Swedish business and professional men, who, big-boned as they are, often maintain their sienderness of figure, together with their exquisite fineness of skin, until old age. So it is with the women, who would be ashamed of the gross contours which most appeal to their immigrants contours which women of other lands seek to reduce by means of corsets.

To men like Dr. Frederick Adams Woods, lecturer in blotogy at the Massachusetts institute of Technolosy, the influx of these immigrants constitutes one

of the best assets the American people are gaining.

The idea that the old American stock is being deel based by the strangers falls to pieces in his observation. He has pointed out the marked effect of the northern tide in offsetting the flow of immigration from Italy and neighboring parts of Europe. He has pointed out, too, how readily the northern immigrants intermarry with the original American stock about them in their new homes and how quickly they Americanize themselves, taking naturally to the public school and responding at once to its transforming influences. If the American family is deteriorating in numbers, health and nervous poise, it can't be because of these modern vikings and mothers of vikings.

A fine tribute and, ethnologically, a just one. But it is lucky that Bridegroom Lockney came back with the word that the rest of the girls whom he left behind him in Sweden are all peaches. Somehow or other, with Kansans, as well as Michiganders and the rest of us, that peachy adjective counts.

Crystallized Soda in a Lake

ETYSTAILIZEG SOGA IN A LAKE

ANPLORERS in British East Africa have found in a
lake near Magadi a very rich deposit of crystallized soda, which is said to be pure and free from
other matter.

The lake covers an area of nearly twenty square
miles, and the soda deposit is at the bottom, at a
depth of from two to ten feet.

The natives say that as soon as the crystallized
soda is removed more immediately forms, and the experts, who represent a London company which is going
to mine the deposit, say it contains over 200,000,000
tons of the very finest soda.

A railroad is being built toward this section, and
just as soon as it is completed modern equipment to
take the place of the crude native methods of removing the soda will be placed at the lake.

NOWWEGNALLBE

WHEN Moses went up on the Mount and came down with the Ten Command-ments, the children of Israel, together with the only omes who have a right to be mad about it are the girls of the west who have been overlooked in the melee of affections. And it does seem as though lightings of love might have struck nearer home, without any loss to romance or the population.

Right in the midst of one of the most chilly winters that ever trose a hungering heart, it seemed that an epidemic of respective his there isn't a woman in it.

But it certainly did happen that, about the best finings of February, when a lone man gets most allfired sore, on winter, the welkin heara to split wide ones with yells from the back counties and the new counties for February, when a lone man gets most allfired sore, on winter, the welkin hearan to split wide ones with yells from the back counties and the new counties for February, when a lone man gets most allfired sore, on winter, the welkin hearan to split wide ones with yells from the back counties and the new counties for February, when a lone of wind and link house-broken and tamed enough to eat out of her hand it seemed himself to be sound of wind and link house-broken and tamed enough to eat out of her hand it seemed himself to be sound of wind and link house-broken and tamed enough to eat out of her hand all feady to eat out of. While he was getting his second wind, along came 300 requests, from points outside of Michigand, demanding why the dickean he proposed to oncentrate all the was getting has seed to oncentrate all the was getting has seed the seed to fine and the seed to oncentrate all the variables are more in the seed of the



HE implety is absolutely novel. Everybody can recall the famous eleventh commandment, which has been the common property of the common people almost since the English language was born. "Mind your own business" may have been an impudent addition; but it has helped the peace of the people almost as much as the other ten. It probably had nothing to do with the epidemic

of decalogues we suffer from now. They have broken out, like a rash on a baby, within the last four months; and if the dates of promulgation are to count, it was a ciergyman who started them. The pastor of the Park Congregational Church, in Chicago, Rev. W. B. Millard, having drawn up decalogues for husbands and wives, sprang a new code for daughters about the middle of November.

"Thou shalt not," he warned every daughter "decay of the culture of the favor and contempt of any man. Thou shalt not regard fattery and failed pretents as the highway to popularity. Thou shalt not shalt not fixed fattery and failes pretents as the highway to popularity. Thou shalt not shalt not its catternal the family's eternal welfare. Thou shalt not regard fattery and failes pretents as the highway to popularity. Thou shalt not shalt not its catternal than the family's eternal welfare. Thou shalt not strate attention. Thou shalt not shalt not hold the cup to thy brother's lips, nor to the lips of somebody else's brother. Thou shalt not its fatternal than the family's eternal welfare. This is sounded quite edifying; but it set an example to Lina Cavalieri, who thought ahe knew more about what daughters want to know than the Rev. W. B. Millard, of Chicago. So Lina, having had here respectable, let loose her decalogue:

Girls, if you want bright eyes, bathe them in rosewater. If you exist in dread of a double chin, sieep with your head low. If your skin seems dry, bathe it as often as you can with water as not as nap.

EESONS FROM DANCING

Have beautiful movements and you'll have beautiful the pears, apply hot compresses. If your good old voil length from the pears, apply hot compresses. If your good old voil length for the pears apply hot compresses. If your good old voil length for the pears and pears the pears of the pears and the pears and sales and respect not a ticket for Reno. The pears are the pears of the pears and the pears of the pea

the years, apply hot compresses. If your good old rollego friend, the mirror, tells you you lock fill, take a nap.

There were some more of them. As for dear mother, mentoned by the Rev. Mr. Millard, she can go right ahead sweeping the house; little daughter's mirror will tell her she needs a rest—and mother's used to Bverybody thought Lina had called the turn because, although daughters everywhere were cutting out the Chicago decalogue and framing it for the parlor mantel where Sunday night callers could read it while they waited, they were keeping Lina's useful ten in their handbags, to memorize on their way to the country of the state of the country of the state of the country of the

The wife should consider herself the more imperfect of two imperfect personalities who are combined in marriage. She should anticipate, give in,

Have beautiful movements and you'll have beautiful thoughts. A correct mind goes with a correct carriage—but not necessiful thoughts with a correct mind goes with a correct carriage—but not necessiful thoughts with a correct pressions of courtesy; Americans are requested not to whoop. The mental effect of dancing should be a feeling of gentleness and respect, not a ticket for Reno. Coarse geatures inspire more evil thoughts than vulgar speech; this leaves a Frenchman respectable. Discipline your muscles and maintain a correct attitude toward intimate friends; few husbands throw athletes by the waist while dancing, but the waist while dancing, but the waist while dancing, but the waist while dancing but the waist while dancing out movements; Parisian boulevardiers will kindly refrain from crewding old women into the gutters. Physiology should always correspond to psychology; the dancing masters may know it should, but the rest of the population know it does. And, tenthly, dance like a civilized being, not like a savage—grizily bears, pleass note.

Could come back, he'd be somewhat urprised at the shortcomings the twentieth century A. D. has found in what he fondly fancied was a pocket encyclopedia of good behavior.