Y'S

Civen

Paine's

easure that I volumes you vor of Paine's suffering for a ring met with n the use of sommenced to pound which in my case. e completely, before in my

and is worth it sople; I woul all weak an

however, lookng wife, "how I told Mary to h!y, and now

oman, looking ce with kindly dd housekeeper. Advice: Never defects. Unely see them. our place and ve said, 'How beautiful the g the air is.' up at that as I ten you safely sight without on Herald.

EALTH FOR THEher Sex.

s caption, lth for the mmense and ng importity become anner cry of

with Prcnger stop in ring. Miles' pound does urgical oper-

uscles of the that organ inal position, ain cures the in constant g at REGU a single un-

Miles'(Can.) ken per day the period ase and com-

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Main St.,

Montreal. women will by a confiddressed as "Personal.' r when writ-

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noea, intum, &c-117 Sydney St.

WOMAN and HER WORK.

I never was an enthusiast on the surject of foreign missions; the benighted state of the undraped, but contented heathen never it is high time someone in authority took appealed to my sympathies at all strongly!

Perhaps I have read too much about him fore any fresh horror startles the world. and his little ways to take a very lenient view of him; then I know that civilization in his case for he is an inte ligent savage in his own way, and a crafty, so he is

though he may appear from strictly interested motives, to give them up for a time, I think it is safe to assume that he prostrates himself bofore them on the sly, explains the situation at length, and purchases their consent to his apparent defection, with efferings and incense of the kind best adapted to propitiate them; thus keeping in with both of the opposing frees. But when it comes to a genuine conflict and there is no half course possible, when the old or new religion must be sealed with his blood then the real nature comes out, the shell of civilization cracks and falls away, and the true savage stands revealed in his

But all the same I can listen to the most impassioned sermon on the crying need for a greater spread of the gospel amongst the heathen, quite unmoved, and at the close drop my usual ten cent piece into the alms-

always been spent on the heathen abroad and too little on the heathen at home. and too little on the heathen at home. Some Englishman with a talent for figures, once computed the cost of converting one Jew in England, and though I forget the exact amount I know it ran up into thouexact amount I know it ran up into thousands of pounds; an expensive luxury truly for any nation to indulge in, especially

A large price surely when counted in coin of the realm, but nothing at all to The newest neck ruches are so enormously bushy that they resemble nothing the supposed conversion of a scattered few Chinese! It is bad enough and cruel enough to have our men butchered in cool blood when they have resolved to consecrate their lives to spreading the word of craft to mousseline de soie, gauze or craft to the price we have been paying lately for mously bushy that they resemble nothing so much as the great bearskin boas which were worn a few years ago, they seem to be growing in popularity, and are made in various materials from liberty silk or heavy velvet, to mousseline de soie, gauze or craft to the price we have been paying lately for mously bushy that they resemble nothing so much as the great bearskin boas which were worn a few years ago, they seem to be growing in popularity, and are made in various materials from liberty silk or heavy velvet, to mousseline de soie, gauze or craft to the price we have been paying lately for mously bushy that they resemble nothing so much as the great bearskin boas which were worn a few years ago, they seem to be growing in popularity, and are made in various materials from liberty silk or heavy velvet, to mousseline de soie, gauze or craft to the price we have been paying lately for mously bushy that they resemble nothing so much as the great bearskin boas which were worn a few years ago, they seem to warse.

Stuffed Potatoes.

A novel way of baking potatoes is with a sausage filling. Use large potatoes and and place a bit of butter on each one. It Put to with them in the oven a moment to brown light.

A Scholarly Christian and a Heloved Pas are well as the Mind. crate their lives to spreading the word of God, in foreign lands, but these heroic tulle. They often have a large satin bow part of the inside. Fill with sauagement,

single women under 40, from engaging in one can collect on the one boa, the more missionary work in barbarious, and heathen stylish; it is certainly the more high priced! countries? We have laws for the protection of game, and wretchedly as they are enforced, they are of some slight benefit in preventing the country from being entirely depleted of game; they are at least better than nothing: and though I am not going to try and raise the alarm that our country is in danger of a famine in young girls, on account of the missionary mania I know there are too many of our sex in the world for that, but I am going to say that in my opinion the life of one

I never was an enthusiast on the subject | much innocent blood already shed. and, 1t and all! This boa, was rather a novelty

The sealskin jacket is no longer the The sealskin jacket is no longer the severly plain garment of yere, which stood aloof in its aristocratic splendor and depended entirely upon its own richness for its position in society! The seal coat of today is seen in various shares some of today is seen in various shares are not shared to the same of the

one of the mourning furs, though it is very often but most improperly worn in mourning. Black persian lamb is the mourning fur which is most correct, perhaps because it is also the most expensive, and next on the list is black thibet, then follow bl ck marten. Alaska sable, etc. A wrap of black thibet fur is made in a full cape with a yoke of mourning silk house. some people will wear it because it is the fashion.

shell of civilization cracas and severaled in his original state of benightedness, and declares for his ancient gods every time! I may be doing the gentle savage an injustice, and if so I have much pl asure in apologizing publicly but I think recent events will be arout some of my theories pretty well. I cannot say that I feel quite as strongly on the subject of foreign missions as Charles Dickens did, but then I have not made a study of the subject like the great novelist, and a purple bonnet, she may do pretty stylish with the high standing collar, which Dickens did, but then a nave mot interest novelist, study of the subject like the great novelist, study of the subject like the great novelist, and a purple bonnet, she may do pretty stylish with the high standing collar, which much as she pleases. Theatre hats are is so arranged that it will roll down, wider than ever, so wide indeed that the and look quite as well as it did standing, inevitable wings with which she adorns herself, stand out with a spread-eagle effect which excludes the man behind from a rop my usual ten cent piece into the almsox with a perfectly clear conscience.

It seems to me that too much money has
leave been spent on the heathen abroad

when excitues the man bening from a function of the stage, quite as effectually as the picture hat could do. The prettiest much in favor this year, and many of the little Charlotte-Corday caps are worn for rifs, collars, and long capes are made of

Round waists with loose fronts, though sands of pounds.

for any nation to indulge in, especially when hundreds of poor people were suffering for the bare necessaries of life in all best dress makers develop many of their costumes in this fashion, but of course the costumes in this fashion, but of course the

The newest neck ruches are so enorvalues materials from liberty silk or heavy crate their lives to spreading the word of God, in foreign lands, but these heroid not all all the possibilities firmly in the lands, and as bunch of flowers, and the large stain bow here it was in their hands knowingly and go forth prepared for the worst.

If they can find women brave enough, and devoted, to accompany them, and share their fat for better or for worse, no one has any right to object, and such women always at least a protector always at hand, and that is a miligating circumstance, and particular the absolute stanged of the boundation in triple box for the heabstands tranged of the absolute stanged or the absolu We have laws for the protec- I do not of ject so much to the tails which christian girl who has sacrificed herself in mistaken zeal, is too high a price for the supposed conversion of five hundred Chinese, or Turkish ruffians!

many sore thumbs. I tried it on in a very gingerly manner, and then viewed myself with a hand glass. The result was not encouraging because one little stumpy leg was standing up against my back hair, with a hand glass. The result was not encouraging because one little stumpy leg was standing up against my back hair astic reader will exclaim, but nevertheless I think the recent massacres of devoted missionaries go to prove that my language is none too strong. There has been too

sorrow than in anger, that I had rejected one of the best ruffs in his establishment; it entained two entire skins, he said, legs tails, the legs being left just where they in his own way, and a crafty, so he is a material. Some are in eton shapes and the features which attract him most are fire-arres and firewater.

It is asserted by those who should know best, that it takes three generations to make a gentleman, and if that is true I am sure civilization must require the same number of savages to percolate through, before any decided result is obtained. And if it is thus with general civilization it is likely to be very much the same with religion—only more so. The savage of any standing is deeply attached to his gods of wood and stone, and though he may appear from strictly inter
min case to the and the features which arters as it pended entirely upon its own richness for its position in society! The seal coat of them too fantastic, one would think for so rich a material. Some are in eton shape with immense revers, sleeves still more immense, and sometimes a deep sailor collar. Others show an eton front, and finished with six tails. Ruffs with stole ends which are entirely covered with tails, are very fashionable and they suggest the "victorines" of the early victorine res. Some of the boas are so large that they call for four entire skins in making them. Lace, and velvet flowers are faced with heavy white satin and edged with an embroidery in brorze silk.

Fashion has decreed that sealskin is not one of the mourning furs, though it is very often hut meet immensure form and when mattened, would in the same with the trace of them too fantastic, one would think for so the most sale and more invented to sale and innumerable tails hang below. Perhaps the most natural looking of all are made of one whole skin, head and paws on each side and innumerable tails hang below. Perhaps the most natural looking of one whole skin, head a

> merchants say "a long felt want" it is really a shoulder cape, not a long fur garment which must be worn by itself. The Trilby can be worn over a jacket or even comfort with either, not to mention the fact that it is a very becoming garment in-I don't think there has ever been a time deed. It is cut very full and is pointed

the theatre, and besides being most becomit. Unfortunately, like gray Persian lamb,

The simplest ways of cooking potatoes were formerly considered the best and only ways of preparing them, but now when the housewife is anxious to vary the family bill of fare this homely vegetable .eceives con-

siderable attention, particularly at this

rich milk, a small piece of butter, and salt and pepper. Cut into dice half a dozen cold boiled potatoes, and when the potatoes. Let them boil up once and remove from the fire. Place a layer of the potatoes in a buttered baking dish and scatter over them some grated cheese and grated cheese. Bake to a brown and pcur then layers of potatoes and cheese until the dish is filled. Sprinkle over the top a Sweet potatoes require to be cooked in a dish is filled. Sprinkle over the top a layer of crumbs and bits of butter over all.

the potatoes in half lengthwise, scoop out the insides into a hot bowl, and add a dessert spoonful of butter, two tablespoonfuls of hot milk, the yolks of two eggs, and salt and pepper to taste. Beat vigorously, and fill the jackets with the mixture, Put the whites of the eggs, beaten stiff, over the top, and return to the oven for a few moments until they are a nice brown. This is a very ornamental dish, as well as tooth-

flat dish, and arrange the half shells upon Potatoes a la Italienne.

is a very ornamental dish, as well as tooth-some and delicious. Place a napkin on a

Boil the potatoes until they are mealy and dry. While hot beat them up with a wire wisk and when fine and light beat in two tablespoontuls of cream, the same amount of grated cheese, one tablespoonful of melted butter, and the yolks of two beaten eggs. Last stir in lightly the whites of the eggs beaten stifi. Pile irregularly upon a flat dish, grate cheese lightly over the top, and brown quickly in the oven. serve at once. If desired a thick cream

with a tube having a large star-shape time of year, when potatoes are not so firm opening and press the mixture out into a and delicate as early in the season. Sweet

pronounced excellent: Peel large pota-toes and then cut in halves, scoop out the centre and fill the space with a mixture Put in a seucepan one cup of cream or made as follows: Take two eggs boiled cream mixture has come to a boil add the beaten light, and make the mixture thick

Fut the dish in a hot oven and bake until the crumbs are browned, which should be in about fifteen minutes.

Father more careful manner and cut as little as possible or the strength of the potato will be lost. For baking or boiling do not cut the skins before cooking. do not cut the skins before cooking.

Potatoes on the Half Shell.

The Southern way of serving mashed
Take half a dozen good-sized round sweet potatoes is thus: Boil dry and then Take half a dozen good-sized round potatoes and wash them, rubbing the skins well with a vegetable brush. Put them in a brisk oven, and when baked prick a hole in the ends to let out the steam. This is the secret of a mealy baked potato. Cut

Sweet potatoes is thus: Boil dry and then Dr. Calthrop has a striking personality. To the eye he is a most picturesque figure. His head and face, framed in luxuriant masses of silky, snow white hair and beard, and moisten with a very little hot milk if they are of the type of Bryant and Long-ellow. Although over seventy years old his rather spare figure is firm and erect and every

ONE GIVES RELIEF.

Waterbury & Rising,

serve at once. If desired a thick cream sauce may be poured around them.

EIG Po ato Flowers.

For two cupfuls of well seasoned [mast-ed potatoes, add the yolks of two eggs] and the white of one and beat them [well together. Place the mixture in a pastry brg with a tube having a large star-shaped



REV. DR. CALTHROP, SYRACUSE, N. Y.

baking dish and put in a layer of the sliced potatoes, sprinkle them with vinegar, dredge with flour. Repeat until the dish is filled, putting a layer of crumbs over the top with butter on them. Fill the dish with water and bake an hour briskly.

An appetizing dish is browned sweet potatoes. Boil the potatoes until done, drain off the water and dry, then peel and cut them into halves lengthwise. Put three or four tablespoonfuls of beef drippings in a spider over the fire. Sprinkle the potatoes with salt, pepper, and sugar. Dropthem in the hot fat, brown on one side, then turn carefully and brown the other. Serve very hot.

Sweet Potato Croquettes.

Mash two heaping cupfuls of potato fine, adding two tablespoonfuls of melted butter, half a teaspoonful of salt, and one large or small eggs. Heat, over the fire, and, it very dry, add a little warm milk. When the mixture becomes cool, form into balls and roll first in beaten egg and then in cracker crumbs and fry in smoking hot lard.

A BROAD MINDED DIVINE,

DOES NOT HESITATE TO SPEAK FOR 313 THE GOOD HIS WORDS LIB

and the synotral faire kept leaking from the joint.

This made me lame for years, and from time to time the weak knee would give out entirely and the swelling would commence.

This was always occasioned by some strain like a sudden stop. The knee gradually recovered, but always was weaker the other.

About 6 these resears the strain of the strain and the strain the other.

I gladly give you this statement.
Yours, S. R. CALTHROP.
Since writing this letter Dr. Calthrop has not had any visits from his old enemy and is even more cordial now in his recommendation of Dr. Williams' Pink Pills than he was then. To the reporter he said:
"I am continually recommending Dr. Williams' Pink Pills to a quaintances and those I chance to meet who are troubled with rheumatism or locomotor atexia.
"Pink Pill," continued, Dr. Caithrop, "are the best thing of the kind, I know of. They are infinitely superior to most medicines that are out up for sale, I know pretty well what the pills contain and I consider it an excellent prescription, It is such a one as I might get from my doctor but he would not give it in such a compact form and so convenient to take.

"I recommend the pills highly to all who are troubled with rheumatism, locomotor ataxia or any impoverishment of the blood."

Miss Jessie Campbell Whitlock

TEACHER OF PIANOFORTE.

ST. STEPHEN, N. B. Tie "Leschetisky Method"; also " Synthe